

RF Exposure Evaluation

Limits

The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in 1.1307(b)

Limits for Maximum Permissible Exposure (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*(900/f ²)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*(180/f ²)	30
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500–100,000			1.0	30

f = frequency in MHz

Friis transmission formula: $P_d = (P_{out} * G) / (4 * \pi * r^2)$

Where

P_d = power density in mW/cm², P_{out} = output power to antenna in mW;

G = gain of antenna in linear scale, $\pi = 3.1416$;

R = distance between observation point and center of the radiator in cm

P_d is the limit of MPE, 1 mW/cm². If we know the maximum gain of the antenna and the total power input to the antenna, through the calculation, we will know the distance r where the MPE limit is reached.

Test Procedure

Software provided by client enabled the EUT to transmit and receive data at lowest, middle and highest channel individually.

Test Result of RF Exposure Evaluation

For BLE

Mode	Output power to antenna (dBm)	Output power to antenna (mW)	Power Density at R=20cm (mW/cm ²)	Limit (mW/cm ²)	Result
GFSK	0.03	1.01	0.0002	1.0	PASS

For BLE-Matter
ANT1

Mode	Output power to antenna (dBm)	Output power to antenna (mW)	Power Density at R=20cm (mW/cm ²)	Limit (mW/cm ²)	Result
GFSK	1.49	1.01	0.0003	1.0	PASS

ANT2

Mode	Output power to antenna (dBm)	Output power to antenna (mW)	Power Density at R=20cm (mW/cm ²)	Limit (mW/cm ²)	Result
GFSK	1.52	1.01	0.0003	1.0	PASS



FCC ID: 2ANDL-WBR3

Calculated Data: WIFI

Maximum peak output power at antenna input terminal (dBm):	24.33
Maximum peak output power at antenna input terminal (mW):	271.02
Prediction distance (cm):	20
Antenna Gain, typical (dBi):	2.5
Maximum Antenna Gain (numeric):	1.78
The worst case is power density at predication frequency at 20 cm (mW/cm ²):	0.0960
MPE limit for general population exposure at prediction frequency (mW/cm ²):	1.0

Mode	Ratios	Result	Limit	Result
BLE	0.0002	0.104	1	PASS
BLE ANT1	0.0003			
BLE ANT2	0.0003			
2.4GWIFI	0.0960			

Remark: 2.4G antenna gain=0dBi, Remark: BLE antenna gain=0dBi, BLE-Matter antenna gain=-0.58dBi

So a SAR test is not required