

Dr H - GLASSES USERGUIDE- 繁 CHI

Final artwork prepared by Alan Chan Design Co 2025-05

Size : 162 X 84 mm

Material : 120gsm wood paper

Colour : 1c x 1c



DR H 商品三包憑證

使用者資訊

姓 名

聯絡電話

電子郵件

通訊地址

郵遞區號

商品資訊

商品名稱

商品型號

商品S/N碼

附註：如遇售後問題，您可透過購買的管道或
DR H官網 <https://www.doctorhhh.com/> 與我們聯絡

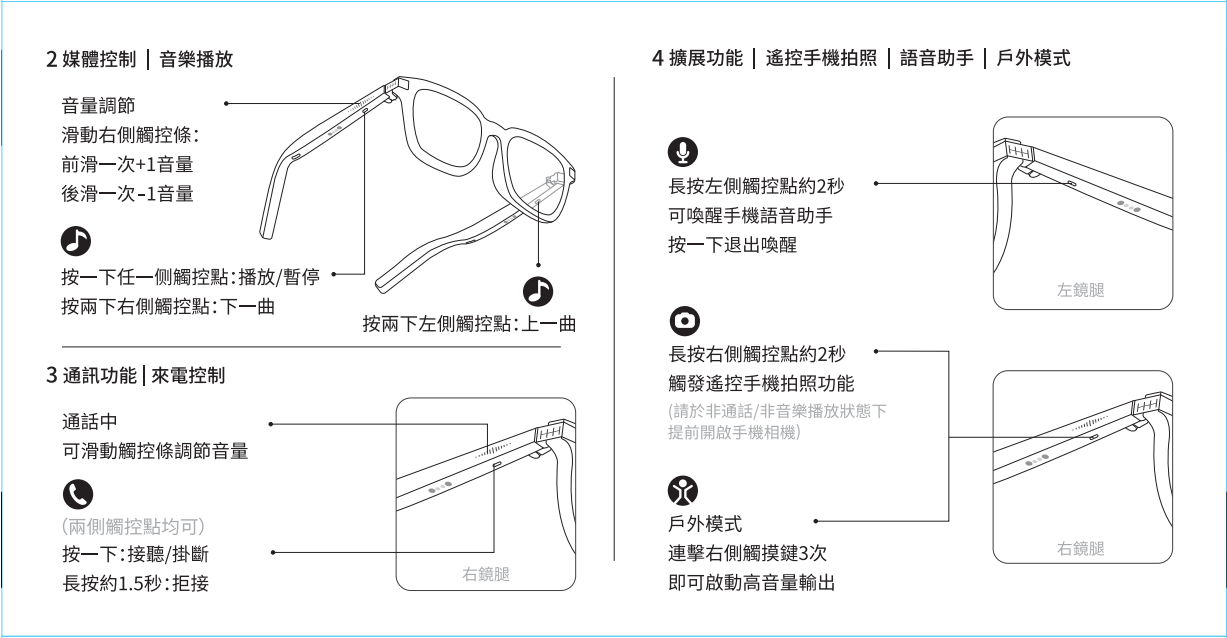
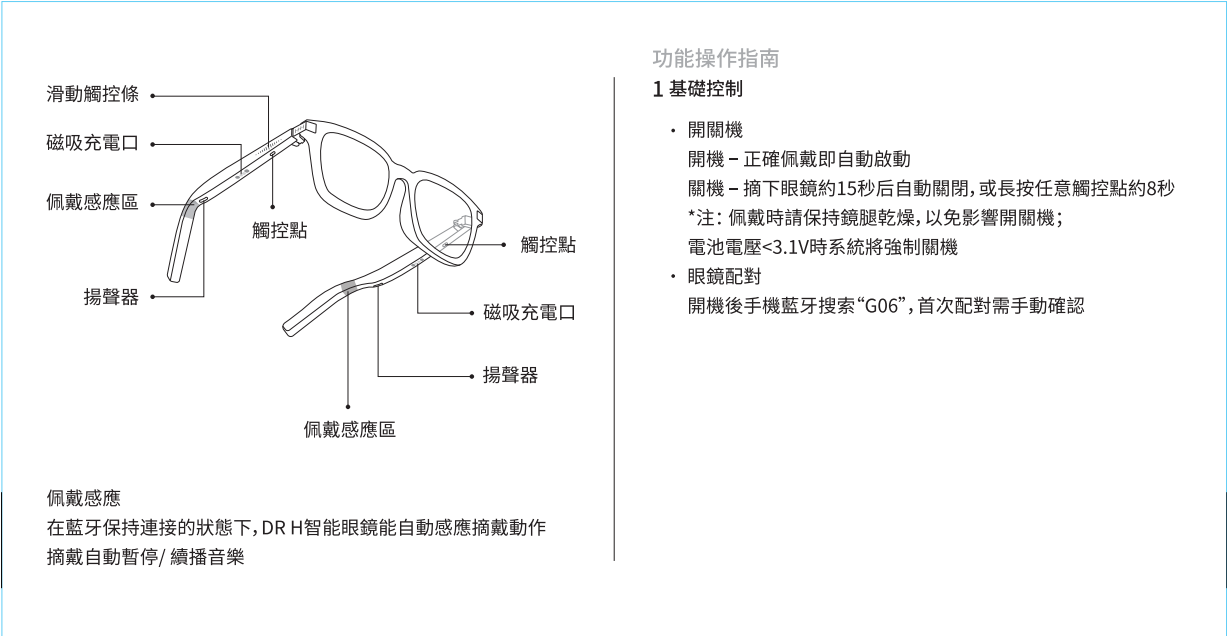
* 尊敬的用戶，感謝您選用DR H產品。本產品說明書及快速操作指南可能
因技術升級、法規變更等原因即時更新，為確保資訊準確，請以DR H官網
發布的最新版本為準

