

FCC RF Exposure

EUT Description:white Noise Sleeping Machine With Diffuser

Model No.: MY-20

FCC ID: 2BUS8-MY-20

Equipment type: mobile Device

1. Limits

The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in 1.1307(b)

Limits for Maximum Permissible Exposure (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*(900/f ²)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*(180/f ²)	30
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500–100,000			1.0	30

F = frequency in MHz

Formula: $P_d = (P_{out} * G) / (4 * \pi * r^2)$

Where :

P_d = power density in mW/cm²,

P_{out} = output power to antenna in mW;

G = gain of antenna in linear scale,

π = 3.14;

R = distance between observation point and center of the radiator in cm

P_d is the limit of MPE, 1 mW/cm². If we know the maximum gain of the antenna and the total power input to the antenna, through the calculation, we will know the distance r where the MPE limit is reached.

2. Test Procedure

Software provided by client enabled the EUT to transmit and receive data at lowest, middle and highest channel individually.

3. Test Result of RF Exposure Evaluation

BT:

$$\text{EIRP} = \text{EMeas} + 20\log(\text{dmeas}) - 104.7$$

EIRP is the equivalent isotropically radiated power,

EMeas in dBm is the field strength of the emission at the measurement distance, in dB u V/m

dmeas is the measurement distance, in m

Field strength(dBuV/m)	EIRP(dBm)	Max tune-up(mW)	Frequency (MHz)	Antenna Gain(dBi)	C Power Density at R=20cm (mW/cm ²)	Limit (mW/cm ²)	Result
92.70	-2.4576	0.5679	2402	1.2	0.00015	1.0	Pass
91.34	-3.8176	0.4152	2441	1.2	0.00011	1.0	Pass
93.96	-1.1976	0.7590	2480	1.2	0.00020	1.0	Pass

Conclusion: No SAR is required