

# W28(S19)智能手表

感谢您选择本公司智能手表。您可以通过阅读本手册，全面地了解设备的使用方法，此设备主要通过蓝牙连接手机进行适配使用，提供了多种实用的功能和服务，以方便您对手机进行操作，并开发了很多针对人类运动和健康的功能。本公司保留在不作任何预先通知的情况下对本手册中内容作修改的权利，恕不另行通知。

## 操作说明：

### 按键功能

**1、右键功能：**长按开关机，处于其他应用界面时单按返回主界面，菜单界面双按切换菜单风格。

**触摸手势：**左划切换进入菜单界面；下划进入消息；上划进入应用栏；进入每个功能后，右划为返回。

## 手表与手机的连接：

首先手机要下载 APP“**FereFit**”到手机上并安装，两种方式。

### 1、IOS/Andriod 手机用户：

通过手机浏览器扫描下面二维码，或用微信扫一扫，打开界面后，选择界面中的 **Android/iOS**，在使用手机浏览器打开下载。

下图二维码为 **FereFit APP** 下载



### Android/iOS

2、安卓手机上应用宝、Google Play 商店搜索“**FereFit**”下载，苹果手机可上 App Store 搜索“**FereFit**”下载。

下载完成后，安装过程中会有各种权限提醒，全部点击同意，手表跟手机要连二个蓝牙：**3.0** 跟 **5.4** 才能实现所有的功能。

**蓝牙 5.4 连接方法：**安装完成后，打开“**FereFit**”并打开手机蓝牙，**FereFit** 会有启用通知提示，点确定。点右下角我的，进入扫描设备，搜索蓝牙地址并点连接就可以了，部分安卓手机需打开手机 GPS 才能搜到手表蓝牙名称。

**蓝牙 3.0 连接方法：**1、打开手表 3.0 蓝牙 2、打开手机蓝牙，点击所需要连接的手表蓝牙名称-根据提示连接蓝牙设备，手机上显示“已连接”即可。

**如何鉴定蓝牙连接成功：**待机界面手表上拉状态栏，手表 3.0 跟 5.4 蓝牙为蓝色+绿色时，则说明蓝牙连接成功，当蓝牙标志颜色置灰时，则说明蓝牙未连接。

**常见问题简易处理方法：**由于各个手机品牌的蓝牙协议没有统一性，有时会出现手机跟手表蓝牙连接不稳定的情况，可将手机蓝牙关闭了再重新连接一次，或将手表恢复出厂设置。

### 如何设置来信通知：

手机进入设置-应用管理，找到“FereFit”-权限管理，全部打开。再进入通知管理-找到“FereFit”所有权限打开。

### 收不到通知怎么办？

首先手表的通知功能只是同步手机通知功能，如来电来信，QQ 微信来信提醒，如果你的手机没有收到通知，那手表端也是收不到的，要在手机设置-通知功能，找到对应的 APP，把允许通知打开。