產品概述

DR H智能眼鏡是一款整合音訊播放、通話控制、語音助手及遙控功能的智能穿戴設備，
採用輕量化設計，支援藍牙連接與觸控操作

快速入門

首次使用：請撕除保護膜后連接DR H品牌原裝磁吸充電線，完成充電即激活
開機：配戴DR H智能眼鏡(鏡腿接觸耳後自動啟動)
配對：手機藍牙搜索“G06”連接



充電指南

請將DR H原裝磁吸充電線的充電頭對齊雙側鏡腿上的磁吸
充電口，充電時設備將自動開機

- 充電狀態：橙色燈常亮
- 充滿提示：綠燈亮起約1分鐘後熄滅

技術參數

- 型號：DR H-G06
- 藍牙版本：5.3
- 有效傳輸距離：≤17公尺(無障礙開放環境)
- 充電方式：磁吸式充電
- 充電輸入電壓：DC5±0.25V
- 電池規格：3.8V/100mAh
- 工作電壓：3.3V~4.2V
- 充電時長：≤120分鐘
- 待機時間：約240小時
- 連續播放音樂時間：約6小時(80%音量，藍牙連接狀態)
- 防水等級：IP54
- 主機重量：35.6g

保修說明

1 本產品在正常使用時，如果出現產品質量問題，自購買之日起，
一年內免費保修；若您在購買產品時，當地現行法律法規所規定
的保修期限長於一年，那麼本產品的保修期將自動順延至法定
時長，以確保契合當地法律規範要求

2 因消費者個人原因導致的故障，不在免費保修範圍內，包括但
不限於：

- 在使用過程中因劇烈撞擊或摔落導致的故障
- 非正常使用或擅自改裝導致的損壞
- 人為損壞或因第三方過失、誤用導致的問題，如主機入水、外力
震裂、外部件的刮痕損壞等

安全須知

- 請勿在高溫、高濕、易燃或強電磁環境下使用本產品
- 充電時請使用DR H品牌原裝磁吸充電線
- 請勿浸泡、沖洗、淋浴或接觸高壓水
- 駕駛/運動時使用請注意環境安全
- 若使用過程中出現皮膚過敏或不適，請立即停止使用並諮詢
醫生

