75.2mm 76.2mm 76.2mm 76.2mm 76.2mm 76.2mm

152.4mm

NEXCIA X

# The Art and Science of Facial Architecture

## Read all instructions before use

### 1. WARNINGS - Hazards that could result in death or serious injury.

- **Always inspect the Crown Cap before use, including inspecting around the seams. The Crown Cap is expected to wear over time with repeated use, and it may develop defects - inspect it carefully before every use, even if it appeared fine previously. Do not use if there are any defects (including but not limited to fraying, holes, etc) and contact us at Support@FasciaBlaster.com. Hair or loose items can become entangled in the disc. Hair can be torn out, and serious injury can occur. Never operate the device near loose hair or loose items. The motor is powerful - hair or loose items that get near or on the device will be pulled in, and can rip out hair or cause other injury and can tear or damage clothing, jewelry, glasses, or other items.**
- **Always secure all hair fully inside the provided Crown Cap before use. Longer hair can be tied into a ponytail first, then covered with the cap. Do not use the device without wearing the Crown Cap.**
- **Always secure or remove clothing, glasses, jewelry, and any other nearby items before use to help ensure they do not become entangled.**
- **Never use directly on the eyeballs.** The only items approved for use on the eye area are: The Hot and Cold plate on the Halo Pod and the transparent lymphatic disc on the Core Pod; please ease in and use with discretion and caution. Aside from the approved disc and plate, do not use on your eye area. Do not use any items directly on the eyeballs. Do not look directly into the LEDs.
- **The NeXcia X is intended to be used with light pressure that increases gradually. Initial usage should be light and gentle**, increasing only as tolerated and to your comfort level.
- **Never use on bare skin without oil.** Apply oil generously before every session. Lubrication is required.
- **Stop use immediately if you experience dizziness, pain, numbness, or unusual discomfort.**
- **This device is intended for adult use only.** Children and individuals unable to safely operate the device must not use it without direct supervision by a qualified caregiver or healthcare professional.
- **Use only the original charger supplied with the device. Alternative chargers can damage the battery and may cause fire.**
- **Keep away from warm surfaces and environments, liquids, high humidity, and enclosed places.**

### 2. PRECAUTIONS - Practices required for safe and proper use.

- As with any exercise, fitness, healthcare program, or beauty regimen, there is a risk of personal injury when using the NeXcia X device. Please consult your healthcare professional before use.
- Inspect the device, battery, and attachments for defects before each use. Discontinue use immediately if any defect is found and contact us at Support@FasciaBlaster.com.
- Clean the discs before first use and clean them promptly after each use.
- Perform a test patch on a small area of skin and discontinue use if irritation occurs.
- Use on soft tissue only. Do not bang onto bones, but you can use it gently on the border of bones.
- If loose skin begins to spin with the device, apply more oil and brace the skin.
- Always start on the lowest setting and increase intensity gradually, only as tolerated. The NeXcia X is a user-controlled body device. NeXcia X allows users to control the device, including pressure and intensity levels; use only to your comfort level. Please visit our website for proper usage and general guidelines.
- Stop use if discomfort occurs. (This refers to minor discomfort; the symptoms listed under "Warnings" and "Contraindications" take precedence.)
- Observe all use-time limits (See Section 17).
- We recommend you use in front of the mirror.
- Caution: Handle the device carefully. Due to its weight and the delicate design, dropping it may cause injury or damage.
- Caution: To prevent low-temperature burns from improperly using the device, do not hold the Hot Mode or Cold Mode of your Halo Pod in one spot. Continuously glide the device across the skin, moving to a new spot with each pass rather than holding, shaking, or rocking it back and forth over the same spot. You can switch to different body parts during use. Ease in and stop use immediately if uncomfortable. Please use with the designated oil and gels, then massage - do not stay still in one place.
- Store and charge the device within the specified temperature ranges. Avoid high heat, liquids, humidity, and enclosed spaces.
- Practitioners using this device on clients or patients must comply with all applicable state and national laws. Ashley Black, Inc., as outlined below, assumes no liability for the use by practitioners.
- Do not grind into or use intense pressure on lymph nodes. Use lightly on armpits, axillary region, or on any other lymph node areas.
- Due to the delicate nature of the device, do not unscrew discs by hand - use the Disc Removal Mode for disc removal.

### 3. ADVERSE REACTIONS / FORESEEABLE EFFECTS - Effects a user may reasonably expect.

- Bruising - reasonably foreseeable with normal use. Use caution on areas that will be exposed.
- Temporary redness or erythema of the treated area.
- Temporary tenderness or soreness, which may persist for one to several days.
- Localized swelling or skin irritation, particularly with excessive session length.
- Low-temperature burn resulting from prolonged use of Hot Mode or Cold Mode on a single area.
- Cold-related discomfort or numbness from prolonged contact with the cold plate.
- Lightheadedness or dizziness, particularly with use near the neck.
- Skin reaction or sensitivity to the applied oil or topical products.
- Failure to follow instructions - such as using the Crown Cap with defects, failing to wear the cap, failing to remove other items on or around your person, failure to inspect all pieces prior to use - increases the risk for injury due to entanglement or misuse.

