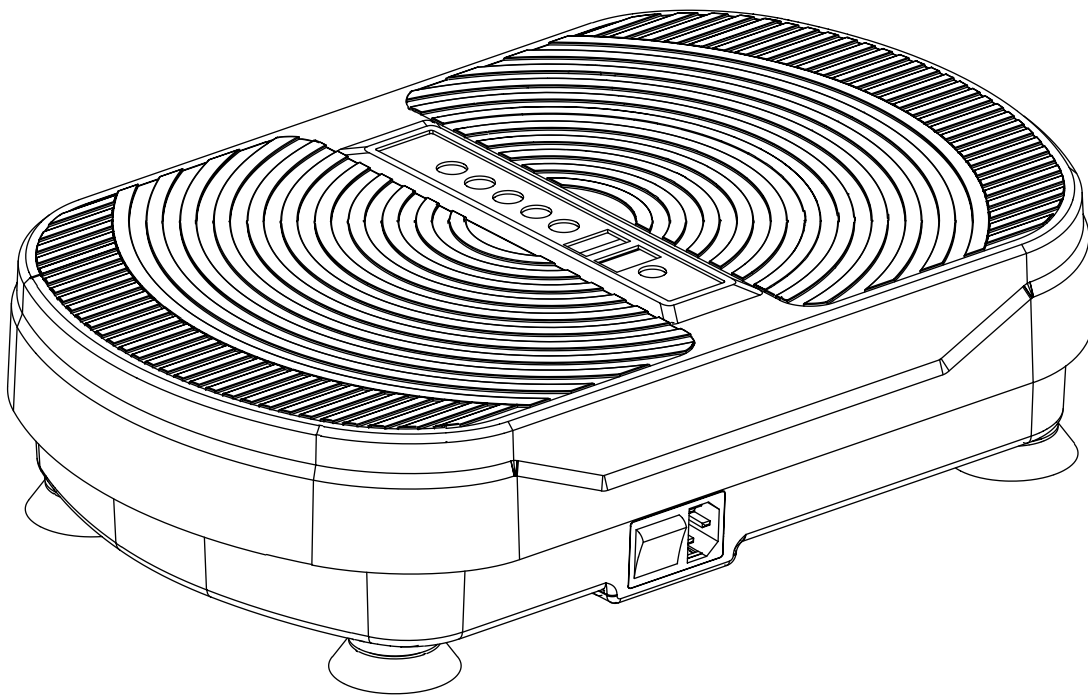


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297*210

Vibration mode



instruction manual

Before use, please read the instructions carefully and keep them in a safe place.

Vibration mode

- ⑥ Convenient storage
- ⑥ Stepless gearbox
- ⑥ Automatic mode

Operating environment

EN

1. Do not use the product in humid or dusty environments to avoid electric shock or machine malfunction.
2. Do not use the product in a room temperature higher than 40 C.
3. Do not place the product outdoors or in direct sunlight.
4. Place the product on a flat surface.

People who are not suitable to use this product

EN

Please consult your doctor before using this product if you are

1. are under a doctor's care or are unwell.
2. Patients with malignant tumors.
3. Pregnant women or women who are undergoing physiological period.
4. patients with heart disease or osteoporosis.
5. patients with fever or dizziness.
6. Fever, dizziness, skin allergies and other discomforts.
6. Patients with implanted electronic devices such as cardiac pacemakers.
7. Children under the age of 10 and elderly people over the age of 60.
8. Those with prosthetic limbs or those who have difficulty with their legs and feet.
9. Those who are not comfortable with vibration or strenuous exercise.
10. Please remove your watch, bracelet, cell phone and other valuables as well as keys, knives and other sharp objects before use in order to avoid damage to the objects or bodily injury.
11. Do not smoke while in use.
12. Do not use this product in conjunction with other medical devices.
13. Do not use this product for medical purposes.
14. Do not use this product within one hour of a meal or under the influence of alcohol.
15. Do not allow children or pets to come close to the product, and do not put your fingers or other foreign objects into the gap between the center cover and the base.
16. The product has a load capacity of 120kg and is not suitable for use with other medical devices.
16. This product has a load capacity of 120kg, please do not use it if you are over this weight.
17. This product is intended for use by one person only, please do not use it by two or more people at the same time.

Norms and contraindications for use

EN

In the following cases, stop using the product immediately and turn off the power and unplug the power cord from the outlet:

1. Accidental splashing of water or other liquids on the product or the remote control.
2. The related accessories are broken or there is a strange noise inside.
3. Feeling abnormal or localized pain during use.
4. Sudden power failure.

1

Caveat

EN

1. Single use time is not recommended to exceed 20 minutes, otherwise it may cause discomfort, such as physical discomfort, please stop using the product immediately.
2. Effectiveness management: fat shaking machine mainly plays an auxiliary role, need to be combined with dietary control and active exercise.
3. Risks: High-frequency vibration may lead to displacement of internal organs, spinal injuries and other risks, need to strictly follow the operating instructions.

