中文

使用说明书

M144

真无线耳机

包装清单

耳机x2pcs
充电仓x1pcs
Type-C充电线 x1pcs
说明书x1pcs
耳帽x2pcs

产品结构图





将耳机取出放进左耳朵上，即开始听光音等，单手双气都会振动各个人耳，全天候佩戴舒适无痛不累耳。

产品操作介绍

功能	操作	指示灯	提示音
配对模式	M144	/	/
开机	同时长按两仓功能按钮，直至听到音频响起或指示灯闪烁蓝色	红灯3秒	Power on/开机
关机	同时放入两仓内自动关机或同时长按两仓功能按钮5秒后关机	红灯长亮3秒后熄灭	Power off/关机
左右耳机配对	左右耳机开机后自动进入配对模式	左右耳机红灯快闪，主动找对方进行匹配，匹配成功后常亮	Connected/蓝牙已连接
切换中英文语音播报	单击智能触控音频左耳，连击后语音为中英文，进行语音切换，以下默认英文	/	English/中文
智能连接连接	从充电仓取出后自动进入配对模式，若长时间未连接自动关机，进行重连或长按触控音频左耳"M144"进行连接，耳机与智能设备连接成功后，将提示音，且两只耳机进入工作状态	/	Connected /连接成功
切换音乐/游戏模式	连续点击音频左耳3下后会在音乐模式与游戏模式之间切换，进行切换后，听见相应的提示音	/	音乐/游戏模式 MUSIC/GAME MODE
播放/暂停	单击播放/暂停键，结束对接收/暂停的接收	/	/
上一曲	双击播放器/暂停键，退出当前的接收/暂停	/	/
下一曲	双击播放器/暂停键，退出当前的接收/暂停	/	/
语音助手	三击播放器/暂停键，唤出语音助手	/	唤出语音助手功能
减小音量	双击播放器/暂停键，降低当前的音量	/	/
降噪助手	连续长按左耳，长按左耳机后降噪功能开启，直至听到降噪开启	/	开启
接听/挂电	来电长按左耳，双击任意左耳按钮接听	/	来电长声提示音
拒接/挂电	来电长按左耳，长按任意左耳按钮拒绝	/	/
结束电话	通话长按左耳，双击任意左耳按钮结束	/	/

充电状态	仓内无耳机时，仓内耳机充电时，仓盖打开，仓内指示灯红灯常亮，充满后红灯熄灭	红灯常亮	/
电量显示	当耳机在仓内时，仓盖打开，仓内指示灯红灯常亮，充满后红灯熄灭	红灯常亮	/
耳机电量	当耳机在仓内时，仓盖打开，仓内指示灯红灯常亮，充满后红灯熄灭	红灯常亮	/
低电量提醒	当耳机在仓内时，仓盖打开，仓内指示灯红灯常亮，充满后红灯熄灭	红灯常亮	/
恢复出厂设置	当耳机在仓内时，仓盖打开，仓内指示灯红灯常亮，充满后红灯熄灭	红灯常亮	/

耳机参数

1.产品名称：M144
2.蓝牙版本V5.0
3.支持格式AAC/SBC
4.蓝牙传输距离 10m
5.额定频率2.402GHz~2.480GHz
6.侦测范围2KHz~20KHz
7.调频间步长120Hz
8.频段调整1.15dB▲3dB
9.频率偏移1.5KHz▲5%
10.喇叭最佳频率5mW
11.耳机电池容量3.7V/40mAh (聚合物电池)
12.充电仓电池容量 3.7V/300mAh (聚合物电池)
13.充电接口USB Type-C
14.耳机单次续航3小时-5小时
15.耳机满次充电续航4小时-5小时
16.充电仓充电时间 ≈1.5小时
17.充电仓总耳机充电3次，总4次
18.关机待机时间 ≈ 3000小时

简单故障排查

故障	原因	解决方法
开不机	耳机电量不足	对耳机进行充电
耳机无法充电	耳机电量不足	对耳机进行充电
充电无显示	耳机没有放好	将耳机放置到位置
自动关机	耳机电量不足	对耳机进行充电
耳机连接后，音质不佳	音质正在受到干扰	将设备远离干扰
耳机自动断	当开下后产生超出距离不扣上去	请将耳机放置在距离内
耳机声音小	耳机音量设置过小	调节耳机音量设置
对方声音小	耳机音量设置过小	调节耳机音量设置
说话有杂音	当开下后产生超出距离不扣上去	当开下后产生超出距离不扣上去

