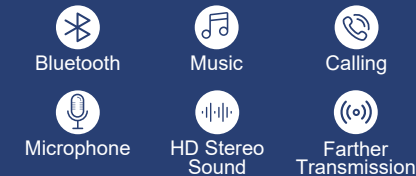
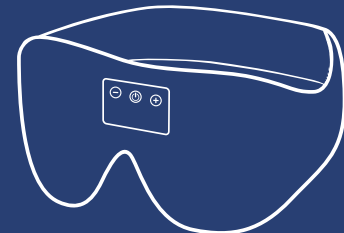


USER MANUAL

BLUETOOTH SLEEP HEADPHONES



Enjoy Life and Sleep Well



24H Customer Service
One-Year Warranty



Professional Tech Support
Focused On Customer Needs

FEATURES

Bluetooth name:Enjoying
Version: 5.4 External
Charging: DC5V/1A
Charging port:Type-C
Battery: 3.7V/150mah
Battery type: Polymer lithium
Charging time: 1-2 hours
Continuous play time: >8 hours

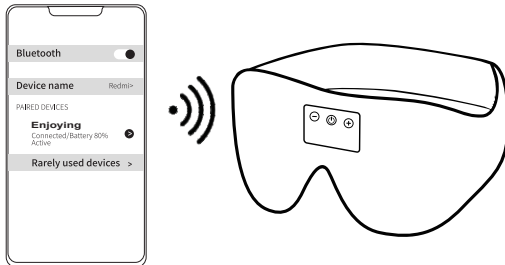
TURN ON/OFF

To turn the device on, press and hold the ON/OFF button for 1 to 1.5 seconds until the blue light flashes rapidly, indicating that it is in pairing mode. To power it off, press and hold the ON/OFF button for 3 seconds, which will be accompanied by a tone.

CONNECT BLUETOOTH DEVICES

Enable Bluetooth on your phone and locate the name "Enjoying". Select the device to finalize the Bluetooth pairing. Once the pairing is successful, a blue light will flash for five seconds. Please note that Bluetooth will automatically disconnect from a distance and reconnect within an 8-meter range within three minutes. If there is no connection for eight minutes, Bluetooth will automatically shut down.

①

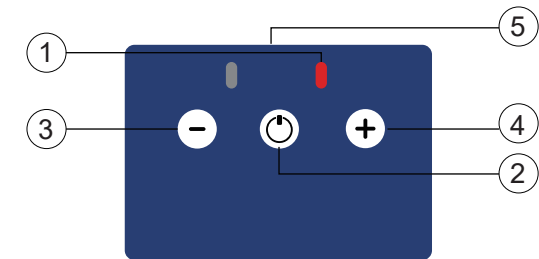
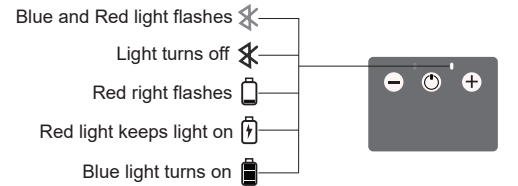


LED STATUS LIGHT

When the battery is running low, the red light will flash continuously. The red light remains illuminated while charging, and the blue light will turn on once the battery is fully charged. During the charging process, the Bluetooth will automatically reset and shut down; it can only be turned back on after the charging cable is unplugged.

Charging by type-c cable.

②



- (1). LED Status Light
- (2). On/Off/Play/Pause/Answer
- (3). Volume Down/Next Track
- (4). Volume Up/Previous Track
- (5). Charging Port

③

VOICE CALL

Single Click ON/OFF Button for Calls
I To **answer** or **hang up** an incoming call, simply click the ON/OFF button.
I To **reject** a call, press the ON/OFF button for **2 seconds**; a prompt tone will indicate the action.
I For the **third incoming call**:

- o Click to hang up the current call and answer the third call.
- o Double-click to pause the current call and answer the third call.
- o Long press to hang up the third call while keeping the current call active.

I To dial the most recently called number, **triple-click** the ON/OFF button.

TO CONTROL PLAY BACK AND VOLUME

I **Short press** the **ON/OFF** button to toggle between pause and play.
I **Short press** "+" or "-" to change the volume.
I **Long press** "+" or "-" to skip to the next or previous song.

CONTENTS INCLUDE

- I 1 Bluetooth Sleep Mask
- I 1 Portable Carrying Bag
- I 1 Charging Cable
- I 1 User Instructions

Washing Instructions for the Sleep Mask
To disassemble and wash the sleep mask:

I **Important:** The Bluetooth module is not washable!
I Only wash the sleep mask after removing the Bluetooth module.
I Handwash with mild detergent, do not soak for longer than 5 minutes.
I Allow the mask to dry thoroughly; it is recommended to let it dry for more than 24 hours before using it again.

④



Note: Ensure that it dries completely; otherwise, the internal water vapor may cause the speaker to produce a lower volume or create static.

⑤

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.