

# RF EXPOSURE REPORT

**Product:** 402547 module

**Model Name:** MP10-ARGON

**FCC ID:** OMC402547

**Applicant:** Icon Health & Fitness

**Address:** 1500 South 1000 West 435-786-5915 Logan, UT 84321, United States

**Manufacturer:** Icon Health & Fitness

**Address:** 1500 South 1000 West 435-786-5915 Logan, UT 84321, United States

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**Report No.:** SA180724W005

**Received Date:** Jul. 24, 2018

**Test Date:** Jul. 30, 2018 ~ Aug. 28, 2018

**Issued Date:** Aug. 29, 2018

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Test Report No.: SA180724W005

## TABLE OF CONTENTS

|                                                         |          |
|---------------------------------------------------------|----------|
| <b>RF EXPOSURE REPORT .....</b>                         | <b>1</b> |
| <b>RELEASE CONTROL RECORD .....</b>                     | <b>3</b> |
| <b>1 CERTIFICATION .....</b>                            | <b>4</b> |
| <b>2 GENERAL INFORMATION .....</b>                      | <b>5</b> |
| 2.1 GENERAL DESCRIPTION OF EUT .....                    | 5        |
| <b>3 RF EXPOSURE .....</b>                              | <b>6</b> |
| 3.1 LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE) ..... | 6        |
| 3.2 MPE CALCULATION FORMULA .....                       | 6        |
| 3.3 CLASSIFICATION .....                                | 6        |
| 3.4 CONDUCTED POWER .....                               | 7        |
| 3.5 CALCULATION RESULT OF MAXIMUM CONDUCTED POWER ..... | 11       |



Test Report No.: SA180724W005

## RELEASE CONTROL RECORD

| ISSUE NO.    | REASON FOR CHANGE | DATE ISSUED   |
|--------------|-------------------|---------------|
| SA180724W005 | Original release  | Aug. 29, 2018 |



Test Report No.: SA180724W005

## 1 CERTIFICATION

**PRODUCT:** 402547 module  
**BRAND NAME:** N/A  
**MODEL NAME:** MP10-ARGON  
**APPLICANT:** Icon Health & Fitness  
**TESTED:** Jul. 30, 2018 ~ Aug. 28, 2018  
**TEST SAMPLE:** Production Unit  
**STANDARDS:** FCC Part 2 (Section 2.1091)  
FCC OET Bulletin 65, Supplement C (01-01)  
KDB 447498 D01 General RF Exposure Guidance v06  
IEEE C95.1

The above equipment has been tested by **BV 7Layers Communications Technology (Shenzhen) Co. Ltd** and found compliance with the requirement of the above standards. The test record, data evaluation & Equipment Under Test (EUT) configurations represented herein are true and accurate accounts of the measurements of the sample's EMC characteristics under the conditions specified in this report.

**PREPARED BY :** Roger, **DATE:** Aug. 29, 2018  
(Roger Li/ Engineer)

**APPROVED BY :** Sam Tung, **DATE:** Aug. 29, 2018  
( Sam Tung / Manager)



## 2 GENERAL INFORMATION

### 2.1 GENERAL DESCRIPTION OF EUT

|                             |                                                 |                                                                                                                                  |
|-----------------------------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| PRODUCT                     | 402547 module                                   |                                                                                                                                  |
| MODEL NAME                  | MP10-ARGON                                      |                                                                                                                                  |
| NOMINAL VOLTAGE             | 12Vdc (adapter or host equipment)               |                                                                                                                                  |
| OPERATING TEMPERATURE RANGE | 0 ~ 40°C                                        |                                                                                                                                  |
| MODULATION TYPE             | WLAN                                            | CCK, DQPSK, DBPSK for DSSS<br>64QAM, 16QAM, QPSK, BPSK for OFDM                                                                  |
|                             | BT_LE                                           | BT-LE(GFSK) for DTS                                                                                                              |
|                             | Bluetooth                                       | GFSK, $\pi/4$ -DQPSK, 8DPSK                                                                                                      |
| OPERATING FREQUENCY         | WLAN                                            | 2412 ~ 2462MHz for 11b/g/n(HT20)<br>5150 ~ 5250MHz, 5250 ~ 5350MHz,<br>5470 ~ 5725MHz, 5725 ~ 5825MHz<br>for 11a/n(HT20)/n(HT40) |
|                             | Bluetooth/BT_LE                                 | 2402MHz ~ 2480MHz                                                                                                                |
| ANTENNA TYPE                | PIFA Antenna                                    |                                                                                                                                  |
| ANTENNA GAIN                | 2.91dBi for BT/2.4G WLAN<br>2.94dBi for 5G WLAN |                                                                                                                                  |
| HW VERSION                  | A184C V2.0                                      |                                                                                                                                  |
| SW VERSION                  | Model number J1002                              |                                                                                                                                  |
| I/O PORTS                   | Refer to user's manual                          |                                                                                                                                  |
| CABLE SUPPLIED              | N/A                                             |                                                                                                                                  |

