HELPFUL INFO

1. Build your community. Join our Facebook, Insta & Twitter pages to learn more and meet people as well as sharing your activity sessions with all your friends. #Myzonemoves @Myzonemoves.

2. What do all the colors mean and how do i learn more about the information? www.myzone.org/getting-started

3. To change the module battery, take off the module off the strap and open the battery pocket located on the back of the module. You can open this pocket with a coin. Replace the battery with a coin cell battery.

4. If you have any issues with your MZ-1, please contact support via the app or email support@myzone.org

USER GUIDE

REGISTER YOUR MYZONE MZ-1

1. Download the Myzone app via iOS or Android app store.

2. Click on register your MZ-1.

a. Your personal MZ-1 number will be located on the back of your module after SN.

b. When prompted to enter facility code please use the facility code provided by your Myzone facility (club) or contact support@myzone.org if you need to obtain a code.

3. Keep in mind the more information you fill out during registration, this will be useful if you log on via computer or for support enquiries.

W788-B03-英语说明书
尺寸：70*120mm,正反彩色印刷，折页，折后尺寸：35*120mm

HOW TO TEST AND SET UP YOUR MZ-1

1. Ensure on your smartphone that you have turned on Bluetooth.

2. Click the MZ-1 module onto the front of the belt.

3. Put on your belt and adjust size accordingly.

4. Open the Myzone app - go to 'workout' - you should see an active tile showcasing your current heart rate.

a. If your activity tile is 'searching for belt', this means your belt is not properly connected. Please refer step 5 for trouble-shooting

5. If you cannot see it, add some water (only a little) to the internal black strips on the belt.

LETS GET STARTED- YOUR FIRST SESSION

1. Follow the test and setup process.

2. Make sure your belt is snug and registering.

3. Perform your activity.

4. After activity has finished view your workout on your app. This may take a few moments to upload.

5. Share your activity results and build your community.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These l

rence by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

imits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interfe

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS