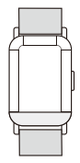
amor H2 Pro

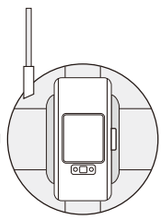
Quick Start Guide

① Package contents

1. amor H2 Pro Health Watch



2. Charging cradle

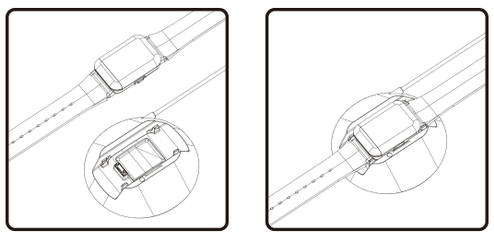


3. Quick Guide

4. Charging port plug x 2

② Charging amor H2 Pro

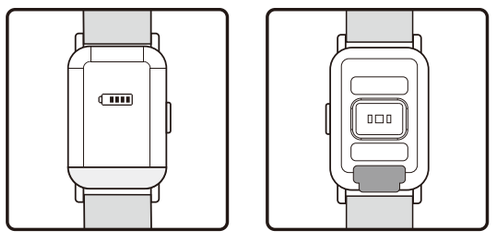
Note: When using for the first time, please charge before installation and pairing.



Put the recorder on the charging cradle, and plug the USB charging cable into the 5V power supply.

- Charging temperature: 10°C ~ 40°C
- Charging time: 1.5 ~ 2 hours
- Avoid charging for a long time with the charger connected

Charging progress will be displayed when charging.



When charging, the indicator of the charging cradle is solid yellow and orange; when it is fully charged, the indicator is solid green.
After charging, please put back the charging port plug.

③ Installing the APP

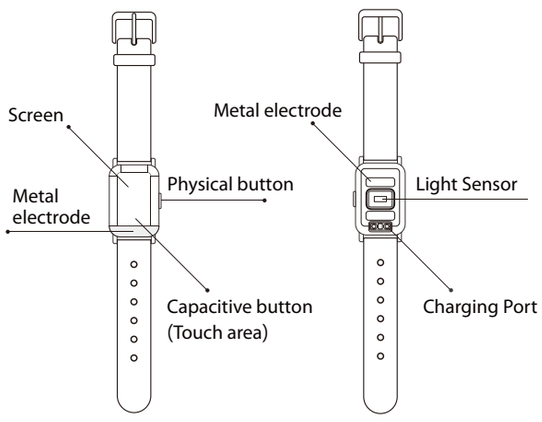
Search Health Keeper in App Store / Google Play
Or you can use the QR Code below to download the App:

Android

iOS

The App works with Android 4.4 or iOS 10.0 / iPhone 5S or later smartphones, with BLE 4.0 supported.

④ Getting to know amor H2 Pro

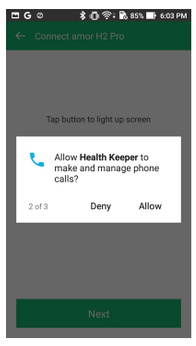


⑤ Power on and pair with a smartphone

Long press the physical button for 5 seconds to turn on amor H2 Pro.

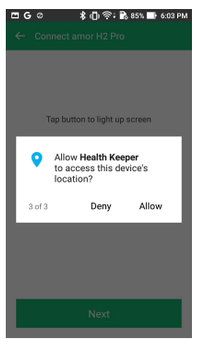
1.

In device list, select amor H2 Pro.

2. 

Tap "Allow".

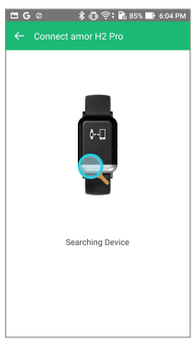
Install and launch the App on your smartphone, and follow the instructions to sign in and pair amor H2 Pro with your smartphone.
Note: Please turn on bluetooth before proceeding.

3. 

Tap "Allow".

4.

Tap the capacitive button on amor H2 Pro and tap "Next" on the App.

5. 

Searching for the device

6.

Tap the capacitive button on amor H2 Pro to connect the device.

7.

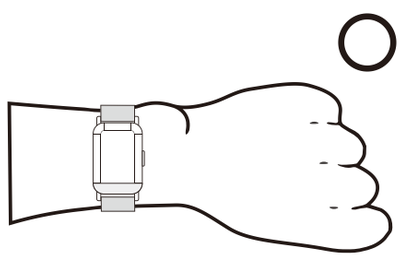
Trying to connect

8.