安全指引

1.初次使用产品前，请先充满电再使用。
2.产品不是玩具，12岁以下儿童须在成年人监护下使用。
3.请使用通过正规厂家安全认证的5V/1A充电器，避免支持高电压的快充充电器对产品造成损坏。
4.请在安全的环境下充电，在给耳机充电完成时，电量充满后请尽快将充电线拔出，避免长时间充电对电池造成损坏，充电完成时间为充电仓为Type-C接口。
5.本产品内置不可拆卸的可重复充电电池，重复对耳机进行充电和放电电容会随时间慢慢衰减电池电容容量下降，这对于所有可以重复充电电池来说均属于正常现象。
6.本产品带有磁性的，如长时间不使用，请放至小一个月充电一次。
7.防个体发育原因，如佩戴时感到压抑不适，请停止佩戴并咨询医生。
8.在正常连接本产品使用时，请将耳机声音调至合适音量大小，以免长期在大音量状态下对听力造成损伤。
9.如果您在从事高要集中注意力的活动时使用本产品，当注意您自身和他人的安全，例如当车或者行车时，在道路、施工现场、铁路上或者步行过时，切忌带下耳机或使用音量又偏低可以听到周围的声音，包括雷鸣和警告信号。
10.请遵守所在当地区或国家的相关规定，驾车时指挥要求使用本产品。
11.本产品含有磁性材料，使用或者放产品时，通话距离有强磁场或强电场的电磁，如强波干扰，电话指挥。

12.建议在温度0°C～45°C的环境中使用本产品，当环境温度低于5°C时，电池性能会受到限制。
13.有明文规定禁止使用无线设备的场所，请勿使用本产品，否则会干扰其它电子设备或导致其它危险。
14.靠近医疗及工业设备或驾驶飞机之后，请咨询当地工作人员或负责部。
15.对本产品清洁和维护前，请停止使用本产品，关闭所有应用，并断开与其它设备的所有连接线缆。
16.维修服务场法令，仅由授权售后维护产品，不可用电子电气设备，部件，电池与其它东西切及一起丢弃。

警告

1.请遵循本说明书的内容进行使用，避免产品因错误操作损坏。
2.本产品请远离儿童，大婴，热源，冷冻源，水源及化学品。
3.请勿将说明书随意丢弃，以免对产品造成不良影响。
4.请勿将产品及附件放入任何液体或危险冲击产品，否则导致火灾或触电危险。
5.请勿将产品放置在太阳直射或者温度高的地方，高温会缩短电子部件的使用寿命，损坏电池，使某些塑料部件变形。
6.请勿将本产品放在过少、温度和湿度过高或过度的地方保存。
7.请在维修本产品前先切断电源，以防不慎从新接触本产品，否则可能导致短路事件或电线短路。
8.请勿在本产品上施加较大的压力，或敲打，摔打，震动本产品，以防产品损坏
9.请勿在靠近热源处使用本产品，放散热器，热风箱等，护垫或其他产生热量的仪器
10.请勿随意改产品的打动，如改电压，部分灯，更换耳帽。
11.请勿在靠有天气干使用设备，雷暴可能导致设备出现故障，增大电击的风险。
12.请避免本产品及其配件同潜在危险，且请勿将这些设备进入到儿童可能会玩耍的地方。防止误将弹药用产品作玩具或食用。
13.产品属于内置型电池，请勿自行拆卸，以免对产品造成损坏。
14.如因拥有者违反上述警告而不负责使用所造成的人身及财产损害拥有自行承担一切后果本公司将不产生任何法律责任。



产地：中国•广东

英语

INSTRUCTION MANUAL

M144

True Wireless Earphones

Packing list

Headphones x2pcs
Charging case x1pcs
Type-C charging cable x1pcs
Instruction manual x1pcs
Ear caps x2pcs

Product structure diagram





Take out the headphones and hang them on your ears, wearing them in a suspended ear style. The suspended ear feels light and fits snugly without getting into your ears, making them lightweight and comfortable to wear all day long without tiring your ears.