### 4. CONTRAINDICATIONS - Conditions under which the device must not be used.

**4.1 - Do not use:**

- If the device, battery, any accessory, or attachment is broken or damaged.
- Internally.
- Directly on the eyeballs.
- Pressing into, or applying more than surface pressure to, the carotid artery or any other artery.
- On the vagus nerve (located deep in the neck).
- On breast tissue or genitalia.
- Directly on varicose veins.
- On areas with swelling, bruising, or evidence of infection.
- On open wounds, or on inflamed or irritated skin.
- By children, or by any individual unable to operate the device safely.
- If you have any history of blood clots, such as deep vein thrombosis.
- If you have any other clotting condition.
- If you are taking any blood thinners.
- If you have light sensitivity or photosensitivity, do not use LED Mode.
- Near water or other liquids.
- Without first getting cleared by your doctor for blood clots, especially in any area you intend to use any NeXcia or FasciaBlaster device.
- Until you have read and understand all warnings, precautions, usage instructions, and all other information in this manual.

**4.2 Consult your healthcare provider before use if:**

- You are pregnant or nursing.
- You have a history of skin or nerve conditions.
- You have a history of serious viral infections or autoimmune conditions.
- You have received recent botulinum type A (Botox) injections or injectable fillers.
- You have surgical or cosmetic implants, or a recent skin graft.
- You have any cardiovascular condition.
- You have electronic medical devices (such as pacemakers, metal plates, etc.)
- You have any other medical conditions.

### 5. CLOSING INSTRUCTION:

Use responsibly and as directed. Discontinue use if discomfort occurs. See Terms of Purchase for full disclaimers.
Discontinue use if there are any product defects, you become injured by use of the product, or if any of these effects are severe, worsen, or do not resolve. Seek medical attention if warranted and report the event to us at Support@FasciaBlaster.com

### 6. INTENDED USE:

NeXcia X is a personal-use device designed to allow exploration of different soft tissue massage levels and techniques. Initial usage should be light and gentle, only going deeper gradually as your comfort allows. Every session is an opportunity to find what feels best for your body and promotes comfort. It is not intended to diagnose, treat, or cure any medical condition. Always follow the instructions and consult a healthcare professional if unsure.

### 7. DISCLAIMERS & LIABILITY:

Use responsibly and as directed. Discontinue use if discomfort occurs. See Terms of Purchase for full disclaimers.
*All devices and information are intended for personal use; you are responsible for how you use them, including the pressure, your unique circumstances, and existing conditions. Use at your own risk. See the Terms of Purchase for product disclaimers and limitations of liability of Ashley Black personally, Ashley Black Inc., and their parents, subsidiaries, and affiliates ("Ashley Black Company"), including for personal injury, property damage, or other loss sustained by or through the use of this product.*
*If you are a practitioner of any type and choose to use the NeXcia X device on your client or patient, please refer to the laws and regulations of your state and country. Ashley Black, Inc., assumes no liability for the use of or by practitioners.*

*By using the device, you agree to the statement below:*
*In consideration of my purchase and use of an Ashley Black Company program, product, or service, I, for myself, my heirs, and assigns, hereby release Ashley Black Company, its parents, subsidiaries, affiliates, officers, directors, owners, employees, independent contractors, and assigns from any and all claims, demands, or causes of action arising from my use of any Ashley Black Company program, product, or service. I understand and acknowledge that use of the NeXcia X involves inherent risks and that I may injure myself as a result of my use, and I release Ashley Black Company from any liability now or in the future, including but not limited to bruising, temporary redness or erythema, tenderness or soreness, localized swelling or skin irritation, low-temperature burns, cold-related discomfort or numbness, lightheadedness or dizziness, skin reactions or sensitivity to applied oils or topical products, heart attack, seizure, stroke, or injury resulting from hair or loose items becoming entangled in the device, or any injury resulting from my failure to read, understand, or follow the accompanying instructions, warnings, and precautions prior to and during use, occurring during or after my use of any Ashley Black Company product, program, or service. Nothing in this release limits any right that cannot be waived or excluded under applicable law.*

*Product specifications are subject to change. Product colors may vary from those shown.*
Warranty Condition: The limited manufacturer warranty covers defects in materials and workmanship under normal use. It does not cover damage caused by improper use, cleaning or maintenance, or by the use of cleaning products, oils, or accessories that are unsuitable for or incompatible with the device. Use of Ashley Black-approved products is recommended to keep the device in optimal condition. See Terms and Conditions for full terms.

### 8. SUPPORT:

Website: www.FasciaBlaster.com
Support: Support@FasciaBlaster.com

### 9. FCC WARNING

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

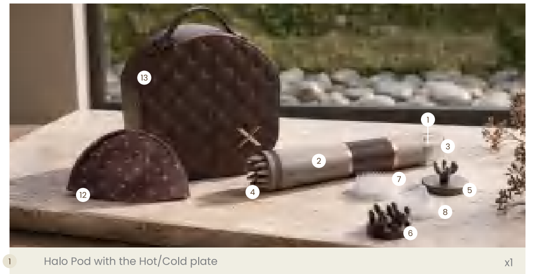
NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE 3: The device has been evaluated to meet the general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

NOTE 4: This product includes a built-in Bluetooth module intended for future use with the official mobile application. Scan the QR code to see the instructions on how to connect the device to Bluetooth through the app.

