Smart Hand manual

Adapt to platform requirements

Android 5.0 and above mobile phones IOS 9.0 and above mobile phones

support Bluetooth BT4.0

Preparation before use

For the first time, please make sure the Hand has enough power. If the Hand cannot be turned on, please charge the Hand first.

APP download method

Android download method:

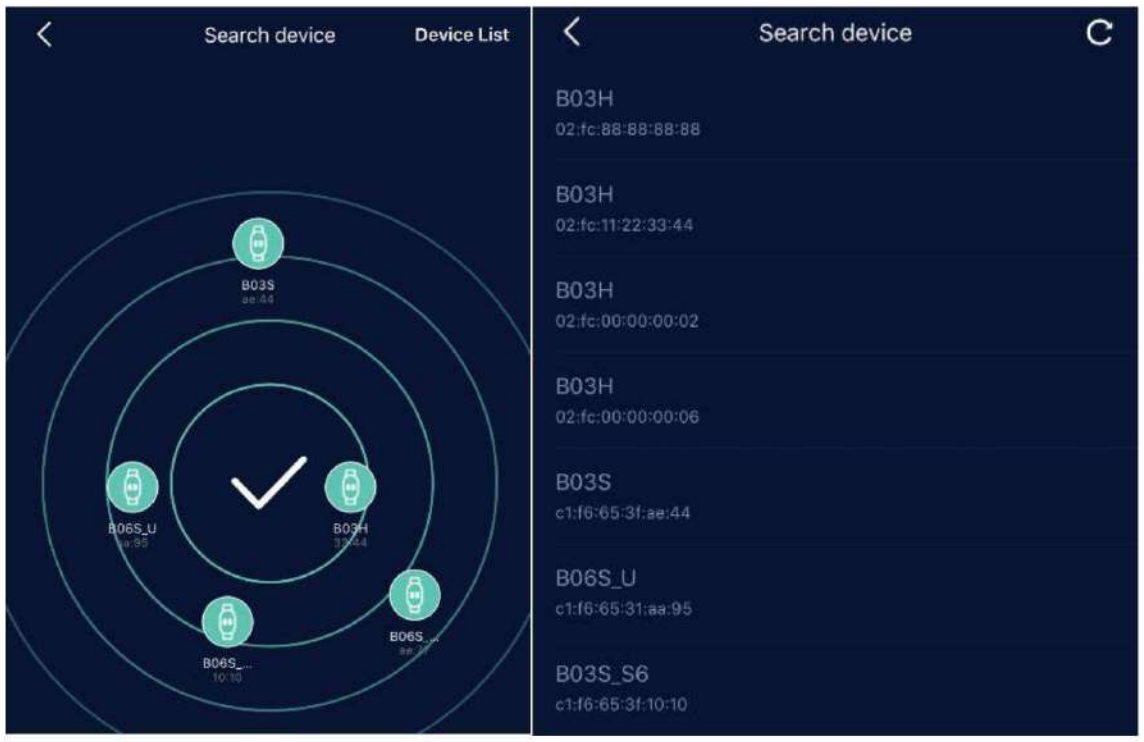
Search "HryFine" in the Android application market to download the application or scan the QR code to download

IOS download method:

Scan the QR code to download the APP application

Binding use

- Long press the power button to turn on, please make sure the mobile phone Bluetooth is turned on (Android needs to turn on GPS)
- Open the "HryFine" on the mobile phone-enter my device to match the Hand, select the MAC string matching the Hand to connect, if you can't find the device, you can click the device list in the upper right corner to search



- After the APP is connected to the Hand successfully, a guide page will pop up. According to the guide page, enter the Bluetooth search pairing "Hry 3.0 Bluetooth". After successful connection, you can make / receive calls and play Bluetooth music
- Note: The APP is only connected to the Bluetooth 4.0 function, and can only perform data interaction with the Hand. It cannot perform music playback and use the voice call function. You need to connect to the Bluetooth 3.0 function to use it. The Bluetooth 3.0 connection method needs to be read carefully after

the APP connection is completed. Guide pages

Hand operation instructions

- Power button: The power button sleeps / wakes the screen, and can also return to the clock interface in other application interfaces
- Clock interface: The Hand will automatically synchronize the date and time of the phone after connecting to the APP. Long press the clock for 2 seconds to switch between different dial interfaces.

