正面

510 mm

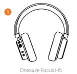
255 mm

onesuze FOCUS H5
诵读学习耳机

使用指南

onesuze

包装清单

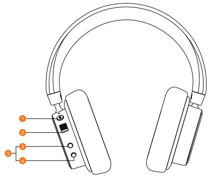

① Onesuze Focus H5
诵读学习耳机

② USB-C
充电线

③ 麦克风杆

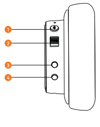
④ 产品使用说明书
及保修卡

产品介绍



- ① 多功能键/蓝牙按键
- ② 拨动开关
- ③ 音量加键
- ④ 音量减键
- ⑤ 组合键

按键使用方法



① 多功能键/蓝牙按键：

功能一：进入配对
主动断开手机蓝牙，耳机进入配对；
开机进入配对状态，有提示音“Pairing”；
开机状态已连接/未连接情况下，长按“多功能键”3秒进入配对状态。（已连接情况下耳机会与已连接的设备断开连接）

功能二：接听/挂断/拒接电话
接听电话：来电时，单击“多功能键”可接听电话；
挂断电话：通话中，单击“多功能键”可挂断电话；
拒接电话：来电时，长按“多功能键”1 秒听见提示音后可拒接来电。

② 拨动开关：

将拨动开关拨到“ON”位置，开机。
将拨动开关拨到“OFF”位置，关机。

③ 音量加键：

音量增加：播放音乐或通话时，单击“音量加键”可增加音量。
上一曲：在播放音乐状态下，长按音量“+”按键。

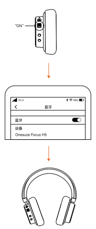
④ 音量减键：

音量减小：播放音乐或通话时，单击“音量减键”可减小音量。
下一曲：在播放音乐状态下，长按音量“-”按键。

蓝牙按键

功能	使用场景	操作
默认	背诵模式/网课模式/音乐模式	单击
背书模式	接听 / 挂断电话	单击
	拒接电话	长按2s
三方通话	接听新来电并挂断当前通话	单击
	接听新来电并保持当前通话	双击
	拒接新来电并保持当前通话	长按2s
	切换当前三方通话	双击
语音唤醒	唤醒手机语音助手（需手机支持）	三击

蓝牙配对与设备连接 操作说明



步骤一
开机配对

配对方法：关机状态，将拨动开关拨到“ON”位置，红灯常亮2秒后开机。

步骤二
蓝牙连接

连接方法：打开手机蓝牙并点击搜索，当出现“Onesuze Focus H5”时点击配对连接。

连接成功状态：连接成功后蓝灯慢闪，手机上显示“Onesuze Focus H5”已连接，此时可通过耳机听音乐或接听电话。

步骤三
按键使用

可通过蓝牙耳机上的多功能键、音量加键、音量减键、控制电话的接听 / 挂断和音乐的播放/暂停、上下曲、音量加减等功能。

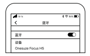
步骤四
清除配对

清除方法：同时长按“音量加键”和“音量减键”5秒，即可清除配对。

蓝牙功能 使用方法

开机状态下长按“蓝牙按键”3 秒，蓝灯闪烁并进入可配对状态；
打开手机并开启蓝牙，搜索“Onesuze Focus H5”蓝牙设备，搜索出“Onesuze Focus H5”点击“Onesuze Focus H5；
打开手机自带音乐播放器，按耳机上的蓝牙按键 、音量加键、音量减键，可控制手机音乐播放器暂停/播放、和音量大小（如手机采用下载安装的音乐播放器，则部分播放器不支持耳机控制手机播放器暂停/播放、加减音功能）；
手机有来电时单击“蓝牙按键”接听电话， 亦可长按 1 秒“蓝牙按键”拒接电话，通话中可单击“蓝牙按键”挂断电话。

① 按住“蓝牙按键”3秒
蓝灯闪烁

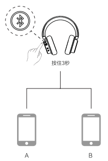


② 手机配对

③ 单击“+”或“-”控制音量

④ 单击“蓝牙按键”接听 / 拒接 / 挂断来电

一配二功能 操作说明



步骤一
设备准备

与 Onesuze Focus H5 连接的手机分为 A 号机与 B 号机两台。

步骤二
连接A号机

先将耳机开机后，长按“蓝牙按键”3 秒进入配对状态；
将手机的蓝牙功能打开搜索“Onesuze Focus H5”并点击连接，
连接成功后关掉 A 号机的蓝牙功能，Onesuze Focus H5 断开连接后自动进入配对模式。

