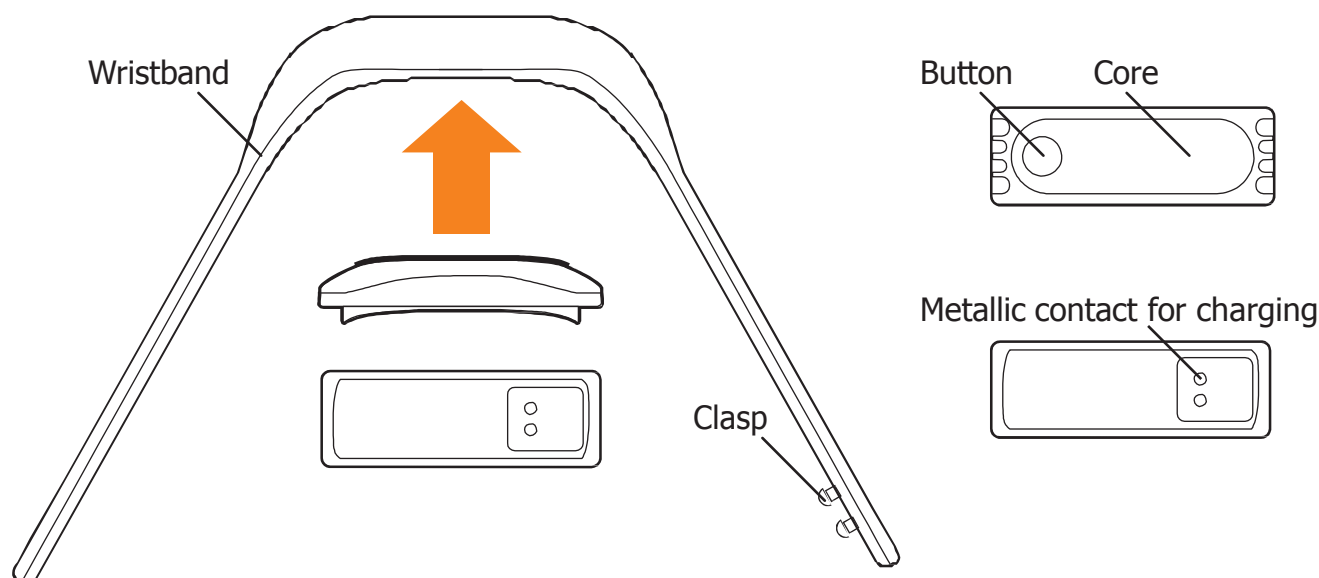


Device Overview



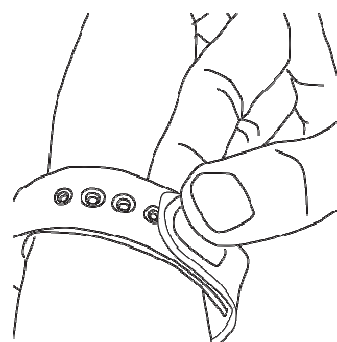
How to wear your Q-Band?

1 Wear Q-Band on your wrist



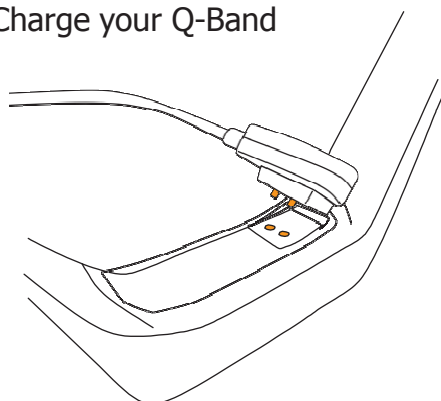
Put on the wristband with the screen facing up and the band wrapped around your wrist. Align the clasp along the band to find the holes where best fit the clasps.

2 Fasten Q-Band with clasp



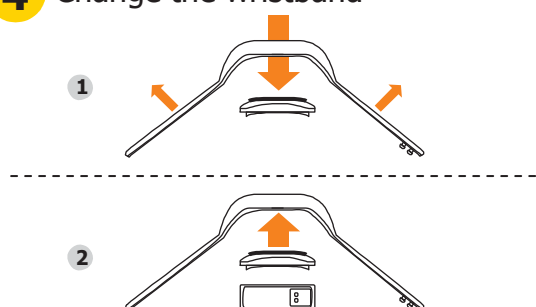
Squeeze both clasps into the holes on the wristband until you hear a click, indicating the band is securely fastened.

