hotmoon

Smart Sound Machine User Guide

Trio Pro

Relax More, Sleep Better

Start Your New Sleep

Step 1: Download and Register the APP

Download the Hotmoon app from the Apple App Store or Google Play, then create or log in to your account.

NOTE:
- For Android versions below 12, geographic location permission is required to connect via Bluetooth. This will not be used to record personal data.
- The Hotmoon app is regularly updated; follow in-app instructions for any changes.

APP download

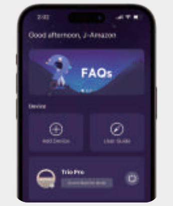
Step 2: Plug it in

Connect the device to a power adapter with an output voltage of 12V1A using the USB - C cable.

Step 3: Connect Your Trio Pro

Press the power button on the device to power it on. Open the Hotmoon APP and follow the in - app steps to connect your Trio Pro.

NOTE:
- Enable the Bluetooth on your phone.



Things to Try

1.Triomix

Tap your device card in the app, go to the Sound page, and select "Triomix." Choose any three sounds and adjust their volumes. Then, save your custom mix to Favorites, Routines, or Schedules.

2.Customize a Routine

Create your routine by modifying defaults or customizing with library sounds. Once set up, tap routine button " ◌ " to start your routine—No Phone Required.

3.Adjust Clock Brightness

Tap the settings icon " ⚙ " in the upper right corner of the "My Plan" page to adjust.

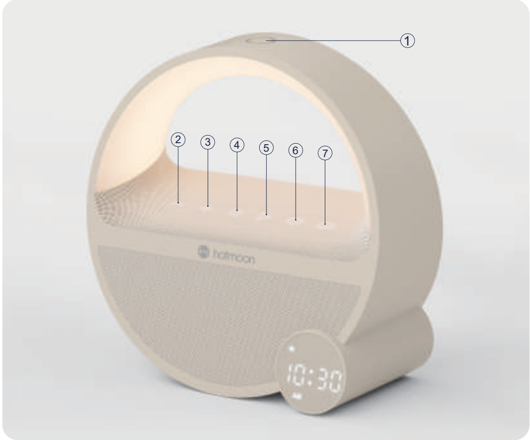
4.Bluetooth Speaker Mode

Press the mode switch button on the bottom of the device. Wait for the "Bluetooth Speaker Mode" voice prompt. Check your phone's Bluetooth settings and connect to "Trio Pro Speaker".

5.Adjust the Voice Prompt Volume

After pairing, tap the settings icon " ⚙ " on the "My Plan" page → " Prompt Tone Volume" and adjust the slider.

Buttons



❶ Routine

Tap when you' re ready to rest. (lt will seamlessly transition through each step ofyour Routine as programmed in the app.) Once your Routine is playing, tap this button to skip to the next step. Sound, light and duration can be customized in the app, and up to 8 combos can be set.

❷ Brightness Down Button

Press: Decrease brightness
Press and hold (2s):
Continuous dimming

❸ Brightness Up Button

Press: Increase brightness
Press and hold (2s):
Continuous brightening

❹ Light Button

Press: Turn light on/off

❺ Play/Pause Button

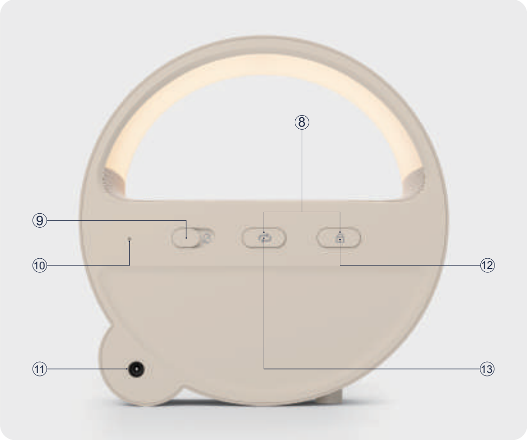
Press: Play/pause sound

❻ Volume Down Button

Press: Lower volume
Press and hold (2s):
Continuous volume decrease

❼ Volume Up Button

Press: Raise volume
Press and hold (2s):
Continuous volume increase



❽ Device Pair

Press and hold these 2 buttons for 2 seconds: factory settings will be restored, and the warm light will flash, indicating the device is ready to pair.

❾ Alarm Toggle

Left side: Disable all scheduled alarms without using your phone
Right side: Enable all scheduled alarms without using your phone

❿ Reset Hole

Press and hold (2s):
Force shutdown and restart

⓫ DC Power Input Port

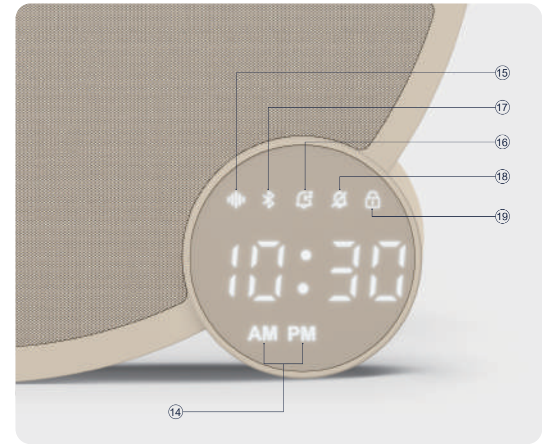
DC 12V⎓1A

⓬ Child Lock Button

Press and hold for 1 second to toggle child lock on/off.(When enabled, a child lock icon appears on the clock panel.)

⓭ Mode Switch Button

Press to toggle between Bluetooth Speaker Mode and Sound Machine Mode.



⓮ AM/PM Icon

Synchronizes with the connected phone's system time and illuminates the corresponding AM or PM indicator.

⓯ Sound Machine Mode Icon

When lit, the device is operating in Sound Machine Mode.

⓰ Snooze Icon

When lit, snooze mode is activated, temporarily pausing the alarm.

⓱ Bluetooth Speaker Mode Icon

When lit, the device is in Bluetooth speaker mode.

⓲ Alarm Off Icon

When lit, all scheduled alarms are turned off.

⓳ Child Lock Icon

When lit, child lock is enabled, and all buttons are disabled.

Snooze

When the alarm sounds, any touch button functions as a Snooze button. You can hold any button to stop the alarm.

NOTE:
- The wake-up alarm volume gradually fades in to 5% over 30 seconds, gently easing you into wakefulness.
- You can set the wake-up alarm to start 10, 15, or 20 minutes before the get-up alarm.
- By default, each snooze lasts 9 minutes and can repeat up to 3 times—both settings are adjustable in the app.
- If left untouched, the alarm will automatically turn off after 1 hour.

⚠ Safety Warning

- Please always keep the device at least one meter away from children as the cord can pose a strangulation hazard.
- This product is not waterproof, Do not use it near or place in water.
- Do not place this device aloft. When placing it on the table, please avoid the edges toprevent it from falling down, which might damage the device and also get potential hurt.

FCC Warnning:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on,the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator &you body.

Need help? Hotmoon support is here.

Model：HMNL-08
Manufaturer: Dongguan Michuang Technology Ltd.
Address: Room 1102, Building 15, No. 3 Yongtai Road, Tangxia Town, Dongguan City, Guangdong Province, China