

70*95MM

Smart Watch Instruction Manual

Download the APP and add a device EN (英语)

1. Turn on the device and use your phone to scan the QR code to download the APP.
And install the APP. Or search for "FitCloudPro" in the Apple Store/Android App Store to download and install. (Compatible systems: Android 5.0 and above, Bluetooth 5.0 phone; Apple phone iOS 8.0 and above)
2. Open the mobile app, search for and select the desired device in the device binding interface of the app.
Step 1: Turn on Bluetooth on your phone.
Step 2: Open the "FitCloudPro" app on your phone, click on "Find Device" - "Select Device" in the "Device" interface ("Please confirm that the Bluetooth MAC address displayed on the watch is consistent when pairing").



Operating instructions

Shortcuts	Operation method
Open Control Panel	The dial homepage slides down from top to bottom
Open the information interface	The dial homepage slides from bottom to top
Open the functional interface	The dial homepage moves to the left
Enter the split screen shortcut interface	Dial homepage moves to the right
Quickly enter the dashboard replacement	Long press the dialer icon, slide left and right to switch dial

Function Description

- Step monitoring: Record in detail the number of steps, distance, calories, and other data for the day.
- Sleep monitoring: It can record and display the total sleep duration, and view 7 days of sleep data.
- Heart rate monitoring: Monitor the current heart rate, record and display the 24-hour heart rate throughout the day, and automatically monitor the heart rate every 10 minutes.
- Multiple sports modes: walking, running, cycling, basketball, swimming, badminton, football and other sports modes.
- Blood oxygen detection: Monitor current blood oxygen, record and display 24-hour blood oxygen throughout the day, and automatically monitor blood oxygen every hour.
- Music control: Control the playback/pause/next/previous music on the phone.
- Camera control: Open the mobile app and click on the camera control interface to take photos.
- Weather forecast: After Bluetooth connection to the watch, machine weather forecast updates can be synchronized on the watch and.
- Female menstrual cycle: If needs to be set as female on the personal interface of the APP, and the corresponding cycle icon will be displayed on the watch.
- Bluetooth call: After successfully pairing with Bluetooth on the APP, you can make and receive calls through the watch.
- Music playback: After successfully binding and pairing with the mobile app, you can play your phone's music through the watch.
- Other functions: alarm clock, stopwatch, calculator, timer, search for phone, breathing training, custom dial, theme style switching, brightness adjustment, etc.

For more common questions, please refer to the mobile app [My>FAQ]
This app is not a medical device. Data obtained during the use of this app is for reference only, and should not be used for clinical diagnosis, medical research, diagnostic, or treatment purposes.

FCC Warning
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. Therefore can be used in portable exposure condition without restriction.

App herunterladen und Geräte hinzufügen DE (德语)

1. Öffnen Sie das Gerät und scannen Sie den QR-Code mit dem Handy.
Oder suchen Sie im Apple Store / Android App Market nach "FitCloudPro", um die Installation herunterzuladen.
(Kompatible Systeme: Android 5.0 und höher, Bluetooth 5.0 Handy; iOS 8.0 oder höher)
2. Öffnen Sie die Handy-APP, suchen Sie in der APP-Geräteansicht.
Schritt 1: Schalten Sie Ihr Handy Bluetooth ein.
Schritt 2: Öffnen Sie die App "FitCloudPro" auf Ihrem Telefon und klicken Sie auf "Blenden Sie Ihr Gerät" - "TVöhlen Sie Ihr Gerät" ("Stellen Sie bei der Kopplung sicher, dass die Bluetooth-MAC-Adresse der Uhr übereinstimmt").



Betriebsanweisungen

Schnelle Funktionen	Betriebsmethoden
Bedienfeld öffnen	Zifferblatt: Homepage von oben nach unten
Öffnen der Informationsoberfläche	Zifferblatt: Homepage von unten nach oben
Öffnen der Funktionsoberfläche	Zifferblatt: Homepage nach links bewegen
Öffnen der Split-Screen-Shortcut-Oberfläche	Zifferblatt: Homepage nach rechts bewegen
Schneller Zugang zum Zifferblattwechsel	Drücken Sie das Zifferblatt für 2 Sekunden lang und wechseln Sie links und rechts um das Zifferblattwechsel

