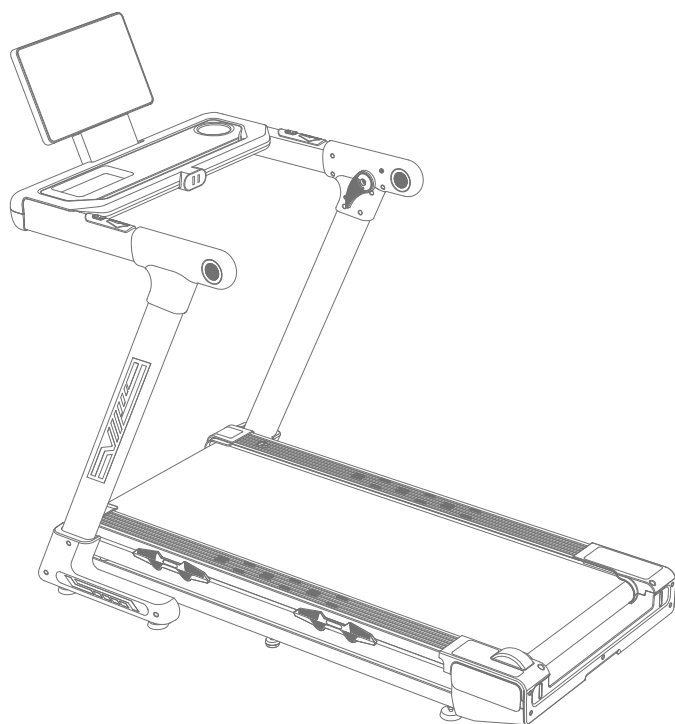




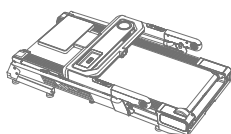
FOLDABLE ELECTRIC TREADMILL

FT71 User Manual

*Read all instructions carefully before using this product.
Retain this user manual for future reference.*

EU / NA

PACKAGE CONTENTS / CONTENU DU COLIS / PACKUNGSGEHALT / CONTENIDO DEL PAQUETE / CONTENUTO DELLA CONFEZIONE



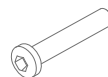
EN Treadmill x1
FR Tapis de course x1
DE Laufband x1
ES Cinta de correr x1
IT Tapis roulant x1



EN Side Cover x 1 Pair
FR Cache latéral x 1 paire
DE Seitenabdeckung x 1 Paar
ES Cubierta lateral x 1 par
IT Copertura laterale x 1 paio



EN Screw (M8 x 15) x2
FR Vis (M8 x 15) x2
DE Schraube (M8 x 15) x2
ES Tornillo (M8 x 15) x2
IT Vite (M8 x 15) x2



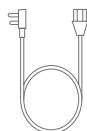
EN Screw (M8 x 45) x2
FR Vis (M8 x 45) x2
DE Schraube (M8 x 45) x2
ES Tornillo (M8 x 45) x2
IT Vite (M8 x 45) x2



EN Screw (ST4 x 12) x6
FR Vis (ST4 x 12) x6
DE Schraube (ST4 x 12) x6
ES Tornillo (ST4 x 12) x6
IT Vite (ST4 x 12) x6



EN Safety Key x1
FR Clé de sécurité x1
DE Sicherheitsschlüssel x1
ES Llave de seguridad x1
IT Chiave di sicurezza x1



EN Power Cord x1
FR Cordon d'alimentation x1
DE Netzkabel x1
ES Cable de alimentación x1
IT Cavo di alimentazione x1



EN User Manual x1
FR Manuel de l'utilisateur x1
DE Benutzerhandbuch x1
ES Manual de usuario x1
IT Manuale utente x1

Toolkit Contents / Contenu de la boîte à outils / Inhalt des Toolkits / Contenido del kit de herramientas / Contenuto del kit di strumenti