步骤三
连接B号机

用 B 号机与 Onesuze Focus H5 连接，连接成功后，再打开 A 号机的蓝牙功能与 Onesuze Focus H5 进行连接。（因连接手机型号差异，部分手机可能会有自动回连功能）

*注意
已经连接成功的 A 号机与 B 号机同一时间只能有一台机可以播放音乐，耳机将优先播放先启动的设备音频；若需切换另一台设备播放，需先暂停或关闭当前设备的音乐播放。

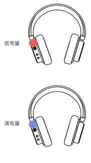
充电说明

充电方法

将充电线USB线一端连接电源，一端直接插入耳机USB - C口。

充电提醒指示

低电量提醒：红灯闪烁，请立即充电，充满大约需要2小时。
充满提醒：当红灯熄灭，蓝灯常亮时，表示电池电量已充满。



*注意
当耳机不使用时，请每2个月最少充电一次

指示灯 状态说明

蓝灯每6秒闪烁1次	待机状态/使用状态
红灯常亮2秒	开机状态
红灯常亮2秒	关机状态
红灯常亮	充电中
蓝灯快闪	配对状态
红灯每6秒闪一次	低电量报警
蓝灯常亮	充满电

TTS语音 提示说明

开机 Power On	关机 Power Off
连接成功 Connected	断开连接 Disconnected
配对模式 Pairing	背诵/网课/音乐模式 Recite Mode / Focus Mode / Music Mode
电池电量高于80% Battery level high	电池电量低于20% Battery level low

产品规格

*电池续航能力取决于设备设置、环境、使用情况及诸多其他因素，请以实际使用情况为准。

产品名称：Onesuze Focus H5 诵读学习耳机	产品型号：Focus H5
耳机净重：约198g	耳机尺寸：175.3*164.7*90mm
额定输入：5v⎓400mA	充电时间：约2小时
蓝牙版本：6.0	电池类型：3.7V, 600mAh 锂离子聚合物电池
频率范围：2.400-2.4835GHz	使用范围：高达10米范围
支持CODEC：AAC SBC	续航时间：约65小时
支持协议：HFP A2DP AVRCP	环境温度：-10—55℃

重要注意事项

○请不要把耳机和充电线放在潮湿、灰尘多、油烟、热度高的地方。
○确保耳机和充电线不会被水，雨，雪，液体等浸湿。
○请勿在火中、火旁及炎热暴晒下的车内等高温场所使用、保管、储藏本产品。
○请避免在极其干燥的环境中使用本产品，以免静电聚集导致耳机微弱静电放电。
○请不要拆开和改造本产品，可能会导致故障或触电，请勿使用损坏的耳机和充电线。
○由于无线电波可能会对心脏起搏器产生影响，请远离心脏起搏器安装部位 22 厘米以上使用本产品。
○对于体内植入的医疗器械有无影响请咨询医生。
○请勿在飞机舱内、医疗器械附近使用，可能会干扰设备引发误操作风险。

○充电完成后，请及时拔下充电线。
○请不要长时间接触充电中的本产品，以免皮肤接触导致低温烫伤。
○本耳机的麦克风孔，充电触点上附着水和汗水等，会导致故障，请擦拭或甩掉水分。
○如果使用本产品导致感觉不适时，以及发生异常或故障时请立即停止使用。
○请定期擦拭清洁本产品，如果清洁不当，可能会对皮肤产生刺激。
○在蓝牙通信过程中发生信息泄露，我们不承担任何责任，敬请谅解。
○即使在蓝牙可连接范围内，连接也可能因外部无线电波环境、连接环境等原因而中断。
○据连接设备和应用程序的不同，操作可能会有所不同，并不是保证所有联动操作都起作用。
○本机可对应通常的电话，不一定对应所有智能手机或电脑上的通话应用软件。
○本机如果在用力或施加重量的情况下长时间放置，可能会造成变形。
○请避免对本产品的激烈撞击和摔落。

产品限用物质含有情况标示

单元	限用物质及其化学符号 铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr,VI)	多溴联苯 (PBB)	多溴二苯醚 (PBDE)
主机	×	○	○	○	○	○