## 主要功能介绍：

**运动：**手表拥有多样运动专项：如跑步，室内跑步，骑行，健走，登山，瑜伽，篮球，足球，羽毛球，棒球，乒乓球，排球，动感单车，划船机，高尔夫，太极拳，跳绳，椭圆机，自由锻炼等多种运动。

**运动记录：**可查看已运动过的记录数据。

**活动数据：**可查看当天全天步数、历史步数，卡路里消耗和行走距离。每晚 24 点跨天后，界面数据会重新归 0。

**心率：**可检测当前心率数据（使用本应用程序过程中获取的数据仅供参考，不得用于临床诊断、医学研究、诊断或治疗目的。）

**血氧：**可检测当前血氧数据（使用本应用程序过程中获取的数据仅供参考，不得用于临床诊断、医学研究、诊断或治疗目的。）

**音乐：**连接手表后可控制播放手机中的音乐

**拍照：**手机不锁屏状态下，手表进入蓝牙拍照，手机进入拍照界面，点手表拍照，照片将存储在手机端相册里。

**闹钟：**手表端可以设置 3 组闹钟。

**计算器：**进入可进行简易计算。

**秒表：**打开此功能可进行单次、多次计时。

**计时器：**可进行简短的倒计时

**查找手机：**连接蓝牙，手表点击查找手机，手机铃声将会响起。

**位置信息：**APP 连接后，启动手机定位权限，手表就可以显示当前位置信息

**呼吸训练：**可根据自身情况设置呼吸节奏，锻炼肺活量

**名片夹：**可通过 APP 设置微信、QQ、WhatsApp、Twitter、Facebook 等二维码名片。

**日历：**可查看当月日历。

**收款码：**可通过 APP 设置微信，支付宝，PayPal 等的收款码

**睡眠：**将记录当天 22 点至第二天早上 9 点时间段的睡眠数据。

**天气：**连接 APP 后，手表端可显示 3 天天气情况。

**女性健康：** 连接 APP 后可设置女性健康提醒

**语音助手：** 连接 3.0 /5.4 蓝牙后，手表端点击语音助手可进行简单问答对话

**游戏：**游戏列表有休闲小游戏。

**信息：**查看手机端推送的消息。

**通话：**连接 APP 同步联系人可以从手表端查看联系人、拨号、通话记录等

**设置：**可进行系统设置。

**保修说明：**

- 1、本产品在正常使用时，如果出现因制造，材料，设计等原因引起的产品质量问题，自购买之日期起，主板一年内免费保修，电池，充电器保修半年。
- 2、因使用者个人造成的故障，不提供免费保修，如下：
  - 1）擅自拆装，改装手表等造成的故障。
  - 2）在使用过程中不慎跌落而造成的故障。
  - 3）一切人为损坏或因第三者过失，误用（如：主机进水，外力震裂，外围部件的刮痕的损坏等），不在保修范围内。
- 3、在要求提供免费保修时，请必须提供填有购买日期和购买处印章的保修卡。
- 4、用户维修产品时，请把产品拿到本公司或本公司经销点。
- 5、产品的所有功能都以实物为主。

|        |       |
|--------|-------|
| 购买日期：  | 客户签名： |
| IME 码： | 店员签名： |
| 购买商店：  | 商店盖章： |

## W28(S19) smartwatch

Thank you for choosing our smartwatch. By reading this manual, you can fully understand how to use the device. This device is primarily used by connecting to a mobile phone via Bluetooth for adaptation. It provides a variety of practical functions and services to facilitate your operation of the mobile phone, and has developed many functions specifically for human movement and health. Our company reserves the right to modify the content of this manual without any prior notice.

### Operation Instructions:

#### Button Function

1. Right-click function: Long press to switch on or off, single press to return to the main interface when in other application interfaces, double press to switch menu styles in the menu interface.

Touch gestures: Swipe left to switch to the menu interface; swipe down to enter messages; swipe up to enter the app bar; after entering each function, swipe right to return.

### Connection between watch and phone:

First, you need to download and install the "FereFit" app on your phone. There are two ways to do this.

#### 1. IOS/Android mobile phone users:

Scan the QR code below through your mobile browser, or use WeChat's scan function. Once the interface is opened, select Android/iOS from the interface, and then open and download using your mobile browser.

The QR code below is for downloading the FereFit APP



Android/iOS

2. On Android phones, search for "FereFit" on the App Store or Google Play Store to download. On Apple phones, search for "FereFit" on the App Store to download.

After the download is complete, there will be various permission prompts during the installation process. Click "agree" to all of them. The watch and phone need to be connected to two Bluetooth versions: 3.0 and 5.4, in order to enable all functions.

Bluetooth 5.4 connection method: After installation, open "FereFit" and enable Bluetooth on your phone. FereFit will prompt you with an enable notification, click "OK". Click "My" in the lower right corner to enter device scanning, search for the Bluetooth address and click "Connect". Some Android phones require you to enable GPS to search for the watch's Bluetooth name.

Bluetooth 3.0 connection method: 1. Turn on the watch's Bluetooth 3.0. 2. Open your phone's Bluetooth, click on the Bluetooth name of the watch you want to connect to - follow the prompts to connect to the Bluetooth device, and it will display "Connected" on your phone.

How to verify successful Bluetooth connection: In the standby interface, pull up the status bar on the watch. When the

Bluetooth icons for version 3.0 and 5.4 on the watch are blue and green, it indicates that the Bluetooth connection is successful. When the Bluetooth icon is gray, it indicates that the Bluetooth is not connected.