3 Charge your Q-Band



To charge your Q-Band, plug the charging cable into a USB port and attach the other end to the back of the Q-Band. A battery icon will appear on the screen displaying the charging progress. It takes around two hours to fully charge the battery.

4 Change the wristband



1. Spread open both bands with the screen facing up, and press down the screen with your thumb until the core comes off the wristband. Remove the clasp from the wristband as well.
2. Insert the core with screen facing down into the notch from the inner side of wristband. Button up the clasp on the side of the band with 2 holes. Please be noted that the charging contact should be near to the clasp.

Get started with Q-Band

1 Download and Install i-gotU Life app

Please download i-gotU Life app from Google Play and have it installed on your Android mobile phone:
<https://play.google.com/store/apps/details?id=com.mobileaction.ilife>

**Supported device**

Any Android mobile phone (v4.3 and up versions) with built-in 4.0 built-in Bluetooth connectivity. The updated list of mobile phones compatible with this sensor is posted at the following link:

<http://www2.voiis.com/qband/devices.html>

**2** Set up Q-Band

Your Q-Band can be configured directly on the i-gotU Life app.

First time setup:

1. Open the i-gotU Life app.
2. A **Setup Wizard** will be launched automatically.
3. Follow the on-screen instructions to proceed with more settings.

Set up a new device from Settings:

1. Open the i-gotU Life app.
2. Tap the app icon at the upper left corner to open **function menu**.
3. Choose **Settings**.
4. Tap **Setup New Device** under **MORE DEVICE SETTINGS**.
5. Follow the on-screen instructions to continue.

Note

Your personal information is used to calculate your Base Metabolic Rate (BMR), which determines your calories burned.

3 Start Using Q-Band**1. Switch between different function modes**

1. Long-press the button on the Q-Band until you see 4 icons on the screen for mode selection.
2. Press the button to switch mode.
3. You'll be entering the selected mode in 3 seconds.

2. Change display information

Information shown on the screen will vary as you press the button on the Q-Band to toggle between screen.

3. Q-Band modes

- Daily mode:** Analyzes your daily data, including steps taken and calories burned, and displays current UV index.
- Sleep mode:** Tracks your sleep pattern and quality.
- Sports mode:** Starts a workout and displays information including duration, steps taken, calories burned, UV-index and distance traveled during the workout.
- Nap mode:** Awakes you via vibration after a short nap.

4 Features of Q-Band & i-gotU Life App**Silent Alarm**

Silent Alarm awakes you using gentle vibrations of the Q-Band. You can dismiss the alarm by long-pressing the button on the Q-Band. In case you miss the alarm, Q-Band will alert you again in 5 minutes. Alarms can be set up from: **i-gotU Life App Menu -> Silent Alarm**.

Notification

You will be notified with incoming calls, SMS, E-Mail, or alerts from the social apps via vibration. When notified about an incoming call, you may reject the call by long-pressing the button on Q-Band. Notification can be set up from: **i-gotU Life App Menu -> Notification**.

Remote Display

1. Please download i-gotU Sports app from Google Play and have it installed on your Android mobile phone: 
<https://play.google.com/store/apps/details?id=com.mobileaction.isports>
2. After starting an activity on i-gotU Sports app, selected sports data from i-gotU Sports app will be displayed on Q-Band.
3. Remote Display can be set up from: **i-gotU Life App Menu -> Remote Display**.
4. The screen can be rotated by changing the settings from: **i-gotU Life App Menu -> Settings -> MORE DEVICE SETTINGS -> Screen Rotation**.

Online Help

<http://www2.voiis.com/igotu-life/help.html>

Important Notice

1. Please do not use under water.
2. Please do not use any corrosive chemical to clean the device.



WEEE

Note on environmental protection:

After the implementation of the European Directive 2002/96/EU in the national legal system, the following applies:
 Electrical and electronic devices may not be disposed of with domestic Waste. Consumers are obliged by law to return electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

Federal Communications Commission (FCC) Statement

15.21

You are cautioned that changes or modifications not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment.

15.105(b)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) this device may not cause harmful interference and
- 2) this device must accept any interference received, including interference that may cause undesired operation of the device.

FCC RF Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Operating temperature	-10° to 65°C (14° to 149°F)
Charging temperature	0° to 45°C (32° to 113°F)
Power input type	DC 5V USB cable
Battery type	Rechargeable Li-Poly, 3.7 Vdc
Input	Maximum DC 5V, 0.1A