Prohibited

EN

It is prohibited to disassemble, dismantle, or modify this product privately to avoid electric shock or cause machine failure, if there is any problem, please contact the manufacturer or local distributor in time.



About power plugs and cords

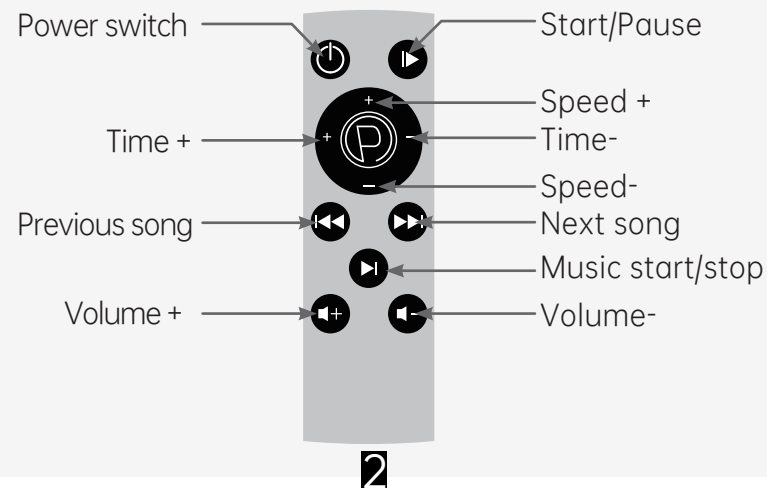
EN

1. Please check whether the voltage meets the product requirements before use.
2. Do not plug or unplug the power plug with wet hands to avoid electric shock.
3. When unplugging the plug from the socket, pull out the plug of the power cord by holding it tightly. Do not pull, bend, or twist the power cord with force.
4. Turn off the power switch and unplug the power cord when power is out or when it is not in use for a long period of time.
5. If the power cord is damaged, stop using it immediately, turn off the power switch, unplug the power cord from the power outlet and contact a professional repairer.

Remote Control Description

EN

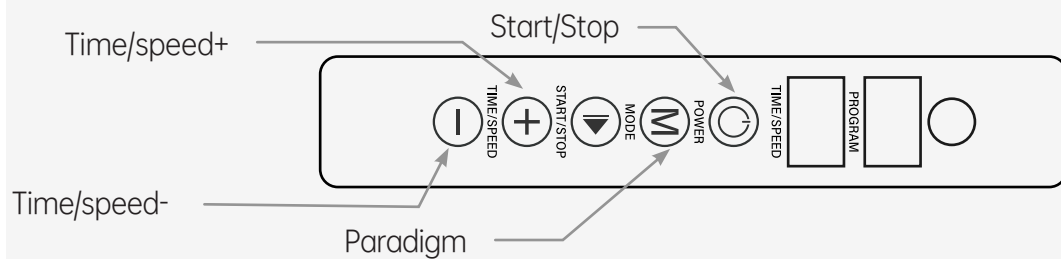
Note: The effective receiving range of the remote control signal is 2.5 meters, and the infrared emitting indicator of the remote control should be pointed at the infrared receiving window on the product when operating.



