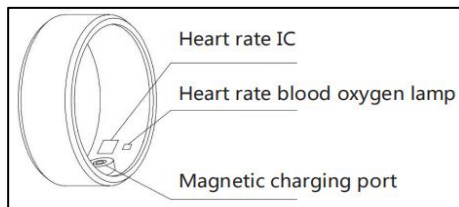


Smart Ring User Manual



Usage Requirements

This device is only compatible with Android and iOS smartphones. It requires Bluetooth to be turned on for connection. Pair with the smart ring device (please charge the device first when using this product for the first time. The device will automatically turn on during charging).
System Requirements: Android 5.0+ and above, iOS 9.0+ and above, supports Bluetooth 5.1.

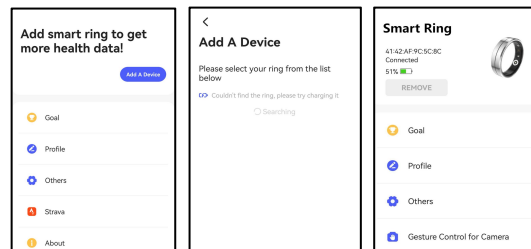


Connect to the APP

Search for and download the Da Rings APP, or scan the QR code on the right to select the appropriate version of the APP for download.



Enter the app → Click on the device → Click on "Add Device" → Locate and connect to the device!



Light status

The red light flashes when charging, and the light turns off when fully charged.

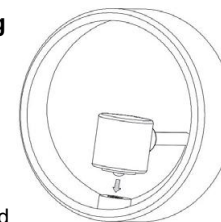
The green light flashes during heart rate test, and the red light flashes during blood oxygen test.



Charging and Startup

1. Magnetic Linear Charging

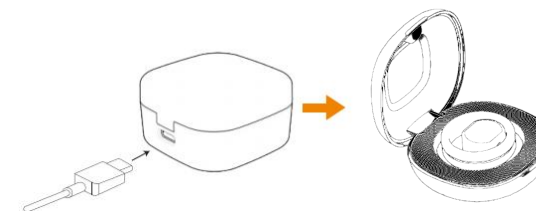
Attach the included magnetic charging cable to the metal point on the inner ring of the ring. The other end of the cable should be plugged into a USB charging head or a computer USB port.



2. Storage-type Charging Case Charging

Remove the charging case and insert the included USB charging cable into the charging port to fully charge it. The red light will stay on continuously during charging, and the green light will stay on continuously after charging is complete.

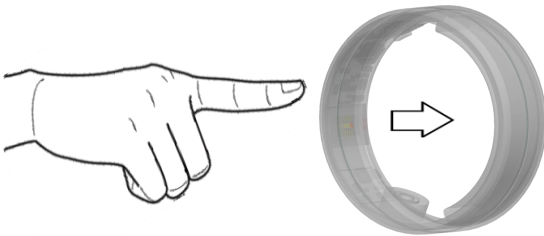
When fully charged, attach the charging contact of the ring to the charging port of the charging case for charging. It is convenient to carry and can be recharged at any time.



Wearing Method

Wear the ring on a suitable finger. For a comfortable fit, it is recommended to wear it on the index finger, middle finger, or ring finger, which can provide better monitoring data.

Wear the sensor directly under the finger for more accurate heart rate and blood oxygen measurements.

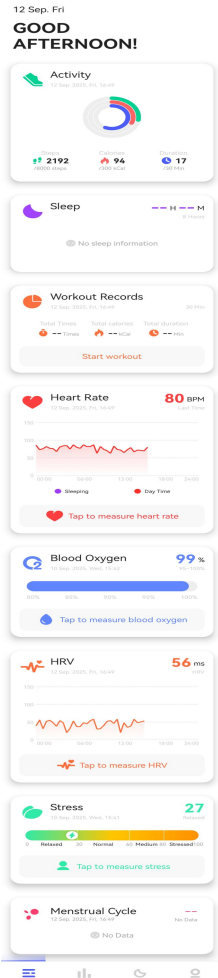


***Note:**
The measurement results of this product are for reference only and are not intended for any medical purposes. Please follow the advice of your doctor and do not use the measurement results for self-diagnosis and treatment.

Introduction to APP Functions

Activity Monitoring
You can view real-time data such as steps taken, walking distance, calorie consumption and time. These data will be synchronized to the APP.

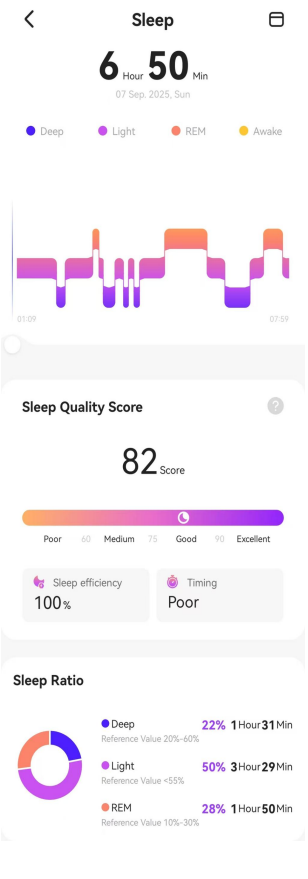
Oxygen Saturation, Heart Rate, Stress and Physiological Cycle Monitoring
Measure oxygen levels and the data will be synchronized to the APP in real time. Switch to the oxygen saturation interface to view historical records for different time periods; for heart rate monitoring, you can view the heart rate value and heart rate range value; physical stress monitoring will record and generate detailed monitoring reports in real time, helping you fully understand the trend of physical stress changes; physiological cycle monitoring is helpful for observing female health conditions and improving quality of life.



Introduction to APP Functions

Sleep monitoring

Real-time viewing of the complete sleep cycle, and scientific analysis of the duration of different stages, such as deep sleep, light sleep, rapid eye movement and light awakening periods.



Remote control of photography

With gesture control, you can take photos using your mobile phone.

- Goal
- Profile
- Others
- Gesture Control for Camera

Precautions

Before using and operating the device, please read and follow the precautions below to ensure the best performance of the device and avoid dangerous or illegal situations. In daily use, please choose a size that fits your finger. Avoid wearing it too tightly. Please keep the contact area of the ring dry. Wipe it dry immediately if it gets wet. If symptoms such as redness and swelling occur in the contact area, stop using it immediately and consult a doctor.

Safety

Keep the charging cable and the device in a dry environment during charging. Do not touch the charging cable with wet hands. Avoid the charging cable from being immersed in water or other liquids. Do not disassemble or modify the battery, insert foreign objects, or immerse it in water or other liquids to avoid battery leakage, overheating, fire, or explosion. Do not drop, squeeze, or puncture the battery. Avoid subjecting the battery to large external pressure, which may cause an internal short circuit and overheating of the battery.



FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.