



Polar Pro Sensor

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快速使用指南



Find product support



[www.polar.com/en/support/
Polar_Pro_Team](http://www.polar.com/en/support/Polar_Pro_Team)

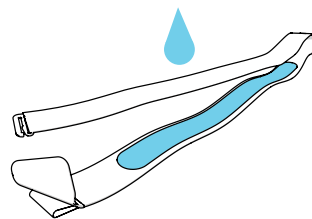
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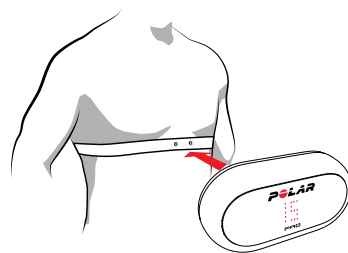
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ENGLISH

Thanks for choosing Polar! In this guide, we'll walk you through the basics of using and caring for Polar Pro sensor. The sensor is a part of the Polar Pro team solution designed for monitoring and analyzing high level team sports performance.

For more support and information about the Polar Pro sensor and the Polar Pro team solution, go to www.polar.com/support.

WHAT'S INCLUDED

- Polar Pro sensor
- Polar Pro Soft strap

GET STARTED

The Polar Pro sensor measures extensive player performance data, records the data in detail and sends it live to iPad® via Bluetooth® Smart allowing you to follow real-time information during training.

After each training session, place the sensor into the Polar Pro team dock to charge it, and to sync the data to the Flow for Team iPad app and web service for detailed further analysis.

WEAR THE SENSOR

1. Moisten the electrode area of the strap (picture 1).
2. Clip the strap around your chest and adjust the strap to fit snugly.
3. Attach the sensor (picture 2).

After each training session, detach the sensor and rinse the strap under running water to keep it clean.

CHARGE THE SENSOR

Charge the sensor in a Polar Pro team dock. Detach the sensor from the strap, and place it into a slot in the dock with the Polar logo facing up. When the Polar logos on the sensor and dock face the same way, the sensor is placed correctly.

CARE FOR YOUR PRODUCT

Sensor: Detach the sensor from the strap after every use and dry it with a soft towel. Clean the sensor with a mild soap and water solution when needed. Never use alcohol or any abrasive material (e.g. steel wool or cleaning chemicals).

Strap: Rinse the strap under running water after every use and hang to dry. Clean the strap gently with a mild soap and water solution when needed. Do not use moisturizing soaps, because they can leave residue on the strap. Do not soak, iron, dry clean or bleach the strap. Do not stretch the strap or bend the electrode areas sharply.

TECHNICAL SPECIFICATION AND MATERIALS

Battery type: 390 mAh Li-poly rechargeable battery

Sensor materials: ABS + PC, brass (gold plated), steel, stainless steel, aluminium, LDPE/TPR

Strap materials: 38% Polyamide, 29% Polyurethane, 20% Elastane, 13% Polyester

Operating temperature: -10 °C to +45 °C (14 °F to 113 °F)

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