### 10. WHAT'S INSIDE THE BOX

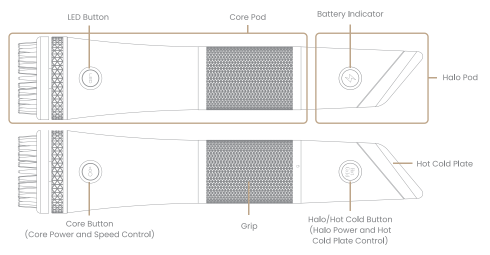
NEXCIA™ X - your NeXcia X contains the following components:



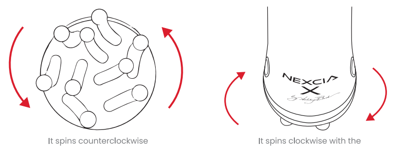
| | | | |
|---|---|---|---|
| 1 | Halo Pod with the Hot/Cold plate | | x1 |
| 2 | Core Pod with bolt to attach the massage discs | | x1 |
| 3 | Clear Cover for the Halo Pod Hot/Cold plate | | x1 |
| 4 | Spike Disc | Aluminum Alloy | x1 |
| 5 | Single Claw Disc | Aluminum Alloy | x1 |
| 6 | Small Claw Disc | Aluminum Alloy | x1 |
| 7 | Transparent Lymphatic Disc (Compatible with infrared mode in the base) | Silicone | x1 |
| 8 | Transparent Nugget Disc (Compatible with infrared mode in the base) | Silicone | x1 |
| 9 | Rechargeable Lithium Battery | ☐ Not pictured | x2 |
| 10 | Charger Wall Adapter | ☐ Not pictured | x1 |
| 11 | Type-C Charging Cable | ☐ Not pictured | x1 |
| 12 | Crown Cap Shipped Separately | | x1 |
| 13 | NeXcia X Train Case | | x1 |
| 14 | This User Manual | ☐ Not pictured | x1 |

### 11. MEET YOUR DEVICE

**11.1**



**11.2 Disc Spinning Direction:**



It spins counterclockwise with the Core Pod facing up

It spins clockwise with the Core Pod facing down

### 12. MEET YOUR BUTTONS

**Please note:** The Halo Pod has its own power button separate from the power button for the Core Pod. You need to turn them on and off separately; the Core Pod and the Halo Pod cannot be used at the same time. Wait 3 seconds from the time you turn off one Pod before you turn on the other Pod or press any other buttons. There is a 3-second wait time that must be observed - if any button is pressed during this time, the wait time will restart.

**12.1 Halo Pod:**

*12.1.1 Battery Indicator*

- This button allows you to see your battery level when the device is off.
- To see your battery level, ensure that both Pods of the device are off and then tap the battery button once → The lights around the button will display the battery power level range: 1/4 ring (0%~24%), 1/2 ring (25%~49%), 3/4 ring (50%~74%), full ring (75%~100%). The indicator light will stay lit for 3 seconds after you press it.
- Low battery: A beep sound and flashing red LEDs on the button and the base.

*12.1.2 Halo Hot/Cold Button*

Halo Pod Power On and Power Off, Hot/Cold Selection

- Hold the Hot/Cold Button down for three seconds → Activates Halo Pod and starts the Hot Mode of the Hot/Cold plate. The device will beep once and the red lights will turn on around the button when the Power is on. Note: The first mode will always be the Hot Mode.
- With the Hot Mode on, tap the Hot/Cold Button ⊠ Activates Cold Mode. The blue lights will turn on around the button when the Cold Mode is on. It will last 3 minutes and then shut down automatically for cooling; you can reuse it after a 15-minute cool-down period. If you turn the Cold Mode on before allowing the full 15-minute wait time, the Cold Mode will still come on; however, it will not get as cold and may cause damage to the device, so ensure you allow the device the 15-minute wait time. (See Section 17)
- You can tap the Hot/Cold button to toggle between the Hot and Cold Modes. The Cold Mode only stays on for 3 minutes. Please allow 15 minutes for the Cold Mode to reset before using again. (See Section 17)
- Do not hold the Hot or Cold Mode of your Halo Pod in one spot. Continuously glide the device across the skin, moving to a new spot with each pass rather than holding, shaking, or rocking it back and forth over the same spot. You can switch to different body parts during use. Ease in and stop use immediately if uncomfortable.
- To Power off this Pod, press and hold the Halo Hot/Cold Button for 3 seconds → Device turns off. The device will beep twice, and all lights will turn off. Wait 3 seconds before touching any other buttons.
- To save battery and avoid burning risk, there's a 15-minute auto-shut-off for the Hot Mode. You can turn it right back on with no wait time if you'd like to keep going with the Hot Mode. (See Section 17)

