60 mm

90 mm

正面

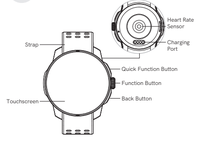
反面

USER MANUAL

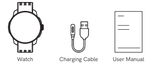
QCY Action
Triathlon Watch

For more operations, please visit
https://instruction.watch.qcy.com/watchHelp/GAP17_watch_help.html

PRODUCT DIAGRAM



WHAT'S IN THE BOX



The images in this manual are for reference only and may differ from the actual product.

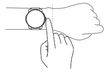
PAIRING

(Scan to download the APP)

First Time Connection:

1. **Power on**
   Long press the function button to power on the smartwatch.
2. **Download and install the App**
   Method 1: Use your phone to directly scan the QR code on the watch's screen or the QR code in the user manual to download.
   Method 2: Search for the "QCY GO" App in your phone's App Store to download.
3. **Open the App and follow the prompts to pair your watch**
   Method 1: To add via QR code scanning — enter the scanning interface on the App's device page, scan the QR code displayed on the watch's screen, and follow the prompts to bind and connect.
   Method 2: To add by searching for nearby devices — tap "+" on the App's device page, and the App will automatically search for discoverable nearby devices; then tap your watch from the list and follow the prompts to bind and connect.

HOW TO WEAR



1. For everyday wear, position the watch about one finger-width above your wrist bone and adjust the strap to a comfortable fit.
2. It is recommended to tighten the strap during exercise and loosen it slightly afterward.

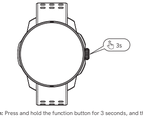
Note: Wearing the watch too loosely may affect the heart rate sensor's data collection.

Installing/Removing the Strap

Refer to the illustrations for installing or removing the strap.

Note: After installation, please gently pull on the strap to ensure it is securely attached.

POWER ON/OFF



Power On: Press and hold the function button for 3 seconds, and the watch will turn on automatically.
Power Off: While the watch is on, press and hold the function button for 3 seconds. Then, select Power Off on the screen and tap to power it off.

CHARGING INSTRUCTIONS

1. Place the watch on the charger, ensuring the charging contacts on the back of the watch align and make full contact with the metal pins on the charger.
2. Please use a charger from a qualified manufacturer with national certification. The recommended output voltage is 5V and the current is within 2A.
3. If the watch cannot be powered on after being left for a long time, it needs to be pre-charged for about 1 minute before the charging icon will be displayed when used again.
4. Please wipe the charging contacts of the charging cable clean to avoid any sweat or moisture residue.

CONTROLS

QUICK FUNCTION BUTTON

Quick enter function interface (Default sports function)	x1 Click once

FUNCTION BUTTON

Menu list	x1 Click once
Unlock the screen (Below the lock screen interface)	2s Long press
Power off interface (Not the lock screen interface)	3s Long press
Swipe the page	Scroll

BACK BUTTON

Return to previous menu	Click once x1
SOS Emergency call	Click twice x2

TOUCHSCREEN

Quick settings (On the main interface)	Swipe down from the edge
Message list (On the main interface)	Swipe up from the edge
Quick glance page (On the main interface)	Swipe right from the edge
Function card (On the main interface)	Swipe left from the edge

WATCH FACE SWITCHING

Replace watch face style (On the main interface)	3s Long press

Note: the watch face can also be installed and updated through the App.

WARRANTY INFORMATION

Warranty Period
QCY products come with a 12-month warranty period from the date of delivery.

How to Solve My Problem
Online purchase: When applying for after-sales service, please give priority to contacting the customer service of the purchase channel/platform. The service support of QCY will provide technical support services and solutions to process your after-sales questions.
Offline purchase: Please contact the store/distributor or agent directly to assist with your after-sale question.

Valid proof of purchase to claim warranty
Products purchased from online: Please provide with order number or information that clearly show the sales channel, product details, price, sales date.
Products purchased from non-official channels: Please provide with sales store information, order number, or product information evidence confirmed by QCY service team.

Not Covered under Warranty
The manufacturer's warranty is avoid under the following circumstances but not limited to:
- Lost, stolen, or free products.
- Items that have expired their warranty period.
- Products without sufficient proof of purchase.
- Improper or inadequate maintenance or modification.
- Accident, misuse, abuse, contamination, or other external causes.
- The use of unspecified adapter and accessories.
- Malfunctions or damages resulting from natural disasters, earthquakes, lightning, abnormal voltage, or environmental factors.
- Damages that occur as a result of one's failure to follow the instructions.

Contact Details
For FAQS and more information
Please email to support@qcymall.com or visit https://www.qcy.com

FCC STATEMENT

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.
This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
—Reorient or relocate the receiving antenna.
—Increase the separation between the equipment and receiver.
—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
—Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

IC STATEMENT

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:
(1) This device may not cause interference.
(2) This device must accept any interference, including interference that may cause undesired operation of the device
Cet appareil contient des émetteurs / récepteurs exemptés de licence conformes aux RSS (RSS)d'Innovation, Sciences et Développement économique Canada. Le fonctionnement est soumis aux deux conditions suivantes:
(1) Cet appareil ne doit pas causer d'interférences.
(2) Cet appareil doit accepter toutes les interférences, y compris celles susceptibles de provoquer un fonctionnement indésirable de l'appareil.

ANATEL STATEMENT

Este equipamento não tem direito a proteção contra interferência prejudicial e
não pode causar interferência em sistemas devidamente autorizados.

Notice:

This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

SAFETY INSTRUCTIONS

1. Please carefully read and retain this user manual before using the product.
2. If the product is not used for an extended period (more than 2 weeks), please recharge it.
3. You must choose a charger produced by a legitimate manufacturer and certified by the national safety authority.
4. If your phone cannot detect the product, either re-enter pairing mode or perform a factory reset on the product. If there is a phone program error, close and reopen Bluetooth on the phone or restart the phone.
5. Do not disassemble or modify the battery, insert foreign objects, expose it to high temperatures, or immerse it in water or other liquids to prevent battery leakage, overheating, ignition, or explosion. Battery replacement should only be done by the manufacture.
6. Do not drop, crush, or puncture the battery. Prevent external pressure that may lead to internal short circuits and overheating.
7. Do not dismantle or modify the product for any reason, as it may result in fire, electronic breakdown, or permanent damage to the product.
8. Do not expose the product to extremely low or high temperatures (below 0°C or above 45°).
9. Do not the product indicator light near the eyes of children or animals.
10. Do not use the product during thunderstorms, as it may cause abnormal operation and increase the risk of electric shock.
11. Do not use oil or other volatile liquids to clean the product.

Manufacturer: Dongguan Hele Electronics Co., Ltd
Address: Room 101, Block 1, No.38, Daojiao Daohou Road, Daojiao Town, Dongguan City, Guangdong Province, China
E-mail: support@qcymall.com
Website: www.qcy.com

RoHS Made in China
FCC ID: RDR-WA25513A

S13英文说明书
成型尺寸:90×60mm
材质:80g哑粉纸
工艺:过哑油 正反印刷,折页