

MEASUREMENT/TECHNICAL REPORT

**Company - Model: FitSense Technology
FS-1 Foot Pod
FCC ID: O9DFA
June 1, 2001**

Description: This is a report to support a request for an original grant of equipment authorization.

Equipment Type: Low Power Communications Device Transmitter (DXX)

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Introduction

This report is an application for Certification of a Transmitter operating pursuant to Part 15.249 of the FCC Rules, Code of Federal Regulations 47. The model number covered by this report is FS-1 Foot Pod. This report is designed to demonstrate the compliance of this device with the requirements outlined in Part 15 of CFR 47 using the methods outlined in Part 2 of CFR 47.

The confidential information and descriptions included in this application are detailed descriptions of the products, block diagrams, component specifications, and schematic diagrams. We hereby respectfully request under the provision of section 0.457d of the code that the documents listed below be held confidential.

Technical Descriptions and Block Diagrams

Schematics

Bill of Materials

FitSense is requesting that the Technical Descriptions, Block Diagrams, Schematics and Bill of Materials be kept confidential in the FCC application because of the proprietary design developed by FitSense that is unique to the industry.

Statement of Conformity

The FitSense FS-1 Foot Pod has been found to conform with the following parts of the 47 CFR as detailed below:

Part 2	Part 15	Comments
	15.15(b)	The product contains no user accessible controls that increase transmission power above allowable levels.
2.925	15.19	The label is shown in the label exhibit.
	15.21	Information to the user is shown in the instruction manual exhibit.
	15.27	No special accessories are required for compliance.
	15.203	The antenna is built into the board and there is no external antenna connection.
	15.205 15.209	The fundamental is not in a Restricted band and the spurious and harmonic emissions in the Restricted bands comply with the general emission limits of 15.209.
	15.207	The unit is battery powered without the capability of being recharged or operated from the AC mains.
	15.249(a)	The unit complies with the field strength limits of the 15.249(a) table including the 20dB peak restriction of 15.35(b) and 15.249(d).
	15.249(c)	The unit complies with the field strength limits of the 15.209(a) table.

Unit Tested

Model Number: FS-1 Foot Pod

Test Methodology

Radiated emission testing was performed according to the procedures in ANSI C63.4 (1992). Radiated testing was performed at an antenna to EUT distance of 3 meters below 1 GHz, and at a distance of 3 or 1 meter(s) above 1 GHz. The actual test distance used is noted in the test data sheets. The device's performance was investigated to 10GHz. The EUT was powered by a Maxell CR2032 3VDC battery for all tests. A fresh battery was used for all testing. Since the Foot Pod can be operated in any orientation, the emissions were maximized in each of the three orthogonal axes and the maximum reading was recorded. The integrated antenna cannot be maximized separately.

All other performance tests were made in accordance with the procedures outlined in Part 15 of CFR 47. The applicable sections provided under Part 15 are provided in the measurement section of this report.

Discussion of CFR47 Part 15.249 Testing Procedure

The FS-1 Foot Pod is part of a system involving four separate units. The Foot Pod transmits footstep data to the FS-1 Watch (a separate part of the FS-1 system). The duration of the transmission cycle is approximately three minutes, thereafter the unit must be reactivated. The transmission cycle was continuously reactivated and peak readings were taken during that time.

Test Facility

Curtis-Straus LLC

All testing for the range 30–10,000MHz was performed at Curtis-Straus (A2LA Certificate Number 1627-01). The open area test site used to collect the radiated data is located at 527 Great Road, Littleton, MA 01460. Site “T” was used.

Test Equipment Used

Spectrum Analyzers					
x	Analyzer	Model No.	Company	Serial No.	Calibration Due
X	GREEN 9kHz-26.5GHz	8593E	HP	3829A03618	05-OCT-2001
X	ORANGE 9kHz-26.5GHz	E4407B	HP	US39440975	05-MAY-2001

OPEN AREA TEST SITES (OATS)					
x	Site	FCC Code	IC Code	VCCI Code	Calibration Due
X	"T" Texas	93448	IC 2762-T	R-905/ C-480	09-AUG-2001

ANTENNAS					
x	Antenna	Model No.	Company	Serial No.	Calibration Due
X	GREEN-WHITE Bilog: 30MHz-2GHz	CBL6112B	Chase	2574	11-JUN-2001
X	ORANGE Horn: 1-18GHz	3115	EMCO	0004-6123	17-MAY-2001

PREAMPLIFIERS					
x	Preamplifier	Model No.	Company	Serial No.	Calibration Due
X	GREEN 0.01-2000MHz	ZFL-1000-LN	MiniCircuits/ C-S	n/a	24-MAR-2002
X	ORANGE-BLACK 1-20GHz	SMC-12A	MITEQ	690639	06-JUL-2001

Unless otherwise noted the calibration interval is one year. All equipment is calibrated using standards traceable to NIST or other nationally recognized calibration standard.