**12.2 Core Pod**

*12.2.1 Core Button:*

*Core Pod Power On, Speed Selection, Standby, & Power Off*

- To power on the Core Pod, hold the Core Button down for 3 seconds → The device enters standby mode; the orange ring lights up around the button.
- Once the power is on, tap the Core Button once → Activates VersoForce™ Mode 1, rotation speed 1 (1/3 of the lights around the button will be lit in orange).
- Tap again → Activates VersoForce Mode 2, rotation speed 2 (2/3 of the lights around the button will be lit in orange).
- Tap again → Activates VersoForce Mode 3, rotation speed 3 (all of the lights around the button will be lit in orange).
- To Power off this Pod, press and hold the Core Button for 3 seconds → The device will beep twice, and all lights will turn off when the device is off. Wait 3 seconds before touching any other buttons.
- **In case of an emergency, you can stop VersoMode by double tapping this button or holding this button down.**

*12.2.2 LED Button: LED Mode On, LED Mode Off, Disc Removal Mode*

- Controlled via the LED button on the Core Pod. The Core Pod power must be powered on in Standby Mode before the LED can turn on (see Section 12.2.1).
- With the Core Pod on in Standby Mode, tap the LED button → LEDs turn on; tap again → Turn off LEDs.
(Note: To fully turn the device off after this, you must hold down the Core button of the Core Pod for three seconds.)
- Use infrared mode only with the Transparent Lymphatic Disc, Transparent Nugget Disc, or without a disc.
- Only use LED Mode for a max of 20 minutes per day
- This button is also used for the Disc Removal Mode (see Disc Removal instructions in Section 14.2): To remove a disc, firmly hold the disc with one hand and have the other hand firmly on the device. Use the hand holding the device to hold down the LED button for 3 seconds → the disc will spin in reverse to unscrew. Ensure you hold the disc firmly with one hand and the device firmly with the other while it spins off. Lift the attachment from the device once completely unscrewed.
- Due to the delicate nature of the device, do not remove discs by hand - always use the Disc Removal Mode.
- **In case of an emergency, you can stop VersoMode by double tapping this button.**
**Note: holding the LED button activates Disc Removal Mode, but this function is unavailable while VersoForce Mode is running and will not stop the device.**

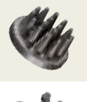
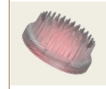
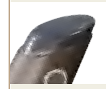
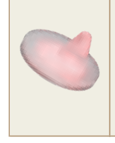
### 13 MEET YOUR DISCS & PLATE

Each disc is designed for a specific area and use. As your journey evolves, you may change your favorite discs - trust your intuition and explore what works best for you.

**13.1 *For Use Area in the table below:**

- **Never use any items directly on the eyeballs.**
- Research shows (https://www.tandfonline.com/doi/full/10.1080/2331205X.2019.1606146) that the FasciaBlaster® tools can spot reduce fat, so only use the Core Pod with discs on areas you want to reduce fat. For example, some people like to keep the volume in their cheeks.
- **If using the device on the head: keep the Crown Cap pulled tight with your hand to help prevent it from being snagged or getting caught in the device; use only the Single Claw or Small Claw discs on the head.**
- Especially if using the Hot/Cold Plate, remember to **continuously glide the device across the skin, moving to a new spot with each pass rather than holding, shaking, or rocking it back and forth over the same spot.**
- **Remember, if needed for an emergency stop, you can stop VersoForce Mode at any time by double-tapping the Core Power or LED button. Holding the Core Power button will also power off the device. Holding the LED button activates Disc Removal Mode, but this function is unavailable while VersoForce Mode is running and will not stop the device.**
- **Ease in and only go to your comfort level. If discomfort occurs, discontinue use immediately.**

Be sure to read and understand this entire manual before beginning use.

| Image | Disc Name | Compatible with LED Mode | Use area* |
|---|---|---|---|
|  | Spike Disc | No | Full body*<br>Do not use directly on eyeballs or eyelids, the Crown Cap, or head.<br>This disc is for the skin and to be used at the surface level to help temporarily increase local blood flow. |
| | Single Claw Disc | No | Full body*<br>Do not use directly on the eyeballs or eyelids |
| | Small Claw Disc | No | Full body*<br>Do not use directly on the eyeballs or eyelids |
|  | Transparent Lymphatic Disc | Yes | Full Body*<br>Including Eye Area - ease in and use with discretion and caution. Do not use directly on the eyeballs, the Crown Cap, or head. |
|  | Hot/Cold Plate | No | Full Body*<br>Including Eye Area - ease in and use with discretion and caution. Do not use directly on the eyeballs or Crown Cap. |
|  | Transparent Nugget Disc | Yes | Fleshy areas*<br>Do not use on bony areas or areas with thin muscles or little to no fat. Do not use directly on eyeballs or eyelids, the Crown Cap, or head.<br>Note: The Nugget is designed off-center in order for it to do the Poke and Wiggle technique, so it will spin in a small circle. Turn the device on before you place it on your body so you can see the area where the Nugget will spin. If you use this on a non-fleshy part of your body, the device will just spin. Push the Nugget into the fleshy area and hold the device still to perform the Poke and Wiggle. |

**Ashley's Tip:** The Transparent Lymphatic Disc with LED mode is a great place to start. Our website has a full video and blog library dedicated to face and head techniques. We strongly recommend watching these before your first session - seeing the motion can make a big difference.