2

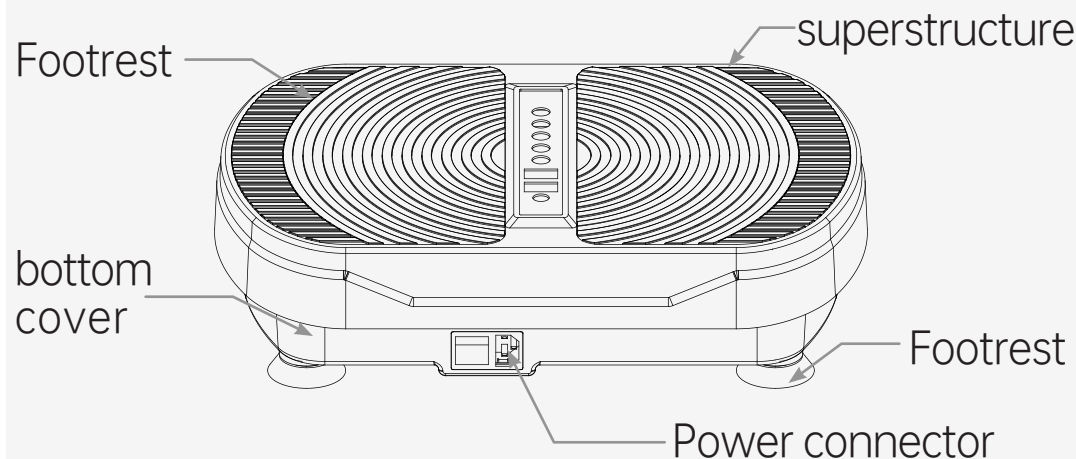
Panel Function Keys

EN



Product Description

EN



Panel key operation guide

EN

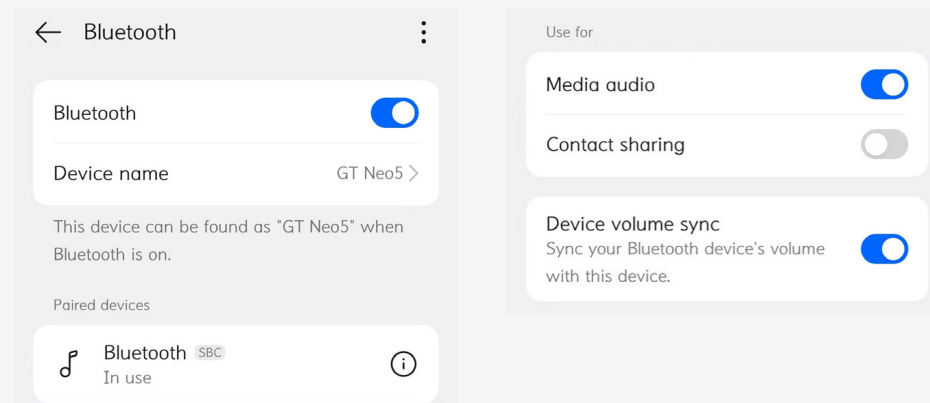
- POWER:** Power switch.
- PROGRAM:** Mode window shows - HAA - for manual mode, manual mode press the + - key to adjust the speed (up to 120 gears) P1-P9 for manual mode default time is 10 minutes (can not be changed).
- START/STOP:** Start/Stop button.
- TIME/SPEED+ -:** Press "TIME +/ TIME -" (default 10 minutes, time adjustment 1-10 minutes) before starting the machine, and press "SPEED +/SPEED -" (speed adjustment range 001-120 gears) after starting the machine to adjust the length of the machine working time and the speed of vibration. After starting the machine, press "Speed +/ Speed -" (speed adjustment range 001-120 stops), you can adjust the length of machine working time and the speed of vibration.

3

Bluetooth setup

EN

After the machine is turned on, the Bluetooth function will be turned on automatically, you just need to open your cell phone's Bluetooth to find "Bluetooth" and click on the pairing to complete the connection.



Instructions for use

EN



1. Sit on a chair or sofa and place your legs on either side of the product to target both thighs and calves at the same time.



2. Standing upright with your legs shoulder-width apart strengthens the vibration in important areas such as the lower back and arms.

4



3. Standing on the product with knees bent can do effective vibration to the thigh area.



4. Sit on the carpet with your calves placed on the product, lean back slightly and support your hands to Vibration massage for calves.



5. Arms apart, hands on the product, knees on the carpet, body leaning forward, you can target the shoulder joint vibration massage.

Cautions and prohibitions

EN

1. Prohibit private decomposition, disassembly, modification of this product to avoid electric shock or cause machine failure, if there is any problem, please contact the manufacturer or local distributor in a timely manner.
2. Do not use benzene, thinner, alcohol, gasoline and other corrosive and volatile cleaning products or may cause the product paint fading or internal structure corrosion cracking.

Product Maintenance

EN

Make sure the power switch is off and the power plug has been unplugged from the socket, wipe off the dust and dirt from the product, keep the product clean and away from high temperature and humid places, if it is not used for a long time, please use a dust cover (purchased at your own expense) to prevent dust from falling into it.

Common Problems and Solutions

EN

S/N	Impunity	Possible causes	Treatment
1	unable boot up (computer)	The power plug is not plugged in properly Product power switch is not turned on	Plug in the power supply.
2	The machine makes a swooshing or clattering sound during operation.	This is the sound of the machine running, rather than mechanical failure is a normal working sound	No processing required
3	No response from the remote control to operate the machine	Batteries in the remote control are dead. Remote control is too far away	Infrared sensing with an effective range of 2.5M
4	Stopping during use	Default operating time to motor overload protection	The motor will run automatically when it cools down after an interval of 10 minutes before it is turned on again.

Statement denying or limiting responsibility

EN

The information in this document is subject to change at any time without notice. The manufacturer makes no representations or warranties with respect to the contents of this document and expressly disclaims any implied warranty of merchantability or fitness for a particular purpose. The manufacturer reserves the right to revise this publication and to make changes in its contents from time to time, and the manufacturer is under no obligation to notify anyone of such revisions or changes.

This product specification sheet describes the composition and respective characteristics of the product to the best of our knowledge. Every effort has been made to ensure the accuracy of this user manual, but no responsibility is accepted for any inaccuracies or omissions that may exist.

FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.