Funktionsbeschreibung

- Schrittzählung: Aufzeichnen Sie die Anzahl der Schritte, die Entfernung, die Kalorien und andere Daten des Tages.
- Schlafüberwachung: Sie können die Gesamtdauer des Schlafs aufzeichnen und anzeigen, um die Schlafqualität zu 7 Tagen anzeigen. (Sie müssen die Anzeigefrequenz, die die Daten zu erhalten.)
- Herzfrequenzüberwachung: Überwachen Sie die Herzfrequenz während der Bewegung, die die Herzfrequenz während der Bewegung aufzeichnen und anzeigen, um die Herzfrequenz während der Bewegung zu 10 Minuten.
- Multiple-Sport-Modi: Gehen, Laufen, Klettern, Basketball, Schwimmen, Badminton, Fußball und andere Sportarten.
- Blood-Oxygen-Detection: Messen Sie den aktuellen Blut-Sauerstoff, registrieren und zeigen das Blut-Sauerstoff-Tage und.
- Music-Control: Steuern Sie die Musikwiedergabe / Pause / Vorheriger Song / Nächster Song.
- Kamera-Steuerung: Öffnen Sie die Handy-App und klicken / Schließen Sie die Uhr auf der Kamera-Steuerung.
- Weather-Forecast: Nachdem die Uhr mit Bluetooth verbunden ist, können Sie die aktuellen Wettervorhersagen auf der Uhr anzeigen.
- Female menstrual cycle: If needs to be set as female on the personal interface of the APP, and the corresponding cycle icon will be displayed on the watch.
- Bluetooth call: After successfully pairing with Bluetooth on the APP, you can make and receive calls through the watch.
- Music playback: After successfully binding and pairing with the mobile app, you can play your phone's music through the watch.
- Other functions: alarm clock, stopwatch, calculator, timer, search for phone, breathing training, custom dial, theme style switching, brightness adjustment, etc.

Télécharger l'app ajouter un appareil FR (法语)

1. Ouvrez l'application sur votre téléphone pour scanner le Code QR.
Où recherchez "FitCloudPro" sur l'Apple Store / Android app Market pour télécharger l'application.
(Système compatible: android 5.0 et supérieur, téléphone avec Bluetooth 5.0; Téléphone Apple iOS 8.0 et supérieur)
2. Ouvrez l'application téléphone, recherchez et sélectionnez l'appareil que vous souhaitez lier dans l'interface de l'application.
Étape 1: Activez le Bluetooth de votre téléphone.
Étape 2: Ouvrez l'application "FitCloudPro" de votre téléphone, dans l'interface "Appareil", appuyez sur "lier l'appareil" - "Sélectionner l'appareil" ("Vérifiez que l'adresse MAC Bluetooth affichée par le montre est cohérente lors de l'appariement").



Instructions de fonctionnement

Fonction rapide	Méthode de fonctionnement
Ouvrir le panneau de contrôle	Dial Home glisser de haut en bas
Ouvrir l'interface d'information	Dial Home glisser de bas en haut
Ouvrir l'interface fonctionnelle	Dial Home déplacer vers la gauche
Accéder à l'interface de raccourci à écran partagé	Dial Home glisser vers la droite
Accès rapide au remplacement du cadran	Appuyez longuement sur le cadran pendant 2 secondes, faites glisser gauche et droite pour changer le cadran

Description des fonctions

- Compteur de pas: enregistrez en détail le nombre de pas, la distance, les calories et d'autres données de la journée.
- Surveillance du sommeil: Vous pouvez enregistrer et afficher la durée totale du sommeil, les heures de sommeil et les données de sommeil pendant 7 jours.
- Surveillance de la fréquence cardiaque: mesure la fréquence cardiaque en temps réel pendant l'exercice et affiche la fréquence cardiaque en temps réel pendant la journée.
- Multiple-Sport-Modi: Marche, course, escalade, équitation, basket-ball, badminton, football et autres sports multiples.
- Test de saturation en oxygène: mesure l'oxygène en temps réel, enregistre et affiche le sang 24 heures la journée.
- Music-Control: Contrôlez la lecture de la lecture de musique de téléphone portable / pause / précédent / suivant / chanson suivante.
- Contrôle de l'appareil photo: Ouvrez l'application de téléphone et cliquez / appuyez une fois dans l'interface de l'application pour prendre des photos.
- Prévisions météorologiques: Après avoir connecté votre montre Bluetooth, vous pouvez synchroniser les prévisions météorologiques sur la montre.
- Cycle menstruel: Si vous devez définir la femme dans l'interface personnelle de l'APP, l'icône du cycle menstruel sera affichée sur la montre.
- Bluetooth call: After successfully pairing with Bluetooth on the APP, you can make and receive calls through the watch.
- Music playback: After successfully binding and pairing with the mobile app, you can play your phone's music through the watch.
- Other functions: alarm clock, stopwatch, calculator, timer, search for phone, breathing training, custom dial, theme style switching, brightness adjustment, etc.

