

1. Download and set up the Application

- A. Go to the “App Store” or “Google Play”, and search “Moving life” to download the Application.
- B. Or in another most convenient way by scanning the QR code below

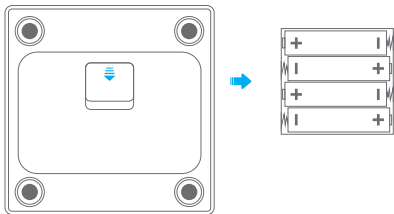


Note about the compatibility:

- iOS 7.0 or above
Android 4.3 or above
Bluetooth 4.0 or above
- Due to the technology of Bluetooth 4.0 LE, there is no need to pair the smart device in Bluetooth setting, it will be bonded automatically after bonding with the App within the Bluetooth signal coverage of 5~10 meters.
- Compatible devices tested: iPhone4s or later, Nexus 5, Nexus 6p, Samsung Galaxy S4, HTC One, Huawei Honor 6, Xiaomi 5, Meizu MX3, LG G2 pro , etc. This App is not optimized for tablet.

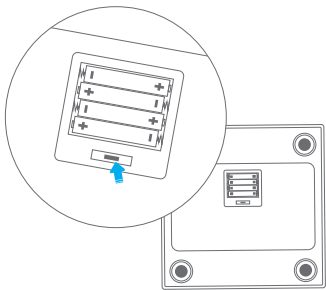
2. Battery Installation

Open the battery cover on the back of the scale as shown in the following picture, and then install the batteries according to the polarity mark in the battery case.



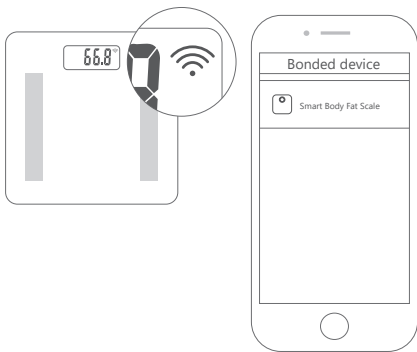
3. Weight unit conversion

You will find the unit conversion button at the bottom of scale, press or pull it to convert the weight unit, you will see it changed on LCD.



4. Connect the scale with your phone

Open the App and turn on the Bluetooth of your phone, sign up your account and follow the guideline to set up your profile and connection step by step. Being aware of it, the scale has to be on when you start to connect with it.
All measurements you taken can be saved in history for detail review anytime anywhere by getting access to your own account.



Symbols of connection status:



Fail to be connected:

The symbol will be flashing;

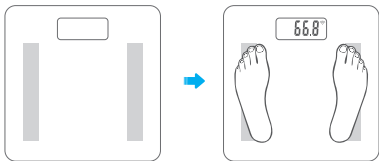
Succeed to be connected:

The symbol will be on constantly.

部分产品无显示连接状态符号，具体请以实物为准。

5. Start Measurement

For the first measurement, keep the scale connected with the App, then put it on a solid and flat floor, and step on it for the measurement. Once the weight is stable and flashing, fat measurement will be proceeded. You will review your weight and body fat display on the screen for several time, then the scale will be off automatically.

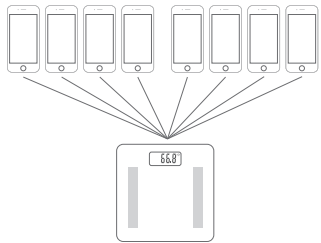


- Do not put the scale on a carpet or other soft surface, it will lead to a wrong weight measurement.
- The first measurement has to be taken with Bluetooth connection, the first weight data will be reference for next auto user recognition.
- To make a proper measurement of body fat, please keep your bare feet on the electrodes of scale. The scale platform should be clean and dry.
- If you want to review all measurement data, open the App, and check them in detail interface.

可支持 8 个手机用户绑定使用，每个用户最多能离线存储 15 组历史数据。

Multiple users supported

8 accounts can be connected with a scale.



Warning indications



Fat Measuring
Fat measurement is in process, please don't step off the scale, and make sure your bare feet is touching with the electrodes.



Low Fat% Indication
The Fat% is too low. Please lead a morenutritional diet and take good care of yourself.



High Fat% Indication
The Fat% is too high. Please watch your diet and do more exercise.



Calibration
Error exists, please re-test to get the correct result.



Over-load Indication
The weighing subject on the platform exceeds the maximum capability of scale.Please step off to avoid damage.



Low Battery Indication
The battery power is running low, please replace with a new battery.

About the body fat scale

The product is a smart body fat scale with a high-precision strain gauge sensor, which can help you to store and keep track of your weight on smart phone. This scale can transmit your weight data to your smart phone via Bluetooth technology, as well as make graph of your weight results, from which you are able to keep track of the trend anytime. Download the App on your phone to use Bluetooth scale, you will start your first step of weight control.

Advise for use & care

1. Do not use the scale in humid, overheat environment. (Temperature range from 5℃ to 35℃.)
2. Stand on the scale steadily and touch the electrodes on the platform with your bare feet. Tip over will lead to a fall when you step on the edge of one side of the scale.
3. Do not drop, shock or strike the scale as it is a precise instrument.
4. Keep the scale clean. Do not use acid cleaning agent.
5. Do not use the scale on the place with intense shake. Keep standing firmly on scale when in use.
6. To ensure the accuracy of the data, it is recommended that each measurement be carried out at the same time of day.
7. Fat measurement is not available for children under 10 years of age and adults over 100 years of age.
8. When the battery runs out, please remove the battery in time to prevent leakage of the battery lead scale body corrosion;
9. The use of a fat measurement function is not permitted for pacemakers or other implanted medical devices.

The product picture is indicative only.
Appearance specifications please in kind prevail.

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16iF-007E R0



FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

The device has been evaluated to meet general RF exposure requirement.
The device can be used in portable exposure condition without restriction



Body Fat Scale

Instructions for Use

iF1949B

ISO 9001 CERTIFIED BY SGS