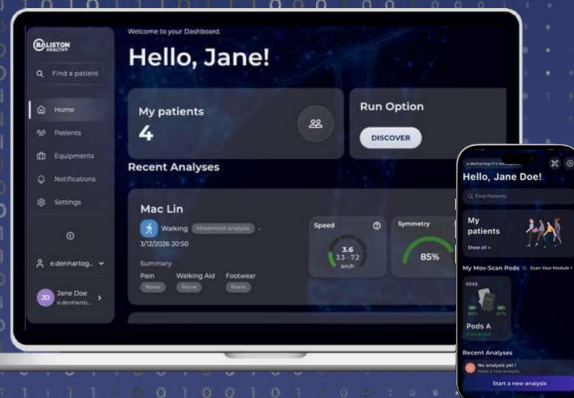




USER MANUAL & TECHNICAL DOCUMENTATION

MOV  SCAN

Setup



Pod Status Indicators

The Mov-Scan®Pods use LED indicators to display their operating status. The table below explains the meaning of each light color and pattern.

Battery fully discharged or pods
in deep sleep



No Light



Red

When pods are plugged in, red
shows they are charging

Blinking Green: Available
Green: fully charged



Blinking Green
/Green Light



Blinking White

Firmware update in progress

SETUP



Waking Up Your Mov-Scan® Pods

When first received, the Mov-Scan®Pods may be in deep sleep mode to preserve battery life



No Light



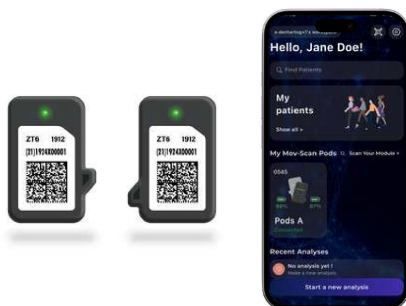
To wake the pods:

1. Place the pods on the charging dock
2. Wait until the LED indicator turns green

Once charged and blinking green, the pods are ready to be detected by the mobile application via Bluetooth



Green Light



Once charged the pods are ready to be detected by the mobile application via Bluetooth.

Setup



Inserting Your Mov-Scan® Pods

Identify the left and right
Mov-Scan®Pods



Identify the corresponding left
and right insoles.

Identify the corresponding left
and right insoles



Ensure that each pod is inserted in
the correct orientation

Please keep in mind that the Mov-Scan®Pods must
be inserted in the correct direction for the data
capture to work

Setup



Charging Your Mov-Scan® Pods

Remove the pods from the insoles



Profile



Front/back

Place each pod into the front and back of the charging dock

Plug the charger into a USB power source that complies with IEC 60601-1 medical electrical standards



Before first use, ensure that the Mov-Scan® Pods are fully charged
The recharging time is roughly 2.5 hours

Setup

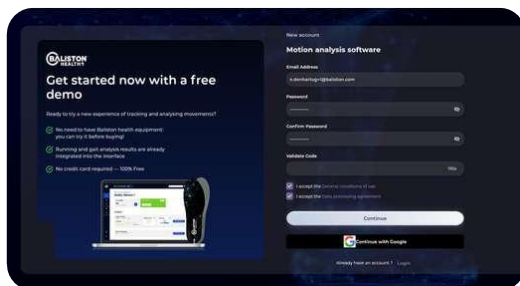
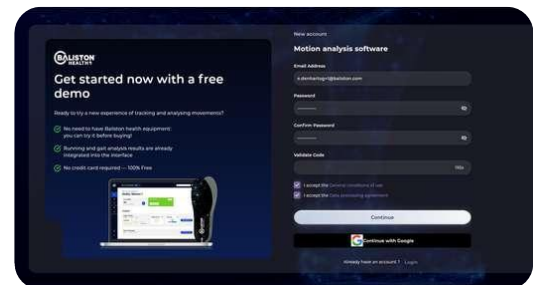


Creating Your Account

To use the Mov-Scan® platform, you must first create a user account.

Account creation must be completed on a desktop computer. It cannot be performed from a mobile device.

