

Smart bracelet



USER MANUAL
SMART BRACELET

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



Downloading the App

Scan the following QR code, download and install the App.



Scan QR Code and Download

Pairing

Open the App and set up your profile



Go to the 「Device」 , Click 「Add a Device」



Choose your device on the scanning list



Finish

Charging the device to active before the first time using; To charge your device, plug the charging cable into the adapter or USB port on your computer.

When you have multiple devices, you can distinguish which device to charge. The corresponding device will appear as a charging icon in the app's scan list.

Basic parameters

Bracelet Model	JM121
APP	Da Halo
Supported Functions	Heart rate,Blood oxygen, Heart rate variability, Stress,Menstrual cycle, Sleep, Exercise
Compatible Systems	Android 5.0 and above; iOS 10.0 and above
Waterproof Rating	IP68
Charging Time	2.5H
Charging Method	Magnetic charger

Frequently Asked Questions and Answers

How do I tell if my watch is fully charged?

The watch will flash while charging. A flashing red light indicates it's charging, and a flashing green light indicates it's fully charged.

How do I view my real-time heart rate/blood oxygen level?

Connect to the app and keep your wrist still. Tap the first icon at the bottom of the app, find the function you want to measure, and tap to start the measurement.

智能手环



使用指南
USER MANUAL

FCC 警告

本设备符合FCC规则第15部分的规定。操作须符合以下两个条件：

(1) 本设备不得造成有害干扰；
(2) 本设备必须接受任何收到的干扰，包括可能导致意外操作的干扰。

注1： 本设备经测试符合FCC规则第15部分关于B类数字设备的限制。这些限制旨在为住宅安装提供合理的保护，防止有害干扰。本设备会产生、使用并辐射射频能量，如果未按照说明安装和使用，可能会对无线电通信造成有害干扰。但是，不能保证在特定安装中不会发生干扰。如果本设备确实对无线电或电视接收造成有害干扰（可通过关闭和打开设备来确定），建议用户尝试通过以下一项或多项措施来消除干扰：

- 调整接收天线的方向或位置。
- 增加设备与接收器之间的距离。
- 将设备连接到与接收器所连接的电路不同的电路插座上。
- 请咨询经销商或经验丰富的无线电/电视技术人员寻求帮助。

注 2： 未经负责合规性的一方明确批准而对本设备进行的任何更改或改装，都可能导致用户失去操作该设备的权限。

本设备已通过评估，符合一般射频暴露要求。本设备可在便携式暴露条件下使用，不受任何限制。



手表客户端下载

扫描下方二维码下载并安装手表客户端。



扫码下载手机客户端

连接手表

打开手机客户端设置个人信息



切换至「设备」页面，点击「绑定设备」



在扫描到的设备列表点击你的设备



绑定完成

首次使用前请先将设备充电至激活状态；要为设备充电，请将充电线插入适配器或电脑上的 USB 端口。

多个设备时，您可以给设备充电区分。APP扫描列表中对对应设备会有充电图标。

基本参数

手环型号	JM121
APP	Da Halo
支持功能	心率、血氧、心率变异性、压力、生理周期、睡眠，运动
兼容系统	Android 5.0 及以上； iOS 10.0 及以上
防水等级	IP68
充电时间	2.5H
充电方式	磁吸式充电器

常见问题与解答

如何判断手表已充满电？

充电时手环会闪光，红灯闪烁代表正在充电，绿灯闪烁代表已充满。

如何查看实时的心率/血氧？

连接APP，保持手腕静止。

点击APP底部首个图标，找到想要检测的功能点击开始测量即可