

Intelligent Fast Heating Vibration Pad

USER MANUAL



Tips: This user manual is suitable for both our Heating Vibration Shoulder Pad and Heating Vibration Knee Pad

PRODUCT INTRODUCTION

Technical parameters

Product name: Intelligent Fast Heating Vibration Pad

Product Model: AMH05 / AMH06

Battery capacity: 5000mAh

Rated power: 10W

Rated voltage: DC5V

Working environment

	WORKING ENVIRONMENT	STORAGE AND TRANSPORTATION
TEMPERATURE RANGE HUMIDITY RANGE ATMOSPHERIC PRESSURE	0°C ~40°C < 80%RH 70KPA -106KPA	0°C ~50°C < 80%RH 70KPA -106KPA

Multipurpose



Elbow Joint 1



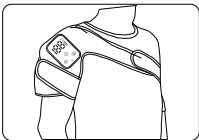
Elbow Joint 2



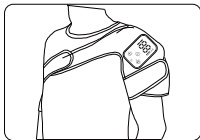
Knee Joint 1



Knee Joint 2



Shoulder Joint 1



Shoulder Joint 2

KEY DESCRIPTION



OPERATION GUIDE

Note: When the main unit is not secured to the brace, the temperature will not be displayed on the screen – this is normal operation. The temperature display will only appear after the unit is properly fastened to the brace.

1. Fixed Device

Install the Device onto the shoulder or knee guard: Ensure that the Device is securely clipped into the slot of the protective gear.

When the Device is fully installed, a mechanical sound of "click" will be heard, indicating that the Device has been securely installed.

Press and hold the power button for 3 seconds to turn on the device. When turned on, you will hear a "beep" sound and the temperature will be displayed on the screen

Attention: If two horizontal bars "--" appear on the screen after turning on, it indicates that the Device is not securely fastened. Please reinstall the Device.

(If the device cannot start up properly, please charge it first and then try to start it again.)



2. Wear the product

Please choose the appropriate product to wear according to your needs, ensuring that the product is worn in the correct position.

Product Model Description

Model: AMH05 (knee pad)

Equipped with extension straps, can be used for knees, shoulders, and elbows

Model: AMH06 (Shoulder Pad)

Only applicable to the shoulders.



3. Button lock

When the button lock indicator light is blue, it indicates that the button has been unlocked and can operate the temperature button, vibration button, and timer button

If there is no button operation within 30 seconds after turning on, the machine will automatically lock.

After setting up, press the power button briefly, and the button lock indicator light will turn red, indicating that the button is locked. After locking, you will not be able to adjust any functions.

To adjust the function, press the power button briefly to unlock and the screen will be operable again.



4. Temperature setting

Short press the temperature button to activate the heating function. Press the button again to adjust the temperature, there are a total of 7 adjustable temperature levels (40°C, 45°C, 50°C, 55°C, 60°C, 65°C, 70°C). No green indicator light indicates that the heating function has been turned off.

Press and hold the temperature button for 2 seconds to switch temperature units (°C/°F).

Attention: If the temperature is set below 60 °C, the knee massager can reach the set temperature within a few minutes; If the temperature is set above 60 °C, the heating time is related to the ambient temperature and usage conditions.



5. Vibration settings

Short press the vibration button to activate the vibration function, and you can adjust the low, medium, and high intensity. No green indicator light indicates that the vibration function has been turned off.

Long press the vibration button to turn off the vibration function.



6. Timer setting

Short press the timer button to activate the timer function. Press the button again to adjust the timer time (15 minutes, 30 minutes, 60 minutes).

The absence of a green indicator light indicates that the timer function has been turned off.

Long press the timer button to turn off the timer function.

Attention: After the timer ends, the device will automatically shut down. If not using the timer, the device will continue operating until the battery is depleted.



7. Shutdown operation

Press and hold the power button for 3 seconds, the buzzer will sound two beeps, and the device will turn off.

After shutdown, the battery indicator light will remain on for 30 seconds.



