

Attach: World Health Organization Weight-for-Height chart

| Height | Weight (kg) Men | Weight (kg) Women |
|--------|-----------------|-------------------|
| 188    | 81-92           | 68-78             |
| 184    | 77-89           | 66-75             |
| 180    | 74-85           | 64-71             |
| 178    | 73-82           | 62-69             |
| 174    | 70-79           | 59-66             |
| 170    | 67-74           | 56-64             |
| 168    | 66-72           | 55-62             |
| 164    | 63-69           | 52-59             |
| 160    | 60-66           | 50-56             |
| 158    | 58-64           | 49-55             |
| 154    | 56-62           | 47-53             |
| 150    | 54-60           | 45-51             |

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The product picture is indicative only. Appearance specifications please in kind prevail.

14iB-001E R0



## Bluetooth Personal Scale

iB-1 SERIES Instructions for Use



Start here!

ISO 9001 CERTIFIED BY SGS

## ■ DEAR USERS:

Thanks for using our Smart Bluetooth scale! To make sure data correctness and product service life, please read the instruction manual carefully before use, and keep for later reference.

## ■ ABOUT SENSSUN BLUETOOTH SCALE

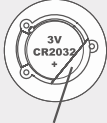
Bluetooth personal scales help you to store and keep track of your weight on your smart phone. This scale can transmit your weight data to your mobile device via Bluetooth technology, as well as make graph of your weight results, from which you are able to keep track of the trend anytime. Download SENSSUN scale software to use Bluetooth scale, you will start your first step of weight control.

## ■ KEY FUNCTIONS:

- Directly check personal weight information through graphs;
- Set password to protect personal information and store multi-user data;
- Simply and clearly graph the tendency of weight and BMI, from which you are able to keep track of the change.
- Bluetooth wireless technology;
- Connect with different smart devices respectively.

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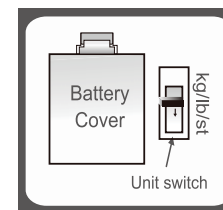
## ■ BATTERY INSTALLATION

| Name                                 | Illustration                                                                                          | Installation                                                                                                                                                                                                                       |
|--------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2x1.5V AAA Battery                   |                    | AAA battery installation<br>Please install battery according to polarity.                                                                                                                                                          |
| 1x3V or 2x3V lithium battery(CR2032) | <br>battery baffle | A. Take out the used battery with the aid of a cuspidal object<br>B. Install new battery by putting one side of the battery beneath the battery baffle and then pressing down the other side.<br>Please take note to the polarity. |

Note: Please use corresponding battery. Please remove battery if it is not in use in a long time (more than three months).

## ■ TO CONVERT WEIGHT UNIT

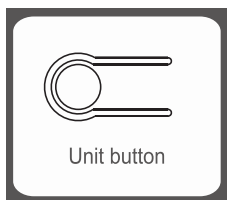
If the scale is with both measuring system of Metric(kilograms) and Imperial (pounds, stones), you can convert weight unit as follow:



Condition 1: if the unit switch is on the back of the scale,

- A. Find unit switch on the back of scale.
- B. Pull up and down the unit switch to convert scale unit between kg-lb-st.

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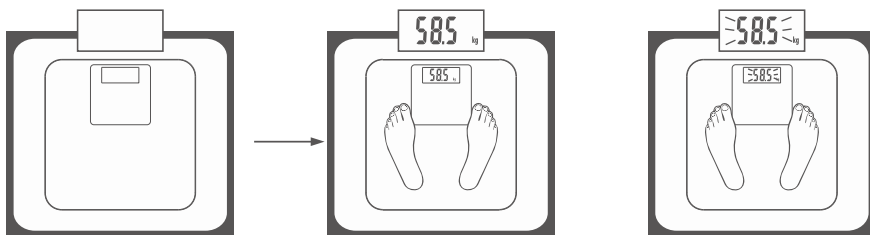


Condition 2: if the unit switch is on the back of the scale,

- A. Find unit switch on the back of scale.
- B. Press the unit conversion button when scale is power on, LCD shows current weight unit. Press the button again to convert weight unit.