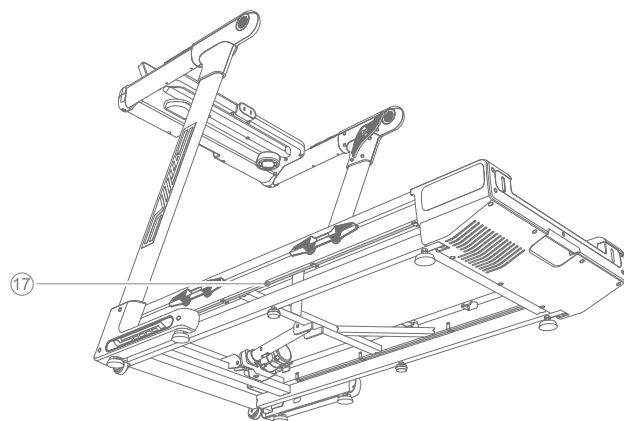
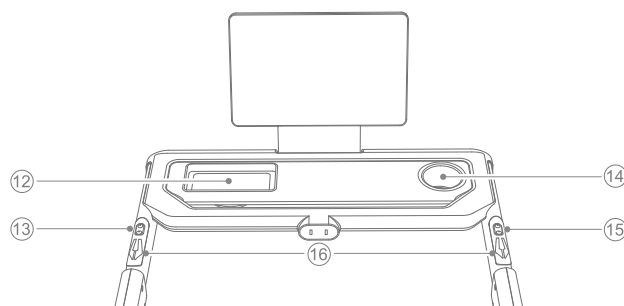
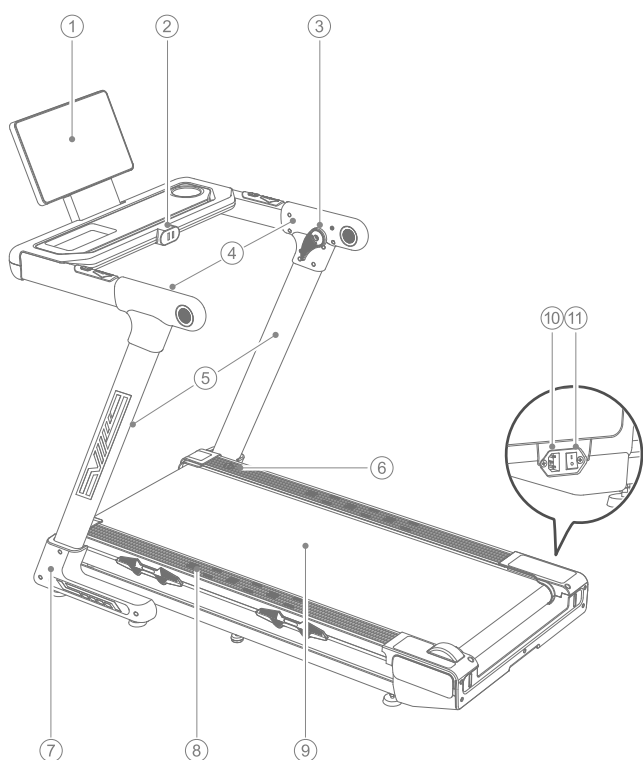


EN Allen Key with Cross-head Screwdriver x1
FR Clé Allen avec tournevis cruciforme x1
DE Inbusschlüssel mit Kreuzschlitzschraubendreher x1
ES Llave Allen con destornillador de estrella x1
IT Chiave a brugola con cacciavite a croce x1



EN Lubricating Oil x1
FR Huile lubrifiante x1
DE Schmieröl x1
ES Aceite lubricante x1
IT Olio lubrificante x1

PRODUCT OVERVIEW / PRÉSENTATION DU PRODUIT / PRODUKTÜBERSICHT / DESCRIPCIÓN GENERAL DEL PRODUCTO / PANORAMICA DEL PRODOTTO



EN

1. Display & Control Panel
2. Safety Key Slot
3. Handrail Lock
4. Handrail
5. Support Column
6. Lubricating Oil Injection Hole
7. Side Cover
8. Foot Edge Strip
9. Running Belt
10. Power Input Port
11. Power Switch
12. Wireless Charger
13. Incline +/- Button
14. Bottle Holder
15. Speed +/- Button
16. Heart Rate Sensor
17. Ambient Light