Introduction to product operation

function	operate	Light	Tone
Pair name	M144	/	/
Boot	Headphones in the case of charging:Un-box out the headphones automatically boot (headphones off state, Long Button key 3 seconds to boot	White light flashing	Power on/开机
Shutdown	When the earphones are placed in the charging case, the earphones will automatically shut down. When the earphones are turned on, long press the button for 5 seconds to turn them off	The white light stays on for 1 second before turning off	Power off/关机
Pair the left and right earphones	The left and right earphones will be automatically enter pairing mode after powering on	We recommend pairing which will open ears, the red light of the left ear and the blue light of the earlier one goes out	Connected/连接成功
Toggle the Chinese and English voice prompt tone	Without connecting the smart device, double-click any left/right ear button to switch the voice prompt tone. Factory default English	/	English/中文
Smart device connectivity	When the ears are automatically paired, it will enter the pairing mode. Turn on the Bluetooth of the same device as the Bluetooth, find the "M144" to connect, after the earbuds are successfully connected to the device, the red light on the left ear and the blue light on the right ear will be on	The lights in the left and right ears are turned off	Connected /连接成功
Toggle Music/ Game mode	Connect the device to the charger the left and right ear buttons have 3 times, music switching, the factory default music	/	音乐/游戏模式 MUSIC/GAME MODE
Play/Pause	When listening to music player, double-click any left/right headphone button	/	/
Previous song	When listening to music player, press the left and right ear buttons at the same time	/	/
Next song	When listening to music player, press the left and right ear buttons at the same time	/	/
Increase the volume	After starting the music player, click the right headphone button	/	Maximum volume reminder (beep)
Reduce the volume	After starting the music player, click the left headphone button	/	Ding Dong
Voice assistant	With connected, press and hold the left headphone button for 3 seconds to release it and wake up Siri	/	Ding Dong
Answer an incoming call	Double-click any left or right headphone button in the incoming call state	/	Ringtone of your phone

Reject an incoming call	Long press and hold any left or right headphone button for 2 seconds while in an incoming call state	/	/
Hang up	Double-click any left or right headphone button while in a call state	/	/
Clear the pairing history	Take out the headphones and put them in the charging case, and the earphones will automatically boot. Long press the left and right ear buttons at the same time for 5 seconds, and the red light on the left ear and the blue light on the right ear will flash alternately, indicating that the pairing history has been cleared successfully.	power off/关机	power off/关机
Low battery alarm	When the voltage of the earbuds is lower than 3.3V, the red light will be a prompt up to 10 times	The white light flashes every 5 seconds	Ding Dong
Disconnect	Outside the effective communication range, or manually disconnect the Bluetooth connection of the smart device	The main headphone's white light is flashing, and the main headphone's red/silver light is off	Disconnected/断开连接
Automatic reconnection	After powering on or disconnecting, the earbuds will automatically reconnect to the last connected smart device within the range	The lights go out	connected /连接成功
Charge the headphones	The earphones will automatically shut down and start charging when placed back in the charging compartment. The white light of the earphone will remain on, and the light will turn off when fully charged	/	/
Pre-charging the charging compartment	Without the earphones in the charging box, the charging box automatically charges the headphones after it is connected to the power supply. During the charging process, the charging indicator turns to red when the headphone is fully charged and the charging box screen shows the percentage of power remaining in the charging box. The charging box is fully charged in 1.5 hours	/	/
Charging the earbuds	When the battery is too low, charge the battery with a power adapter with a standard 5V and 1A. The battery is charged in 2 hours when the current battery	/	/
The charging bin is fully charged	Charging bin charged screen display always bright number 100	/	/

Note: When the Bluetooth headset is connected to a smart device and the game mode is switched, the usage time and connection distance of the headset will be shortened

Headset parameters

1. Product name: M144
2. Bluetooth Version:V5.0
3. Support mode:AAC/SBC
4. Bluetooth transmission distance: 10m
5. Carrier frequency:2.402GHz~2.480GHz
6. Frequency response range:20Hz~20KHz
7. Horn size:Φ12mm
8. Horn sensitivity: 115dB▲3dB
9. Horn impedance: 32Ω▲10%
10. Horn rated power:5mW
11. Headphone battery capacity: 3.7V/40mAh (polymer battery)
12. Charging bin battery capacity: 3.7V/300mAh (polymer battery)
13. Charging interface: USB Type-C
14. Headset use time: >=4-5 hours
15. Earphone charging time: >=1.5 hours
16. Charging time: =<1.5 hours
17. Charge the headset: About 4 times
18. Shutdown standby time: >=3000 hours

Simple troubleshooting

fault	cause	Resolution
Doesn't turn on	The headphones are low on battery	Charge the headphones
Headphones flash white light	The headphones are low on battery	Charge the headphones
Charging in progress	The headphones were not put away	Adjust the position where the headphones are placed
Automatic power off	The headphones are on battery	Charge the headphones
No sound in the headphones	The volume is too low on the headphones or the mute mode is on	Adjust the volume or change the mute mode
There is a reverse sound in the headphones	Serious external interference or too far away from the phone	Change the location or be close to your phone
The other party's voice is quiet	The headphones are worn incorrectly or the volume is too low	Adjust the equipment
The signal is intermittent	Serious external interference or too far away from the phone	Choose a distraction-free environment or be close to your phone.