 Open the registration page:
<https://app.baliston-health.com/auth/sign-up>

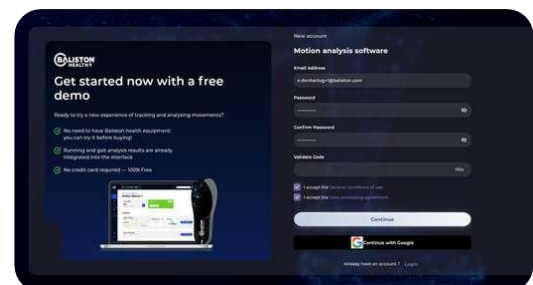


Enter your email address and create a password

Password requirements:

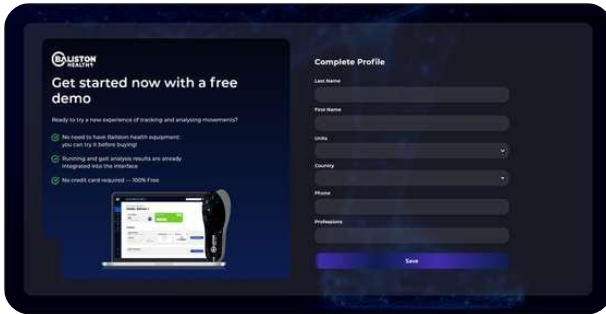
- Minimum of 8 characters
- At least one uppercase letter
- At least one lowercase letter
- At least one number
- At least one special character

Enter the verification code sent to your email address.



The Mov-Scan® platform supports both light and dark display modes. This manual is presented in dark mode, but all features and navigation are identical in light mode.

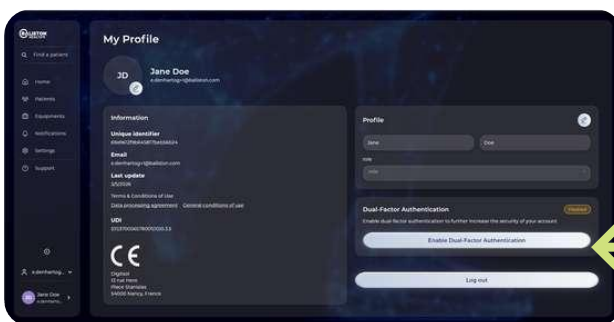
Setup



Complete the required personal information to finalize your account

Enabling Two Factor Authentication

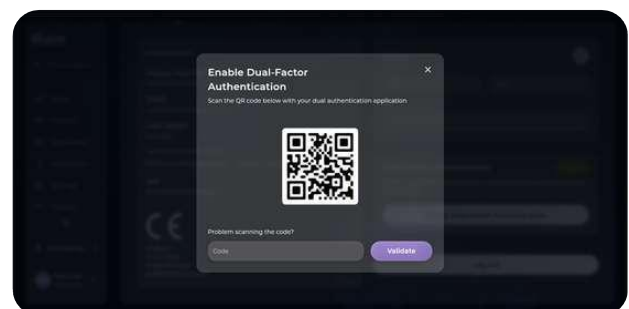
Open the Your Account menu on the bottom left hand side



Select 'Enable Two-Factor Authentication'. Must have an Authenticator App

- Google Authenticator
- Microsoft Authenticator
- etc.

Scan the QR code with with the camera in your Authenticator App
Once activated, a verification code will be required each time you log in



Setup



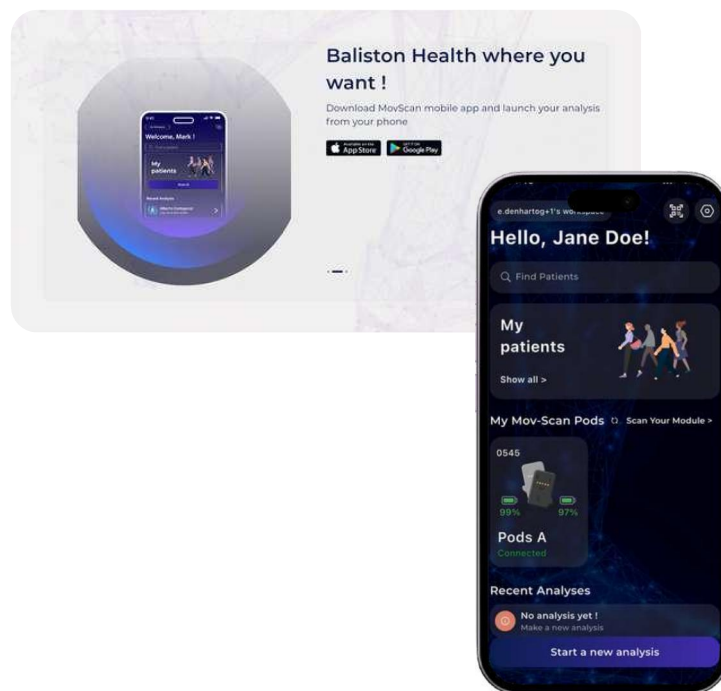
Installing the Mobile Application

The Baliston Health mobile application is used to perform mobility analyses and manage Mov-Scan®Pods.