ES

1. Panel de control y visualización
2. Ranura para llave de seguridad
3. Bloqueo del pasamanos
4. Pasamanos
5. Columna de soporte
6. Orificio de inyección de aceite lubricante
7. Cubierta lateral
8. Banda de protección para los pies
9. Cinta de correr
10. Puerto de entrada de alimentación
11. Interruptor de encendido
12. Cargador inalámbrico
13. Botón de inclinación +/-
14. Portabotellas
15. Botón de velocidad +/-
16. Sensor de frecuencia cardíaca
17. Luz ambiental

FR

1. Panneau d'affichage et de commande
2. Emplacement pour clé de sécurité
3. Verrouillage de la main courante
4. Main courante
5. Colonne de support
6. Orifice d'injection d'huile de lubrification
7. Couvercle latéral
8. Bande de protection pour les pieds
9. Tapis de course
10. Port d'entrée d'alimentation
11. Interrupteur marche/arrêt
12. Chargeur sans fil
13. Boutons d'inclinaison +/-
14. Porte-bouteille
15. Boutons de vitesse +/-
16. Capteur de fréquence cardiaque
17. Éclairage d'ambiance

IT

1. Display e pannello di controllo
2. Slot per chiave di sicurezza
3. Blocco del corrimano
4. Corrimano
5. Colonna di supporto
6. Foro di iniezione dell'olio lubrificante
7. Coperchio laterale
8. Striscia di protezione per il piede
9. Nastro di corsa
10. Porta di ingresso alimentazione
11. Interruttore di alimentazione
12. Caricabatterie wireless
13. Pulsante Inclinazione +/-
14. Portaborraccia
15. Pulsante Velocità +/-
16. Sensore di frequenza cardiaca
17. Luce ambientale

DE

1. Display & Bedienfeld
2. Sicherheitsschlüsselfach
3. Handlaufverriegelung
4. Handlauf
5. Stützsäule
6. Schmieröleinfüllöffnung
7. Seitenabdeckung
8. Fußleistenleiste
9. Laufband
10. Stromanschluss
11. Netzschalter
12. Kabelloses Ladegerät
13. Neigungsregler +/-
14. Flaschenhalter
15. Geschwindigkeitsregler +/-
16. Herzfrequenzsensor
17. Umgebungslicht

IMPORTANT SAFETY INSTRUCTIONS

Thank you for purchasing our electric treadmill. For your safety and convenience, please read the following instructions carefully before using the treadmill.

General Safety

- This treadmill is for indoor use only. Do not use it outdoors or in high-humidity environments.
- Place the treadmill on a level surface near a grounded outlet. Keep at least 2.6 ft (0.8 m) of clearance in front and on both sides, and 6.6 ft (2 m) x 3.3 ft (1 m) of space behind for safety.
- Do not power on and operate the treadmill until it is completely assembled.
- Do not use the treadmill on deeply padded, plush, or shag carpet, as it may affect air circulation and damage the treadmill.
- Do not wear loose clothing or jewelry while exercising to avoid entanglement. It is recommended to wear running or fitness shoes with rubber soles.
- Use this treadmill only for its intended purpose as described in this manual.
- Improper use or overtraining may cause injuries; please follow the instructions and exercise within your physical limits.
- This equipment is not intended for high-precision applications.

Power and Electrical Safety

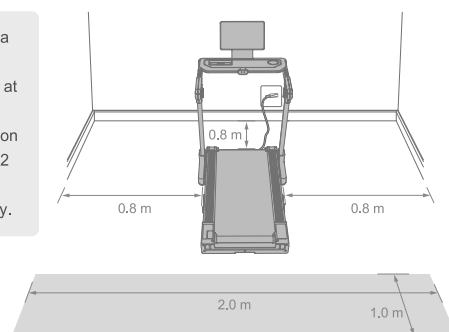
- Ensure that the voltage of your power supply matches the treadmill's requirements.
- Use only the provided power cord or one that meets safety standards and is compatible with both the treadmill and power supply.
- Never drop or insert any object into any openings on the treadmill.
- Do not operate the treadmill if the power cord is damaged or the plug is wet.
- Always unplug the power cord when the treadmill is not in use and store it safely.
- Always turn off the treadmill before removing its power plug from the outlet.
- Keep the power cord away from any moving parts of the treadmill.