Safety guidelines

1. Before using this product for the first time, please fully charge it before using it.
2. This product is not a toy, and children under the age of 12 must be used under the supervision of an adult.
3. Please use a 5V/1A charger that has passed the safety certification of a regular manufacturer to avoid damage to the product caused by a fast charging charger that supports high voltage.
4. When charge in a safe environment, when charging the charging case, please pull out the charging cable as soon as possible after the power is fully charged to avoid damage to the battery caused by long-term charging. The charging method of the charging case is the Type-C interface.
5. This product has a built-in non-removable rechargeable battery, and repeated charging and discharging of the earbuds will lead to a decrease in battery performance over time, which is normal for all rechargeable batteries.
6. This product contains a lithium battery. If not used for an extended period, please charge it once a month with a charger.
7. If you feel skin discomfort when wearing it due to individual differences, please stop wearing it and consult a doctor.
8. When using this product with Bluetooth connection, please adjust the sound of the earphones to an appropriate volume to avoid hearing damage caused by long-term loud volume.
9. If you use this product while engaging in activities that require concentration, you should pay attention to your own safety and the safety of others, such as when driving or cycling, on roads, construction sites, railways, or walking. You should remove your headphones or adjust the volume to ensure that you can hear the sounds around you, including alarms and warning signals.

10. Please follow the relevant regulations of your region or country and use this product as required when driving.
11. This product contains magnetic materials, please keep away from electrical appliances that may be affected by magnetic interference, such as electronic fields, such as microwave ovens, refrigerators, etc., when using or placing the product.
12. It is recommended to use this product in an environment with a temperature of 0°C~45°C. When the ambient temperature is below 5°C, the battery performance is limited.
13. Do not use this product in places where it is expressly prohibited to use wireless devices, as it may cause interference or danger to other electronic devices or other dangers.
14. Before approaching medical or industrial equipment or boarding a plane, please ask the local staff if they can use it.
15. Before cleaning and maintaining this product, stop using this product, turn off all applications, and disconnect all connections or cables to other equipment.
16. Maintenance of this product shall be carried out in accordance with local laws and regulations, and do not dispose of electrical and electronic equipment, parts, batteries and other household waste.

warn

1. Please follow the content of this manual to avoid damage to the product due to incorrect operation.
2. Keep this product away from children, fire, heat, refrigeration, water and chemicals.
3. Do not store in a loud volume for a long time to avoid adverse effects on hearing.
4. Do not immerse the product and accessories in any liquid or throw the product with water, otherwise it may cause fire or electric shock hazard.
5. Do not place the product in the sun or in a place with high temperature. High temperatures can shorten the life of the product, soften the life of electronic components, damage batteries, and deform certain plastic parts.
6. Do not store this product in a place with a lot of dust, too high or too low temperature or too much humidity.
7. Do not contact the magnetic stripe card (such as bank card, bus card, etc.) with this product for a long time, otherwise it may cause the magnetic stripe card to be damaged by the magnetic field.
8. Do not apply greater pressure to this product, or disassemble, beat, or shake this product to avoid damage to the product.
9. Do not place this product near heat sources, such as radiators, hot air regulators, stoves, or other electronic devices that emit heat.
10. Do not block the openings of this product, such as charging ports, indicator lights, microphones, etc.
11. Please turn off the device in rainstorm weather, thunderstorms may cause the device to malfunction and increase the risk of electric shock.
12. Please avoid using this product when this product and its accessories are exposed to rain or moisture, and when you exercise vigorously or sweat a lot, to prevent liquid from penetrating into the product and damaging this product.
13. This product contains a non-removable battery, which is non-removable. Do not disassemble or replace it to fire to avoid hazards such as explosions or fire.
14. If the consumer violates the above warning and inappropriate use, the personal and property damage will be borne by the company, and the company will not incur any legal responsibility.



产地：中国•广东

FCC Warning:
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiateradio frequency energy and, if not installed and used in accordance with the instructions, maycause harmful interference to radio communications. However, there is no guarantee thatinterference will not occur in a particular installation. If this equipment does cause harmfulinterference to radio or television reception, which can be determined by turning the equipmentoff and on, the user is encouraged to try to correct the interference by one or more of thefollowing measures:
• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
• Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.