1. Open the application store on your mobile device
2. Search for Baliston Health
3. Download and install the application

The Mov-Scan® application is compatible with:

- Android devices running Android 6.0 or later
- iOS devices running iOS 14.0 or later



The Mov-Scan® platform supports both light and dark display modes. This manual is presented in dark mode, but all features and navigation are identical in light mode.

Using the Mobile Application

Logging in to the Baliston Health App



Open the Baliston Health application on your mobile device

Enter the email address and password associated with your account



Log in



You will be redirected to your Baliston Health dashboard

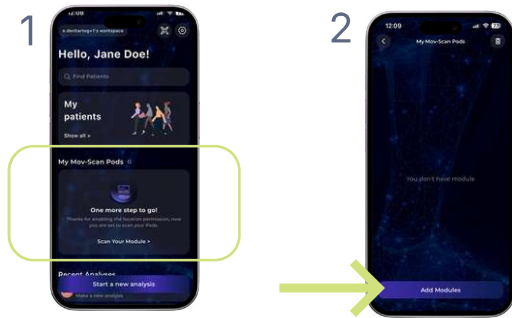


Using the Mobile Application



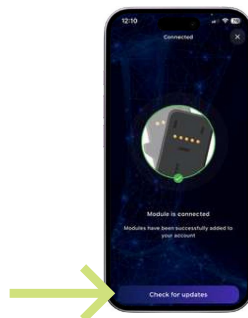
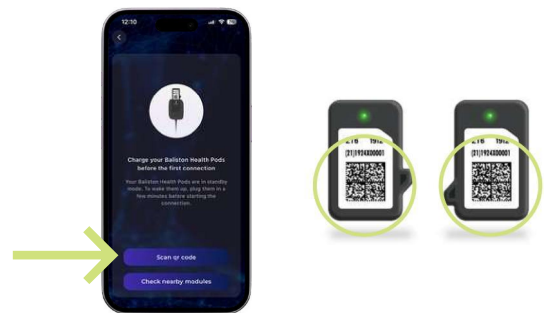
Managing Your Mov-Scan®Pods

Adding Your Mov-Scan®Pods



In the 'My Mov-Scan®Pods' section in the application, and tap 'Add Modules'

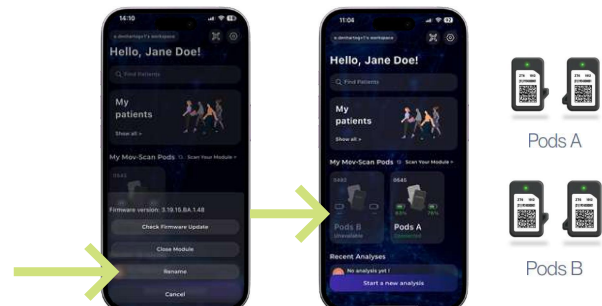
Scan the DataMatrix code located on your Mov-Scan®Pods with the camera in the Baliston Health App
Ensure the LEDs are blinking green



Once connected, check for firmware updates

We recommend completing any firmware updates for efficient usage

If you have multiple pairs of pods, repeat the process for each pair
You can personalise your pods by tapping on a pair of pods in the 'My Mov-Scan®Pods' and tapping 'Rename'

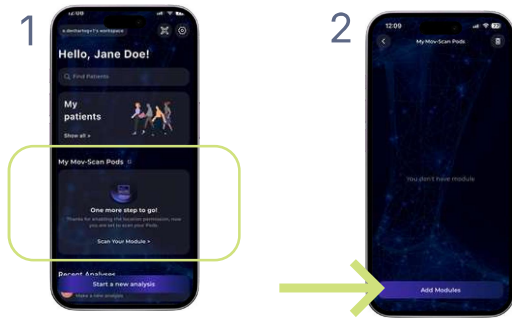


Using the Mobile Application



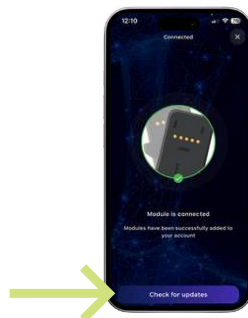
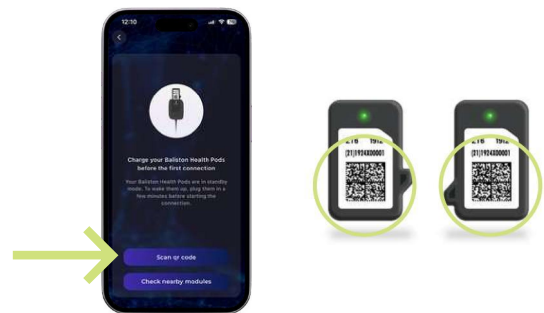
Managing Your Mov-Scan®Pods

