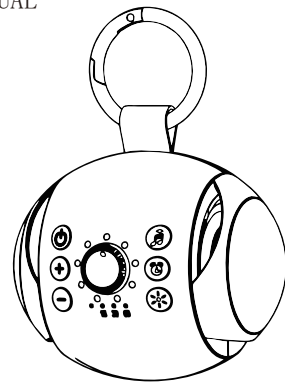
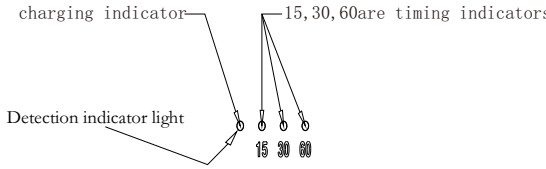
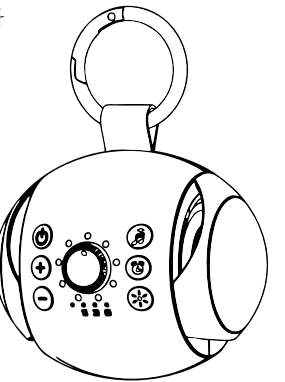
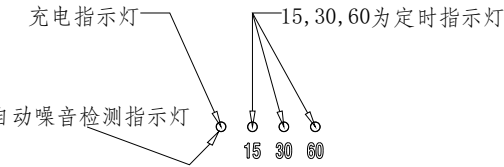


Portable Sleep Meter USER'S MANUAL H5  Thank you for choosing our products Please read this instruction manual carefully before use.	Parameter Product size: 3.54x4.73x3.01 inch Material: ABS+PC Color: Off-white, Cherry blossom powder, Ice blue Net weight of product: 220g Product gross weight: 286g Battery capacity: 1000mAh Charging time ≥2 hours Continuous playback time ≥5 hours Product power: 1W Input power: 5V  1A Applicable age: 6 months+ Accessories: Device X1, Instruction Manual X1, USB Power Cable X1 , Stand X1	1, Function Description A, 12 kinds of relaxation and decompression sounds Built in 12 types of stress reducing sleep aid music, which can be switched by pressing buttons to choose your favorite music to play. B,Timing Three independent timing groups can be set to automatically sleep after 15, 30, and 60 minutes. C,Night light Night light function, three modes: always on mode and spectrum mode, rotation mode; D,Bluetooth Speaker / Automatic Noise Detection	2, Key Definition Arrange the 12 types of audio sources in the following order: 1.Bird chirping 2. Mountain streams and flowing water 3. The sound of rain and the croaking of frogs 4. The chirping of crickets 5. Waves crashing against the shore 6. Baby Sleep Treasure Song 7. Alpha brainwave music 8. Praising Bowl Meditation 9. Guqin and Pipa language	1.  ON/OFF, PAUSE/PLAY Long press power on/off, Press to pause and play。 2.  Volume down button 3.  Volume up button 4.  Bluetooth toggle button/automatic noise detection button Short press to enter Bluetooth connection mode. Connect Bluetooth name: H5-Music . Long press to enter automatic noise detection mode. Without turning on the device, long press for 2 seconds to enter noise detection mode, and the blue indicator light will be constantly on. It will automatically start playing music after detecting continuous noise for 10 seconds, and stop after 15 minutes. This process will repeat indefinitely. Long press the switch button to turn off the detection mode. The noise detection range is about 6~10 meters. 5.  Timer key Short press to set the timing 15, 30, 60 minutes later to shut down and sleep or cancel the timing. 6.  Night light key The device starts, and the light turns on at the same time; three light modes, warm color, spectrum, and rotation; cycle to switch, and long press to turn off the light.	3.About the Indicator lights  Charging indicator: The red light is on when charging, and the indicator is off when fully charged. Automatic noise detection indicator: When the blue light is on, it indicates that it is working. Timing indicator: In the timing state, the corresponding digital indicator is on, when the timing is canceled, all timing indicators are off.	Points for attention: 1.When using it for the first time, if the night light does not light up, please charge it first; If any abnormalities are found during the use of the product, please stop using it. 2. Before use, please confirm whether the voltage in the operating environment meets the working voltage of this product Improper use of voltage can damage the product and bring safety hazards; The product does not include a power adapter. Please purchase an adapter produced by a reputable manufacturer that meets the national 3C standard. 3 ,Do not collide, squeeze, or disassemble or modify this product by yourself; Do not use this product in high temperature and humidity environments; Do not put this product into fire, water, or corrosive liquids; The product contains small accessories and is not suitable for children aged 3 and below. Warranty Period and Terms : This product comes with a one-year warranty from the date of sale. During the warranty period, you can obtain warranty service from the dealer with a valid purchase certificate. Beyond the warranty period, you can also obtain paid warranty services at the purchase point with a valid purchase Certificate . Non warranty 1,Damage caused by incorrect use/humanterms: damage is not covered by warranty; 2,Beyond the warranty period.	FCC Statement: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: *Reorient or relocate the receiving antenna. *Increase the separation between the equipment and receiver. *Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. *Consult the dealer or an experienced radio/TV technician for help. Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:(1) This device may not cause harmful interference, and(2) this device must accept any interference received, including interference that may cause undesired operation. RF Exposure Information The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition, compliance with exposure requirements. This equipment should be installed and operated with minimum distance 0 mm between the radiator & your body.