Operation Precautions

- Keep children away from the treadmill during use to prevent accidents. Minors must be accompanied by an adult when using the treadmill.
- Keep all body parts away from moving parts.
- Do not let go until you feel balanced and confident. Avoid actions that may affect your stability.

- If the treadmill cannot be stopped due to an electronic system failure, quickly step off the running belt and turn off the power.
- Do not modify the treadmill for other uses.

Place the treadmill on a level surface near a grounded outlet. Keep at least 2.6 ft (0.8 m) of clearance in front and on both sides, and 6.6 ft (2 m) x 3.3 ft (1 m) of space behind for safety.



WARNING

Always attach the safety key to its slot and clip it securely to your clothing. If the treadmill suddenly accelerates or the speed increases due to a malfunction, immediately remove the safety key from its slot to stop the treadmill.

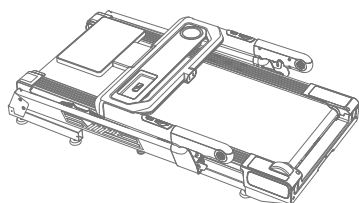
GROUND PROTECTION SYSTEM!

- This treadmill must be grounded. Grounding provides a safe path for electric current in case of a malfunction, reducing the risk of electric shock.
- The power cord comes equipped with a plug containing a grounding conductor. Ensure the plug is fully inserted into a standard power outlet.
- If you are unsure whether your outlet is grounded, check with a qualified electrician or service personnel.
- Do not use a plug adapter. Always use a power outlet that matches the shape of the grounding plug.

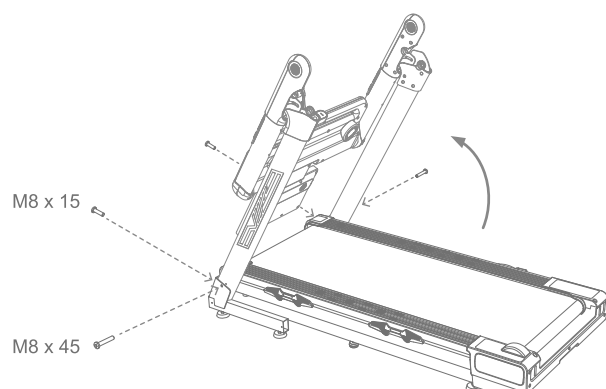
ASSEMBLY

This treadmill comes mostly pre-assembled and requires only a few simple steps to complete setup. Before use, ensure the treadmill is fully assembled by following the instructions below.

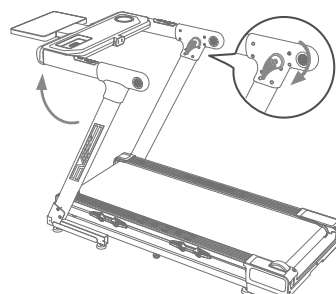
1. Remove the treadmill from the packaging and place it on a flat surface.



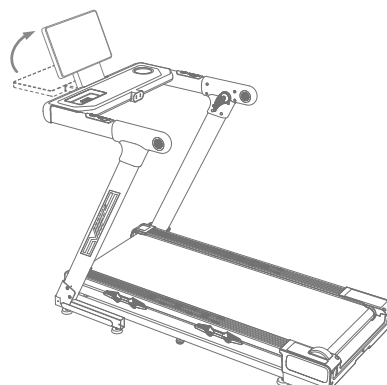
2. Lift the columns until they cannot be raised further. Secure them using four screws (M8 x 15 & M8 x 45).