### 14 HOW TO ATTACH, REMOVE, AND SWAP DISCS:

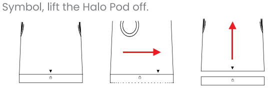
Please wash hands to remove oil before any of these steps to help prevent dropping the device or discs, as that may cause damage.
**14.1 To attach a disc:** Select a disc, align the thread of the disc with the thread of the bolt so they are flat/flush with each other, and then start to screw on the disc until you feel slight resistance or you start to feel the gears turning. If the device starts to spin as you turn, you've gone too far. Do not unscrew, but note for next time to use less force, as this can start to damage the device. **Do not manually spin the attachment. Ensure you do not press any buttons as you're attaching the disc.**
**14.2 To remove a disc: Due to the delicate nature of the device, do not unscrew discs by hand** - use the Disc Removal Mode. With the Core Pod in Standby Mode, have one hand firmly holding the disc and the other firmly on the device; hold the LED button down for 3 seconds, and it will start to spin in reverse to unscrew the disc. **Be sure that you press the LED button for this and NOT the Core Button. Ensure you do not drop the disc, as it may break, cause damage, or cause injury.** Continue to hold the LED button until the disc is unscrewed completely, then release the button and lift the disc.
**14.3 To swap a disc:** Remove the current disc using the Disc Removal Mode described above in Section 14.2, then attach the new disc by hand using instructions from Section 14.1 above.

### 15 BATTERY PACK SAFETY & DISPOSAL

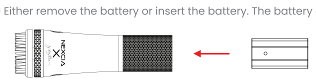
- Remove the wrapper and any protective stickers from the battery. Charge the battery fully before first use. When the battery is plugged in, it will show a red light if it needs to be charged, and when fully charged, the light turns blue.
- Batteries are rechargeable. Always use the original Type-C charger as it was designed for a fast and effective charge. Using alternative chargers can damage the specialty battery or even cause fire.
- Avoid high temperatures, humidity, liquids, and enclosed spaces.
- Remove batteries if unused for long periods; store in a cool, dry place. Do not place or store on or near any warm/hot surface or water.
- If you drop your battery, please discontinue use and replace it with a new one.
- Do not place terminals downward; store horizontally.
- Maintain 40%-60% charge for long-term storage and recharge every 3-6 months.
- Operating temperature: 32°F - 104°F; charging: 41°F - 95°F
- This product contains a removable lithium-ion battery-do not dispose of it in household trash; recycle or dispose of it responsibly in accordance with local regulations.
- **Stop using and/or charging the battery immediately if you notice swelling, leaking, discoloration, an unusual odor, excessive heat, or smoke.** If it is safe to do so, unplug the charger and move the battery and/or device away from flammable materials. Do not continue to use, charge, cover, or enclose the battery or device, and do not attempt to puncture or disassemble it. **In the event of smoke or fire, evacuate the area and contact your local emergency services immediately; do not attempt to handle a burning battery or device. Report any such incident to us at Support@FasciaBlaster.com.**

### 16 HOW TO INSERT & REMOVE BATTERY:

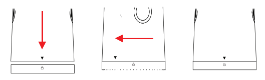
- Be sure to remove all wrapping from the battery and start with a fully charged battery (see Section 15).
- To separate the Pods and open the battery compartment:
- With one hand on the grip of the Core Pod and the other on the Halo Pod, twist the arrow on the Halo Pod towards the Unlock Symbol. Then, when the arrow is aligned with the Unlock Symbol, lift the Halo Pod off.



- Either remove the battery or insert the battery. The battery can go in either "up" or "down".



- To unite the Pods and close the battery compartment:
- With one hand on the grip of the Core Pod, use the other hand to place the Halo Pod on top of the Core Pod - aligning the Arrow of the Halo Pod with the Unlock Symbol on the Core Pod. Ensure that the two Pods are flat and level with each other, then twist the Halo Pod until the arrow aligns with the Lock Symbol on the Core Pod.



### 17. MODES, SESSION DURATION & AUTO-SHUTOFF

**17.1 Auto-Shutoffs & Device Wait Times**

**Reminder: There is a 3-second wait time that must be observed when switching between use of one Pod and the other - if any button is pressed during this time, the wait time will restart.**

| Mode/Pod | Auto-Shutoff Time | Device Wait Time Guidance |
|---|---|---|
| Hot Mode<br>Halo Pod | After 15 minutes of use, it will auto-shutoff. | No wait time needed before turning it back on after an auto-shutoff. |
| Cold Mode<br>Halo Pod | After 3 minutes of use, it will auto-shutoff. | After an auto-shutoff or after using the Cold Mode for a combined 3 minutes, a 15-minute wait time is needed before using the Cold Mode again. You can use the Hot Mode or any Core Pod mode at this time.<br>If you turn the Cold Mode on before allowing the full 15-minute wait time, the Cold Mode will still come on; however, it will not get as cold and may cause damage to the device. So please ensure you allow the device a 15-minute wait time after 3 minutes of use time. |
| VersoForce Mode<br>Core Pod | After 60 minutes of use, it will auto-shutoff. | For every 30 minutes of usage on the Core Pod, allow the Core Pod to cool down for at least 15 minutes. You can still use the Halo Pod at this time. |
| LED Mode<br>Core Pod | No auto-shutoff time. | Not Applicable |
| Disc Removal Mode<br>Core Pod | As this function only works when the button is held down, there is no auto-shutoff. | Not Applicable |
| Standby Mode<br>Core Pod | After 3 minutes of no activity, it will auto-shutoff. | No wait time needed before turning it back on after an auto-shutoff due to inactivity. |