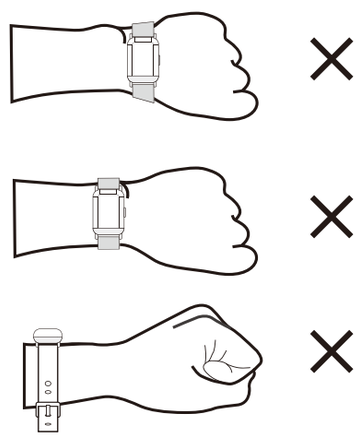
Connection successful, tap "ok".

⑥ Wearing amor H2 Pro

amor H2 Pro can detect your heart rate and heart rate variability through PPG optical signal measurement, and can also use metal electrodes to measure eBP.



To ensure the accuracy of measurement, avoid wearing the watch on the carpal bones.

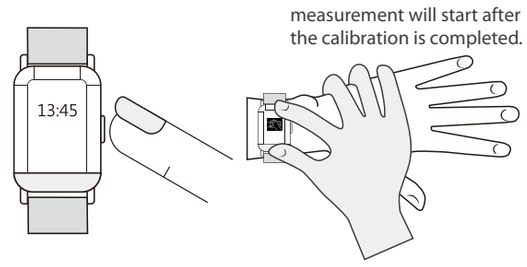


Avoid wearing the watch too loose so that it cannot detect signals or too tight to cause discomfort.

⑦ Start a compound measurement

To start a compound measurement, tap any button to light up the screen.

1. After the screen is lit, short press the physical button to activate the measurement function.
2. Touch the metal electrode with your finger and the watch will begin to calibrate after about 5 seconds. The measurement will start after the calibration is completed.



The measurement will take about 30 seconds. For the accuracy of the measurement, please try not to move the hand wearing the watch during the measuring process.

3. Measuring

4. Measurement completed

This product's heart rate and index applications are not suitable for users equipped with pacemakers.

⑧ Viewing information on amor H2 Pro

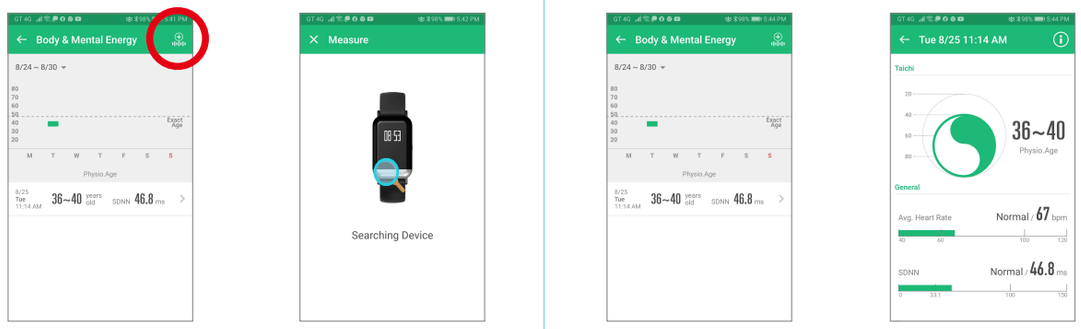
Short press the touch area to cycle through the information on screen: time, date, number of steps, fatigue index, circulation index, eBP index, heart rate, and battery level.

Icon	Descriptions
13:45	The current time; the default format is hour: minute.
12/07	Today's date
	The number of total steps today
	The fatigue index last measured
	The circulation index last measured

Icon	Descriptions
eBP	The eBP index last measured
	Note: For the first use, please calibrate in the App before enabling this function.
	The heart rate last measured
	The remaining power of the watch
	Event logging activated; 24-hour heart rate monitoring, consumes more power.
	The time of the watch and the APP are different, please launch the APP to synchronize.
07-AC-12 3D-56-8B	Short press the physical button twice to display the serial number of the device.

⑨ Start a Body & Mental Energy Measurement on the APP

Turn on the Body & Mental Energy measurement function in the APP and tap the button on the top right of the APP (in the red circle). Follow the steps below to start the operation. Do not speak and stay still during the measurement so as not to affect the measurement results. After the measurement, it also provides self-context feedback during the measurement process (questionnaire)



⑩ Event logging

This function is disabled by default. You can enable the event logging function in the APP.

After the function is turned on, the corresponding icon will appear in H2 Pro. Short pressing the physical button will automatically generate an event log.

Event logging will run simultaneously during compound measurement.

ECG measurement completed in 30 seconds

Note: When the event logging function is turned on, the recording process cannot be canceled.

