

Quick Guide of Smart Ring

Overview and Packaging

Smart Ring, Charging Cable, Charging Case, Instruction Manual and Quick Guide.

Magnetic charging

Heart rate

Power On

Put the ring into the charging compartment and you can turn it on.

Wearing Method

Wear the ring on your suitable finger and choose a comfortable size. Suggest wear it on the index finger for better monitoring of data.

HR, SPO2 Sensor

Please let the sensor on the inside of your fingers for more accurate measurement of heart rate and blood oxygen when wearing it.

Connection APP

Search and download the app, open and pair rings.

Download on the App Store

Android app on Google Play

QRing

Présentation et emballage

Bague connectée, câble de chargement, étui de chargement, manuel d'instructions et guide rapide.

Charge magnétique

Fréquence cardiaque

Mise sous tension

L'anneau est mis en marche en le plaçant dans le compartiment de charge.

Wearing Method

Portez la bague au doigt qui vous convient et choisissez une taille confortable. Nous vous suggérons de la porter à l'index pour une meilleure surveillance des données.

Captteur FC, SpO2

Portez le capteur à l'intérieur de votre doigt pour une mesure plus précise de la fréquence cardiaque et de l'oxygène dans le sang.

Application de connexion

Rechercher et télécharger l'APP, ouvrir et appairer la bague

Download on the App Store

Android app on Google Play

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Übersicht und Verpackung

Smart Ring, Ladekabel, Ladeetui, Bedienungsanleitung und Kurzanleitung.

Magnetische Aufladung

Herzfrequenz

Einschalten

Der Ring wird eingeschaltet, indem man ihn in das Ladefach legt.

Tragestil

Tragen Sie den Ring an einem passenden Finger und wählen Sie eine bequeme Größe. Wir empfehlen, ihn am Zeigefinger zu tragen, um die Daten besser zu überwachen.

HF- und SPO2-Sensor

Bitte tragen Sie den Sensor auf der Innenseite Ihres Fingers, um eine genauere Herzfrequenz- und Blutsauerstoffmessung zu erhalten.

Verbindungs-App

Suche und lade die APP herunter, öffne und kopple den Ring

Download on the App Store

Android app on Google Play

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Panoramica e imballaggio

Smart Ring, cavo di ricarica, custodia di ricarica, manuale di istruzioni e guida rapida.

Ricarica magnetica

Frequenza cardiaca

Accendi

L'anello si accende inserendolo nel vano di ricarica.

Stile di utilizzo

Indossa l'anello sul dito adatto e scegli una misura comoda. Sugeriamo di indossarlo sull'indice per un migliore monitoraggio dei dati.

Sensore FC, SPO2

Per una misurazione più accurata della frequenza cardiaca e dell'ossigeno nel sangue, indossare il sensore sul lato interno del dito.

APP di connessione

Cercare e scaricare l'APP, aprire e associare l'anello

Download on the App Store

Android app on Google Play

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Descripción general y embalaje

Anillo inteligente, cable de carga, estuche de carga, manual de instrucciones y guía rápida.

Carga magnética

Frecuencia cardiaca

Encender

El anillo se enciende colocándolo en el compartimento de carga.

Estilo de uso

Usa el anillo en el dedo que te resulte más cómodo y elige una talla adecuada. Sugerimos usarlo en el dedo índice para un mejor monitoreo de los datos.

Sensor de FC y SPO2

Lleve el sensor en la parte interior del dedo para obtener una medición más precisa de la frecuencia cardiaca y el oxígeno en sangre.

APP de conexión

Buscar y descargar APP, abrir y emparejar el anillo

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Android app on Google Play

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概要とパッケージ

スマートリング、充電ケーブル、充電ケース、取扱説明書、クイックガイド。

磁気充電

心拍数

電源オン

スマートリングを充電ドックに置きます。充電ドックをUSBに接続して、スマートリングを充電し、起動します。

装着方法

指輪は適した指にはめ、快適なサイズを選んでください。データをよりよくモニタリングするために、人差し指にはめることをお勧めします。

HR、SPO2センサー

より正確な心拍数と血中酸素の測定結果を得るには、センサーを指の内側に装着してください。

接続する

リングを充電ケースに入れるだけで電源がオンになります。

Download on the App Store

Android app on Google Play

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概览与包装清单

智能戒指、充电线、充电仓、说明书和快速指南。

磁吸充电口

心率

开机

将戒指放入充电仓即可开机。

佩戴方式

将戒指佩戴在自己适宜的手指上，选择舒适尺寸。建议佩戴在食指上，能够更好的监测数据。

心率、血氧传感器

请将传感器佩戴在手指内侧，心率、血氧测量结果更准确

APP 连接

搜索下载QRing，打开并配对戒指

Download on the App Store

Android app on Google Play

QRing

Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by Shenzhen YaWell Intelligent Technology Co., Ltd. may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.