Descargar APP para agregar dispositivos ES (西班牙语)

1. Abra el dispositivo y use el teléfono móvil para escanear el Código QR.
O busque "FitCloudPro" para descargar e instalar en Apple Store / Android App Market.
(Sistema compatible: teléfono móvil Android 5.0 y más, Bluetooth 5.0 Apple Mobile iOS 8.0 y más)
2. Abra la aplicación móvil, en la interfaz de dispositivo, seleccione el dispositivo para buscar y seleccionar el dispositivo que desea agregar.
Paso 1: Abra el Bluetooth del teléfono móvil.
Paso 2: Abra la aplicación "FitCloudPro" del teléfono móvil, en la interfaz "Dispositivo", haga clic en "Vincular el dispositivo" - "Seleccionar dispositivo" ("Al emparejarse, confirme que la Dirección MAC Bluetooth mostrada por el reloj es la misma").



Instrucciones de operación

Función rápida	Método de operación
Abrir el panel de control	La página principal del dial se desliza hacia arriba y hacia abajo
Abrir la interfaz de información	La página principal del dial se desliza de abajo hacia arriba
Abrir la interfaz funcional	La página principal del dial se mueve a la izquierda
Ir a la interfaz de acceso a pantalla dividida	La página principal del dial se desliza a la derecha
Cambio de dial de entrada rápida	Presione el dial durante 2 segundos y deslice a la izquierda y a la derecha para cambiar el dial

Descripción funcional

- Contar pasos: registre en detalle el número de pasos, distancia, calorías y otros datos del día.
- Monitoreo del sueño: puede registrar y mostrar la duración total del sueño, y se pueden ver los datos del sueño de 7 días.
- Monitoreo de la frecuencia cardíaca: mide la frecuencia cardíaca en tiempo real durante el ejercicio y muestra la frecuencia cardíaca en tiempo real durante el día.
- Modo de deporte: caminar, correr, escalada, equitación, fútbol, baloncesto, fútbol y otros deportes.
- Prueba de oxígeno en sangre: puede registrar y mostrar el oxígeno en sangre 24 horas del día.
- Control de música: controle la reproducción de música de teléfono móvil / pausa / anterior / siguiente / canción siguiente.
- Control de la cámara: abra la aplicación del teléfono móvil y haga clic / toque el reloj en la interfaz de control de la cámara del reloj para tomar una foto.
- Control de la cámara: abra la aplicación del teléfono móvil y haga clic / toque el reloj en la interfaz de control de la cámara del reloj para tomar una foto.
- Prévisions météorologiques: Après avoir connecté votre montre Bluetooth, se peut synchroniser la actualización del pronóstico del tiempo en tiempo real en el exterior del reloj.
- Ciclo menstrual: Si necesita configurar la mujer en la interfaz personal de la aplicación, y la icona del ciclo menstrual será mostrada en la pantalla del reloj.
- Bluetooth call: After successfully pairing with Bluetooth on the APP, you can make and receive calls through the watch.
- Music playback: After successfully binding and pairing with the mobile app, you can play your phone's music through the watch.
- Other functions: alarm clock, stopwatch, calculator, timer, search for phone, breathing training, custom dial, theme style switching, brightness adjustment, etc.

Stahnete aplikaci Přidat zařízení CS (捷克语)

1. Otevřete zařízení pro skenování QR kódu pomocí mobilního telefonu a naskenujte aplikaci.
Ověřte si, že aplikace "FitCloudPro" je k dispozici v Apple Store / Android App Market.
(Kompatibilní systémy: Android 5.0 a výše, Bluetooth 5.0 telefon; iOS 8.0 a výše)
2. Otevřete mobilní aplikaci, v rozhraní zařízení aplikací vyhledejte a vyberte zařízení, které chcete přidat.
Krok 1: Zapněte mobilní telefon Bluetooth.
Krok 2: Otevřete aplikaci "FitCloudPro" na telefonu a v rozhraní "Zařízení" klepněte na "Přidat zařízení" - "Vyberte zařízení" ("Při párování se ujistěte, že hodinky zobrazují stejnou adresu Bluetooth MAC").