⑪ Specifications

Product name: amor H2 Pro
Model: 8Z39
Dimension: 260 x 28 x 11 mm (including watch strap)
Weight: 33g
Battery type: Built-in rechargeable lithium-ion battery
Battery capacity: 150 mAh
Waterproof rating: IP67
Wireless conneciton: BLE 5.0
Working temperature: 0°C to 45°C
Requirements: Android 4.4 or iOS 10.0 / iPhone 5S or newer, BLE 4.0 required

⑫ Company information

Name: Leadtek Research Inc.
Address: 18F, No. 166, Jian-Yi Rd., Zhonghe Dist., New Taipei City 23511, Taiwan
Customer Service: +886-2-82265800

Warranty Card

Leadtek provides the following warranty:

1. Warranty for one year from the date of purchase. If you cannot provide a purchase invoice, you will have a one year warranty from the date of shipment.
2. The repair service does not include the shipping charges generated when you send the product to the repair station and when the products are sent back to you by the company; the repairs from the second year are charged according to the company's repair standards.
3. When the product is sent for repair, please pack it with the original packing material or suitable materials (such as carton, bubble bag or styrofoam, etc.). If the product is damaged due to improper packing, the company will not provide warranty.
4. Please be sure to back up your data when you send the product for repair. The company does not assume responsibility for any damage or loss of data resulting from the repair process.
5. The following situations are not covered by the warranty:
   a. The damage of the product is caused by disaster, flood, earthquake, or any other act of God.
   b. The components have decay, short circuit, or malfunction, caused by natural or environmental factors (moisture and dust).
   c. The damage of the product is caused by human errors or misuse.
   d. The product is dismantled, repaired, modified, or adjusted by the user or the personnel unauthorized by our company.
   e. The using problems and malfunctions caused by installing and setting up the software.
   f. The problems and malfunctions caused by computer virus.
   g. The sticker of factory warranty serial number is damaged, unable to verify, or missing.
   h. Other misuses.
6. Regardless of whether it is within the warranty period or not, any damage not covered by the warranty, with your consent, will be charged according to the company's repair standards.
7. The warranty of this product is only applicable to the product itself and does not include consumables, accessories and software.
8. For products covered by the warranty, if it cannot be repaired, the company has the right to replace it with a good product or a product of the same grade.
9. For products not covered by the warranty, the company will charge a testing fee of 10 USD. The repair fees will be charged separately.
10. The company's warranty for the product is only limited to repair or replacement of the product; the company is not liable for any other damages or inconvenience caused by the product.

Warranty terms and quality assurance

1. In order to provide you with better after-sales service, our company promises:
   a. If the product has the quality or quantity problem within 7 days of purchase, you can choose to refund the product or exchange the product for a new one.
   b. If the product has the quality or quantity problem within 15 days of purchase, you can choose to exchange the product for a new one.
   c. If the product has the quality or quantity problem within 1 year of purchase, our company will provide repair services.
      - If you cannot provide the purchase invoice during the period described above, the start date will be the production date.
      - When you send your product for repairing, please mail the warranty documents (including warranty card and invoice) with your product to our company.
      - When refunding the product or exchanging the product for a new one, please contact the resellers and keep the product, accessories, and the information with the product intact.
      - Repairing services do not include the shipping fee you pay for mailing the product to repairing station and the shipping fee our company pays for mailing the product back to you. From the second year of purchase, the repairing fee we will charge you will be based on the repairing standards of our company.
2. During the warranty period, our company will not provide free warranty services on any of the following situations :
   a. Malfunctions due to human errors, including :
      - Malfunctions caused by improper using, maintenance, and preserving, or operating without following the instruction.
      - Malfunctions caused by dismantling the product or repairing through personnel unauthorized by our company.
   b. Malfunctions caused by acts of God (such as fire, flood, earthquake, thunder shock, and so on).
   c. Inability to provide warranty documents, revising warranty documents by yourself, or others.

FCC warning

Federal Communications Commission Statement

This device complies with FCC Rules Part 15. Operation is subject to the following two conditions:

• This device may not cause harmful interference.

• This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a class B digital device, pursuant to Part 15 of the Federal Communications Commission (FCC) rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment causes harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by doing one or more of the following measures:

• Reorient or relocate the receiving antenna.

• Increase the separation between the equipment and receiver.

• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

• Consult the dealer or an experienced radio/TV technician for help.

FCC Caution

Any changes or modifications not expressly approved by the party responsible for compliance could void the user‘s authority to operate the equipment.

The antenna(s) used for this transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. To maintain compliance with FCC exposure compliance requirement, please follow operation instruction as documented in this manual.