

InBodyWATCH

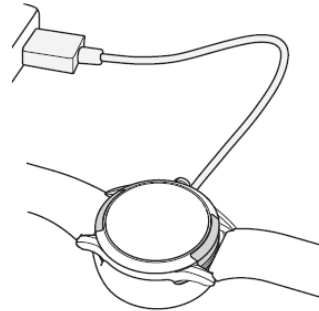
Quick Start Guide

Please read the following instructions before initial use.

- Charge the battery prior to initial use.
- During the test, your hands MUST NOT come in contact with each other.

Step 1. Charging

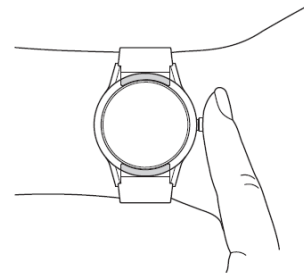
Charge the InBodyWATCH by docking the device to the included charging cradle dock and plugging the dock into a USB port.



- ※ A full charge requires approximately 1 hour.
- ※ Bluetooth will not work while charging.

Step 2. Powering Up

To turn on the InBodyWATCH, press the side button for 3~5 seconds.



Step 3. Syncing with the App

- 1) Search "InBody" in the App Store or the Google Play Store and click download.
- 2) Open the app and enter your mobile phone number. Enter your gender, height, age, and password. Finish creating your account by pressing the 'Done' button.
- 3) Select 'InBodyWATCH' in the setup screen, and press the 'Setup' button. Enter your weight and press 'Confirm'.
- 4) The InBodyWATCH will vibrate to indicate a successful connection has been made between the InBody App and the InBodyWATCH. (※Bluetooth must be on.)

Step 4. Method of use (Touch screen)

To move the various function screen of InBodyWATCH, slide the screen right and left. To go detail screen for each function, slide the screen up and down.



Testing Instructions (Body Composition)

- 1) Maintain the proper posture during the test as shown in the image on the right.
- 2) Your hands MUST NOT come in contact with each other. Be sure your fingers are not in contact with the back of your hand.
- 3) For accurate results, maintain the same posture for every test and use similar testing conditions (i.e. same time of day).



Testing Precautions

***Warning**

- 1) Individuals with artificial implants such as pacemakers or life-sustaining implants should not take the InBody test.
- 2) The electrical currents used for the test are not harmful to the body, but pregnant women are advised to consult with an expert before use.

***Caution**

- 1) This product is not a medical device and the presence of illnesses cannot be determined. To determine the presence of illnesses, contact your doctor.
- 2) Results may vary depending on physical and environmental conditions.
- 3) Tests should be taken indoors in the event of cold weather.

General Precautions

Please observe these safety warnings for safe and proper use of the product to prevent accidents or danger.

* **Caution**

-This product has been tested in a controlled environment and is water and dust-resistant under specific conditions. It satisfies the requirement for IP68 Level of International Standard IEC 60529 – Degrees of Protection provided by Enclosures [IP Code]. However, the InBodyWATCH may not resist water and may become damaged by water in certain circumstances.

-Do not disassemble or cause impact to the product arbitrarily. Such actions may result in electrical shock or injury, failure and inaccurate outcomes of the product, and no further warranty service may be provided by the manufacturer.

-Do not open, disassemble, break, deform, bend, smash, press, or make a hole in the product.

-Do not use the product if damaged. It could cause a fire, burn, injury, and/or electric shock.

-Do not place the InBodyWATCH in salt water or chemicals (soap water).

-Do not leave the product in a bath tub or hot water.

-Do not leave the InBodyWATCH where high-pressure water (tap water, waterfalls, and waves) can be splashed on the product, or use the product underwater.

-Do not bend the product excessively. It may cause damage to the product.

-Do not drop or impact the product. The main device of the product can be damaged or deformed, causing water leakage.

-Keep out of reach of pets or children. InBodyWATCH can be a choking hazard or battery can explode.

-Do not wear the product for prolonged periods in environments with high temperature and humidity such as inside a car or in a spa. The exterior can deform or the product can break or explode.

-Do not expose the InBodyWATCH to UV light for prolonged periods of time.

-The battery itself must not be changed, remodeled, or added with other substances, or placed in or exposed to water or other liquids.

-The battery must be charged before it is fully discharged. The battery life reduces if the battery is

discharged for long periods of time.

