

Prediction of MPE at a given distance

1. Limits

The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in 1.1307(b)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposure				
0.3-3.0	614	1.63	*100	6
3.0-30	1842/f	4.89/f	*900/f ²	6
30-300	61.4	0.163	1.0	6
300-1,500			f/300	6
1,500-100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3-1.34	614	1.63	*100	30
1.34-30	824/f	2.19/f	*180/f ²	30
30-300	27.5	0.073	0.2	30
300-1,500			f/1500	30
1,500-100,000			1.0	30

2. Test Procedure

Equation from page 18 of OET Bulletin 65, Edition 97-01

$$S = \frac{P \times G}{4 \times \pi \times R^2}$$

Where:

S = power density

P = power input to the antenna

G = numeric gain of the antenna in the direction of interest relative to an isotropic radiator

R = distance to the centre of radiation of the antenna

3. Result

Worse case is as below:

Mode	Frequency (MHz)	Prediction distance (cm)	RF output power		MPE (mW/cm ²)	Limit (mW/cm ²)	MPE Test Exclusion
			dBm	mW			
2.4G	2438	20	7.742	5.946	0.00048	1	Yes
2.4GWIFI	2412-2462	20	9.755	9.451	0.00076	1	Yes
5GWIFI BAND1	5180	20	8.558	7.175	0.00015	1	Yes

Maximum Simultaneous transmission MPE Ratios for BLE+WIFI:

Max MPE ratio 2.4G/Limit	Max MPE ratio WIFI/Limit	ΣMPE ratios	Limit	Result
0.00048	0.00076	0.00124	1	PASS

2.4G Antenna Gain: PCB Antenna, max gain -3.94dBi, 0.4(numeric)

2.4GWIFI Antenna Gain:

PCB Antenna, max gain -3.94dBi, 0.4 (numeric).

5GWIFI Antenna Gain:

PCB Antenna, max gain -9.92dBi, 0.1(numeric)

Meet MPE requirements, RF Exposure evaluation is not required.