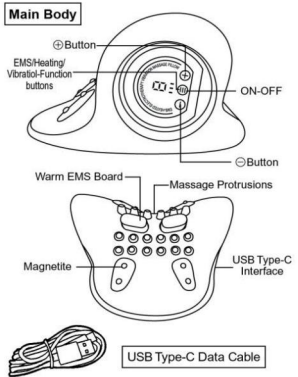


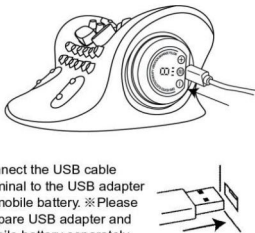
# HEATING WAVE VIBRATION ELECTRIC DR.MEETI CERVICAL PILLOW

## ● Combination contents and names of each part



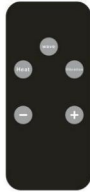
## ● Charging method

- 1 Insert the included USB cable into the USB Type-C port next to the device.
- 2 Connect the USB cable terminal to the USB adapter or mobile battery. \*Please prepare USB adapter and mobile battery separately. More than 5v 1a is recommended.
- 3 The charging signal red light flashes, and the green light is on when fully charged



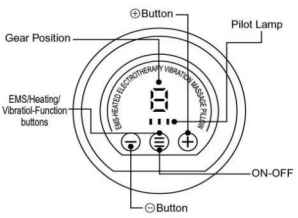
## ● Turn off the power

- 1 Long press the power button (press for about 3 seconds).



After turning on, it can be used with a remote control, and M is the function button

## ● Instructions



### ◆ How to use

- 1 Press and hold the power for about 3 seconds to turn on the machine. The mode indicator light is on the first grid. You can press the increase button. When the number 1 is displayed in the gear area, the EMS function is turned on. At this time, you can press the increase or decrease button to select The required EMS gear (6 gears in total), when the gear area is number 0, the EMS function stops using.

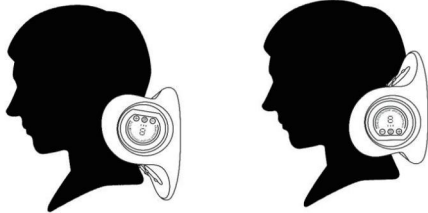
- 2 Press the power button again. When the mode light is in the second grid, it is in heating mode. When the gear area is number 1, the heating mode is turned on. There are 3 levels in total. Warning: (Everyone chooses according to their own needs, beware of burns)
- 3 Press the power button again. When the mode light is in the third grid, the vibration mode is enabled. When the gear area is number 1, the vibration mode is turned on. There are 3 levels in total.
- 4 The power will be automatically turned off after 15 minutes. About using the heating function Do not use continuously for a long time. At lower temperatures (40-50°C), long term Even if there are no subjective symptoms such as pain, contact with skin contact parts may cause low-temperature burns. Please do not do anything in contact with water (cooking, washing, pets, etc.) while using the EMS.
- 5 EMS/heating/vibration functions can be used at the same time or separately.

**Attention: This product does not have medical functions for use.**

## ● Instructions

Please adjust the position so that the hot EMS plate touches the place you want to heat. As shown in the figure below, this product can be used regardless of the orientation. Actually try it on your neck and use it in the direction you like.  
This product is designed for the neck. Please do not use on other parts such as arms and legs.

**EMS is a structure that transmits stimuli through water and moisture.**  
**Wet the neck where the pad touches with water or lukewarm water before use.**



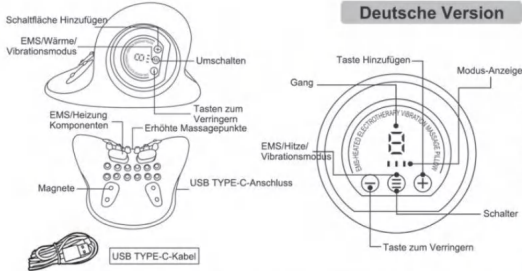
## ● Maintenance

- Please use and maintain the warm EMS board every time.
- Wring out the cloth soaked in water fully, warm it up
  - Wipe the EMS board well.
  - If you are concerned about dirt, soak a soft cloth with neutral detergent diluted in warm water, squeeze it dry, and then wipe off the dirt on the surface of the fuselage.
  - Please do not soak in water or wash all over. Do not use solvents such as alcohol, thinner, or benzene. Cause failure, damage to parts, discoloration, etc.

### FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.  
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.  
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
-- Reorient or relocate the receiving antenna.  
-- Increase the separation between the equipment and receiver.  
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
-- Consult the dealer or an experienced radio/TV technician for help.  
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

## Deutsche Version

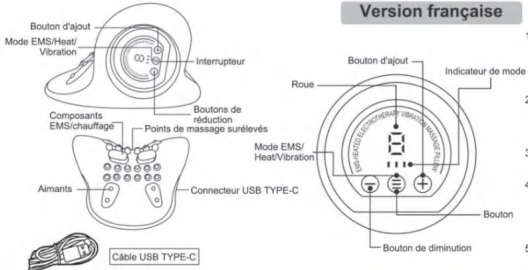


## Wie man das Gerät benutzt

1. Halten Sie die Einschalttaste ca. 3 Sekunden lang gedrückt, um das Gerät einzuschalten. Die Betriebs-schleuchte leuchtet im ersten Rahmen. Sie können die Erhöhungstaste drücken, wenn die Zahl 1 im Blockbereich des Displays angezeigt wird, zeigt dies an, dass die EMS-Funktion eingeschaltet ist, zu diesem Zeitpunkt können Sie die Erhöhung- oder Verringerungstaste drücken, um den gewünschten EMS-Gang (6 Gänge) auszuwählen, wenn die Zahl 0 im Blockbereich angezeigt wird, funktioniert die EMS-Funktion nicht mehr.
2. Drücken Sie die Power-Taste erneut, der Modus Licht ist in der zweiten Rahmen für die Heizung Modus, wenn der Block-Bereich ist die Nummer 1, die Heizung Modus wird eingeschaltet, insgesamt 3 Geschwindigkeiten.
- Warnung: (Jede Person wählt nach ihren eigenen Bedürfnissen, Vorsicht vor Verbrennungen)
3. Drücken Sie die Power-Taste erneut, die Modus-Licht ist Vibrations-Modus in der dritten Rahmen, wenn der Block-Bereich ist die Nummer 1, es schaltet sich der Vibrations-Modus, 3 Gänge in insgesamt.
4. 15 Minuten nach dem Einschalten schaltet sich das Gerät automatisch ab. Bitte verwenden Sie die Heizfunktion nicht über einen längeren Zeitraum. Bei niedrigeren Temperaturen (40-50°C) kann es bei längerem Gebrauch zu Verbrennungen bei niedrigen Temperaturen durch Kontakt mit dem Hautkontaktbereich kommen, auch wenn keine subjektiven Symptome wie Schmerzen vorhanden sind. Führen Sie keine Tätigkeiten aus, die mit Wasser in Berührung kommen (Kochen, Waschen, Haare waschen), während das EMS in Gebrauch ist.
5. Die Funktionen EMS/Wärme/Vibration können gleichzeitig oder getrennt verwendet werden.

\*Hinweis: Dieses Produkt ist nicht für medizinische Zwecke bestimmt.

## Version française

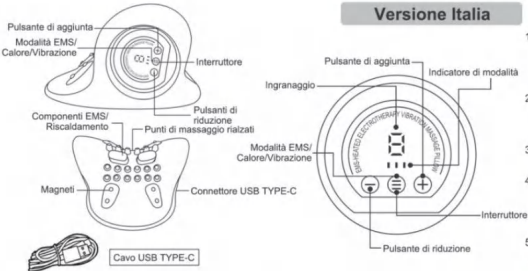


## Mode d'emploi

1. Appuyez sur le bouton d'alimentation et maintenez-le enfoncé pendant environ 3 secondes pour allumer l'appareil, le voyant de mode s'allume. Vous pouvez appuyer sur le bouton d'augmentation, lorsque le chiffre 1 s'affiche dans la zone du bloc d'affichage, cela indique que la fonction EMS est activée, à ce moment-là, vous pouvez appuyer sur le bouton d'augmentation ou de diminution pour sélectionner la vitesse EMS souhaitée (6 vitesses), lorsque le chiffre 0 s'affiche dans la zone du bloc, la fonction EMS s'arrête de fonctionner.
2. Appuyez à nouveau sur le bouton d'alimentation, le voyant de mode est dans le deuxième cadre pour le mode de chauffage, lorsque la zone du bloc est le numéro 1, le mode de chauffage est activé, 3 vitesses au total.
- Attention: (chaque personne doit choisir en fonction de ses propres besoins, attention aux brûlures)
3. Appuyez à nouveau sur le bouton d'alimentation, le voyant de mode est dans le troisième grille pour le mode vibration, lorsque la zone du bloc est le numéro 1, il active le mode vibration, un total de 3 vitesses.
4. L'appareil s'éteint automatiquement au bout de 15 minutes. En ce qui concerne l'utilisation de la fonction de chauffage, veuillez ne pas utiliser de manière continue pendant une longue période. À des températures plus basses (40-50°C), une utilisation prolongée peut entraîner des brûlures à basse température par contact avec la partie en contact avec la peau, même s'il n'y a pas de symptômes subjectifs tels que la douleur. Ne faites rien qui entre en contact avec de l'eau (cuisine, baignage, animaux domestiques, etc.) lorsque l'EMS est en cours d'utilisation.
5. Les fonctions EMS/chauffage/vibration peuvent être utilisées en même temps ou séparément.

\*Remarque: ce produit n'est pas destiné à une utilisation médicale.