8. APP connection

Search for the mini-program "Meemon Remote" on WeChat, or download the "Meemon Remote" app via your app store. The app supports both iOS and Android systems. For details, refer to the Bluetooth Control Guide section later in this manual.



SAFETY PRECAUTIONS

- Excessive massage is harmful to the body.
- When starting to use this product, it is recommended to avoid direct contact with the skin and choose low temperature mode. gradually adjust to the appropriate temperature according to your personal situation, so as to avoid skin scald of people who are not sensitive to heat. Slight skin redness and fever after use is normal. Please feel free to use.
- However, if there is serious skin redness and swelling after use, please stop using immediately and consult your doctor.
- The temperature of the product is high when it is used for a long time. Beware of scald.
- When not in use, turn off the machine and keep it properly.
- This product is a household appliance and cannot replace medical equipment or medicine.
- **Note that incorrect operation may result in a safety accident or property damage.**



WARNING

Please consult doctor before use for :

- Patients with osteoporosis, fracture, sprain, acute pain and other leg diseases;*Patients with leg nerve disorders or skin sensory disorders;
- People with blood circulation disorders such as cerebrovascular disease, Pregnant or postpartum women; ·Patients with heart disease; and the elderly over 70 years old are prohibited from using it.
- The massages has a heating surface, so people who are not sensitive to heat must pay attention to it.
- It is forbidden to use in flammable and explosive places such as high-dust workshops and gas stations;
- Do not use this product while driving, rock climbing or other dangerous actions;
- Do not let infants, children, or persons who are completely or partially unconscious touch this product, let alone use it;

CLEANING AND MAINTENANCE

- Before cleaning, please make sure to disconnect the power completely.
- When cleaning, wipe the product with a damp cloth, but be careful not to wet the Type-C interface. Do not use strong cleaners or hard brushes.
- Lay flat to dry.
- This product does not support machine wash or hand wash. Do not dry clean.



Not machine
washable



Do not wring



Do not
tumble dry



Do not iron

Bluetooth Control Software Guide

1. Download the application:

Go to the App Store, Google Play, or scan the QR code below to download the Meemon Remote application.

IOS application



App Store



IOS web download

Android application



play store



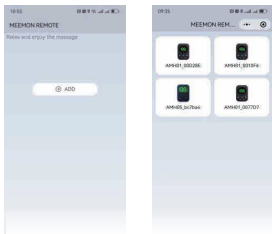
Android web download

2. Connect Bluetooth:

Open the app and grant **Bluetooth and location permissions** to connect to the massager (if Bluetooth is not turned on, the device cannot be searched and location permissions are required on the Android platform).

3. Add device:

Ensure that the massager is turned on, click "Add Device" to start searching. We distinguish different products by using small icons that are consistent with their appearance, and product names can also be distinguished.



4. Successful connection:

After successful connection, different products can be redirected to different operation pages, and the massager can be operated in real-time on the interface. The buttons on the screen are synchronized with the host buttons, and the operation method is the same as the buttons.



5. Edit paired devices:

After successfully pairing with the device, returning to the main page will display the paired device icon:

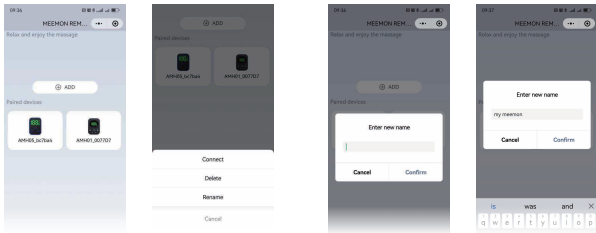
Short press the device icon to connect the device (note: please make sure the device is turned on at this time)

Long press the device icon to bring up the operation menu.

a. Connect the device (Note: Please ensure that the device is powered on at this time.)

b. Delete device

c. Rename device



Matters needing attention:

If you purchase multiple devices of this product at the same time, one phone can connect to multiple devices, but cannot control multiple devices at the same time. You need to click on the corresponding device to control it.

the host display is abnormal or there is no output after manipulation, please check if the host buckle is securely fastened.

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.