

PS-100 Series

Quick Start Guide

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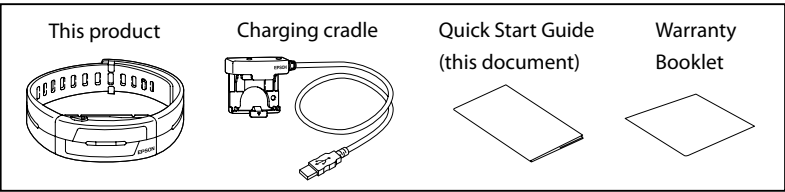


Before Getting Started

Thank you very much for purchasing the PS-100 Series.
Read this guide carefully to use this product correctly. This guide describes how to set up and configure the product. See the User's Guide for more detailed information. You can download the guide from the following address.
<http://www.epson.jp/support/>
It is prohibited to copy part or all of this guide without permission.

Checking the Package Contents

Contact your store of purchase if there are any missing or damaged components.



The AC adaptor is optional. Purchase separately if required.

1. For Your Safety

Make sure you read the manuals (this document and the electronic manual "User's Guide") first to use this product safely. The product may malfunction, or an accident may occur if it is handled incorrectly.

- Keep the manuals handy to help you resolve any problems.
- When taking this product out of the country of purchase, check the laws and regulations in the destination country before you travel.
- This product is not a medical device. Use this product as an indicator during physical exercise.

Meaning of Symbols

Manuals for this product use the following symbols to warn against dangerous operations and handling to prevent personal injury and property damage. Understand the meaning of the symbols before reading the explanation.

	Warning	Ignoring this warning may cause serious personal injury or death.
	Caution	Ignoring this warning may cause personal injury or property damage.
		This symbol indicates things you must do.
		This symbol indicates things you must not do.

Notes on Using PS-100 Series and Components

Warning	
	Exercise according to your physical condition. Avoid sudden bursts of activity and overly vigorous exercise. Stop exercising and consult your doctor if you feel unwell during exercise.
	This product is a highly accurate sensor and able to measure your pulse rate; however, this is not a medical device. If you have any concerns, consult our information center before using this product.
	Do not look at this product constantly while walking or exercising. You may fall or have an accident. Be aware of your surroundings. This product is composed of precision equipment and electronic parts. Do not use or store this product in the following environments. It may cause an electric shock or fire, or the product may malfunction or breakdown. • Locations where the temperature and humidity vary widely • Sooty or dusty places • Near a strong magnetic field (for example, near a speaker) • Near volatile substances • Near a fire
	Do not disassemble this product, and do not attempt to repair this product by yourself. It may cause an electric shock or accident.
	Do not leave this product within reach of young children.

Caution	
	Stop using the product immediately and consult your doctor if you have an allergic reaction or a rash while wearing it.
	Do not hold this product directly under a tap. Steam, soap, and hot spring agents may compromise the waterproof feature or cause corrosion.

Notes on Using the Charging Cradle

Warning	
	Beware of the following when using the charging cradle, AC adaptor, and USB cable. Failure to note the following may result in an electric shock, a fire, or a malfunction. • Do not connect or disconnect the power cord with wet hands. • Do not use a damaged AC adaptor or USB cable. • Do not use them when they are emitting smoke or an unusual smell, or making noise. • Do not use them when any foreign substances or liquid such as water enters them. • Do not use the USB cable when any foreign substances such as dust is on the terminals. • Do not use any adaptor other than the specified adaptor for charging.

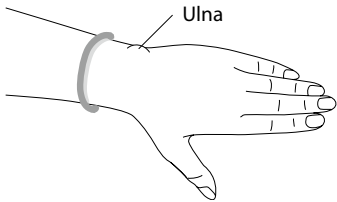
Notes on Taking Care of PS-100 Series

Do not attach the charging cradle when the product is wet. It may cause corrosion of the terminal section or a malfunction. When the product is wet from water or sweat, wipe it with a damp cloth, remove the moisture with a towel, and then dry naturally before attaching the charging cradle.

2. Wearing PS-100 Series

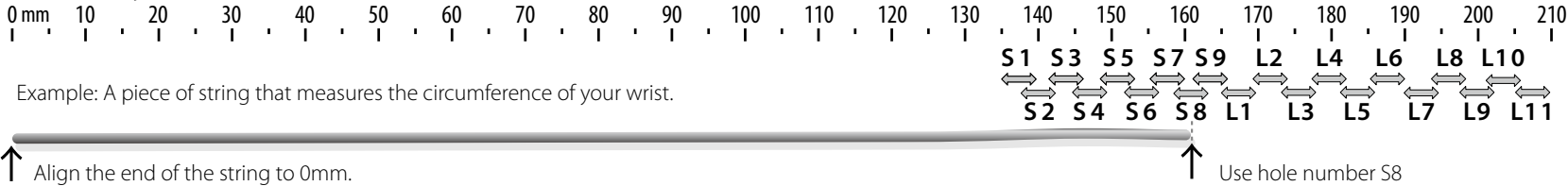
Wear the product closely around your wrist without slack. Tighten the wristband if your pulse is not measured correctly while exercising.