Adding Your Mov-Scan®Pods



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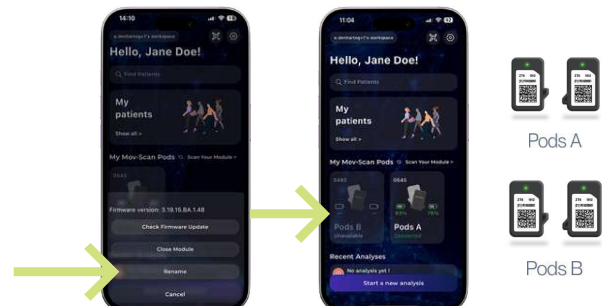
Scan the DataMatrix code located on your Mov-Scan®Pods with the camera in the Baliston Health App
Ensure the LEDs are blinking green



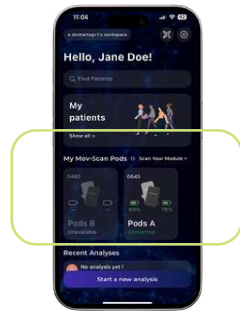
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You can personalise your pods by tapping on a pair of pods in the 'My Mov-Scan®Pods' and tapping 'Rename'

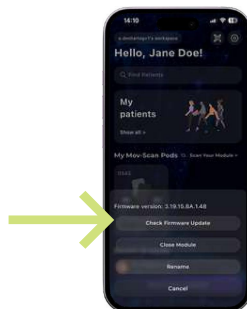


Using the Mobile Application



Open the Mov-Scan®Pods section

Select the pair of pods you want to update
Ensure they are connected



Tap 'Check for firmware updates'

Follow the instructions if an update is available

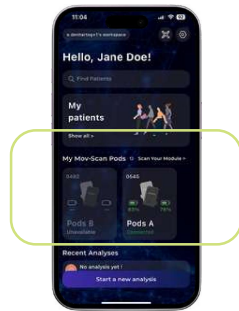
The LED on the pods should be blinking white when a firmware update is busy



Using the Mobile Application

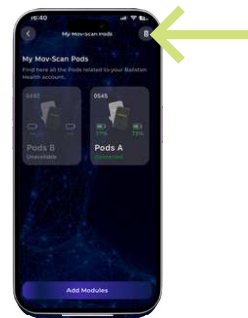
Managing Your Mov-Scan®Pods

Removing Mov-Scan®Pods

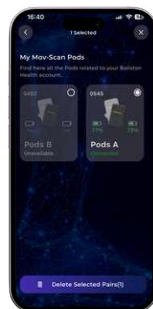


Open the Mov-Scan®Pods section

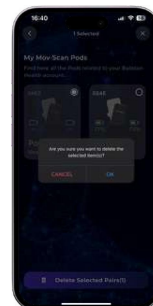
Tap on the trash bin in the top right-hand corner



Select the Mov-Scan®pods you want to remove



Confirm deletion



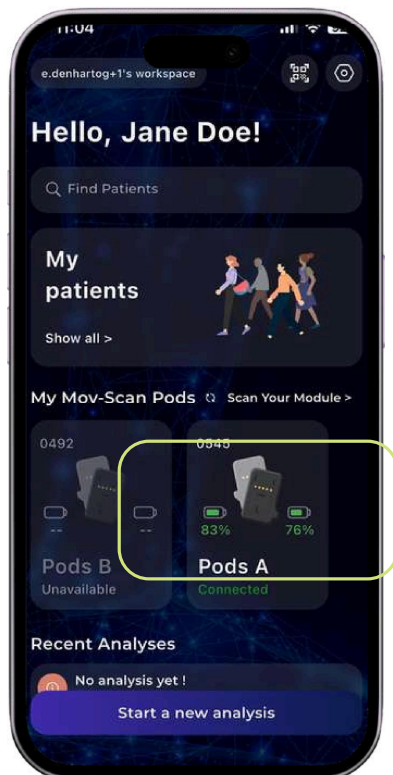
Using the Mobile Application



Managing Your Mov-Scan®Pods

Checking Battery Levels

You can check the battery level of your Mov-Scan®Pods in the Mov-Scan®Pods section of the application