Dialing: When Bluetooth 3.0 is connected, you can make a call by dialing the number. At this time, the phone will automatically dial, and the phone can set the call device as a Hand

Phonebook: After the Hand is connected to the APP successfully, you can add 50 frequently-used contacts in the APP. After the contact is successfully added, the Hand phonebook will be displayed synchronously. The Hand can click the contacts in the phonebook to make calls : The phone needs to be connected to Hry3.0)

Call record: keep a record of calls made by the Hand

Information: keep the information pushed by the mobile phone: you can view the last 8 pushed message

Sports mode: 1. Record running distance and calorie consumption in running mode 2. Record calorie consumption in skipping mode 3. Riding distance and calorie consumption in riding mode 4. Calorie consumption in swimming mode 5. Climbing mode Walking records and calorie consumptio

Pedometer record: display the step count, completion status, walking distance and calories of the day

Sleep detection: wear the Hand to fall asleep, the Hand will record the length of sleep, deep sleep, light sleep and awake time, you can view the details of your sleep data on the APP side, and you can also set the sleep detection time range

Sedentary reminder: the period of the sedentary reminder and the effective time range of the sedentary reminder, the sedentary switch needs to be set in the APP-side sedentary reminder

Heart rate measurement: After entering the heart rate, it will

automatically measure and display the measured heart rate data. After the measurement is completed, the data will be uploaded to the APP. Remarks: The Hand is required to support the heart rate sensor

Blood pressure measurement: After entering the blood pressure, it will automatically measure and display the measured blood pressure data. After the measurement is completed, the data will be uploaded to the APP

Blood oxygen: after entering blood oxygen, it will automatically measure and display the measured blood oxygen data

Remote camera: need to be connected to the APP, open the remote camera phone will open the camera, shake the Hand phone to take a picture, the Hand to exit the remote camera phone will also exit the camera

Stopwatch: Start stopwatch timing and end timing

Find mobile phone: When the APP is connected, enter the function of finding mobile phone, long press the icon, the phone will send out a ringtone reminder

Flashlight: turn on the flashlight function, the Hand screen will be bright

white

Device information: display the MAC serial number and version number of thedevice

Brightness adjustment: adjust the screen brightness of the ring, choose 5 levels of brightness

Alarm alarm: Connected to APP, you can add an alarm to the alarm reminder on the APP side, and synchronize to the Hand after the addition is completed, you can add up to 5 alarms

Bluetooth music: It can be used only when connected to phone Bluetooth 3.0. The guide page jumped out of the APP for the first time is connected to 3.0 Bluetooth. You can control the play / pause of the music model being playeon the mobile phone through Bluetooth music

Theme: After entering, slide up and down to select different watch themes

QR code: download the QR code of the device's APP

Settings: APP opens / closes the wristband bright screen of the Hand, vibration reminder, the Hand displays its status switch

APP Hand settings:

- Personal information: set your avatar, nickname, gender, age, height and weight, set a target number of steps to monitor the completion of daily step counting
- Finding device: when the Hand is connected, click on the finding device, the Hand will vibrate
- Message reminder: set the message type that the mobile phone pushes to the Hand, such as: QQ, WeChat, Weibo, incoming calls and other information (requires mobile phone system authorized APP to obtain notification permission)
- Alarm reminder: set the alarm reminder time, after the setting is completed, it will be synchronized to the Hand, the Hand will have a vibration reminder, even if disconnected from the APP, the Hand will save the APP settings to point reminder
- Sedentary reminder: Switch on the sedentary function and set the reminder duration and time range of sedentary. After the setting is successful, it will be synchronized to the Hand, and the wristband will send a vibration reminder at