Measurement Results

Operating Frequency

This device operates at 915.0 MHz.

Electric Field Strength Radiation Measurements

Radiated Emissions Table							Curtis-Straus LLC		
Date: 09-Apr-01			Company: FitSense Technology				Table 1		
Engineer: Evan Gould			EUT Desc: Foot Unit (FCC ID: O9DFA)				Work Order: B0408		
Frequency Range: 30-2000MHz					Measurement Distance: 3 m				
Notes: Fundamental, Band Edge, and Second Harmonic					EUT Max Freq: 915MHz				
Antenna Polarization (H / V)	Frequency (MHz)	Reading (dBμV)	Preamp Factor (dB)	Antenna Factor (dB/m)	Cable Factor (dB)	Adjusted Reading (dBμV/m)	FCC Class B		
							Limit (dBμV/m)	Margin (dB)	Result (Pass/Fail)
BAND EDGE READINGS		---	---	---	---	---	---	---	---
H	902.0	28.5	21.5	20.6	4.1	31.7	46.0	-14.3	Pass
H	928.0	29.0	21.4	20.8	4.2	32.6	46.0	-13.4	Pass
FUNDAMENTAL		---	---	---	---	---	---	---	---
H	916.4	66.9	21.4	20.7	4.1	70.3	94.0	-23.7	Pass
SECOND HARMONIC		---	---	---	---	---	---	---	---
H (1m)	1830.0	36.9	17.3	26.5	6.5	52.6	63.5	-10.9	Pass
Table Result:		Pass	by		-10.9 dB		Worst Freq:		1830.0 MHz
Test Site: "T"		Pre-Amp: Green		Cable: 65 ft RG8A/U		Analyzer: Orange		Antenna: Grn-Wht	

Radiated Emissions Table							Curtis-Straus LLC		
Date: 09-Apr-01			Company: FitSense Technology				Table 2		
Engineer: Evan Gould			EUT Desc: Foot Unit (FCC ID: O9DFA)				Work Order: B0408		
Frequency Range: 2-10GHz						Measurement Distance: 3 m			
Notes: Harmonics (third through tenth) noise floor readings						EUT Max Freq: 915MHz			
Antenna Polarization (H / V)	Frequency (MHz)	Reading (dBµV)	Preamp Factor (dB)	Antenna Factor (dB/m)	Cable Factor (dB)	Adjusted Reading (dBµV/m)	FCC Class B		
							Limit (dBµV/m)	Margin (dB)	Result (Pass/Fail)
V	2750.0	37.6	24.4	31.2	1.2	45.6	54.0	-8.4	Pass
V	3667.0	36.4	24.2	33.9	1.3	47.4	54.0	-6.6	Pass
V	4584.0	37.4	24.3	33.6	1.5	48.2	54.0	-5.8	Pass
V	5501.0	36.1	24.0	35.9	1.6	49.6	54.0	-4.4	Pass
V (1m)	6417.0	36.4	23.1	36.3	1.8	51.4	63.5	-12.1	Pass
V (1m)	7334.0	36.6	22.2	37.5	1.9	53.8	63.5	-9.7	Pass
V (1m)	8251.0	36.2	21.1	38.0	2.0	55.1	63.5	-8.4	Pass
V (1m)	9168.0	37.3	20.6	38.4	2.2	57.3	63.5	-6.2	Pass
Table Result:			Pass	by		-4.4 dB	Worst Freq:		5501.0 MHz
Test Site: "T"			Pre-Amp: Or-Blk		Cable: 3m Sucoflex		Analyzer: Orange		Antenna: Orange Horn