Provozní pokyny

Rychlé funkce	Způsob provozu
Otevřít ovládací panel	Posunutí domovské stránky shora dolů
Otevřít informační rozhraní	Posunutí domovské stránky shora dolů nahoru
Otevřít funkční rozhraní	Posunutí domovské stránky vlevo
Přístup na rychlý přístup na rozdělené obrazovce	Posunutí domovské stránky doprava
Rychlý přístup k rychlému výběru	Stisknutí 2 sekund tlačítka a posunutí vlevo/pravo

Funkce

- Step-counter: Record in detail the number of steps, distance, calories and other data for the day.
- Sleep monitoring: It can record and display the total sleep duration, and view 7 days of sleep data.
- Heart rate monitoring: Monitor the current heart rate, record and display the 24-hour heart rate throughout the day, and automatically monitor the heart rate every 10 minutes.
- Multiple sports modes: walking, running, cycling, basketball, swimming, badminton, football and other sports modes.
- Blood oxygen detection: Monitor current blood oxygen, record and display 24-hour blood oxygen throughout the day, and automatically monitor blood oxygen every hour.
- Music control: Control the playback/pause/next/previous music on the phone.
- Camera control: Open the mobile app and click on the camera control interface to take photos.
- Weather forecast: After Bluetooth connection to the watch, machine weather forecast updates can be synchronized on the watch and.
- Female menstrual cycle: If needs to be set as female on the personal interface of the APP, and the corresponding cycle icon will be displayed on the watch.
- Bluetooth call: After successfully pairing with Bluetooth on the APP, you can make and receive calls through the watch.
- Music playback: After successfully binding and pairing with the mobile app, you can play your phone's music through the watch.
- Other functions: alarm clock, stopwatch, calculator, timer, search for phone, breathing training, custom dial, theme style switching, brightness adjustment, etc.

Download Apparaten toevoegen NL (荷兰语)

1. Open het apparaat en scan de QR-code met behulp van de mobiele telefoon om de APP te downloaden en te installeren.
Of zoek in de Apple Store / Android App Market naar "FitCloudPro" om de installatie te downloaden.
(Compatibel systeem: Android 5.0 en hoger, Bluetooth 5.0 telefoon; iPhone iOS 8.0 of hoger.)
2. Open de mobiele APP, zoek in de APP-apparaatinterface in Binding Device en selecteer het apparaat dat u wilt toevoegen.
Stap 1: Zet Bluetooth op uw telefoon in.
Stap 2: Open de "FitCloudPro" APP van uw telefoon en klik in de "Apparaat"-interface op "Voeg apparaat toe".
("Bij het koppelen moet u ervoor zorgen dat het Bluetooth-MAC-adres dat wordt weergegeven op het horloge bij het koppelen overeenkomt.")



Gebruiksaanwijzingen

Snelle functies	Werkwijze
Controlepaneel openen	De home pagina van de wijzerplaat schuift van boven naar beneden
Informatie-interface openen	De home pagina van de wijzerplaat schuift van beneden naar boven
Functie interface openen	Startpagina naar links verplaatsen
Om naar de split-screen shortcut interface	Schuif naar rechts op de startpagina van de wijzerplaat
Snelle toegang tot wijzerplaat vervanging	Druk 2 seconden lang op de wijzerplaat en schuif links naar rechts om de wijzerplaat te wisselen

Functie beschrijving

- Stapenteller: Het aantal stappen, de afstand, de calorieën en andere gegevens van de dag in detail registreren.
- Slaapregistratie: De totale slaaptijd kan worden geregistreerd en weergegeven en de slaaptijd van 7 dagen kunnen worden getoond.
- Heart rate monitoring: Monitor de huidige hartslag, registreer en toon de 24-uurs hartslag gedurende de dag, en registreer automatisch de hartslag elke 10 minuten.
- Meerdere sportmodi: lopen, fietsen, zwemmen, badminton, voetbal en andere sportmodi.
- Bloed-oxygen detectie: Meet de huidige bloedsuikerspiegel, registreer en toon de 24-uurs bloedsuikerspiegel gedurende de dag, en registreer automatisch de bloedsuikerspiegel elke uur.
- Musiek controle: Controleer de afspelen/pauze/volgende muziek op de telefoon.
- Camera controle: Open de mobiele app en klik op de camera controle interface om foto's te maken.
- Weather forecast: Nadat de klok met Bluetooth is verbonden, kan de huidige weervoorspelling in realtime worden gesynchroniseerd op de klok.
- Vrouwelijke menstruatiecyclus: Als u wilt instellen dat u vrouw bent op de persoonlijke interface van de app, wordt het bijbehorende cycluselement weergegeven op de klok.
- Bluetooth bellen: Na succesvol koppelen met Bluetooth op de APP, kunt u gesprekken voeren via de klok.
- Musiek afspelen: Na succesvol koppelen met de mobiele telefoon APP, kunt u muziek afspelen via de klok.
- Andere functies: alarmklok, stopwatch, rekenmachine, timer, zoek naar telefoon, ademhalingstraining, aangepast wijzerplaat, thema stijl wisselen, helderheidsaanpassing, enz.