## Versione Italia

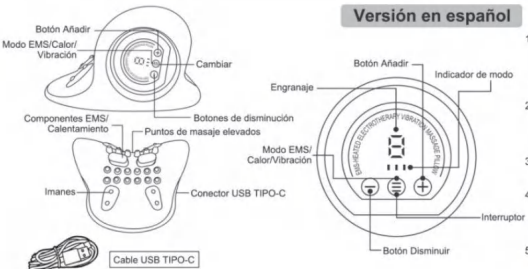


## Come si usa

1. Tenere premuto il pulsante di accensione per circa 3 secondi per accendere l'apparecchio, la spia della modalità si trova nel primo riquadro, è possibile premere il pulsante di aumento, quando il numero 1 viene visualizzato nell'area del blocco del display, indica che la funzione EMS è attiva, a questo punto, è possibile premere il pulsante di aumento o diminuzione per selezionare la marcia EMS desiderata (6 velocità), quando il numero 0 viene visualizzato nell'area del blocco, la funzione EMS smette di funzionare.
2. Premere di nuovo il pulsante di accensione, la spia della modalità si trova nel secondo riquadro per la modalità di riscaldamento, quando l'area del blocco è il numero 1, la modalità di riscaldamento è attivata, per un totale di 3 marce.
- Attenzione: (ogni persona deve scegliere in base alle proprie esigenze, facendo attenzione alle scottature)
3. Premere nuovamente il pulsante di accensione, la spia della modalità è nella terza griglia per la modalità di vibrazione, quando l'area del blocco è il numero 1, si attiva la modalità di vibrazione, per un totale di 3 marce.
4. Spegnerne automaticamente l'apparecchio dopo 15 minuti. Per quanto riguarda l'uso della funzione di riscaldamento, si prega di non utilizzarla in modo continuativo per lungo tempo. A temperature più basse (40-50°C), l'uso prolungato può provocare ustioni a bassa temperatura da contatto con la porzione di pelle a contatto, anche se non vi sono sintomi soggettivi come il dolore. Non fare nulla che venga a contatto con l'acqua (cucinare, lavarsi, portare animali domestici, ecc.) mentre l'EMS è in uso.
5. La funzione EMS/chauffage/vibration può essere utilizzata contemporaneamente o separatamente.

\*Nota: questo prodotto non è destinato all'uso medico.

## Versión en español

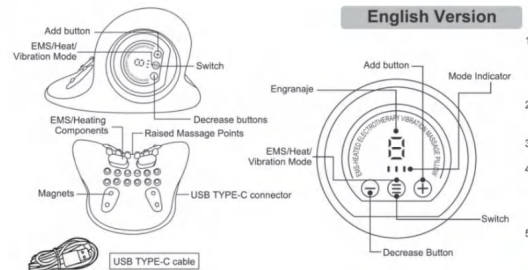


## Modo de empleo

1. Pulse y mantenga pulsado el botón de encendido durante unos 3 segundos para encender la alimentación, la luz de modo está en el primer cuadro, puede pulsar el botón de aumento, cuando el número 1 se muestra en el área de bloque de la pantalla, muestra que la función EMS está activada, en este momento, puede pulsar el botón de aumento o disminución para seleccionar la marcha EMS deseada (6 velocidades), cuando el número 0 se muestra en el área de bloque, la función EMS deja de funcionar.
2. Pulse el botón de encendido de nuevo, la luz de modo está en el segundo cuadro para el modo de calefacción, cuando el área de bloque es el número 1, el modo de calefacción se enciende, un total de 3 velocidades.
- Advertencia: (cada persona a elegir de acuerdo a sus propias necesidades, cuidado con las quemaduras)
3. Pulse el botón de encendido de nuevo, la luz de modo está en la tercera rejilla para el modo de vibración, cuando el área de bloque es el número 1, se enciende el modo de vibración, un total de 3 marchas.
4. Se apaga automáticamente después de 15 minutos. Sobre el uso de la función de calefacción, por favor, no la utilice de forma continua durante mucho tiempo. A temperaturas bajas (40-50°C), el uso prolongado puede provocar quemaduras de baja temperatura por contacto con la parte de contacto con la piel, incluso si no hay síntomas subjetivos como dolor. No haga nada que entre en contacto con el agua (cocinar, lavar, animales domésticos, etc.) mientras el EMS esté en uso.
5. La función EMS/Calor/Vibración puede utilizarse al mismo tiempo o por separado.

\*Nota: Este producto no es para uso médico.

## English Version



## How to use

1. Press and hold the power button for about 3 seconds to turn on the power, the mode light is in the first frame, you can press the increase button, when the number 1 is shown on the display, it indicates that the EMS function is turned on, at this time, you can press the increase or decrease button to select the desired EMS gear (6 speeds in total), the EMS function is stopped when the number 0 is shown on the gear area.
2. Press the power button again, the mode light is in the second frame for heating mode, when the block area is number 1, the heating mode will be turned on, a total of 3 speeds.
- Warning: (each person to choose according to their own needs, beware of scalding)
3. Press the power button again, the mode light is in the third grid for vibration mode, when the block area is number 1, turn on the vibration mode, a total of 3 gears.
4. Automatically turn off the power after 15 minutes. About the use of the heating function please do not use it continuously for a long time. At lower temperatures (40-50°C), prolonged use may result in low-temperature burns from contact with the skin contact point even if there are no subjective symptoms such as pain. Do not do anything that comes into contact with water (cooking, washing, pets, etc.) while the EMS is in use.
5. EMS/Heat/Vibration function can be used simultaneously or separately.

\*Note: This product is not for medical function use.