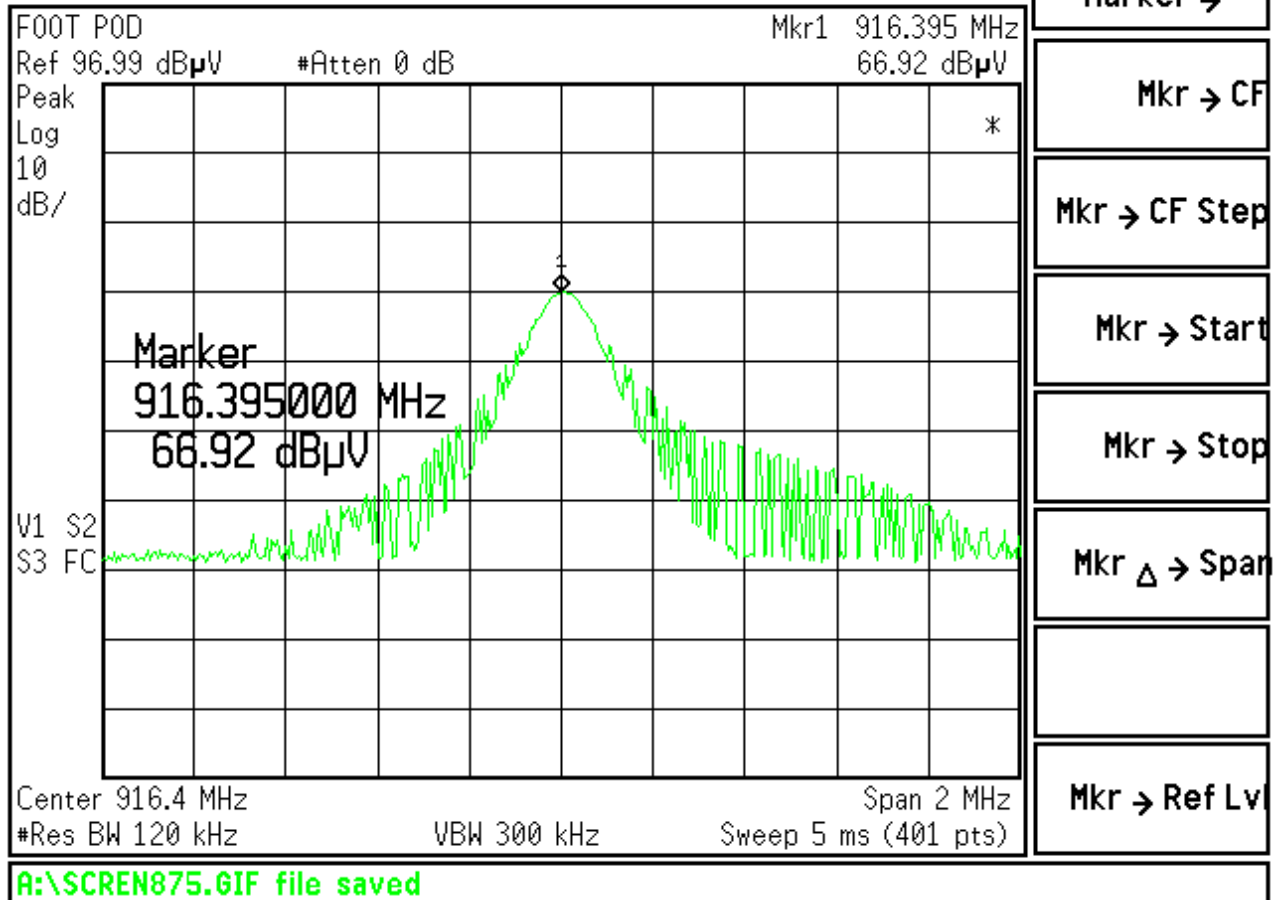
Radiated Emissions Table							Curtis-Straus LLC		
Date: 09-Apr-01			Company: FitSense Technology				Table 3		
Engineer: Evan Gould			EUT Desc: Foot Unit (FCC ID: O9DFA)				Work Order: B0408		
Frequency Range: 30-10,000MHz						Measurement Distance: 3 m			
Notes: Spurious Emissions orange horn, orange analyzer, orange-black pre-amp, and sucoflex cable were used for 1-10GHz						EUT Max Freq: 915MHz			
Antenna Polarization (H / V)	Frequency (MHz)	Reading (dBµV)	Preamp Factor (dB)	Antenna Factor (dB/m)	Cable Factor (dB)	Adjusted Reading (dBµV/m)	FCC Class B		
							Limit (dBµV/m)	Margin (dB)	Result (Pass/Fail)
noise floor	532.7	16.5	21.5	17.8	2.9	15.7	46.0	-30.3	Pass
noise floor	611.2	16.2	21.3	18.8	3.2	16.9	46.0	-29.1	Pass
noise floor	753.6	16.4	21.2	19.6	3.7	18.5	46.0	-27.5	Pass
noise floor	808.2	16.1	21.3	20.0	3.9	18.7	46.0	-27.3	Pass
noise floor	848.4	15.8	21.4	20.3	4.0	18.7	46.0	-27.3	Pass
noise floor	943.2	16.1	21.3	20.9	4.2	19.9	46.0	-26.1	Pass
Table Result:			Pass	by	-26.1 dB		Worst Freq:		943.2 MHz
Test Site: "T"		Pre-Amp: Green		Cable: 65 ft RG8A/U		Analyzer: Green		Antenna: Grn-Wht	

