



WELCOME TO THE MAT FAMILY

YOU'RE GOING TO LOVE YOUR MUSCLE METER
AND YOUR CLIENTS WILL LOVE YOU FOR IT

This is just a quick message to say thank you for being the best part of MAT and choosing to improve your assessment with the Muscle Meter.

The Muscle Meter was designed to make assessment quick and simple, whilst providing you with meaningful, actionable data on your clients. Getting started is easy! Just push the on button and start performing assessments. You can also pair the Muscle Meter with our Measurz app to get the most out of the device with three unique testing modes.

As a thank you, I've included two months free* of your Muscle Meter's best friend, our Measurz App. Measurz allows you to pair your Muscle Meter to record your client's results, track progress over time and compare to 'normative' reference data. You can even perform your whole client assessment and never write notes again with 1000+ tests in our Measurz app. Details on how to get the most out of your Muscle Meter and your two free months are on the back.

Happy assessing!

Stephen King
MAT Founder



Some Quick Information To Help You Get Started

Muscle Meter Buttons

 Short push: Change units from kg to lbs.

Please ensure you have the same unit displayed as set in Measurz.

Long Push: Switch testing modes.

HOLD = holds peak force | LIVE = live continuous mode (use with Measurz.)

 On/Off Self-explanatory.  Re-zero for data accuracy.

Measurz App

The Muscle Meter connects to our Measurz app on your smart device to perform all tests in the [Muscle Meter] categories or via the plus button on the home screen.

Measurz allows you to perform your entire assessment process with over 1000+ tests and many game-changing inbuilt testing tools.

Download the Measurz app via the QR code below.

Enter the voucher code

HAPPYASSESSING

*to get two months Measurz access free**

Before You Start Testing

1. Download & sign up for our Measurz App
2. Complete the free Measurz online training
3. Read the Muscle Meter manual & safety info

Visit: www.matassessment.com/info

Need Help?

Visit: help.matassessment.com



SCAN ME TO DOWNLOAD MEASURZ APP

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction