

HELPFUL INFO

1. Build your community. Join our Facebook, Insta & Twitter pages to learn more and meet people as well as sharing your activity sessions with all your friends.
#Myzonemoves
@Myzonemoves.



2. What do all the colors mean and how do i learn more about the information?

www.yzn.rg/getting started



3. To charge the module take off the strap and connect the charger cable. It comes charged so you are all ready to go.



4. If you have any issues with your MYZONE MAX, please contact support via the app or email

support@myzone.org



USER GUIDE

REGISTER YOUR MYZONE MYZONE MAX

1. Download the Myzone app via iOS or Android app store.



2. Click on register your MYZONE MAX
 - a. Your personal MYZONE MAX number will be located on the back of your module after SN.



- b. When prompted to enter facility code please use the facility code provided by your Myzone facility (club) or contact support@myzone.org if you need to obtain a code.
3. Keep in mind the more information you fill out during registration, this will be useful if you log on via computer or for support enquiries.

HOW TO TEST AND SET UP YOUR MYZONE MAX

1. Ensure on your smartphone that you have turned on Bluetooth.



2. Click the MYZONE MAX module onto the front of the belt.

3. Put on your belt and adjust size accordingly.



4. You will hear one beep, which signals the module is on.



5. Open the Myzone app- go to 'workout' - you should see an active tile showcasing your current heart rate.



6. If you cannot see it, add some water (only a little) to the internal black strips on the belt.



LET'S GET STARTED- YOUR FIRST SESSION

1. Follow the test and setup process.
2. The MYZONE MAX will beep, which will identify it is registering and working.



3. Perform your activity.



4. After activity has finished view your workout on your app. This may take a few moments to upload.



5. Share your activity results and build your community.

6. When you take your Myzone Max off you will hear three beeps, this symbolizes the Myzone Max has turned off.



FCC compliance statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

This equipment complies with FCC radiation exposure limits set forth for

an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED compliance statement

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
 - (2) This device must accept any interference, including interference that may cause undesired operation of the device.
- L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
- (1) L'appareil ne doit pas produire de brouillage;
 - (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

IC Radiation Exposure statement

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Cet équipement est conforme aux limites d'exposition aux radiations IC CNR-102 établies pour un environnement non contrôlé. Cet émetteur ne doit pas être colocalisé ou fonctionner en conjonction avec une autre antenne ou un autre émetteur.