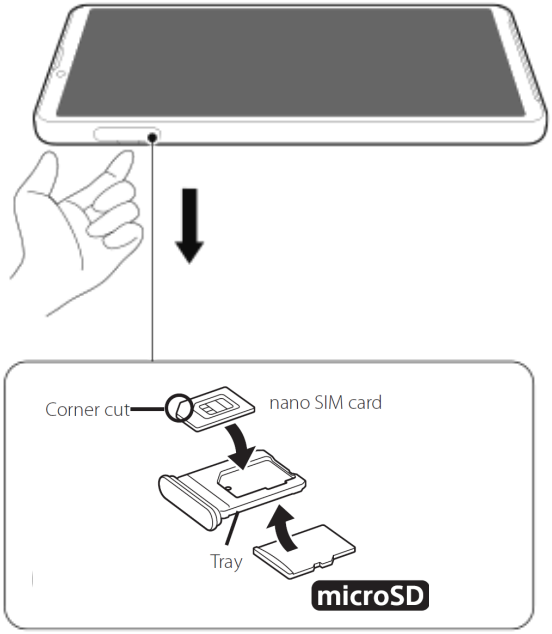
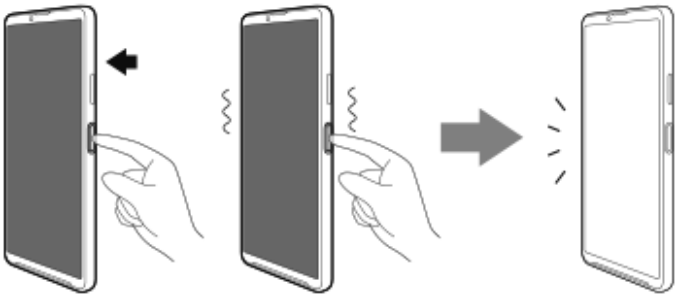
スマートフォン
Xperia XX XX XXXXXX

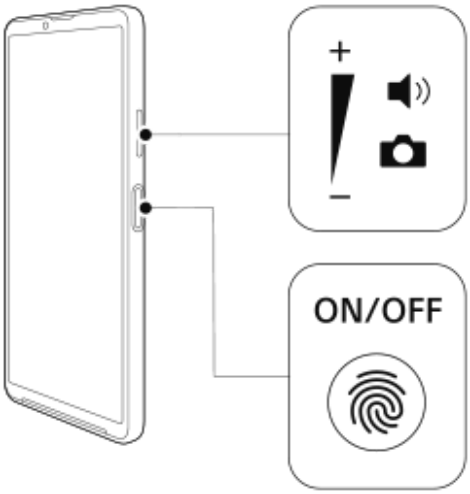
Startup guide

1 SIM



2 PWR ON





Loudness warning

To prevent possible hearing damage, do not listen at high volume levels for long periods.

Legal information

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To view the regulatory compliance mark

Find and tap Settings > About phone > Certificates.
A regulatory compliance mark such as an FCC ID is displayed on the screen.

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Radio Wave Exposure and Specific Absorption Rate (SAR) Information

Radio Frequency (RF) exposure and Specific Absorption Rate (SAR)

When the phone or Bluetooth handsfree is turned on, it emits low levels of radio frequency energy. International safety guidelines have been developed through periodic and thorough evaluation of scientific studies. These guidelines establish permitted levels of radio wave exposure. The guidelines include a safety margin designed to assure the safety of all persons and to account for any variations in measurements.
Specific Absorption Rate (SAR) is used to measure radio frequency energy absorbed by the body when using a mobile phone. The SAR value is determined at the highest certified power level in laboratory conditions, but because the phone is designed to use the minimum power necessary to access the chosen network, the actual SAR level can be well below this value. There is no proof of difference in safety based on difference in SAR value.
Products with radio transmitters sold in the US must be certified by the Federal Communications Commission (FCC). When required, tests are performed when the phone is placed at the ear and when worn on the body. For body-worn operation, this phone has been tested and meets the FCC RF exposure guidelines. Please use an accessory designated for this product or an accessory which contains no metal and which positions the handset a minimum of 1.0 cm from the body.
For more information about SAR and radio frequency exposure, go to:
https://xperia.sony.jp/product/SAR/

Important Information United States

THIS PHONE MODEL HAS BEEN CERTIFIED IN COMPLIANCE WITH THE GOVERNMENT'S REQUIREMENTS FOR EXPOSURE TO RADIO WAVES.
The XQ-ES44 mobile phone has been designed to comply with the applicable safety requirements for exposure to radio waves. Your wireless phone is a radio transmitter and receiver. It is designed to not exceed the limits* of exposure to radio frequency (RF) energy set by governmental authorities. These limits establish

permitted levels of RF energy exposure for the general population. The guidelines are based on standards that were developed by international scientific organizations through periodic and thorough evaluation in scientific studies. The standards include a safety margin designed to assure the safety of all individuals, regardless of age and health. The radio wave exposure guidelines employ a unit of measurement known as the Specific Absorption Rate (SAR). Tests for SAR are conducted using standardized methods with the phone transmitting at its highest certified power level in all used frequency bands. While there may be differences between the SAR levels of various phone models, they are all designed to meet the relevant guidelines for exposure to radio waves.
The highest SAR value as reported to the authorities for this phone model when tested for use by the ear is 0.85 W/kg*, when worn on the body is 0.67 W/kg* and when Wi-Fi hotspot mode is 0.69 W/kg. For body-worn operation, the phone has been tested when positioned a minimum of 10 mm from the body without any metal parts in the vicinity of the phone or when properly used with an appropriate accessory and worn on the body.
For devices which include "Wi-Fi hotspot" functionality, SAR measurements for the device operating in Wi-Fi hotspot mode were taken using a separation distance of 10 mm.
Use of third-party accessories may result in different SAR levels than those reported.
** Before a phone model is available for sale to the public in the US, it must be tested and certified by the Federal Communications Commission (FCC) that it does not exceed the limit established by the government-adopted requirement for safe exposure*. The tests are performed in positions and locations (i.e., by the ear and worn on the body) as required by the FCC for each model. The FCC has granted an Equipment Authorization for this phone model with all reported SAR levels evaluated as in compliance with the FCC RF exposure guidelines. While there may be differences between the SAR levels of various phones, all mobile phones granted an FCC equipment authorization meet the government requirement for safe exposure. SAR information on this phone model is on file at the FCC and can be found under the Display Grant section of https://www.fcc.gov/oet/ea/fccid after searching on FCC ID PY7-73716J Additional SAR-related information can also be found on the Mobile and Wireless Forum at https://www.mwfai.org/.
* In the United States, the SAR limit for mobile phones used by the public is 1.6 watts/kilogram (W/kg) averaged over one gram of tissue. The standard incorporates a margin of safety to give additional protection for the public and to account for any variations in measurements.
** This paragraph is only applicable to authorities and customers in the United States.

Europe

This mobile phone model XQ-ES44 has been designed to comply with applicable safety requirements for exposure to radio waves. These requirements are based on scientific guidelines that include safety margins designed to assure the safety of all persons, regardless of age and health.

The radio wave exposure guidelines employ a unit of measurement known as the Specific Absorption Rate, or SAR. Tests for SAR are conducted using standardized methods with the phone transmitting at its highest certified power level in all used frequency bands.
While there may be differences between the SAR levels of various phone models, they are all designed to meet the relevant guidelines for exposure to radio waves.
For more information on SAR, please refer to the important information chapter.
SAR data information for residents in countries that have adopted the SAR limit recommended by the International Commission of Non-Ionizing Radiation Protection (ICNIRP), which is 2 W/kg averaged over ten (10) gram of tissue (for example European Union, Japan, Brazil and New Zealand): For body worn operation, this phone has been tested and meets RF exposure guidelines when used with an accessory that contains no metal and that positions the handset a minimum of 5 mm from the body. Use of other accessories may not ensure compliance with RF exposure guidelines. The highest SAR value for this model phone when tested by Sony for use at the ear is 0.39 W/kg (10g). In the case where the phone is worn on the body, the highest tested SAR value is 1.07 W/kg (10g).

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FCC Statement for the USA

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.
Any change or modification not expressly approved by Sony may void the user's authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.