the time point of sedentary setting

- Remote self-timer: When connected to the Hand, start taking pictures from the Hand or enter the remote camera interface from the APP, shake / turn the wristband, take photos automatically after 3 seconds, please allow APP to access the album to save the selfie photos
- Sleep detection: when connected to the Hand, you can set the detection time of the Hand sleep detection, sleep heart rate detection auxiliary switch and other detection functions,
- Automatic heart rate measurement: When the Hand is connected, set the time point for automatic heart rate measurement. After the setting is completed, it will be automatically synchronized to the Hand. During the wearing process, your heart rate data will be automatically detected and transmitted to the APP to save
- Do not disturb mode: turn on the do not disturb mode, you can set the do not disturb time period, the Hand will stop receiving notification messages within the set time period, so as not to disturb the reminder message
- Vibration: Turn on / off the vibration reminder function of the Hand. After closing, your Hand will not have the vibration function
- Language setting: It can be set according to the language supported by the Hand. After the setting is completed, the Hand will automatically switch to the language you set
- Wearing mode: Left-hand / right-hand wearing mode, you can match heart rate

pedometer and other data algorithms according to your wearing mode

- Synchronize system time: manually synchronize the time of the phone to the Hand
- Restore factory: let your device reset and clear data, such as step sleep
- Raise your hand to brighten the screen: turn on this function. When the wristband is in the state of breathing the screen, raise your wrist and turn the screen to yourself to light the screen, and lower it to turn off

Precautions:

It should not be worn when taking a bath or swimming.

- When synchronizing data, please connect the Hand.
- Use the built-in charging cable to charge.
- Do not expose the handle ring to a place with high moisture or extremely high or low temperature for a long time.
- The wristband restarts unexpectedly. Please check the memory information of the phone to clear it and try again, or exit the APP and reopen it.

Hand maintenance:

- Do not scratch the sensor, protect it from damage
- Wipe the surface of the Hand with a damp cloth and use mild soapy water to remove oil or dust

- Do not expose the Hand to the environment with strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent. The chemicals will damage the sealability of the Hand and the surface of the casing
- Prevent your Hand from being subjected to strong impact and extreme high temperature exposure
- When the lens and casing are intact, it is waterproof. Violent disassembly will affect the waterproofness.

Common problem:

What should I do if Bluetooth cannot be connected? (Failed to connect / reconnect or slow connection / reconnect)

Answer: 1. Please confirm whether the mobile phone supports (IOS9.0 or Android 4.2 or above, mobile phones or tablet products with Bluetooth 4.0)

2. Due to the problem of signal interference in the Bluetooth wireless connection, the connection time may be different every time. If you cannot connect for a long time, please make sure to connect in a place where there is no magnetic field or too much Bluetooth device interference.

3. Turn off the phone's Bluetooth and then turn it on

4. Clear the phone background application or restart the phone

5. Do not connect your phone to other products of the same type at the same time

6. Whether the APP is still running in the background, if it is not running in the

background, it cannot be connected

Can't find the Hand?

Answer: Because the Bluetooth radio of the Hand is not searched by the mobile phone, please make sure that the Hand is powered on and activated, and it is not connected to other mobile phones. Put the Hand close to the mobile phone and search again. If it is still invalid, turn off the Bluetooth of the mobile phone for 20 seconds Then restart Bluetooth and search again.

Should the Bluetooth connection be always on? Will there be any data if it is closed?

Answer: Before synchronizing the data, exercise and sleep data will be kept on the wristband host. When the mobile phone and the Hand Bluetooth are successfully connected, the Hand will automatically upload data to the mobile phone, but the data stored by the Hand is limited, and only about one week of Bluetooth data can be stored. When the space is full, the earliest data will be automatically overwritten to generate the latest data , So please sync the Hand to your phone in time.

Remarks: If you turn on the incoming call and SMS reminder function, you need to keep Bluetooth connected, and the alarm reminder supports offline.

What should I do if the Hand cannot be charged?

Answer: 1. Please confirm whether the direction of the charging stand is correct and whether the charging clip is in good contact with the Hand.

2. When the Hand power is lower than 3.6V, there will be a period of battery precharge time

Remarks: After plugging in the charger, it will immediately enter the charging state.

If there is no display, it will take 3-5 minutes to enter the charging state.

Will wearing the Hand for a long time cause harm to the human body?

Answer: The radiation of the equipment is far lower than the FCC standard of the United States, and it is basically negligible.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

The device has been evaluatec to meel general RF exposure requirement. The device can be used in portable exposure condition without restriction.