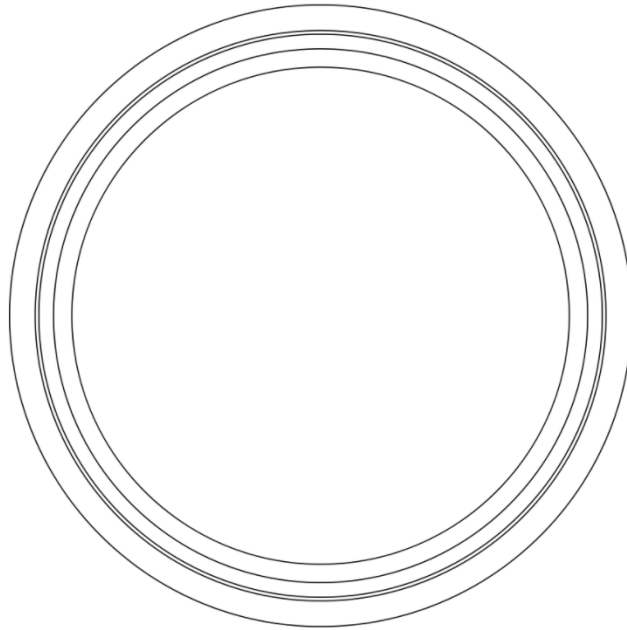


manual Smart Ring



Charging and Activation

· For first-time use, please charge and activate the device.

If you have restored the factory settings in the app, please charge and reactivate.

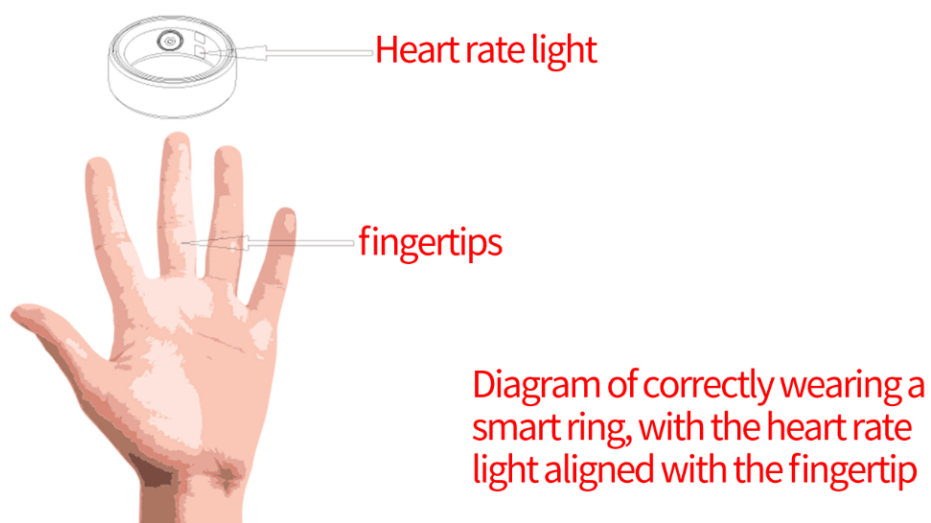
1. There are two ways to charge the ring: with the USB cable you purchased or with a wireless charger (charging caddy).
2. When connected to a power source, the ring indicator light will be solid red.
3. Indicator Status: · Solid red when charging · Solid green when charging complete.
4. Charging Time: 60 minutes.
5. Battery Level Check: Check the battery level on the device connection section of the app homepage.
6. Charging caddy: If the charging caddy is low, plug in a Type-C cable to charge. The red light will turn off when the charging caddy is fully charged.



Optional package comes
with a 200mah charging case



Please note that the Ring Services are not intended to diagnose, treat, or prevent any disease or medical condition. The information and data in the Services are for reference only and cannot replace the services of a health professional or physician. If you have any questions about a medical condition, it is recommended that you consult a professional physician.



1. Charge the ring for 60 minutes before first use



2. Search JRing on Google Play or scan the QR code below to download the app



Please allow the app to obtain Bluetooth connection permissions and location permissions

JRing

3. Select the ring and pair it on the mobile app



4. Flashing red light means the ring is charging



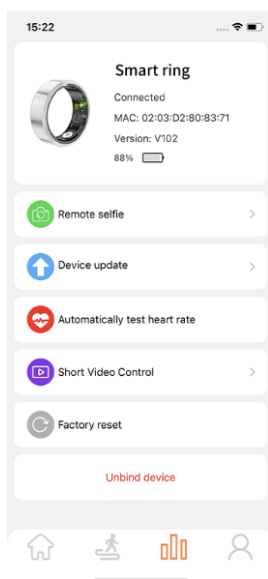
5. Flashing green light indicates the ring is fully charged



Box charger - built-in 200 mAh battery

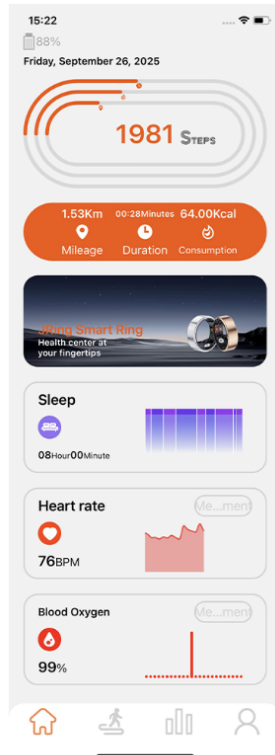


JRing



Connecting Rings

Open the JRing APP, register the APP account, log in to find the device, scan the device to find the corresponding Bluetooth name Smart ring, click connect, and the ring information will be displayed after the connection is successful.



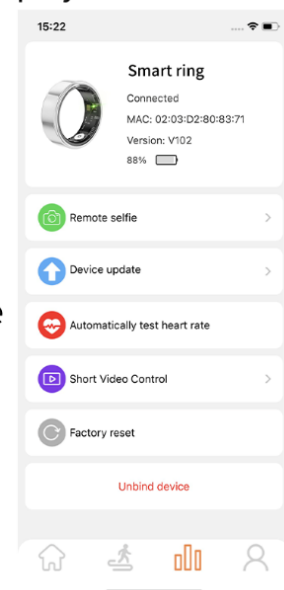
Functional Description

Personal Settings: Set your step count goal and unit on the Personal Settings screen.

Exercise: Select a mode such as walking or running on the Exercise screen. Turn on your phone's GPS and tap a button to record distance, pace, duration, and heart rate.

Exercise Data: The homepage displays your daily step count, distance, and other information.

Sleep: Displays your total sleep time from last night.
Heart Rate/Blood Oxygen: Select the corresponding measurement on the homepage. The green light will illuminate for 30-60 seconds to display the result.



Remote control selfie: Open the device interface in the APP - Remote control selfie, shake it to take a photo (only for JRing App).

Short video remote control: Connect your phone to the device's Bluetooth → Click "Short Video Control" on the device interface → Turn on the two switches on the right, and double-click with your finger for 2 seconds to cut the short video.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction