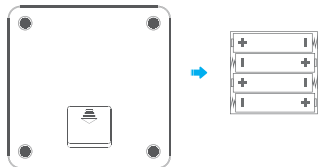


1. Battery Installation and Weight Unit Conversion

- (1) For first use: open the battery cover on the back of the scale and remove the insulation sheet.

Replace the battery: Open the battery cover on the back of the scale as shown in the following picture, and then install the batteries according to the polarity mark in the battery case.



Note:

- After installing the battery, please close the battery cover.
- Please take out the battery if do not use the product for a long time (more than 3 months).

- (2) The unit conversion button is at the bottom of scale. Press or pull it to convert the weight unit and it can be displayed on LED.



Note:

- There are KG and LB unit on the scale, no ST; LB unit;
- There are ST; LB unit in the App. When App is converted to ST; LB unit, the scale is not synchronized with the App.

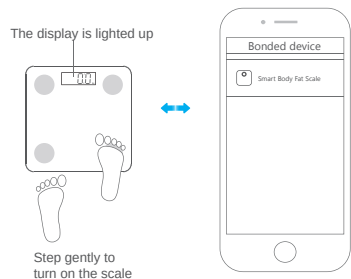
2. Download and Set up the Application

- A. Go to the "App Store" or "Google Play", and search "MovingLife" to download the Application.
- B. Scanning the QR code below.



3. Connect the Scale with Your Phone

Open the App and turn on the Bluetooth of your phone, sign up your account and follow the guideline to set up your profile and connection step by step. The scale has to be on when start to connect with it. All measurements you taken can be saved in history by getting access to your own account.

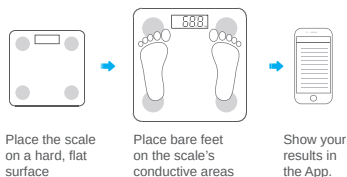


Tips:

- Ensure that the personal information is true and correct, so that we better provide more comprehensive scientific guidance.
- As the APP is constantly upgrading, if there is any difference, please refer to the actual display prevails in the APP.

4. Start Measurement (Regular Mode)

1. Place the scale on a hard, flat surface (not a carpet or mat).
Note: Placing on carpet may cause inaccurate measurements or tipping.
2. Make sure your feet are dry. Place bare feet on the scale's conductive areas.
The scale will automatically turn on and start measuring your weight.
3. Stand on the scale until the display digits flash 3 times, showing your final measurement.
If you've set up your smart scale in the MovingLife, your results (such as BMI, body fat, etc) will show in the App.

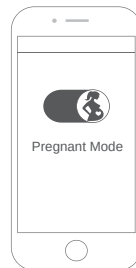


5. Pregnancy Mode and Baby Mode

- Pregnant Mode:

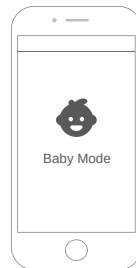
When open the Pregnant Mode through the App, the current will not pass through the body, and only measure weight and BMI. The switch button will be displayed (as below picture) in App. When click the

button to open the Pregnant Mode, the App will show: "The Pregnant Mode is on" When the switch button is clicked again, the Pregnant Mode will be closed. If you need to measure normal body data, please turn off Pregnant Mode.



- Baby Mode:

Click the following position of the App to enter the weighing interface of Baby Mode. The baby's weight can be measured according to the instructions in the APP.



Warning Indications

0000

Fat Measuring
Fat measurement is in process,
please don't step off the scale,
and make sure your bare feet is
touching with the electrodes .

ErrL

Low Fat% Indication
The Fat% is too low. Please lead
a more nutritional diet and take
good care of yourself.

Errh

High Fat% Indication
The Fat% is too high. Please
watch your diet and do more
exercise .

{

Calibration
Error exists, please re-test to get
the correct result.

Err

Over-load Indication
The weighing subject on the
platform exceeds the maximum
capability of scale. Please step
off to avoid damage .

Lo

Low Battery Indication
The battery power is running low,
please replace with a new battery.

About the Body Fat Scale

The product is a smart body fat scale with a high-precision strain gauge sensor, which can help you to store and keep track of your weight on a smart phone. This scale can transmit your weight data to your smart phone via Bluetooth technology, as well as make a graph of your weight results, from which you can keep track of the trend anytime. Download the App on your phone to use the Bluetooth scale. And you will start your first step of weight control .

Advise for Use & Care

1. Do not use the scale in a humid, overheated environment. (Temperature range from 5℃ to 35℃ .)
2. Stand on the scale steadily and touch the electrodes on the platform with your bare feet. Tip-over will lead to a fall when you step on the edge of one side of the scale .
3. Do not drop, shock, or strike the scale as it is a precise instrument .
4. Keep the scale clean. Do not use an acid cleaning agent .
5. Do not use the scale on the place with an intense shake. Keep standing firmly on the scale when in use .
6. To ensure the accuracy of the data, it is recommended that each measurement be carried out at the same time of day.
7. Fat measurement is not available for children under the age of 10 and adults over 100 years old .
8. When the battery runs out, please remove the battery in time to prevent leakage of the battery and lead to scale body corrosion;
9. The use of a fat measurement function is not permitted for pacemakers or other implanted medical devices.

Smart Body Fat Scale

Instructions for Use

The product picture is indicative only.
Appearance specifications please in kind prevail.

RoHS



FDA

FC

CE

E-MAIL: customerservice@tinno.com

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.