Scarica APPAggiungi dispositivi IT (意大利语)

1. Aprire il dispositivo utilizzando il telefono per scansionare il codice QR per scaricare e installare l'app.
Oppure cercare "FitCloudPro" per scaricare l'installazione nell'Apple Store / Android App Market.
(Sistema compatibile: Android 5.0 e superiore, Bluetooth 5.0 cellulare; iPhone iOS 8.0 o superiore.)
2. Aprire l'app mobile, nella interfaccia di selezione del dispositivo dell'APP, cercare e selezionare il dispositivo da aggiungere.
Passaggio 1: Accendere il Bluetooth del telefono.
Passaggio 2: Aprire l'APP "FitCloudPro" del telefono, nell'interfaccia "Dispositivo", fare clic su "Collega dispositivo".
("Assicurarsi che l'indirizzo MAC Bluetooth dell'orologio sia identico durante l'accoppiamento.")



Istruzioni operative

Funzionalità rapida	Metodo di funzionamento
Aprire il pannello di controllo	Scorrimento dalla pagina superiore verso il basso della home page dell'orologio
Aprire l'interfaccia informativa	Scorrimento verso l'alto dalla pagina principale del quadrante
Aprire l'interfaccia funzionale	Spostare la pagina principale del quadrante a sinistra
Accedere all'interfaccia rapida dello schermo diviso	Scorrimento verso destra dalla pagina principale del quadrante
Accesso rapido del quadrante	Premere l'equadrante per 2 secondi, scorrere a sinistra o destra per cambiare il quadrante

Descrizione delle funzioni

- Contest (passi): registrare in dettaglio il numero di passi, la distanza, le calorie e altri dati del giorno.
- Monitoraggio del sonno: può registrare e visualizzare la durata totale del sonno e visualizzare i dati del sonno per 7 giorni. (È necessario impostare la modalità per dormire per poter rilevare i dati).
- Monitoraggio della frequenza cardiaca: misura la frequenza cardiaca in tempo reale durante l'esercizio e mostra la frequenza cardiaca in tempo reale durante il giorno.
- Modi multi-sport: camminare, correre, arrampicarsi, andare in bicicletta, pallanuoto, nuoto, badminton, calcio e altri sport multi-sport.
- Test dell'ossigeno nel sangue: può registrare e mostrare il tasso di ossigeno nel sangue 24 ore al giorno, automaticamente registrare e mostrare il tasso di ossigeno nel sangue ogni ora.
- Controllo della musica: controllare la riproduzione della musica del telefono cellulare / pausa / canzone precedente / canzone successiva.
- Controllo della fotocamera: aprire l'app del telefono e cliccare / toccare una volta nell'interfaccia di controllo della fotocamera per prendere una foto.
- Previsioni meteorologiche: dopo la connessione Bluetooth dell'orologio, è possibile sincronizzare automaticamente le previsioni meteorologiche in tempo reale all'esterno dell'orologio.
- Ciclo mestruale: Se è necessario impostare la donna nell'interfaccia personale dell'app, l'icona del ciclo mestruale sarà mostrata sulla cassa dell'orologio.
- Bluetooth call: Dopo aver stabilito il collegamento Bluetooth con l'APP, è possibile effettuare chiamate attraverso l'orologio.
- Musica in riproduzione: Dopo aver stabilito il collegamento Bluetooth con l'APP, è possibile riprodurre la musica del telefono mobile attraverso l'orologio.
- Altre funzioni: sveglia, cronometro, orologio, timer, ricerca del telefono, allenamento di respirazione, quadrante personalizzato, cambio di stile tematico, regolazione della luminosità, ecc.