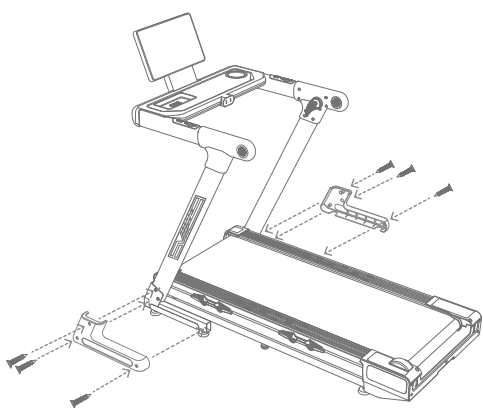
3. Lift both handrails to the horizontal position as shown. Then rotate the handrail locks on both sides clockwise to secure them in place.



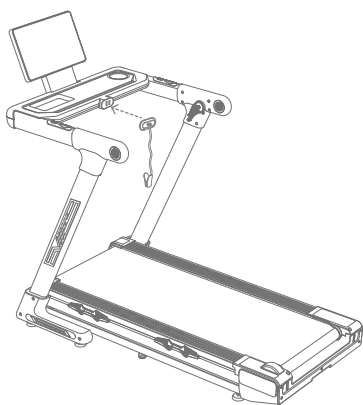
4. Raise the display & control panel to a comfortable viewing angle.



5. Attach the side covers and secure them using six screws (ST4 x 12).



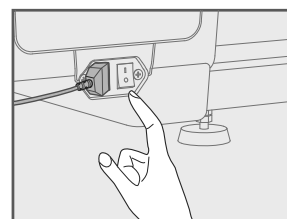
6. Insert the safety key into its slot. Assembly is now complete.



OPERATING INSTRUCTIONS

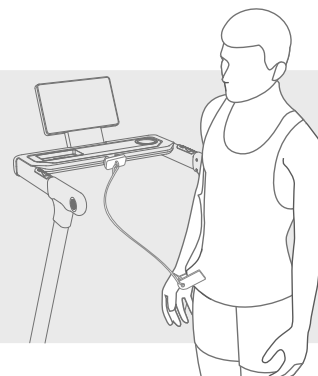
I. Power ON

- 1) Connect the power cord to the treadmill and your power outlet.
- 2) Toggle the power switch to the "I" position to power on the treadmill. Once powered on, the display panel will light up automatically.



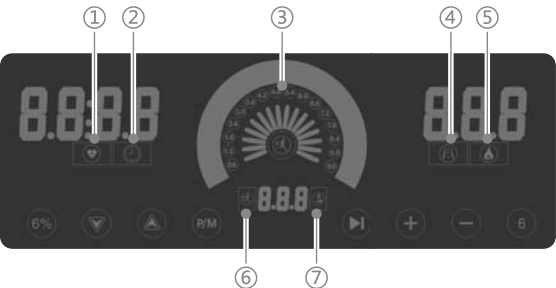
WARNING:

Ensure the safety key is securely attached to its slot and clipped to your clothing before starting the running belt.

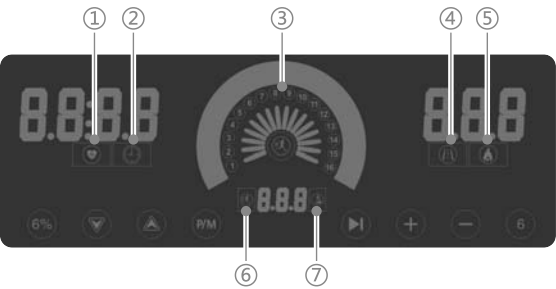


II. Readout Display

North American Market



European Market



- 1. Displays heart rate.
- 2. Displays elapsed time or countdown time.
- 3. Displays the current running speed in automatic programs.
- 4. Displays total distance or countdown distance.
- 5. Displays estimated calories burned or countdown calories.
- 6. Displays current running speed.
- 7. Displays current incline level.