○ 表示该有害物质在该部件所有均质材料中的含量均在 GB/T 26572-2011规定的限量要求下。

× 表示该有害物质至少在该部件的某一均质材料中的含量超出 GB/T 26572-2011规定的限量要求。

根据中国电子行业标准SJ/T 11364-2014和相关的中国政府法规，本产品及其某些内部或外部组件上可能带有环保使用期限标识。取决于组件和组件制造商，产品及其组件上的使用期限标识可能有所不同。组件上的使用期限标识优先于产品上任何与之相冲突的或不同的环保使用期限标识。

产品售后服务

望舒泽遵守中国的三包法律法规，依据保修卡上的有关条款，给予消费者产品保修服务。请您妥善保管购货发票、保修卡、产品外包装，在申请维修时请出示。

保修政策
本产品从消费者购买之日算起(以消费者有效购买凭证为准)为您提供保修服务。在保修期间内的产品，出现故障诊断需要返厂维修的情形，经由我司售后服务中心检测确定后，可以免费获得如下保修服务。
注意：保修不提供上门维修服务，且除耳机外，其他配件属于消耗品，不在保修范围内，无质保。
保修时间
所有产品享有自购买之日起一年的保修服务
保修条款注意事项
出现以下情况，保修条款失效，消费者将无法享用我司提供的保修服务：
消费者未按说明书要求，错误安装、保管及使用而造成的产品故障或损坏；
客户申请退换货、送修途中由于运输、装卸所导致的损坏；
外部因素或人为因素导致的产品损坏(如输入不合适电压、高温、机械破坏，摔坏以及处于不正确的环境)；
自行或非我司授权的机构人员拆卸而造成的产品故障或损坏；
正常使用引起的产品老化、磨损，但不影响产品的正常使用；
产品购买凭证或保修卡丢失、有涂改或人为造成的内容模糊无法辨认；
超过保修期不提供免费保修服务，但保修期满后，消费者仍可享受我司提供的有偿维修服务；
本保修政策的最终解释权、修改权归广州望舒泽智能科技有限公司所有。

产品保修凭证

用户信息

*客户姓名：________________ *联系电话：________________
*客户地址：________________ 电子邮件：________________

产品及购买信息

*产品名称：________________ *产品型号：________________
*产品序列号：________________ 发票号码：________________
*购机日期：________________
注意：以上填写内容，带*为必填项

维修记录

第一次维修：________________ 第二次维修：________________
送检日期：________________ 送检日期：________________
故障描述：________________ 故障描述：________________
使用备件：________________ 使用备件：________________
交验日期：________________ 交验日期：________________
维修中心/维修人员签字：________________ 维修中心/维修人员签字：________________

特别声明：本凭证为望舒泽产品售后服务的重要依据，请妥善保管。

售后服务支持

微信客服

扫描二维码关注望舒泽官方微信公众号为您提供在线服务，售后申请等功能
工作时间：周一至周日09:00-12:30 14:00-18:00

制造商：广州望舒泽智能科技有限公司
地址：广州市天河区大灵山路18号1栋501-02
保修期限：自购买之日起，保修12个月

onesuze FOCUS H5
使用指南

背面

510 mm

255 mm

onesuze FOCUS H5
Headphone

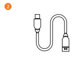
FCC ID: 2BTV9-H5

User Instructions

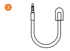
onesuze

Package Contents

Onesuze Focus H5



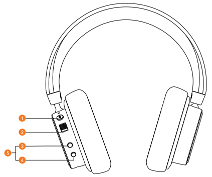
USB-C Charging Cable



Detachable Microphone Boom

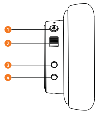
User Manual & Warranty Card

Product Overview



1. Multi-Function & Bluetooth Button
2. Power Switch
3. Volume Up Button
4. Volume Down Button
5. Combination Keys

Button Usage



① Multi-Function / Bluetooth Button

Function 1: Enter Pairing Mode
When Bluetooth is manually disconnected on the phone, the headphones enter pairing mode.
When powered on, the headset automatically enters pairing mode with the voice prompt "Pairing".
When powered on (connected or not), press and hold the Multi-Function Button for 3 seconds to enter pairing mode.(If currently connected, it will disconnect and enter pairing.)

Function 2: Answer / End / Reject Calls
Answer a call: Press the Multi-Function Button once during an incoming call.
End a call: Press once during a call to hang up.
Reject a call: Press and hold for 1 second during an incoming call until the prompt sounds.