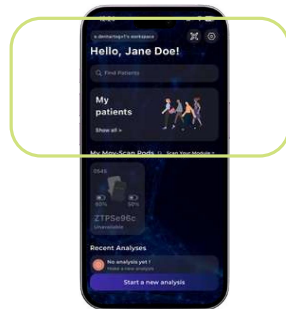


Using the Mobile Application



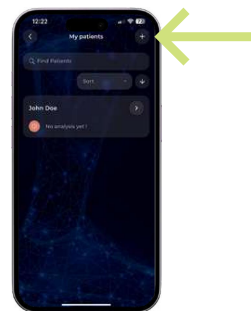
Managing Your Patients

Adding a New Patient



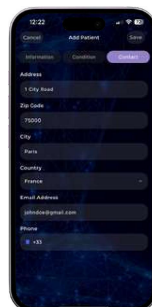
Open the Patients section in the Baliston Health application

Tap the plus button in the top right hand corner



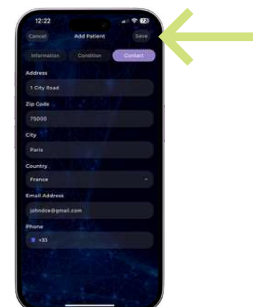
Enter the required information

- General information
- Toggle the button in the right hand corner to add a condition
- Add contact details



Tap 'save' to create the patient profile

Selecting the correct pathology is important, as it may influence the interpretation of the analysis results.

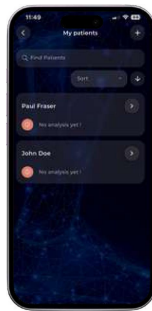


Using the Mobile Application



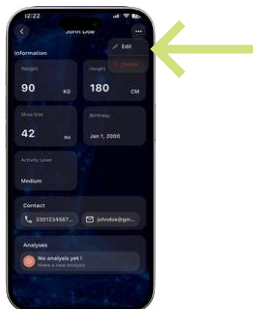
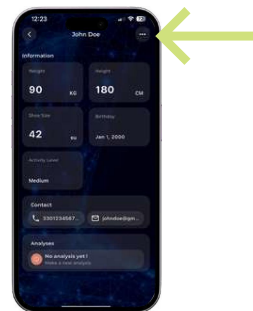
Managing Your Patients

Editing or Deleting Your Patients



In 'My patients', select the patient you wish to modify

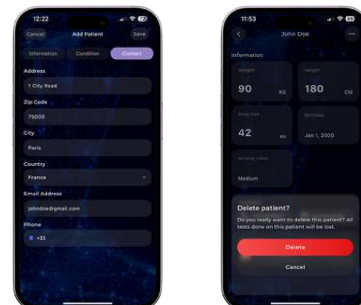
Tap the three dots in the top right hand corner



Tap 'Edit' or 'Delete'

Depending on whether you choose 'Edit' or 'Delete'

- Edit: change desired details and tap 'Save'
- Delete: Tap 'Delete' on the pop-up to authorise the removal of the patient



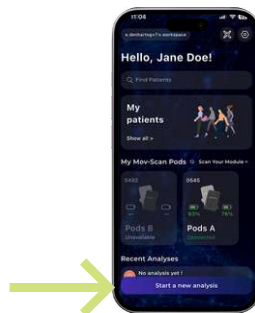
Using the Mobile Application

Performing a Mobility Analysis



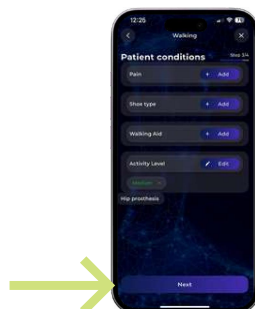
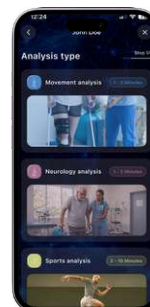
To perform a mobility analysis, ensure that:

- Mov-Scan®Pods are inserted into the insoles
- The pods are charged and connected to the application
- A patient profile has been created



Tap 'Start a new analysis' on the home page and choose the patient you want to perform the analysis on

Select the type of analysis you want to perform



Enter the Patient Conditions and click 'Next'