

Virtusan Ring 360 User Manual

1. Product Overview

The **Virtusan Ring 360** is a Swiss-designed smart wellness ring engineered to provide continuous health monitoring and long-term lifestyle insights. Equipped with advanced biosensors and paired with the Virtusan App, the Ring 360 helps users understand their body, improve daily habits, and track meaningful changes in health over time.

2. Key Features & Health Metrics

Comprehensive Biometric Tracking

The Virtusan Ring 360 measures a wide range of physiological indicators, including:

- Heart Rate
- Heart Rate Variability (HRV)
- Estimated Blood Pressure
- Stress Level
- Sleep Stages (Deep, Light, REM)
- Activity & Steps
- Blood Oxygen Saturation (SpO₂)
- BioAge™ score (biological age assessment)

All metrics sync seamlessly with the **Virtusan App** for interpretation and personalized recommendations.

3. Design & Build Quality

Premium Materials

- Made from **stainless steel** for durability and comfort
- Scratch-resistant exterior coating
- **IP68 water and dust resistance**
- Suitable for daily wear, including hand washing and light exposure to water

4. Battery Life & Charging

Long-Lasting Performance

- Up to **7 days of battery life** on a single charge

Magnetic Charging

- Equipped with a **magnetic charging cable** for easy and secure charging

5. Compatibility & App Features

Compatible with:

- iOS
- Android

App capabilities include:

- Sleep, stress, and activity insights
- BioAge™ tracking with trend analysis
- Personalized health recommendations
- Abnormal reading alerts
- Science-based programs to improve overall well-being

6. What's in the Box

- **Virtusan Ring 360**
- **Magnetic Charging Cable**
- **Virtusan Premium Subscription (18 months)**
- **Early-Bird Reward Package** (for qualifying customers)

*Note: A physical user manual is **not included**; all setup and usage instructions are provided in the Virtusan App.*

7. Warranty & Support

- 1-year limited warranty covering manufacturing defects
- Does not cover accidental damage, misuse, or normal wear
- For assistance, contact Virtusan customer support through the App or official website

8. Suitable For

Ideal for users seeking to:

- Improve sleep quality
- Manage stress
- Monitor daily activity
- Understand long-term health trends
- Track BioAge and optimize lifestyle

Designed for comfortable **24/7 wear**—daytime, exercise, and sleep.

9. Setup Guide

1. Download the **Virtusan App** (iOS/Android)
2. Create or log in to your account
3. Enable Bluetooth on your phone

4. Select "Add Device" in the App
5. Hold the Ring 360 near your phone to pair
6. Follow the App instructions to complete setup

10. Safety Notes

- The Ring 360 is **not a medical device**, nor intended for diagnosis or treatment
- If you notice unusual health symptoms, consult a medical professional
- Avoid exposure to extreme temperatures or strong electromagnetic environments
- Do not wear the ring during charging

11. FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.