NOTE: There were no emissions from the product detected from 2-10GHz.

Emissions Plots

Fundamental

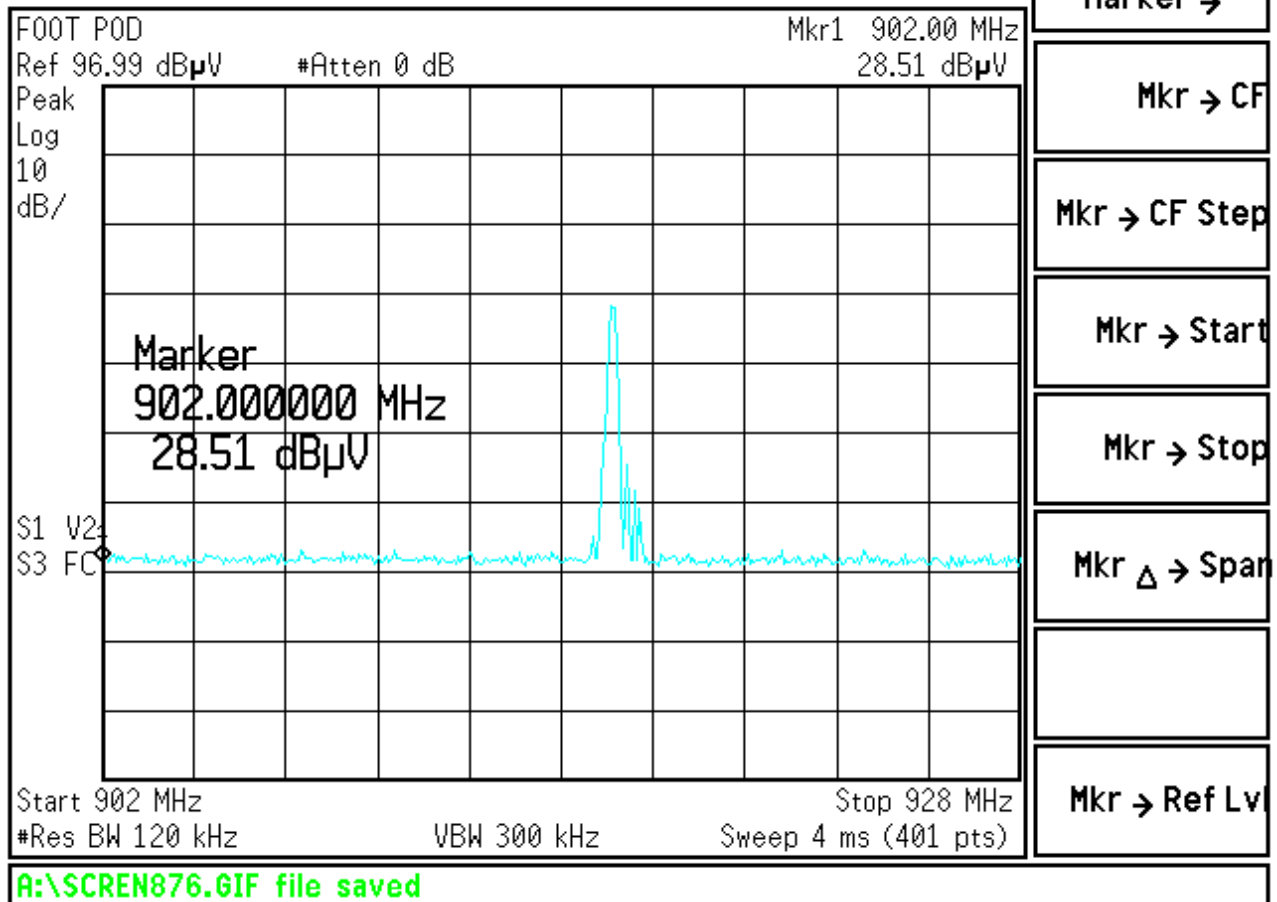
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Band Edge Measurements