**If you have light sensitivity or photosensitivity, do not use LED Mode. If you feel burning or pain during use of any mode, discontinue use immediately, seek proper care if needed, and report the event to us at Support@Fasciablaster.com**

**17.2 Total Session Duration:**

We recommend 20 minutes or less per session, combining modes as needed. Do less time if the tissue becomes swollen or irritated, or if you're sore the next few days. Do not use over bruised or swollen tissue. Do not use LED Mode for more than 20 minutes per day.
Read and follow all other instructions in this manual, including time limitations (Section 17.1 above), use area (Section 13.1), warnings (Section 1), and precautions (Section 2).

### 18. STORAGE, CLEANING & MAINTENANCE

- Remove the massage attachment discs before storing. Due to the delicate nature of the device, do not unscrew discs by hand - use the Disc Removal Mode (see Section 14.2 for Disc Removal instructions).
- Wipe the device and the Hot/Cold plate (only once it has returned to room temperature) with a Cleansing Cloth, then with a dry cloth. Wipe the discs with a Cleansing Cloth as well. Allow all parts to fully air dry before attaching, using, or storing. Never immerse parts in water or use solvents.
- Do not remove the silicone from the transparent discs
- Once clean, replace the cover of the Hot/Cold plate before storing the device.
- There are 4 small grooves where the cover fits on the Hot/Cold plate. Use the top groove to help align the cover with the device, then lightly press the center of the cover to snap into place.
- Clean the device, discs, and Hot/Cold plate promptly after every use.
- Store in a cool, dry place, away from direct sunlight, high humidity, liquids, and high temperatures.
- We recommend storing your NeXcia X and all attachments in the included NeXcia X Train Case to help protect the device, discs, and accessories between uses and while traveling.
- See other long-term/battery storage instructions in Section 15.

**Remember: this is a personal use device and not intended to be used by multiple users.**

### 19. HOW TO USE NEXCIA X

**19.1 Before You Begin**

1. Remove the wrapper and any protective stickers from the battery. Fully charge your NeXcia X battery with the charger and cable provided. You'll know it's fully charged when the light on the battery turns blue.
**Always use the original Type-C charger** as it was designed for a fast and effective charge. Using alternative chargers can damage the specialty battery or even cause fire.
2. **Clean your NeXcia X, device, and attachments.** (See Section 18)
3. **Inspect the device, accessories (including the Crown Cap), battery, and, attachments for defects before each use. Discontinue use immediately if any defects are found and contact us at Support@FasciaBlaster.com.**
4. **Secure hair with the provided Crown Cap before each use. Remove or secure clothing and any other items on or near your person, such as straps, glasses, or jewelry, to avoid tangling. If you have long hair, we suggest pulling it into a ponytail first, and then further securing your hair with the Crown Cap. If the Crown Cap is too big or too small to secure your hair, please contact Support@FasciaBlaster.com.**
**Always inspect all items including the Crown Cap before each use. Be sure to inspect around the seams of the as well for defects (included but not limited to fraying, holes, etc). If there are any defects, do not use. Hair or loose items can become entangled in the disc. Hair can be torn out or other injury or damage can occur. Never operate the device near loose hair or loose items.**
5. Perform a test patch on a small area of skin. **If any irritation, injury, or discomfort occurs at any time, discontinue use immediately, seek proper care, and contact us at Support@FasciaBlaster.Com. Remember that the NeXcia X is a personal use device intended to be used with light pressure that increases gradually. Initial usage should be light and gentle, increasing only as tolerated and to your comfort level.**
6. Ensure you have **read and understand all** usage guidelines, time limitations, warnings, precautions, instructions, and all other information in this manual **before proceeding with use.**
7. **Remember, if needed for an emergency stop, you can stop VersoForce Mode at any time by double-tapping the Core Power or LED button. Holding the Core Power button will also power off the device. Holding the LED button activates Disc Removal Mode, but this function is unavailable while VersoForce Mode is running and will not stop the device.**