- The battery life can vary by the degree of use.

- Do not cover or wrap with a blanket while the product is being used or charged. It can cause a fire.

- Those allergic to metal, rubber, and/or silicon materials must not use the product.

- Clean the product regularly to maintain hygiene.

- Users who wear the InBodyWATCH tightly and/or with sensitive skin may experience skin reactions.

- Skin reactions can appear to users who are exposed to external irritants such as sweat and/or soap, or by allergens, environmental factors, and/or other factors.

- Keep the band clean and dry. This product observes the international safety standard but can cause allergic reactions in certain circumstances.

- Do not connect the product to other equipment in methods not specified in the user's manual.

- Keep the electrodes of the product away from electro conductive materials. Electrical stimulation such as static electricity can cause product damage or failure.

- Do not check the phone notification or other data shown in the product display in circumstances that can cause risks by negligence or while driving.

- The band strap can be contaminated and/or discolored or deformed by direct sunlight, water, oil, and/or cosmetics.

- Do not touch or use excessive force on the charging dock while it is plugged in.

- Be sure not to bend the charging dock USB cable. Stop using the product if the USB cable is damaged.

- The InBodyWATCH is classified as home (Class B) electromagnetic radio equipment and can be used anywhere.

- The wireless service may interfere with other Bluetooth-enabled devices. Therefore, it cannot provide life-safety services. Get the notification directly from your cellphone in situations such as medical emergencies or when communication is required.

- Bluetooth devices may cause electromagnetic interferences with multiple electronic goods due to use of the same frequency range.

- Illegal data transfer or data transfer problems through Bluetooth is the responsibility of the user.

***Reference**

- Clean the product with soft fabrics once a week.
- Changes to product specifications and/or the user's manual can be modified without prior notice.

Disposal

Customer Information for Eco-friendly Project (Disposal Product):

This product must be disposed for the purposes of recycling electronic goods. See the handling policy of the local community association for the disposal and recycling of electronic goods.



FCCID: F60INBODYWATCH

FCC statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

*This product complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This product may not cause harmful interference, and (2) this product must accept any interference received, including interference that may cause undesired operation.

RF exposure warning

The equipment complies with FCC RF exposure limits set forth for an uncontrolled environment. The equipment must not be co-located or operating in conjunction with any other antenna or transmitter.

***Note**

Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the equipment.

Product Warranty

InBody provides warranty for products in compliance with the Consumer Dispute Resolution System as below. (+82-80-578-3939)

***Product Service Criteria**

-Service will be provided free of charge only for failures caused by manufacturer's defect or by natural causes during the warranty period.

-See Consumer Dispute Resolution System announced by Fair Trade Commission for unspecified details.

Type of Customer Damage		Within Warranty Period	After Warranty Period
When important repairs are necessary for defects in performance and function occurred during normal use within 10 days after purchase		Exchange or Refund	Paid Repair
When important repairs are necessary for defects in performance and function occurred during normal use within 1 month after purchase		Exchange or Free Repair	
Type of Customer Damage		Within Warranty Period	After Warranty Period
Repairable	Up to 3 failures by same defect	Free Repair	Paid Repair
	Up to 4 failures by same defect	Exchange or Refund	
Nonrepairable	When undelivered within 1 month after repair request	Exchange or Refund	Refund by adding 10% to depreciatio
	When not repairable as the part for repair is not available	Exchange or Refund	

Paid Service Information

1) Failure caused by user mistake

-Failure or damage caused by mishandling (dropping, flooding, shock, breakage, excessive operation etc.)

-Failure and damage caused by not observing way of use and precautions in manual

2) Other cases

-Failure caused by natural disasters (fire, flooding, abnormal power source etc.)

-The consumable part is expired or is already used (battery, strap already in use)

*Reference

If the content of product is modified or damaged by arbitrary disassembly of product, unauthorized change of operation, and repair by a third-party person other than the personnel authorized by the company, warranty will be invalidated.

Product Name	InBodyWATCH	Model	InBodyWATCH
Date of Purchase	Year Mon Day	Product No	
Place of Purchase		Warranty Period	1 year from the date of purchase

[Within inventory holding period (3 years)] [Warranty period: 1 year from the purchase date (strap excluded)]

-In case the date of product purchase cannot be found, calculate the warranty period on the 3rd month following the purchase date.

-Keep this warranty information safe as it will not be reissued.