② Power Switch

Switch to ON: Power on
Switch to OFF: Power off

③ Volume Up Button

Increase volume: Press once during music playback or calls.
Previous track: Press and hold "+" during music playback.

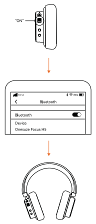
④ Volume Down Button

Decrease volume: Press once during music playback or calls.
Next track: Press and hold "–" during music playback.

Bluetooth Button Functions

Default Functions	Scenario	Operation
Default	Recite Mode / Focus Mode / Music Mode	Single press
Recite Mode	Incoming &Reject call	Single press
	Reject call	Press & hold 2s
Three-way calling	Accept new call / Reject current call	Single press
	Accept new call / Keep current call on hold	Double press
	Reject new call / Keep current call on hold	Press & hold 2s
	Switch calls	Press & hold 2s
voice assistant	Activate voice assistant (device dependent)	Triple press

Bluetooth Pairing & Device Connection



Step 1:
Power On & Enter Pairing Mode

To power on, switch the Power Button to ON. The headset will automatically enter pairing mode on startup.A steady red light for 2 seconds followed by rapid blue flashing indicates pairing mode.

Step 2:
Bluetooth Connection

Connection Method:Turn on the phone's Bluetooth, search for "Onesuze Focus H5", and tap to connect.

When connected: Blue indicator flashes slowly; device shows as connected.

Step 3:
Button Operations

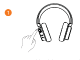
The onboard buttons allow control of calls, music playback, and volume adjustments.

Step 4:
Clear Pairing Records

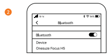
Press and hold "Volume Up + Volume Down" for 5 seconds to clear pairing history.

Bluetooth Functions & Usage

Press and hold the Bluetooth Button for 3 seconds in power-on state to enter pairing mode (blue light blinking).
Enable Bluetooth on your phone and connect to "Onesuze Focus H5".
Open your music player; playback and volume can be controlled from the headset. (Some third-party apps may not fully support headset controls.)
For calls:Single press to answer. press & hold 1s to reject. single press during call to hang up.



Press and hold the Bluetooth Button for 3 seconds

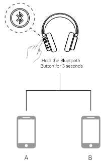


Bluetooth Connection

Single press Volume Up or Volume Down

Single press bluetooth button to answer / reject calls

Dual-Device Connection



Step 1:
Preparation

Power on the headset and press & hold the Bluetooth Button for 3 seconds to enter pairing.

Step 2:
Connect Device A

Enable Bluetooth on Device A and connect to Onesuze Focus H5.
After connecting, turn off Bluetooth on Device A. The headset re-enters pairing mode.

Step 3:
Connect Device B

Enable Bluetooth on Device B and connect to the headset.
Turn Bluetooth back on for Device A to reconnect.

Notes
Only one of the two connected devices can output audio at a time.
To switch devices, pause playback on the current device first.

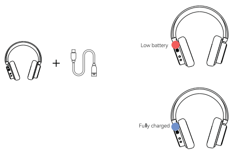
Charging Instructions

Charging Method

Connect the USB-C cable to a power source and plug the other end into the headset.

Low Battery & Full Charge Notifications

Low battery: Red light flashes. Please recharge promptly.
Fully charged: Red light turns off; blue stays on.



Charging Safety Notes
When not in use, recharge at least once every 2 months.

Charging Indicators

Blue light flashes every 6s	Standby / In use
Red light steady for 2s	Power on
Red light steady for 2s	Power off
Solid red	Charging
Blue light flashing rapidly	Pairing mode
Red flash every 6s	Low battery alert
Solid blue	Fully charged

TTS Voice Prompts

Power On	Power Off
Connected	Disconnected
Pairing	Recite Mode / Focus Mode / Music Mode
Battery level high	Battery level low

Product Specifications

Battery life depends on device settings, environment, and usage conditions.