**NOTE:**

1. For a more detailed features description, please refer to the manufacturer's specifications or the user's manual.
2. For the test results, the EUT had been tested with all conditions. But only the worst case was shown in test report.

### 3 RF EXPOSURE

#### 3.1 LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

| FREQUENCY RANGE (MHz)                                 | ELECTRIC FIELD STRENGTH (V/m) | MAGNETIC FIELD STRENGTH (A/m) | POWER DENSITY (mW/cm <sup>2</sup> ) | AVERAGE TIME (minutes) |
|-------------------------------------------------------|-------------------------------|-------------------------------|-------------------------------------|------------------------|
| LIMITS FOR GENERAL POPULATION / UNCONTROLLED EXPOSURE |                               |                               |                                     |                        |
| 300-1500                                              | ...                           | ...                           | F/1500                              | 30                     |
| 1500-100,000                                          | ...                           | ...                           | 1.0                                 | 30                     |

F = Frequency in MHz

#### 3.2 MPE CALCULATION FORMULA

$$P_d = (P_{out} * G) / (4 * \pi * r^2)$$

where

$P_d$  = power density in mW/cm<sup>2</sup>

$P_{out}$  = output power to antenna in mW

G = gain of antenna in linear scale

$\pi$  = 3.1416

R = distance between observation point and center of the radiator in cm

#### 3.3 CLASSIFICATION

The antenna of this product, under normal use condition, is at least 20cm away from the body of the user. So, this device is classified as **Mobile Device**.

### 3.4 CONDUCTED POWER

#### Bluetooth

##### GFSK

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 0       | 2402                          | 6.90                      | N/A       |
| 39      | 2441                          | 6.38                      | N/A       |
| 78      | 2480                          | 5.83                      | N/A       |

##### $\pi/4$ DQPSK

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 0       | 2402                          | 4.14                      | N/A       |
| 39      | 2441                          | 3.58                      | N/A       |
| 78      | 2480                          | 3.19                      | N/A       |

##### 8DPSK

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 0       | 2402                          | 4.05                      | N/A       |
| 39      | 2441                          | 3.60                      | N/A       |
| 78      | 2480                          | 3.05                      | N/A       |

#### BT-LE (GFSK)

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 0       | 2402                          | -0.51                     | N/A       |
| 19      | 2440                          | -0.91                     | N/A       |
| 39      | 2480                          | -1.66                     | N/A       |

## WIFI 2.4G

### 802.11b

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 1       | 2412                          | 15.16                     | N/A       |
| 6       | 2437                          | 15.41                     | N/A       |
| 11      | 2462                          | 15.26                     | N/A       |

### 802.11g

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 1       | 2412                          | 14.31                     | N/A       |
| 6       | 2437                          | 14.34                     | N/A       |
| 11      | 2462                          | 13.08                     | N/A       |

### 802.11n (20MHz)

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER<br>(dBm) | PASS/FAIL |
|---------|-------------------------------|---------------------------|-----------|
| 1       | 2412                          | 12.34                     | N/A       |
| 6       | 2437                          | 13.60                     | N/A       |
| 11      | 2462                          | 12.25                     | N/A       |