Simple solutions to common problems: Due to the lack of uniformity in Bluetooth protocols across various mobile phone brands, there may be instances where the Bluetooth connection between the phone and the watch is unstable. You can try turning off the Bluetooth on your phone and reconnecting it, or resetting the watch to its factory settings.

How to set up incoming message notifications:

Enter "Settings" on your phone, navigate to "Application Management", find "FereFit", and proceed to "Permission Management". Turn on all permissions. Then, proceed to "Notification Management", find "FereFit", and enable all its permissions.

What should I do if I can't receive notifications?

Firstly, the notification function of the watch only synchronizes with the notification function of the phone, such as incoming calls and messages, QQ and WeChat message reminders. If your phone does not receive notifications, the watch will also not receive them. You need to go to Settings - Notifications on your phone, find the corresponding app, and turn on the notification permission.

Introduction to main functions:

Sports: The watch supports various specialized sports, such as running, indoor running, cycling, power walking, hiking, yoga, basketball, soccer, badminton, baseball, table tennis, volleyball, stationary bike, rowing machine, golf, Tai Chi, skipping, elliptical machine, and free exercise.

Exercise Record: You can view the recorded data of your past exercises.

Activity data: You can view your daily step count, historical step count, calorie consumption, and walking distance. The interface data will reset to 0 every day at midnight.

Heart rate: Current heart rate data can be detected (The data obtained during the use of this application is for reference only and should not be used for clinical diagnosis, medical research, diagnosis, or treatment purposes.)

Blood oxygen: It can detect current blood oxygen data (The data obtained during the use of this application is for reference only and shall not be used for clinical diagnosis, medical research, diagnosis, or treatment purposes.)

Music: After connecting to the watch, you can control the playback of music from your phone

Taking photos: When the phone is not locked, the watch enters Bluetooth photo mode, and the phone enters the photo interface. Tap the watch to take a photo, and the photo will be stored in the phone's photo album.

Alarm clock: Three sets of alarms can be set on the watch.

Calculator: Enter to perform simple calculations.

Stopwatch: Turn on this function to perform single or multiple timing.

Timer: Capable of conducting a brief countdown

Find phone: Connect to Bluetooth, click "Find Phone" on the watch, and the phone's ringtone will sound.

Location information: After connecting to the APP, enable the phone's location permission, and the watch will be able to display the current location information

Breathing exercises: You can set your breathing rhythm according to your own situation to exercise your lung capacity

Contacts: QR code business cards for WeChat, QQ, WhatsApp, Twitter, Facebook, etc. can be set up through the app.

Calendar: You can view the calendar of the current month.

Receiving code: You can set up receiving codes for WeChat, Alipay, PayPal, etc. through the app

Sleep: Sleep data from 22:00 on the current day to 9:00 on the next morning will be recorded.

Weather: After connecting to the app, the watch can display the weather for the next 3 days.

Women's health: After connecting to the APP, you can set up reminders for women's health

Voice assistant: After connecting to Bluetooth 3.0/5.4, you can click on the voice assistant on the watch to engage in simple question-and-answer conversations

Games: The game list includes casual mini-games.

Information: Check the messages pushed to the mobile app.

Call: Connecting the APP to synchronize contacts allows you to view contacts, dial numbers, call logs, etc. from the watch side

Settings: System settings can be made.

Warranty Instructions:

1. During normal use, if any product quality issues arise due to manufacturing, material, design, or other reasons, the motherboard will be free of charge for one year from the date of purchase, while the battery and charger will be covered for half a year.
2. Free repair services are not provided for malfunctions caused by the user, as follows:
  - 1) Malfunctions caused by unauthorized disassembly, assembly, or modification of the watch.
  - 2) Malfunction caused by accidental drop during use.
  - 3) Any damage caused by human factors or due to the negligence of a third party, such as misuse (e.g., water ingress into the main unit, cracking caused by external forces, scratches on peripheral components, etc.), is not covered by the warranty.
3. When requesting a free warranty, please ensure to provide the warranty card with the purchase date and the seal of the place of purchase.
4. When repairing the product, please bring it to our company or our dealership.
5. All functions of the product are primarily based on physical objects.

Purchase Date:                      Customer Signature:

IME code:                          Clerk's signature:

Purchasing store:                Store stamp:

**FCC Warning:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.