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便携式睡眠仪 使用手册 H5  感谢您选择我们的产品 使用前请仔细阅读本使用说明书	产品参数 产品尺寸: 90x120x76.5 (mm) 材料: ABS+PC 颜色: 米白色, 樱花粉, 冰蓝色 产品净重: 220g 产品毛重: 286g 电池容量: 1000mAh 充电时间≥2小时 持续播放时间≥4小时 产品功率: 5W 输入功率: 5V  1A 适用年龄: 6个月+ 配件: 设备X1, 说明书X1, USB供电线X1, 支架X1	一、功能说明 1. 9种放松减压助眠音 内置9种减压助睡眠音乐, 通过旋转切换来选择喜 欢的音乐播放。 2. 定时功能 独立3组时间设定, 可设立来15, 30, 60分钟后自 动休眠。 3. 夜灯模式 小夜灯功能, 三种模式: 常亮模式和频谱模式, 转动模式; 4. 蓝牙音箱/自动噪音检测。	二、按键功能 音源9种按以下顺序排列: 1. 鸟鸣 2. 山溪流水 3. 雨声蛙鸣 4. 蟋蟀欢声 5. 海浪拍岸 6. 婴儿哄睡宝藏曲 7. 阿尔法脑波音乐 8. 颂钵冥想 9. 古琴琵琶语	1.  开关机/暂停播放键 长按开机, 关机; 短按暂停, 播放。 2.  音量减键 3.  音量加键 4.  蓝牙切换键/自动噪音检测键 短按进入蓝牙连接模式, 手机连接蓝牙名称: H5-Music 长按进入自动噪音检测模式, 在没有开机的情况下, 长按2秒, 进入噪音检测模式, 蓝色指示灯常亮; 一直检测到10秒连续的噪音, 就自动开启音乐, 播放15分钟后自动停止, 如此一直反复循环; 长按开关机键关闭检测模式, 噪音检测距离6~10左右。 5.  定时键 短按设置定时15, 30, 60分钟后关机休眠或者取消定时。 6.  小夜灯键 设备启动, 灯光同时亮启; 三种灯光模式, 暖色, 频谱, 转动; 循环切换, 长按关闭灯光。	三, 指示灯  充电指示灯: 充电时红灯亮, 充满后指示灯灭。 自动噪音检测指示灯: 蓝灯亮起, 表示工作中。 定时指示灯: 定时状态下, 对应数字指示灯亮 取消定时, 所有定时指示灯灭。	注意事项: 1. 首次使用时, 如果不能开机, 请先充电; 产品使用过程中如 发现异常, 请停止使用。 2. 使用前请确认使用环境的电压是否符合本产品的工作电压, 使用不当的电压会损坏产品并带来安全隐患; 产品不包含电源 适配器, 请购买正规厂家生产且符合国家3C标准的适配器。 3. 切勿碰撞, 挤压, 或者自行拆卸改装本产品; 切勿将本产品 置于高温高湿的环境下使用; 切勿将本产品投入火中, 水中或 含有腐蚀性液体里; 产品内部含有小配件, 不适合3岁及以下 儿童使用。 保修期限与条款: 本产品自售出日起保修1年, 保修期限内可凭有效期购买 凭证至经销商处获得维修服务。超过保修期限也可凭有 效购买凭证到购买点有偿获得维修服务。 非保修条款: 1. 因错误使用/人为损坏等等损坏情况的属于不保修; 2. 超过保修期限。 *本保修条款最终解释权归厂商所有。	本保修条款的最终解释权归制造商所有!  注意 感谢您购买本产品, 为了避免受到侵害, 请认真阅读使用说明 书中的所有操作指导及安全信息再运行产品的使用。
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