Product Name: Onesuze Focus H5 Headphones	Model Number: Focus H5
Net Weight: ≈198 g	Dimensions: 175.3 × 164.7 × 90 mm
Rated Input: 5v⎓400mA	Charging Time: ≈2 hours
Bluetooth Version: Bluetooth 6.0	Battery Type: 3.7V, 600mAh Li-ion polymer battery
Frequency Range: 2.400-2.4835GHz	Operating Range: Up to 10 meters
Supported CODEC: AAC SBC	Battery Life: ≈65 hours
Supported Profiles: HFP A2DP AVRCP	Operating Temperature: -10—55℃

Important Safety Information

- ○Do not place the headphones or charging cable in humid, dusty, smoky, or high-temperature environments.
- ○Ensure the headphones and charging cable are kept away from water, rain, snow, or any form of liquid exposure.
- ○Do not use or store this product near fire, heat sources, or inside vehicles under direct sunlight.
- ○Avoid extremely dry environments to prevent static electricity buildup that may cause minor static discharge.
- ○Do not disassemble, modify, or use damaged headphones or cables. This may cause malfunction or electric shock.
- ○Keep the device at least 22 cm away from pacemakers, as radio waves may interfere with medical implants.
- ○If you have implanted medical devices, consult your physician before use.
- ○Do not use the product onboard aircraft or near medical equipment, as it may cause interference.

- ○Unplug the charging cable once charging is complete.
- ○Avoid prolonged skin contact with the product while charging to prevent low-temperature burns.
- ○Moisture or sweat around the microphone or charging contacts may cause malfunction—wipe dry promptly.
- ○If the product causes discomfort, abnormal behavior, or malfunction, discontinue use immediately.
- ○Clean the product regularly; improper cleaning may cause skin irritation.
- ○We are not liable for information leakage during Bluetooth transmission.
- ○Bluetooth connection may still be interrupted due to external interference, even within range.
- ○Certain operations may vary depending on connected devices and apps; compatibility is not guaranteed.
- ○Compatible with most standard phone calls but may not work with all communication apps.
- ○Prolonged pressure or heavy load may cause deformation.
- ○Avoid strong impacts or dropping the product.

FCC Statement

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference,
(2) this device must accept any interference received, including interference that may cause undesired operation.
FCC RF Exposure Warning Statement:
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment can be used in portable exposure conditions.

After-Sales Service & Warranty

Onesuze complies with China's "Three Guarantees Policy" and provides warranty service according to the terms stated on the warranty card. Please keep the following items properly:Purchase invoice, Warranty card, Product packaging. These documents must be presented when requesting service.

Warranty Policy
The product is covered by warranty from the date of purchase, based on valid proof of purchase.
During the warranty period, if the product is confirmed by the After-Sales Service Center to require repair, free warranty service will be provided.
Note: On-site repair service is not available.Accessories (e.g., charging cable) are consumables and are not covered under warranty.
Warranty Duration
All products come with a 1-year (12-month) warranty from the date of purchase.
Warranty Exclusions
Warranty Will Be Void in the Following Cases
Damage caused by incorrect installation, storage, or use not following this manual.
Damage occurring during transportation or handling when returning/repairing the product.
Damage due to external or human factors (e.g., incorrect voltage, high temperatures, impact, dropping, etc.).
Malfunction or damage due to disassembly/modification by unauthorized personnel.
Normal wear and aging that do not affect product functionality.
Lost, altered, or illegible purchase invoice or warranty card.
Products beyond warranty period do not receive free service (paid repair service available).
The final interpretation of this policy belongs to Guangzhou Onesuze Intelligent Technology Co., Ltd.

Warranty Certificate

User Information
*Customer Name: ______________
*Phone Number: ______________
*Email Address: ______________
Address: ______________

Product & Purchase Information
*Product Name: ______________
*Product Model: ______________
*Serial Number: ______________
Invoice Number: ______________
*Date of Purchase: ______________
Fields marked * are required

Maintenance Record
First Repair ______________
Second Repair ______________
Inspection Date: ______________
Inspection Date: ______________
Issue Description: ______________
Issue Description: ______________
Parts Used: ______________
Parts Used: ______________
Return Date: ______________
Return Date: ______________
Technician Signature: ______________
Technician Signature: ______________

This certificate is an important document for after-sales service. Please keep it properly.

After-Sales Support

WeChat Support

Scan the QR code to follow the official Onesuze WeChat account for online support and service requests.
Service Hours: Monday-Sunday 09:00-12:30 / 14:00-18:00

Service Email: onesuze@onesuze.com.cn
Manufacturer: Guangzhou Onesuze Intelligent Technology Co., Ltd.
Address: Building 1, Room 501-02, No. 18 Daling Mountain Road, Tianhe District, Guangzhou, China
Warranty Period: 12 months from the date of purchase

onesuze FOCUS H5

User Instructions