

2505 User Manual, 55*75mm, 128G双铜过油

SL-1

QALO Sport Loop 1

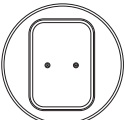
User Manual



What's Included in the Box



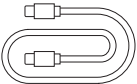
① Device



② Charging base



③ Wristband



④ Type-C charging cable



⑤ User manual

Introduction

This is a smart health band which can monitor multiple body vital signs under many different activity modes.

Blood Glucose

Sleep Tracking

Sleep Apnea Monitoring

24/7 Heart Rate

SpO2

Blood Pressure

HRV

Stress

ECG

Skin Temperature Trend

Activity Tracking

Female Wellness

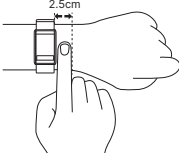
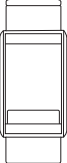
Note: The band is not a medical device. The test results and suggestions are for reference only.

Instructions for Use

1. Initial Use & Wearing

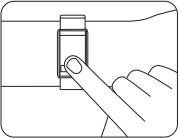
Initial Charging: For first-time use, please fully charge the device to activate it. If you perform a factory reset via the mobile App, you will also need to charge the device to turn it back on.

Proper Wearing: Insert the main unit into the strap buckle and then wear it on your wrist. It is recommended to position the strap approximately 2.5cm above your wrist bone. Ensure it is snug but comfortable, allowing the sensors to maintain full contact with your skin without causing pressure. A simple test: If you can easily slide your little finger between the strap and your wrist, the fit is too loose.



2. ECG Measurements:

When the bracelet is awake, the App initiates ECG measurement, which lasts 30 seconds. After the measurement is completed, the App can view the real-time ECG waveform, generate an ECG report, and the user can also download the ECG waveform.



Cover the electrode area with your finger.

3. Charging & Battery Life

Charging the Device: Connect the charging base to a Type-C cable, then place the device on the charging base to begin charging. During charging, the green light flashes slowly. When fully charged, the green light remains steadily lit.

Battery Indicator: The indicator light on the main unit displays the remaining battery level through color codes:

Red light:

Battery level is between 0%~20%.

Green light:

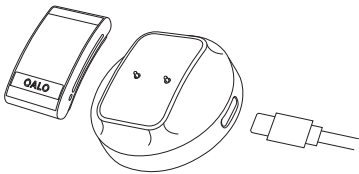
Battery level is between 20%~100%.

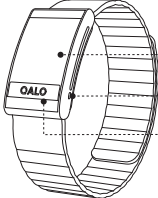
Battery below 5%:

The red light will flash three times, after which the device will automatically power off.

Battery Life:

Under full charge, the device supports approximately 10+ days of normal use or about 30 days on standby. Actual battery life depends on enabled features, usage frequency, and environmental conditions.





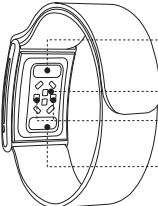
Device



LED Indicator



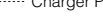
ECG Electrodes



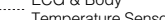
ECG & Body Temperature Sensor



HR & SpO2 Sensor



Charger Pin



ECG & Body Temperature Sensor

Download the APP to Start Your Health Journey



Note: Please ensure that your Android version is 5.0 or later, iOS version is 10.0 or later.

Specifications

Product Name: QALO Sport Loop 1
Model: SL-1
Warranty: 12 months
BT Version: BLE V5.0
BT Range: 10 meters
Size: 40.3*29.6*11.8 mm
Battery: 110mAh
Data Memory: 30 days
Waterproof: IP68
Activity Time: Max 99h59min
Calories Burned: Max 9999.9kcal
Running & Walking Distance: Max 999.99km

Troubleshooting

If the device doesn't pair with your smartphone

1. Make sure your device is turned on.

2. Check your smartphone to ensure Bluetooth is on.

3. Check the app to make sure Bluetooth permissions are turned on.

4. Restart the app and go to the app home screen.

5. The device battery should display on your app device screen.

If the device isn't measuring any data
Please contact our support team.

If the device battery is draining too quickly

1. Calibrate your battery by charging it for at least three hours.

2. Start using your device again as you normally would.

3. Contact our support team if the problem persists.

If the device causes an allergic reaction

Please stop using the device right away. In the rare event of an anaphylactic reaction, seek medical attention immediately.

If the issue isn't mentioned in these tips

Please contact our support team and report the issue in detail.

Not a Medical Device

It's not a medical device and should not be used as a substitute for professional medical judgment. It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare professional prior to making any decisions related to your health.

Handling

Handle this device with care as it contains sensitive electronic components and can be damaged if dropped, burned, punctured, or crushed. Don't use a damaged Move Wearable as it may cause injury. Avoid heavy exposure to dust or sand. Children should not be allowed to play with the device without supervision.

Safety Notices

Failure to follow these safety instructions could result in fire, electric shock, injury, or damage to the device or other property. Read all the safety information below before using the device.

Operating Temperature
This device is designed to work in ambient temperatures between -10°C and 45°C (14°F and 113°F) and be stored in temperatures between -20°C and 55°C (-4°F and 131°F). It can be damaged and battery life shortened if stored or operated outside of these temperature ranges. Avoid exposing this device to dramatic changes in temperature or humidity.

Prolonged Heat Exposure
Do not expose the device to extreme temperatures or extreme temperature fluctuations. Protect the

Battery

Do not attempt to replace the device battery yourself, you may damage the battery, which could cause overheating and injury. The lithium-ion battery in the device should be serviced only by manufacturer or an authorized service provider. Batteries must be recycled or disposed of separately from household waste. Do not incinerate the battery. Do not dispose of the device in domestic waste. If you have any questions, please contact us.

device from direct sunlight. While this device is charging or the power plug is plugged into a power source, do not sleep on it or place it under a blanket, pillow, or your body. Take special care if you have a physical condition that affects your ability to detect heat against the body.

FCC Requirement

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference

to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

FCC RF exposure statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.