WIFI 5G

802.11a

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER (dBm) | PASS/FAIL |
|---------|-------------------------------|------------------------|-----------|
| 36      | 5180                          | 14.35                  | PASS      |
| 40      | 5200                          | 14.20                  | PASS      |
| 48      | 5240                          | 14.38                  | PASS      |
| 52      | 5260                          | 14.47                  | PASS      |
| 60      | 5300                          | 14.21                  | PASS      |
| 64      | 5320                          | 14.18                  | PASS      |
| 100     | 5500                          | 14.20                  | PASS      |
| 116     | 5580                          | 14.46                  | PASS      |
| 140     | 5700                          | 14.48                  | PASS      |
| 149     | 5745                          | 14.10                  | PASS      |
| 157     | 5785                          | 14.08                  | PASS      |
| 161     | 5805                          | 14.06                  | PASS      |

802.11n (20MHz)

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER (dBm) | PASS/FAIL |
|---------|-------------------------------|------------------------|-----------|
| 36      | 5180                          | 13.32                  | PASS      |
| 40      | 5200                          | 13.21                  | PASS      |
| 48      | 5240                          | 13.27                  | PASS      |
| 52      | 5260                          | 13.17                  | PASS      |
| 60      | 5300                          | 13.12                  | PASS      |
| 64      | 5320                          | 13.07                  | PASS      |
| 100     | 5500                          | 13.05                  | PASS      |
| 116     | 5580                          | 13.11                  | PASS      |
| 140     | 5700                          | 13.22                  | PASS      |
| 149     | 5745                          | 13.41                  | PASS      |
| 157     | 5785                          | 13.02                  | PASS      |
| 161     | 5805                          | 13.30                  | PASS      |

802.11n (40MHz)

| CHANNEL | CHANNEL<br>FREQUENCY<br>(MHz) | AVERAGE<br>POWER (dBm) | PASS/FAIL |
|---------|-------------------------------|------------------------|-----------|
| 38      | 5190                          | 12.16                  | PASS      |
| 46      | 5230                          | 13.14                  | PASS      |
| 54      | 5270                          | 13.05                  | PASS      |
| 62      | 5310                          | 9.62                   | PASS      |
| 102     | 5510                          | 10.28                  | PASS      |
| 110     | 5550                          | 13.24                  | PASS      |
| 134     | 5670                          | 13.34                  | PASS      |
| 151     | 5755                          | 13.20                  | PASS      |
| 161     | 5805                          | 13.08                  | PASS      |

### 3.5 CALCULATION RESULT OF MAXIMUM CONDUCTED POWER

#### TUNE-UP POWER TABLE

| Band       | Frequency (MHz) | Operating Mode | Tune-Up Power And Tolerance (dBm) |
|------------|-----------------|----------------|-----------------------------------|
| Bluetooth  | 2402            | GFSK           | 6.5 ± 0.5                         |
| WIFI 2.4G  | 2437            | 11b            | 15.0 ± 0.5                        |
| WIFI 5G B1 | 5240            | 11a            | 14.0 ± 0.5                        |
| WIFI 5G B2 | 5260            | 11a            | 14.0 ± 0.5                        |
| WIFI 5G B3 | 5700            | 11a            | 14.0 ± 0.5                        |
| WIFI 5G B4 | 5745            | 11a            | 14.0 ± 0.5                        |

#### WIFI

| Band       | Frequency (MHz) | Operating Mode | Antenna Gain (dBi) | Tune-up Power (dBm) | E.I.R.P Power (mW) | Power Density (mW/cm <sup>2</sup> ) | limit (mW/cm <sup>2</sup> ) | PASS / FAIL |
|------------|-----------------|----------------|--------------------|---------------------|--------------------|-------------------------------------|-----------------------------|-------------|
| Bluetooth  | 2402            | GFSK           | 2.91               | 7.0                 | 0.316              | 0.000                               | 1.00                        | PASS        |
| WIFI 2.4G  | 2437            | 11b            | 2.91               | 15.5                | 69.343             | 0.014                               | 1.00                        | PASS        |
| WIFI 5G B1 | 5240            | 11a            | 2.94               | 14.5                | 55.463             | 0.011                               | 1.00                        | PASS        |
| WIFI 5G B2 | 5260            | 11a            | 2.94               | 14.5                | 55.463             | 0.011                               | 1.00                        | PASS        |
| WIFI 5G B3 | 5700            | 11a            | 2.94               | 14.5                | 55.463             | 0.011                               | 1.00                        | PASS        |
| WIFI 5G B4 | 5745            | 11a            | 2.94               | 14.5                | 55.463             | 0.011                               | 1.00                        | PASS        |

--END--