

Thank you for choosing our smart health watch!

When using this device for the first time, for your convenience, please read the manual carefully and follow the steps in the manual. Please note the following points:

1. Connect to Bluetooth: 1.1. Please make sure that the Bluetooth of the mobile phone is turned on and the bracelet is turned on; 1.2. When searching for Bluetooth, please make sure that the bracelet has not been bound by other accounts; 1.3 When searching for Bluetooth, keep the bracelet and mobile phone as close as possible. 1.4 Before using Bluetooth to make calls, please make sure that the call icon is turned on in the control panel interface on the watch, and then the watch Bluetooth can be searched normally.
2. If the user's mobile phone has installed other software such as mobile housekeeper, in order to ensure the normal operation of the background APP, please open the message push and allow the background operation permission on the mobile phone, otherwise the message cannot be pushed.
3. Charging requirements: Use a charger with a specification of 5V 0.5-2A to charge, please be sure to turn off the battery if it is not used for a long time and keep it to recharge once a month.
4. In order to ensure the accuracy of the test data, after entering the test mode, please keep your body relaxed and still during the test, and ensure that the watch is at the same height as your heart. Please do not speak during the test (this function provides data reference for observing changes before and after exercise, and cannot be used for medical purposes).

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Important: Change or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.



Download APP to add device

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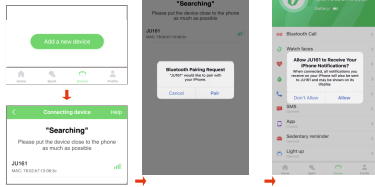
1. Long press the side key above the watch to switch on and off; Open the device and use the mobile phone to scan the QR code to download and install the APP; Or search for "GloryFit" in the IPHONE Store/Android App Market to download and install. (Compatible systems: Android 4.4 and above, Bluetooth 4.0 phones; IPHONE 9.0 and above.)



2. Open the mobile phone APP, search and select the device to be bound in the APP device list.

Step 1: Open the mobile phone Bluetooth;

Step 2: Open the phone's "GloryFit" APP, click "Add Device" - "Select Device" in the "Device" interface (* Please confirm that the Bluetooth address displayed on the watch is consistent when pairing).



Description

Open the control panel	The watch face home page slides from top to bottom
Open the information interface	The watch face home page slides from bottom to top
Open the main menu	Watch face home page moves to the right
Open the list interface	The watch face home page moves to the left
Quick access to dial replacement	Press and hold the dial for 3 seconds, slide left and right to switch the dial
Operating Frequency Band	2402MHz-2480MHz
Maximum Radio-Frequency Power	BDR+EDR: 0.12dBm, BLE: -1.36dBm