**19.2 Recommended Face Care Instructions**

Step 1 - Prepare & Secure
**Follow all steps in Section 19.1, including securing all hair inside the Crown Cap and removing/securing clothing, jewelry, and other loose items to prevent hair or loose items from becoming entangled in the device.**
**If using the device on your head, make sure the Crown Cap is pulled totally tight with one hand while using the device with the other hand. Only use the Single Claw and/or Small Claw discs on the Crown Cap - the other discs will likely tangle or cause damage to the cap. (See Section 13.1 for more usage guidelines.)**
We recommend you use the device in front of the mirror for all steps.
Step 2 - Cleanse
Begin by gently cleansing the face and neck with a Cleansing Cloth, preparing the skin for the steps ahead.
Pro Tip: Use half of your Cleansing Cloth now, and save the other half for later in Step 9.
Step 3 - Collagen Elixir
Generously indulge the skin in the Collagen Elixir, allowing its rich formulation to envelop the face and neck. Do not rub oil into your hands, so they can stay dry to hold your NeXcia X.
Continue to apply the Collagen Elixir as needed throughout the steps to ensure you have plenty of lubrication until you reach Step 9.
Step 4 - Hot Plate We recommend you use for 1-5 minutes.
Using the Hot Mode on your Halo Pod, apply gentle heat. Remove the plastic cover by pressing the cover's bottom edge upward. If it doesn't lift easily, you can slide a nail under the bottom groove or wrap your hand around the cover and rock it gently upward and back until it releases. Press and hold the Hot/Cold button for 3 seconds to turn on the Halo Pod - it will start with the Hot Mode.
**Reminder: Continuously glide the device across the skin, moving to a new spot with each pass rather than holding, shaking, or rocking it back and forth over the same spot. Ease in and stop use immediately if uncomfortable.**
*Auto-Shutoff: Hot Mode has an automatic shutoff function after 15 minutes of use. If needed, you can turn the Hot Mode back on immediately with no wait time. (See Section 17.1)*
Turn the Halo Pod off when this step is complete by holding the Halo's Hot/Cold button down for 3 seconds. Then wait 3 seconds before starting your next step or touching any buttons on the device.
*Usage Note: You can only use one Pod at a time, and there is a 3-second wait time (where you must not press any buttons) before you can use the other Pod. Once you turn off one Pod, do not press any buttons during this time or the 3-second timer will restart. Ensure that both Pods are off, wait 3 seconds - then proceed to turn the Pod you're ready to use on.*
Step 5 - Transparent Lymphatic Disc We recommend you use for 1-5 minutes.
Attach the Transparent Lymphatic Disc (see Section 14.1 for disc attachment instructions and see table 13.1 for area usage guidelines), then turn the Core Pod on by pressing and holding the Core Pod button for 3 seconds. We suggest you use the LED Mode during this step. With the Core Pod powered on, tap the LED button to turn LEDs on. Tap the LED button again to turn LEDs off when complete.
***If loose skin begins to spin with the NeXcia during this or any step, apply more oil and brace the skin. Discontinue use immediately if uncomfortable.***
**Remember, if needed for an emergency stop, you can stop VersoForce Mode at any time by double-tapping the Core Power or LED button. Holding the Core Power button will also power off the device. Holding the LED button activates Disc Removal Mode, but this function is unavailable while VersoForce Mode is running and will not stop the device.**
Step 6 - Small Claw or Single Claw Disc We recommend you use for 1-5 minutes.
For a FasciaBlaster-like massage - swap out the Transparent Lymphatic Disc for the Small Claw Disc or the Single Claw Disc (do not remove discs by hand; see Section 14.3 for disc swap instructions and see table 13.1 for area usage guidelines).
Step 7 - Spike Disc We recommend you use for 1-5 minutes.
Change to the Spike Disc to help invite a temporary increase of blood flow to the surface of the area (see Section 14.3 for disc swap instructions and see Table 13.1 for area usage guidelines).
Step 8 - Transparent Nugget Disc We recommend you use for 1-5 minutes.
Swap to the Transparent Nugget Disc (see Section 14.3 for disc swap instructions and see Table 13.1 for area usage guidelines) to deliver a deeper massage. We recommend using the LED Mode during this step. Turn off your Core Pod when complete by holding the Core Button down for 3 seconds.
Step 9 - Refine (Optional)
Should the Collagen Elixir not be fully absorbed, you can gently remove the excess with a Cleansing Cloth.
Step 10 - Peptide Potion
Apply the Peptide Potion, allowing its potent formulation to fully absorb.
Pro Tip: If you have other topicals or cosmetics you like to use, this is the time when you'll get maximum absorption and intake due to the temporary increase of blood flow at the surface.
Step 11 - Arctic Alchemy (Optional)
**Use extreme caution when applying the Arctic Alchemy because it has vapors. Apply no higher than the cheekbone, and use sparingly - a little goes a long way, so you don't need much.**
Step 12 - Cold Plate We recommend you use for 1-3 minutes.
Conclude with the Cold Mode (see table 13.1 for area usage guidelines) on the Halo Pod for a crisp, refreshing finish. Press and hold the Hot/Cold button for 3 seconds to turn the Halo Pod on. It will start with the Hot Mode; tap the Hot/Cold button once to change it to Cold Mode.
*Auto-Shutoff:* Cold Mode has an automatic shutoff function after 3 minutes and needs 15 minutes of wait time to be able to use the cold function again. Restarting Cold Mode early won't cool as effectively and may damage the device. For every 3 minutes of use time, the Cold Mode needs a 15-minute break time. (See Section 17.1)
Turn the Halo Pod off when complete by holding the Hot/Cold button down for 3 seconds.
Step 13 - Once complete, follow Storage, Cleaning & Maintenance instructions from Section 18.