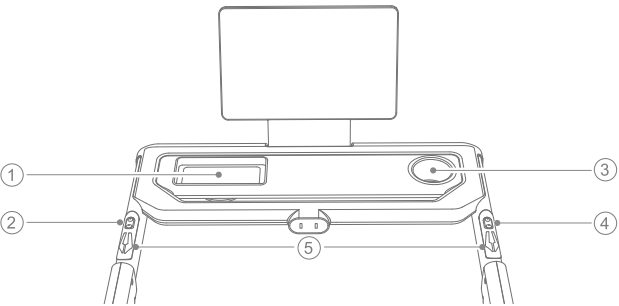
III. Control Panel

	Start/Stop Button: - When the display panel is on, press this button to start the running belt. The ambient light will turn on once the belt starts. NOTE: The treadmill will only operate when the safety key is inserted in its slot. If the safety key is removed, the display will show "—" with an audible warning, and the treadmill will stop immediately. Reattaching the safety key will reset all motion data. - When the running belt is moving, press this button to stop the running belt.
	Speed +/- Button: - When the running belt is moving, use these buttons to adjust the running speed. - When in mode or program settings, use them to modify the settings.
	Incline +/- Button: When the display panel is on, use these buttons to adjust the incline level.
	Speed Shortcut Button: When the display panel is on, press this button to instantly set the speed to 6 mph (or km/h, depending on the unit setting).
	Incline Shortcut Button: When the display panel is on, press this button to instantly set the incline level to 6%.
	Program/Mode Button: When the display panel is on but the running belt is not moving, press this button to cycle through the available workout modes: Automatic Program, Time Countdown, Distance Countdown, and Calorie Countdown. NOTE: - This button is inactive while the running belt is moving. Stop the running belt before using it. - Pressing the button repeatedly will first access the preset automatic programs, then the Time, Distance, and Calorie countdown modes.

IV. Program & Mode Settings

Automatic Program	When the display panel is on but the running belt is not moving, press the Program button to select a preset program. Set the countdown time (8:00–99:00), then press the Start button. The treadmill will operate according to the selected program and settings. NOTE: • There are 15 preset programs (P01–P15) in Automatic Program. • The speed and incline settings for P01–P15 are pre-configured. Refer to the appendix for details.
Time Countdown	When the display panel is on but the running belt is not moving, press the Mode button to select Time Countdown mode. The display will show "H01" to indicate this mode. The default time is 30:00. Use the Speed +/- buttons to adjust the countdown time within a range of 8:00–99:00. Once set, press the Start button to begin the countdown.
Distance Countdown	When the display panel is on but the running belt is not moving, press the Mode button to select Distance Countdown mode. The display will show "H02" to indicate this mode. The default time is 1 mile/km. Use the Speed +/- buttons to adjust the countdown distance within a range of 1–99 mile/km.
Calorie Countdown	When the display panel is on but the running belt is not moving, press the Mode button to select Calorie Countdown mode. The display will show "H03" to indicate this mode. The default time is 50 calories. Use the Speed +/- buttons to adjust the calorie countdown within a range of 20–990 calories. Once set, press the Start button to begin the countdown.

V. Special Features



- 1. Wireless Charger
Place your phone at the center of the wireless charger to ensure proper charging.
- 2. Incline +/- Button
Located on the left handrail.
- 3. Bottle Holder
Place your water bottle in the holder for convenient access during exercise.
- 4. Speed +/- Button
Located on the right handrail.
- 5. Heart Rate Sensor
Built into both handrails. Hold the sensors firmly with both hands, and the display panel will show your heart rate.

VI. Application Control

After powering on the treadmill and entering standby mode, you can control it via the application:



FitShow

- 1) Scan the QR code to download the **FitShow** application.
- 2) Open the application and follow the on-screen instructions.
- 3) When prompted to select a device type, choose "**Treadmill.**"
- 4) Tap **Quick Start** to search for available devices.
- 5) Select the device named "FS-XXXXXX" to connect.

VII. Auto Sleep Mode

If the running belt stops and there is no operation for 10 minutes, the treadmill will enter auto sleep mode, and the display panel will turn off. Press any button to wake up the treadmill and turn the display panel back on.

FOLDED STORAGE

1. Turn off the treadmill and unplug it. Remove the safety key.

