



FCC Part 1 Subpart I
FCC Part 2 Subpart J
INDUSTRY CANADA RSS 102 ISSUE 3

RF EXPOSURE REPORT

FOR

BLUETOOTH HEADSET

MODEL NUMBER: BackBeat FIT

FCC ID: AL8-BBFIT
IC: 457A-BBFIT

REPORT NUMBER: 14U16884-4 Revision B

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NVLAP LAB CODE 200065-0

Revision History

Rev.	Issue Date	Revisions	Revised By
--	02/11/2014	Initial Issue	F. de Anda
A	02/13/2014	Included max. power numbers	F. de Anda
B	02/18/2014	Updated max. tuned power table	F. de Anda

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1. ATTESTATION OF TEST RESULTS

COMPANY NAME: PLANTRONICS.
345 ENCINAL ST,
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EUT DESCRIPTION: BLUETOOTH HEADSET

MODEL: BackBeat FIT

SERIAL NUMBER: 83 & 91

DATE TESTED: JANUARY 16 to 28, 2014

APPLICABLE STANDARDS	
STANDARD	TEST RESULTS
FCC PART 1 SUBPART I & PART 2 SUBPART J	Pass
INDUSTRY CANADA RSS 102 ISSUE 3	Pass

UL Verification Services Inc. calculated the RF Exposure of the above equipment in accordance with the requirements set forth in the above standards, using test results reported in the test report documents referenced below and/or documentation furnished by the applicant. All indications of Pass/Fail in this report are opinions expressed by UL Verification Services Inc. based on interpretations of these calculations. The results show that the equipment is capable of demonstrating compliance with the requirements as documented in this report.

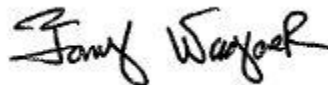
Note: The results documented in this report apply only to the tested sample, under the conditions and modes of operation as described herein. This document may not be altered or revised in any way unless done so by UL Verification Services Inc. and all revisions are duly noted in the revisions section. Any alteration of this document not carried out by UL Verification Services Inc. will constitute fraud and shall nullify the document. This report must not be used by the client to claim product certification, approval, or endorsement by NVLAP, NIST, any agency of the Federal Government, or any agency of any government.

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2. TEST METHODOLOGY

All calculations were made in accordance with FCC OET Bulletin 65 Edition 97-01 and IC Safety Code 6.

3. REFERENCES

All measurements were made as documented in test report UL Verification Services Inc. Document 13U15293-2 for operation in the 2.4 GHz band.

Output power, Duty cycle and Antenna gain data is excerpted from the applicable test reports.

Antenna gain data is excerpted from product documentation provided by the applicant.

4. FACILITIES AND ACCREDITATION

The test sites and measurement facilities used to collect data are located at 47173 and 47266 Benicia Street, Fremont, California, USA. Line conducted emissions are measured only at the 47173 address. The following table identifies which facilities were utilized for radiated emission measurements documented in this report. Specific facilities are also identified in the test results sections.

47173 Benicia Street	47266 Benicia Street
☐ Chamber A	☐ Chamber D
☐ Chamber B	☐ Chamber E
☐ Chamber C	☒ Chamber F

UL Verification Services Inc. is accredited by NVLAP, Laboratory Code 200065-0. The full scope of accreditation can be viewed at <http://www.ccsemc.com>.

5. MAXIMUM PERMISSIBLE RF EXPOSURE

5.1. FCC RULES

§1.1310 The criteria listed in Table 1 shall be used to evaluate the environmental impact of human exposure to radio-frequency (RF) radiation as specified in §1.1307(b), except in the case of portable devices which shall be evaluated according to the provisions of §2.1093 of this chapter.

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*(900/f ²)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*(180/f ²)	30

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)—Continued

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500–100,000			1.0	30

f = frequency in MHz

* = Plane-wave equivalent power density

NOTE 1 TO TABLE 1: Occupational/controlled limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. Limits for occupational/controlled exposure also apply in situations when an individual is transient through a location where occupational/controlled limits apply provided he or she is made aware of the potential for exposure.

