

105MM

139MM

GUNNAR

OJAI

VISION RECOVERY SYSTEM



INSTRUCTION MANUAL

PERFORM HARD RECOVER SMART

GUNNAR Optiks® OJAI

VISION RECOVERY SYSTEM

Perform. Recover. See Better.

Pioneers of Digital Optical Protection Since 2006

WELCOME TO RECOVERY, REIMAGINED

Your eyes work harder than ever. Hours of screen exposure reduce blink rate, increase dryness, and lead to digital eye strain.

The **GUNNAR OJAI Vision Recovery System** is engineered to help you reset combining **heat therapy, air pressure massage, vibration, and sound** to support recovery and relaxation after long digital sessions.

QUICK START GUIDE

Get up and running in under a minute:

1. Charge

- Connect the USB-C cable to a 5V/1A power source.
 - Indicator flashes while charging
 - Solid light = fully charged

2. Wear

- Place the mask gently over your eyes and adjust the strap for a secure, comfortable fit. Close your eyes before starting.

3. Power On

- Press and hold the power button for 2 seconds. Select your mode and relax.

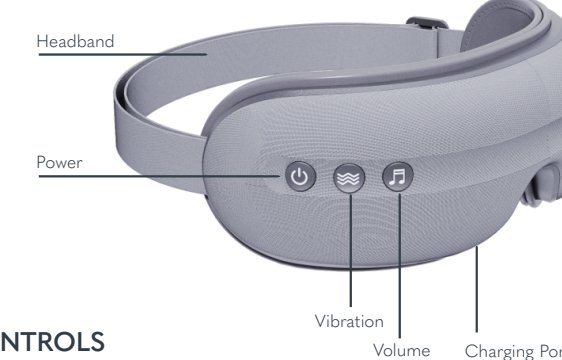
PRODUCT FEATURES

- Smart Air Pressure Massage** – Rhythmic compression to ease tension
- Soothing Heat Therapy** – Helps relieve dryness and fatigue
- Vibration Modes** – Enhances relaxation and circulation
- Bluetooth Audio + Built-in Sound** – Immersive recovery experience
- 10-Minute Smart Cycle** – Automatic shutoff for optimal sessions
- Ergonomic, Foldable Design** – Travel-ready comfort

HOW TO USE

Wearing the device

- Place the device over your eyes
- Adjust the strap for a snug, comfortable fit
- Ensure full eye coverage
- Keep your eyes closed during use



CONTROLS

Button	Function
Power	Press & hold (2 sec) to turn ON/OFF
Mode	Cycle through massage modes
Vibration	Toggle vibration levels
Volume	Adjust music volume

MASSAGE MODES

Each session runs for 10 minutes and shuts off automatically.

1. Relaxation Mode

- Light pressure + heat + music
- Everyday recovery

2. Hot Compress Mode

- Stronger pressure + heat
- Deep relaxation

3. Heat Mode

- Heat only
- Dry eye support

4. Air Pressure Mode

- Compression only
- Tension relief

5. Power Mode

- Maximum pressure + full experience
- Intensive recovery

VIBRATION SETTINGS

- Level 1 (Light)
- Level 2 (Strong)
- Off

AUDIO

- Built-in relaxing sound by default
- Automatically switches to Bluetooth when connected
- Returns to built-in audio when disconnected

CHARGING

- Input: **5V / 1A**
- Charging Port: **USB-C**
- The device does **not operate while charging**
- Charging indicator:**
 - Flashing = Charging
 - Solid = Fully charged

SAFETY INFORMATION

⚠ DO NOT USE IF:

- You have serious eye conditions (e.g., glaucoma, retinal issues)
- You recently had eye surgery
- You are experiencing eye pain, irritation, or inflammation
- Tension relief

⚠ USE WITH CAUTION IF:

- You have sensitive skin or facial allergies
- You are sensitive to heat

🚫 DO NOT:

- Use while walking, driving, or operating machinery
- Use with wet hands
- Disassemble or modify the device
- Exposure to high heat or direct sunlight
- Use sharp objects on the device

🔋 BATTERY SAFETY

- Do not puncture, crush, or burn the battery
- Stop using it if the battery swells or is damaged
- Do not use if exposed to water

🔗 IMPORTANT USAGE NOTES

- Remove glasses, contact lenses, and accessories before use
- Keep the device out of the reach of children
- This product is for wellness use only and is not a medical device

CARE & MAINTENANCE

- Power off before cleaning
- Use a dry or alcohol wipe
- Do not rinse or expose to water
- Store in a cool, dry place
- Avoid prolonged exposure to heat or sunlight

TROUBLESHOOTING

Issue	Possible Cause	Solution
The device won't turn on	Low battery	Recharge device
Weak pressure	Low power	Fully charge
Auto shutoff	Normal function	10-minute cycle complete
Noise during use	Normal operation	Internal air system

TECHNICAL SPECIFICATIONS

- Battery Capacity:** 1200mAh
- Power Consumption:** <5W
- Charging:** USB-C (5V / 1A)
- Weight:** ~337g
- Dimensions:** 230 × 95 × 35 mm
- Modes:** 5 massage modes
- Session Time:** 10 minutes (auto shutoff)

WARRANTY

- 1-Year Limited Warranty** from date of purchase
- Covers manufacturing defects only
- Does not cover:
 - Improper use or storage
 - Unauthorized repairs
 - Normal wear and tear

DISPOSAL

- Remove the battery before disposal
- Do not dispose of in fire
- Recycle according to local regulations

THE GUNNAR DIFFERENCE

Unlike standard recovery devices, GUNNAR products are built on years of optical research and digital eye strain expertise.

We don't just protect your eyes. We help you recover, perform, and see your digital world better.



DESIGNED IN CALIFORNIA

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FCC Compliance Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

CAUTION: The grantee is not responsible for any changes or modifications not expressly approved by the party responsible for compliance. Such modifications could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.