

APPENDIX A: RF EXPOSURE CALCULATIONS FOR HIGH GAIN ANTENNAS

From FCC 1.1310 table 1A, the maximum permissible RF exposure for an uncontrolled environment is 1mW/cm². The Electric field generated for a 1mW/cm² exposure (S) is calculated as follows:

$$S = E^2/Z$$

Where:

S = Power density

E = Electric field

Z = Impedance.

$$E = \sqrt{S \times Z}$$

$$1\text{mW/cm}^2 = 10 \text{ W/m}^2$$

The impedance of free space is 377 ohms, where E and H fields are perpendicular.
 Thus:

$$E = \sqrt{10 \times 377} = 61.4 \text{ V/m which is equivalent to } 1\text{mW/cm}^2$$

Using the relationship between Electric field E, Power in watts P, and distance in meters d, the corresponding Antenna numeric gain G and the transmitter output power and solving for d,

$$d = \sqrt{\frac{P_{\text{peak}} \times 30 \times G}{E}}$$

Example using the Stub Omni-directional antenna

1. The Numeric gain G of antenna with a gain specified in dB is determined by:

$$G = \text{Log}^{-1} (\text{dB gain}/10)$$

$$G = \text{Log}^{-1} 0.215 = 1.64$$

TABLE 10-1: RF EXPOSURE SEPARATION DISTANCE

ANTENNA TYPE	EIRP Dipole (dBm)	ANTENNA GAIN	CALCULATED RF EXPOSURE SEPARATION DISTANCE (cm)	MINIMUM RF EXPOSURE SEPARATION DISTANCE (cm)
Dipole Internal antenna	11.3	-5.0	1.0	20.0