NOTE 2 TO TABLE 1: General population/uncontrolled exposures apply in situations in which the general public may be exposed, or in which persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or can not exercise control over their exposure.

5.2. IC RULES

IC Safety Code 6, Section 2.2.1 (a) A person other than an RF and microwave exposed worker shall not be exposed to electromagnetic radiation in a frequency band listed in Column 1 of Table 5, if the field strength exceeds the value given in Column 2 or 3 of Table 5, when averaged spatially and over time, or if the power density exceeds the value given in Column 4 of Table 5, when averaged spatially and over time.

Table 5
Exposure Limits for Persons Not Classified As RF and Microwave Exposed Workers (Including the General Public)

1 Frequency (MHz)	2 Electric Field Strength; rms (V/m)	3 Magnetic Field Strength; rms (A/m)	4 Power Density (W/m ²)	5 Averaging Time (min)
0.003–1	280	2.19		6
1–10	$280/f$	$2.19/f$		6
10–30	28	$2.19/f$		6
30–300	28	0.073	2*	6
300–1 500	$1.585f^{0.5}$	$0.0042f^{0.5}$	$f/150$	6
1 500–15 000	61.4	0.163	10	6
15 000–150 000	61.4	0.163	10	$616\,000/f^{1.2}$
150 000–300 000	$0.158f^{0.5}$	$4.21 \times 10^{-4}f^{0.5}$	$6.67 \times 10^{-5}f$	$616\,000/f^{1.2}$

* Power density limit is applicable at frequencies greater than 100 MHz.

Notes:

1. Frequency, f , is in MHz.
2. A power density of 10 W/m² is equivalent to 1 mW/cm².
3. A magnetic field strength of 1 A/m corresponds to 1.257 microtesla (μT) or 12.57 milligauss (mG).

5.3. EQUATIONS

POWER DENSITY

Power density is given by:

$$S = \text{EIRP} / (4 * \text{Pi} * D^2)$$

Where

S = Power density in mW/cm²

EIRP = Equivalent Isotropic Radiated Power in mW

D = Separation distance in cm

Power density in units of mW/cm² is converted to units of W/m² by multiplying by 10.

DISTANCE

Distance is given by:

$$D = \text{SQRT} (\text{EIRP} / (4 * \text{Pi} * S))$$

Where

D = Separation distance in cm

EIRP = Equivalent Isotropic Radiated Power in mW

S = Power density in mW/cm²

SOURCE-BASED DUTY CYCLE

Where applicable (for example, multi-slot cell phone applications) a duty cycle factor may be applied.

$$\text{Source-based time-averaged EIRP} = (\text{DC} / 100) * \text{EIRP}$$

Where

DC = Duty Cycle in %, as applicable

EIRP = Equivalent Isotropic Radiated Power in W

MIMO AND COLOCATED TRANSMITTERS (IDENTICAL LIMIT FOR ALL TRANSMITTERS)

For multiple chain devices, and colocated transmitters operating simultaneously in frequency bands where the limit is identical, the total power density is calculated using the total EIRP obtained by summing the EIRP (in linear units) of each transmitter.

$$\text{Total EIRP} = (\text{EIRP1}) + (\text{EIRP2}) + \dots + (\text{EIRPn})$$

where

EIRPx = Source-based time-averaged EIRP of chain x or transmitter x

The total EIRP is then used to calculate the Power Density or the Distance as applicable.

MIMO AND COLOCATED TRANSMITTERS

For multiple colocated transmitters operating simultaneously in frequency bands where different limits apply:

The Power Density at the specified separation distance is calculated for each transmitter chain or transmitter.

The fraction of the exposure limit is calculated for each chain or transmitter as
(Power Density of chain or transmitter) / (Limit applicable to that chain or transmitter).

The fractions are summed.

Compliance is established if the sum of the fractions is less than or equal to one.