Dr H - GLASSES USERGUIDE- 简 CN

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DR H

DR H 智能眼镜说明书

DR H 商品三包凭证

用户信息

姓 名

联络电话

电子邮件

通讯地址

邮政编码

商品信息

商品名称

商品型号

商品S/N码

附注：如遇售后问题，您可透过购买的渠道或
DR H官网 <https://www.doctorhhh.com/> 与我们联系

* 尊敬的用户，感谢您选用DR H产品。本产品说明书及快速操作指南可能
因技术升级、法规变更等原因实时更新，为确保信息准确，请以DR H官网
发布的最新版本为准

产品概述

DR H智能眼镜是一款集成音频播放、通话控制、语音助手及遥控功能的智能穿戴设备，
采用轻量化设计，支持蓝牙连接与触控操作

快速入门

首次使用：请撕除保护膜后连接DR H品牌原装磁吸充电线，完成充电即激活
开机：佩戴DR H智能眼镜(镜腿接触耳后自动启动)
配对：手机蓝牙搜索"G06"连接

滑动触控条

磁吸充电口

佩戴感应区

扬声器

触控点

触控点

磁吸充电口

扬声器

佩戴感应区

佩戴感应

在蓝牙保持连接的状态下，DR H智能眼镜能自动感应摘戴动作
摘戴自动暂停/续播音乐

功能操作指南

1 基础控制

· 开关机
开机：正确佩戴即自动启动
关机：摘下眼镜约15秒后自动关闭，或长按任意触控点约8秒
*注：佩戴时请保持镜腿干燥，以免影响开机；
电池电压<3.1V时系统将强制关机

· 眼镜配对
开机后手机蓝牙搜索"G06"，首次配对需手动确认

2 媒体控制 | 音乐播放

音量调节
滑动右侧触控条
前滑一次+1音量
后滑一次-1音量

单击任一触控点：播放/暂停
双击右侧触控点：下一曲
双击左侧触控点：上一曲

3 通讯功能 | 来电控制

通话中
可滑动触控条调节音量

(两侧触控点均可)
单击：接听/挂断
长按约1.5秒：拒接

4 扩展功能 | 遥控手机拍照 | 语音助手 | 户外模式

长按左侧触控点约2秒
可唤醒手机语音助手
单击退出唤醒

左镜腿

长按右侧触控点约2秒
触发遥控手机拍照功能
(请于非通话/非音乐播放状态下
提前开启手机相机)

右镜腿

户外模式
连击右侧触控点3次
即可启动高音量输出

充电指南

请将DR H原装磁吸充电线的充电头对齐双侧镜腿上的磁吸
充电口，充电时设备将自动关机

· 充电状态：橙色灯常亮

· 充满提示：绿灯亮起约1分钟后熄灭

技术参数

· 型号：DR H-G06

· 蓝牙版本：5.3

· 有效传输距离：≤17米 (无障碍开放环境)

· 充电方式：磁吸式充电

· 充电输入电压：DC5±0.25V

· 电池规格：3.8V/100mAh

· 工作电压：3.3V~4.2V

· 充电时长：≤120分钟

· 待机时间：约240小时

· 连续播放音乐时间：约6小时 (80%音量，蓝牙连接状态)

· 防水等级：IP54

· 主机重量：35.6g

保修说明

1 本产品在正常使用时，如果出现产品质量问题，自购买之日起，
一年内免费保修；若您在购买产品时，当地现行法律法规所规定的
保修期限长于一年，那么本产品的保修期将自动顺延至法定
时长，以确保契合当地法律规范要求

2 因消费者个人原因导致的故障，不在免费保修范围内，包括但不
限于：
· 在使用过程中因剧烈撞击或摔落导致的故障
· 非正常使用或擅自改装导致的损坏
· 人为损坏或因第三方过失、误用导致的问题，如主机入水、
外力震裂、外部件的刮痕损坏等

安全须知

· 请勿在高温、高湿、易燃或强电磁环境下使用本产品

· 充电时请使用DR H品牌原装磁吸充电线

· 请勿浸泡、冲洗、淋浴或接触高压水

· 驾驶/运动时使用请注意环境安全

· 若使用过程中出现皮肤过敏或不适，请立即停止使用并咨询
医生

Dr H - GLASSES USERGUIDE- 英 ENG

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SMART GLASSES USER MANUAL

DR H H

WARRANTY

1 For any product quality issues that arise during normal usage, the product is covered by a one-year warranty from the date of purchase at no additional cost. If local laws in effect at the time of purchase stipulate a warranty period longer than one year, this warranty will automatically be extended to comply with those legal requirements

2 Faults caused by personal reasons of the user are not covered by the warranty,including but not limited to:

- Faults caused by severe impact or dropping during use
- Damage caused by abnormal use or unauthorized modifications
- Issues caused by human damage or third-party negligence/misuse, such as water ingress into the main unit, damage caused by external impact fractures or scratches on external parts

Federal Communications Commission (FCC) Statement.This device complies with part 15 of the FCC Rules. Operation is subject to the following twoconditions:
(1)This device may not cause harmful interference, and
(2)this device must acceptany interference received, including interference that may cause undesired operation.Note: This equipment has been tested and found to comply with the limits for a Class B digitaldevice,pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonableprotection against harmful interference in a residential installation. This equipment generates,uses and can radiate radio frequency energy and, if not installed and used in accordance with theinstructions, may cause harmful interference to radio communications. However, there is noguarantee that interference will not occur in a particular installation. If this equipment doescause harmful interference to radio or television reception, which can be determined by turningthe equipment off and on, the user is encouraged to try to correct the interference by one ormore of the following measures:
•Reorient or relocate the receiving antenna.
•Increase the separation between the equipment and receiver.
•Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
•Consult the dealer or an experienced radio/TV technician for help.
Warning: Changes or modifications made to this device not expressly approved by may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused byunauthorized modifications to this equipment. Such modifications could void the user's authorityto operate the equipment.
RFExposurestatement:
This device complies with FCC RF radiation exposure limits set forth for anuncontrolled environment.The device is installed and operated without restriction.