1. Measure the circumference of your wrist, for example, using a string. Measure the circumference closely at the position indicated in the illustration without touching the ulna bone.

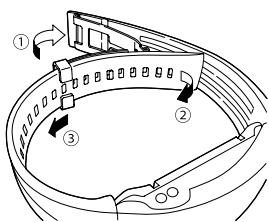


2. Place the string on the "Wristband adjustment hole finder" to find the hole number.

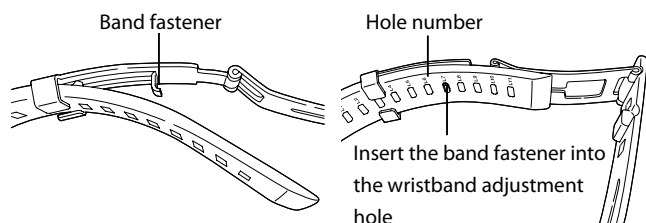
Wristband adjustment hole finder



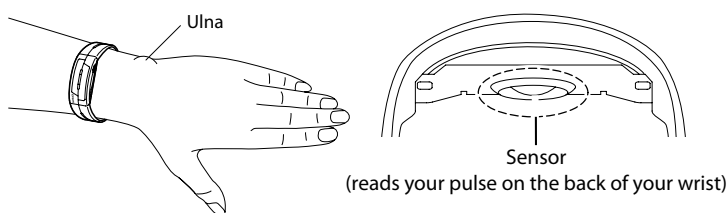
3. Unfasten the buckle of the wristband as shown below.



4. Insert the band fastener into the hole number you checked in step 2.



5. Put your hand through the wristband and fasten the buckle. When wearing the product, make sure it does not touch the ulna bone. Move the band fastener to a smaller hole number if the wristband is loose.

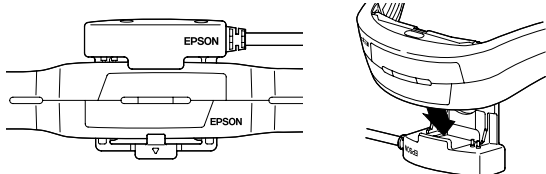


3. Using PS-100 Series for the First Time

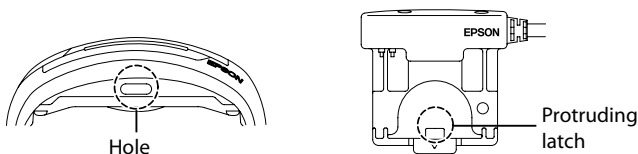
Charge the product as shown below when using it for the first time. The product turns on when charged. Make sure that charging is complete.

1. Attach the charging cradle to the product.

- 1 Align the EPSON logos on the product and charging cradle and tilt the product as shown.



- 2 Insert the protruding latch on the charging cradle into the hole on the side of the product.



2. Connect the USB connector.

■ Using a PC

Connect the charging cradle's USB cable to the USB port on the PC.

Note that some PCs may not be supported. Try connecting the charging cradle and the PC directly without using a USB hub.

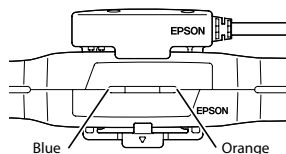
■ Using an AC adaptor

Connect the charging cradle's USB cable to the AC adaptor, and then connect the AC adaptor to the power socket.

We recommend using the specified AC adaptor (XXXX optional). Charging may not be possible or the product may not operate if any other AC adaptor is used.

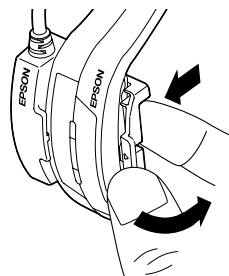
When connection is established, the LED light on the product turns on.

- The LED is orange while charging and blue when charge is complete.
- Charging takes approximately TBD (1.5 to 2.5?) hours to complete; however, the duration varies depending on the condition.



3. Detach the charging cradle from the product when charge is complete.

Detach them by opening the part indicated with △ outwards and push the product from the other side.



4. Initial Configuration

You need to perform initial configuration before using PS-100 Series for the first time. You can use a smartphone to perform the initial configuration.

Supported devices and operating systems

Check the following website.

<http://>

Perform initial configuration such as creating the account and pairing using a smartphone.

1. Search your smartphone's application store for Epson **PULSE**SENSE View, and then install it.
2. Start Epson **PULSE**SENSE View.
Make sure that the product is within one meter from the smartphone.
3. Follow the instructions in the Epson **PULSE**SENSE View guide.

5. Contact Us

6. Service and Repair