## ■ REGULAR WEIGHING MODE

After installing battery, place the scale on flat floor. Keep stand still on scale when testing. Then wait for seconds, display shows the same weight reading for approximate a few seconds.



Install battery and place the scale on flat floor. To make sure accuracy, place the scale on a hard, flat floor and avoid carpet and soft surface.

Step on scale slightly (Auto-on) for a while, wait for weight reading display (as shown on graph).

Reading result will flash after weight stabilized.

## ■ HOW TO SET UP AND USE OUR APP

### 1. Get the Application:

- A. Go to the “App Store” or “Google Play”, and search “SENSSUN” to download our Fine-designed Application.
- B. Or in another most convenient way by scanning the QR code on the right side:



### 2. Bluetooth Setting:

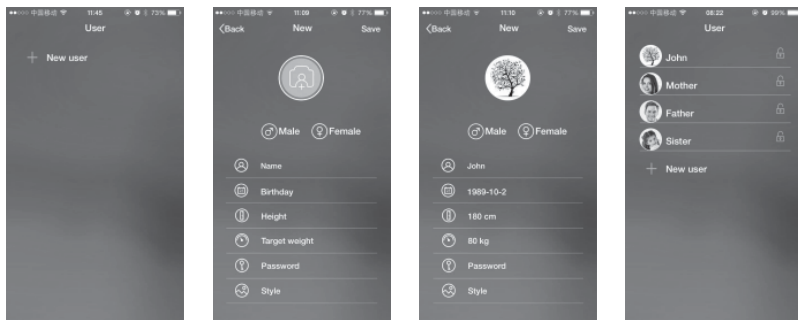
- A. Make sure that the Bluetooth is already on.
- B. If not, go to the “Settings > Bluetooth” to turn it on.
- C. Tap on the platform of scale to turn it on.

Note:

- Due to the new technology of Bluetooth 4.0, there is no need to pair the smart device with scale, it will be matched automatically within the Bluetooth signal coverage of 5~10 meters.
- The products are Bluetooth 4.0 supported, and require iOS 7.0/Android 4.3 or later. They could be compatible with iPhone4s or later, Samsung Galaxy S3, HTC One, Huawei Honor 6, Xiaomi 3, Meizu MX3, LG G2 pro, etc. This App is not optimized for tablet.

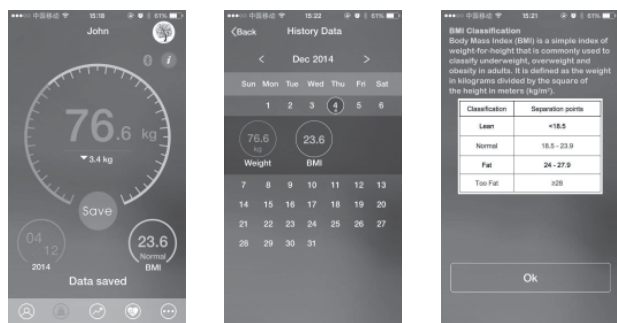
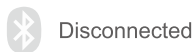
### 3. Creating A New User Profile:

- A. Click the “SENSSUN” icon to open the App, you will see the initial interface without any profile
- B. Click “+ New user” and fill out all requested information, such as gender, name, date of birth, height, target weight, theme of the interface, and could even set a password to protect your private information.
- C. Click “save” to save the profile, and then it will redirect to the initial interface. Now, you can enter your profile and start weighing.



#### 4. Weighing with your Smart device:

In the weighing mode, also the overview interface, you will see the Bluetooth icon, under your avatar, is already in dark blue, which means the Bluetooth connection goes into effect.



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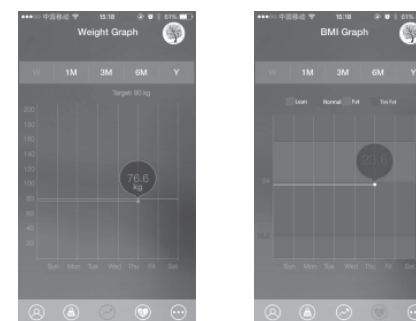
- After weighing, you can reach the information of weight, BMI, and date on the weighing interface.
- Click "Save", the data will be saved in the history.
- Click the date circle, you can review the history data by every single day recorded.
- Click the BMI circle, you can refer to the BMI Classification which could catch your attention on your healthy condition, and make some changes if it is necessary.

Note:

- The daily record for one user is always the last record measured and saved within day.
- The BMI Classification is only for your reference, not determining everyone's real healthy status.
- There is also a Weight-for-Height chart in the manual for your reference.
- You can modify your basic info. by clicking your avatar to the setting mode.

#### 5. Tracking your weight and BMI:

In order to track the trend of weight and BMI, clicking the third and the forth icon on the bottom bar, you will be taken to the line graphs interface that shows the tendency of your weight and BMI by the period of week, month, 3 months, 6 months and year.

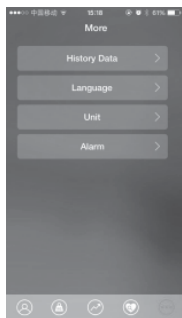


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Note:

- Week: the graph displays the trends of the current week by every single day last record in the week.
- 1 month: the graph displays the trends of the current month by every weekly last record in the month.
- 3 months: the graph displays the trends of the last 3 month by every weekly last record in this 3 month.
- 6 months: the graph displays the trends of the last 6 month by every monthly last record in this 6 month.
- 1 year: the graph displays the trends of the current year by every monthly last record in the year.

## 6. More Functions:

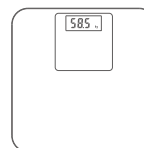


- A. Click the fifth icon on the bottom bar.
- B. You can reach the history data here as well.
- C. Customize the language, weighing unit, or even set a repeated alarm that reminds you to weigh yourself, so that it will make the tendency of the results be more referable.

Attention:

The application is approving for your better experience, please keep your attention on the changes and improvements of the application with every update.

## AUTOMATIC SWITCH OFF



Auto shut-off occurs after display shows the same weight reading for approximate a few seconds, if it is not in use.

## COMMON WARNING INDICATION

| Warning indication | Name                   | Instructions and methods                                                                               |
|--------------------|------------------------|--------------------------------------------------------------------------------------------------------|
| Err                | OVERLOAD INDICATION    | Scale overload the max weight (Max weight is indicated on the scale.) Please step off to avoid damage. |
| Lo                 | LOW BATTERY INDICATION | Battery power is low. Please replace new battery.                                                      |
| C                  | RE-TEST                | The weighing reading has error. Please RE-TEST                                                         |

## ADVISE FOR USE & CARE

1. DO NOT use the scale in humid, overheat or overcold environment. (Temperature range from 5°C to 35°C)
2. DO NOT use the scale on soft mat, lawn, slippery floor or uneven floor.
3. DO NOT drop, shock or strike the scale as it is a precise instrument.
4. Keep the scale clean. DO NOT use acid cleaning agent.
5. DO NOT use the scale on a place with intense shake. Keep standing firmly on scale when in use.
6. To ensure accuracy, please test at the same time of the sequential days.

## ■ FAQ

### The software can't obtain weighing results from Bluetooth scale.

- Please confirm the Bluetooth icon on the software interface is in dark blue, showing connected successfully.
- Confirm the Bluetooth is on in your device.
- Confirm the Bluetooth scale is on within the valid range of signal coverage.
- Check the battery of Bluetooth scale, replace it if necessary.
- Restart your device and set up Bluetooth connection.

### Fail to connect to your device

- Please make sure only one device is setting up connection with the Bluetooth scale.
- Please make sure your device is equipped with Bluetooth 4.0 or above.

### LCD has no responses

- Please first check the batteries and replace them if necessary.
- Repairs may only be carried out by our authorized customer service or dealers.

**Caution:** The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of **5mm** between the radiator and your body.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.