If you experience any after-sales issues, please reach out to us through the purchase channel or the official DR H website (www.doctorhhh.com)

* Thank you for choosing DR HHH products (hereinafter referred to as DR H). This product manual and operation guide may be updated in real-time due to technical upgrades, regulatory changes, and other reasons. Please refer to the latest version published on DR H's official website to ensure accurate information

PRODUCT OVERVIEW

DR H smart glasses are a wearable smart device that integrates audio playback, call control, voice assistant, and remote control functions. They feature a lightweight design and support Bluetooth connection and touch operation

QUICK START

First use: Please remove the protective film, then connect the original DR H magnetic charging cable to charge and activate the device

Power on: Wear the DR H smart glasses (the glasses will automatically start when the temple arms touch the area behind the ears)

Pairing : Search for "G06" on your phone's Bluetooth settings and connect

Touch Slider

Magnetic Charging Contacts

Wearing Detection Area

Open Wearable Stereo

Touch Key

Touch Key

Wearing Detection Area

Magnetic Charging Contacts

Open Wearable Stereo

Wearing detection

During Bluetooth connection, DR H smart glasses can automatically detect the action of putting on and taking off

Automatic pause/resume music when putting on/taking off

FUNCTION OPERATION INSTRUCTIONS

1Basic Control

- Power On/Off
On : The product automatically starts when worn correctly
Off : The glasses automatically shut down approximately 15 seconds after being removed. You can also press and hold either touch key for about 8 seconds to turn them off
Note : Please keep the temple arms dry while wearing to avoid affecting the power on/off function; the system willforce a shutdown when the battery voltage is below 3.1V
- Glasses Pairing
After powering on, search for "G06" on the phone's Bluetooth settings. Manual confirmation is required for the first pairing

2Media Control | Music Playback

Touch slider:
+1 volume per forward swipe,
-1 per backward swipe

Single tap (touch key on either side): Play/Pause

Double tap right key: Next track

Double tap left key: Previous track

3Communication Functions | Call Control

During a call, you can adjust the volume using the slider on the right

(Touch keys are available on either side)

Single tap: Answer/Hang up

Long press for about 1.5 seconds: Reject call

Right temple arm

4Extended Functions | Remote Control Photography Voice Assistant | Outdoor Mode

Long press the left touch key for about 2 seconds to activate the phone's voice assistant, and single tap to exit activation

Long press the right touch key for about 2 seconds to turn on the function (please turn on the phone camera in advance, and ensure it is not in a call/music playback state)

Outdoor mode
Tap the right touch key 3 times to activate high volume output

Left temple arm

Right temple arm

CHARGING INSTRUCTIONS

Align the charging heads of the original DR H magnetic charging cable with the magnetic charging contacts on the temple arms of the glasses. The device will automatically shut down during charging

- Charging status: orange light stays on
- Charging complete: Green light stays on for approximately 1 minute, then turns off

SAFETY INSTRUCTIONS

- Do not use this product in high temperature, high humidity, flammable, or strong electromagnetic environments.
- When charging, please use the original DR H brand magnetic charging cable
- Do not soak, rinse, shower, or expose the product to high-pressure water
- Pay attention to environmental safety when driving/exercising
- If skin allergies or discomfort occur during use, stop using immediately and consult a doctor

TECHNICAL PARAMETERS

- Model : DR H-G06
- Bluetooth version : 5.3
- Effective transmission distance : ≤17 meters (unobstructed, open environment)
- Charging method : Magnetic charging
- Charging input voltage : DC5±0.25V
- Battery specification : 3.8V/100mAh
- Operating voltage : 3.3V~4.2V
- Charging time : ≤120 minutes
- Standby time : approx. 240 hours
- Continuous music playback time : approx. 6 hours (80% volume, with Bluetooth connection)
- Waterproof rating : IP54
- Main unit weight : 35.6g