5.4. LIMITS AND IC EXEMPTION

VARIABLE LIMITS

For mobile radio equipment operating in the cellular phone band, the lowest power density limit is calculated using the lowest frequency:

$$824 \text{ MHz} / 1500 = 0.55 \text{ mW/cm}^2 \text{ (FCC)}$$

$$824 \text{ MHz} / 150 = 5.5 \text{ W/m}^2 \text{ (IC).}$$

FIXED LIMITS

For operation in the PCS band, the 2.4 GHz band and the 5 GHz bands:

From FCC §1.1310 Table 1 (B), the maximum value of $S = 1.0 \text{ mW/cm}^2$

From IC Safety Code 6, Section 2.2 Table 5 Column 4, $S = 10 \text{ W/m}^2$

INDUSTRY CANADA EXEMPTION

RSS-102 Clause 2.5.2 RF exposure evaluation is required if the separation distance between the user and the device's radiating element is greater than 20 cm, except when the device operates as follows:

- below 1.5 GHz and the maximum e.i.r.p. of the device is equal to or less than 2.5 W;
- at or above 1.5 GHz and the maximum e.i.r.p. of the device is equal to or less than 5 W.

6. RF EXPOSURE RESULTS

The transmitter has the following maximum conducted average power:

Frequency Range (MHz)	Mode	Output Power (dBm)	Output Power (mW)	Transmitter Tolerance (dBm)	Max. Tuned Power (mW)
2402 - 2480	Basic GFSK	6.33	4.30	2	6.81
2402 - 2480	DQPSK	2.51	1.78	2	2.82
2402 - 2480	8DPSK	2.59	1.82	2	2.88

FCC Exception:

As the DUT is a portable device it was assessed in accordance using the standalone test exclusion guidelines of FCC KDB 447498 D01 General RF Exposure Guidance v05.

RF exposure evaluation was not required as determined in the following;

Unless specifically required by the published RF exposure KDB procedures, standalone 1-g head or body and 10-g extremity SAR evaluation for general population exposure conditions, by measurement or numerical simulation, is not required when the corresponding SAR Test Exclusion Threshold condition, listed below, is satisfied.

1) The 1-g and 10-g SAR test exclusion thresholds for 100 MHz to 6 GHz at test separation distances ≤ 50 mm are determined by:

$$\left[\frac{(\text{max. power of channel, including tune-up tolerance, mW})}{(\text{min. test separation distance, mm})} \right] \cdot \sqrt{f_{\text{GHz}}} \leq 3.0 \text{ for 1-g SAR and } \leq 7.5 \text{ for 10-g extremity SAR,}^{24} \text{ where}$$

- f_{GHz} is the RF channel transmit frequency in GHz
- Power and distance are rounded to the nearest mW and mm before calculation²⁵
- The result is rounded to one decimal place for comparison
- 3.0(Head & body) and 7.5(extremities) are referred to as the numeric thresholds

The test exclusions are applicable only when the minimum *test separation distance* is ≤ 50 mm and for transmission frequencies between 100 MHz and 6 GHz.

If the 'calculated threshold' of $\frac{CP}{d^2} \cdot \sqrt{f} \leq 3$ then SAR testing is not required.

Antenna	Tx	Frequency (MHz)	Conducted Ave. Power	Tolerance	Max. Tuned power		Separation distances (mm)
					dBm	mW	
2.4Ghz	BT	2480	6.33	2	8.33	6.81	0
Calculated Threshold Value				SAR exclusion Threshold			
2.1				<3			

The calculated Threshold is 1.6, below the threshold limit of 3; therefore the EUT is exempt from SAR.

Industry Canada Exception:

RSS-102, 2.5.1 Exemption from Routine Evaluation Limits – SAR Evaluation

SAR evaluation is required if the separation distance between the user and the radiating element of the device is less than or equal to 20 cm, except when the device operates as follows:

- above 2.2 GHz and up to 3 GHz inclusively, and with output power (i.e. the higher of the conducted or radiated (e.i.r.p.) source-based, time-averaged output power) that is less than or equal to 20 mW for general public use and 100 mW for controlled use;

Output power is 4.51 mW; therefore EUT is exempt from SAR.

END OF REPORT