**19.3 Quick Start Instructions:**

For more detailed guidance, we also recommend reading Section 19.2 before a Quick Start session.
1. Prep & Secure - **Follow all steps in Section 19.1, including securing all hair inside the Crown Cap and removing/securing clothing, jewelry, and other loose items to prevent hair or loose items from becoming entangled in the device.**
**Usage Note: If using the device on your head, make sure the Crown Cap is pulled totally tight with one hand while using the device with the other hand. Only use the Single Claw and/or Small Claw discs on the Crown Cap - the other discs will likely tangle or cause damage to the cap. (See Section 13.1 for more usage guidelines)**
We recommend you use the device in front of the mirror for all steps.
2. Apply Oil - Apply oil generously to the area(s) you're focusing on (we recommend the Collagen Elixir for areas neck-up and the NeXcia Oil on areas below the neck). Do not rub oil into your hands, so they can stay dry to hold your NeXcia X. Re-apply oil as needed throughout the steps.
3. Hot Mode - Remove the plastic cover by pressing the cover's bottom edge upward. If it doesn't lift easily, you can slide a nail under the bottom groove or wrap your hand around the cover and rock it gently upward and back until it releases.
Turn on the Halo Pod and use Hot Mode for 1-5 minutes (see Section 12.1.2 for button operation, Section 13.1 for disc/area guide, and Section 17 for auto shut-off/session limits). **Glide continuously - do not hold the device in one spot.** Turn off when done and wait 3 seconds.
4. Core Pod Discs - Attach your desired disc (see Section 13 for disc/area guide, Section 14.1 for attachment) and use for 1-5 minutes at your desired speed. Swap discs as needed (see Section 13 for more disc, area, and session duration guidance and see Section 14.3 for Disc Swap instructions - do not remove discs by hand), turn Core Pod off when done, and wait 3 seconds.
**If loose skin begins to spin with the NeXcia during this or any step, apply more oil and brace the skin. Discontinue use immediately if uncomfortable.**
**Remember, if needed for an emergency stop, you can stop VersoForce Mode at any time by double-tapping the Core Power or LED button. Holding the Core Power button will also power off the device. Holding the LED button activates Disc Removal Mode, but this function is unavailable while VersoForce Mode is running and will not stop the device.**
5. Cold Mode - Finish with Cold Mode on the Halo Pod for 1-3 minutes (see Section 12.1.2 for button operation and Section 17.1 for auto shut-off/session limits). Turn off Halo Pod when done.
6. Clean & Store - Follow instructions in Section 18.

For more tips, please see our video and blog library.

### 20. TROUBLESHOOTING

| Issue | Solution |
|---|---|
| Device won't turn on | You can only use one Pod at a time, and there is a 3-second wait time before you can use the other Pod. Once you turn off one Pod, do not press any buttons during this time or the 3-second timer will restart. Ensure that both Pods are off, wait 3 seconds - then proceed to turn the Pod you're ready to use on.<br>If the device still won't turn on, ensure all stickers and wrapping have been removed from the battery and battery compartment. Check battery charge and recharge using the original cable and adapter until the LED on the battery turns blue. |
| LED lights not working | Ensure the Core Pod is powered on in Standby Mode and that you are tapping the LED button (not the power button). LEDs show only with the Transparent Discs or no disc. |
| Device vibrates, but disc doesn't spin | Power off. Remove and reattach the disc securely (see Section 14). Power the Core Pod on and restart with VersoForce Mode, speed 1. |
| Low battery warning (beeping / red flash) | Charge the device. Recharge the battery using the original cable and adapter until the LED on the battery turns blue. Continue only after a full charge. |
| Disc feels rough or painful | Inspect disc for any defect before each use. If no defect is found, apply more oil and try again. You should never feel scraping, pulling, or dragging. If a defect is found or discomfort continues, do not use and contact us at Support@FasciaBlaster.com. |
| Cold Plate isn't getting cold | See Auto-Shutoff and Wait Times in Section 17 |
| Device turned off during use | See Auto-Shutoff and Wait Times in Section 17 |
| Battery Indicator light won't work | The battery indicator light only works when the device is off. Ensure both Pods are off, wait 3 seconds before pressing any buttons, then tap the battery indicator light. |

For further assistance, please contact us at Support@FasciaBlaster.com

### 21.

| Nexcia X Specifications | |
|---|---|
| Motor torque | 23Kg*cm |
| Each VersoMode's average RPM | 1st 135 rpm, 2nd 180 rpm, 3rd 230 rpm |
| Rated voltage | 7.4V |
| Rated power | 24W |
| Battery pack rated voltage | 7.4V |
| Battery pack capacity | 3100mAh, 22.94WH |
| Battery cell type | Li-ion, rechargeable |
| LED quantity and wavelength | 12pcs, 940 nm 4pcs, 630 nm |
| Charge time from empty to full | Charging time ~3.5 hours |
| What temperature does the Hot Mode range when used under typical room-temperature conditions | Around 39-45°C (102.2-113°F) |
| What temperature does the Cold Mode range when used under typical room-temperature conditions | Around 9-15°C (48.2-59°F) |
| Hot/Cold function rated power | Both are 18W |
| Which direction does it spin? | See Section 11.2 |

**Please visit our website for the online manual.**
**Made In China**

**Manufacturer Info:**
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3440 S. Sam Houston Parkway, Suite 100 Houston, TX 77047

**Additional Country Specific Information:**
**TGA Representative (Australia)**
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4 Warrah Street, Chatswood NSW 2067 Australia
V4 NEXCIA-X

76.2mm 76.2mm 76.2mm 76.2mm 76.2mm 75.2mm

152.4mm