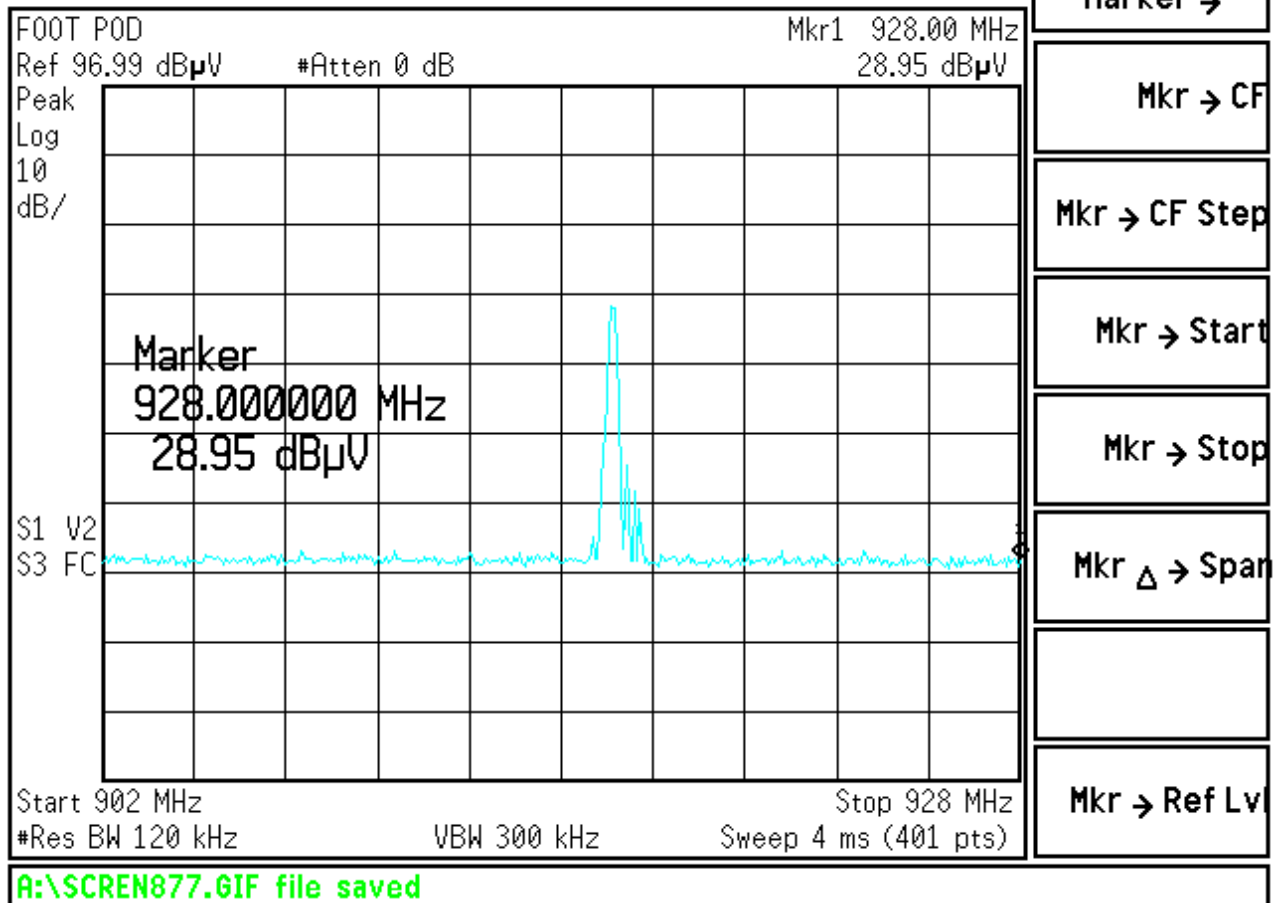
Lower Bandedge

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Upper Bandedge

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