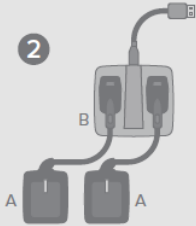
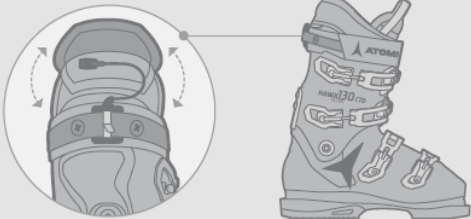
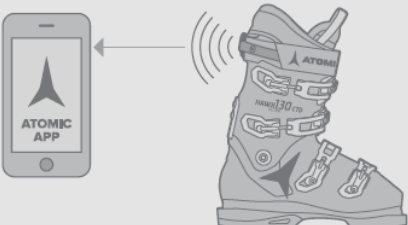




QUICK GUIDE FOR CTD PLUS

GETTING STARTED

		EN
1 	2 	1 Rum vit arit. Ure inte nox mantren dessilium, it, neque cludemque nihilneque erfecur iaesica nosse aus Ahae et; hoc re diessest ego cota, convocu lutesturei publicivere, C. Averunit nul hum ad iam te avera verfect alegili caequosum senin sa mentiam ina, cer loctortem es ocur.
3 		2 Rum vit arit. Ure inte nox mantren dessilium, it, neque cludemque nihilneque erfecur iaesica nosse aus Ahae et; hoc re diessest ego cota, convocu lutesturei publicivere, C. Averunit nul hum ad iam te avera verfect alegili caequosum senin sa mentiam ina, cer loctortem es ocur.
4 		3 Rum vit arit. Ure inte nox mantren dessilium, it, neque cludemque nihilneque erfecur iaesica nosse aus Ahae et; hoc re diessest ego cota, convocu lutesturei publicivere, C. Averunit nul hum ad iam te avera verfect alegili caequosum senin sa mentiam ina, cer loctortem es ocur. 4 Rum vit arit. Ure inte nox mantren dessilium, it, neque cludemque nihilneque erfecur iaesica nosse aus Ahae et; hoc re diessest ego cota, convocu lutesturei publicivere, C. Averunit nul hum ad iam te avera verfect alegili caequosum senin sa mentiam ina, cer loctortem es ocur.

1. Download the Atomic Connected app in the Apple App Store or the Android Play Store.
2. Charge the Movesense Module (A). Attach both to the adapter (B) and connect the USB cable to a 5Vdc, 0.5A outlet.

When connected to adapter:

- FLASHING RED: Not charging. Device either too hot or too cold or charger faulty.
- FLASHING YELLOW: Movesense Module is charging
- CONSTANT GREEN: Charging complete
- FLASHING BLUE: Bluetooth connected

3. Flip open the protective flap on the back of the liner. Place Movesense Module into designated holder on the Power Strap and attach the Movesense connector to the matching connector on the liner. Flip down the protective flap on the back of the liner after connecting.

When connected to liner:

- FLASHING GREEN: Connected to liner, Movesense Module running
- FLASHING RED: Battery charge below 10%
- FLASHING PURPLE:
- FLASHING BLUE: Connected to Bluetooth

4. Ensure the Bluetooth function of your phone is turned on and open the Atomic Connected app on your smartphone. Follow the directions for pairing your boots in the app. Once the boots are properly paired you can begin to use the Atomic Connected app.

Pairing

Pairing procedures may vary, so refer to the instructions of your mobile application for guidance. When pairing, ensure you are at least 10 m (33 ft) away from other Bluetooth devices.



PRODUCT SAFETY AND REGULATORY INFORMATION

CTD / CTD PLUS

incl. Movesense Module (Model: OP 184),

Power Strap and CTD Liner

PRODUCT SAFETY AND REGULATORY INFORMATION

Types of safety precautions



WARNING: is used in connection with a procedure or situation that may result in serious injury or death



CAUTION: is used in connection with a procedure or situation that will result in damage to the device



NOTE: is used to emphasize important information



TIP: is used for extra tips on how to utilize the features and functions of the device.

Safety precautions



WARNING: Only for recreational use.



WARNING: Always consult your doctor before beginning an exercise program. Overexertion may cause serious injury.



CAUTION: Do not apply solvent of any kind to the product, as it may damage the surface.



CAUTION: Do not knock or drop the product, as it may get damaged.



CAUTION: Do not lift the boot by the Movesense Module or Movesense cable.



CAUTION: Do not put the Movesense Module and the CTD liner into the Atomic Memory Fit oven.



CAUTION: Do not fully submerge the Movesense Module or CTD liner in water.



NOTE: At Atomic and Suunto we use advanced sensors and algorithms to generate metrics that can help you in your activities and adventures. We strive to be as accurate as possible. However, none of the data our products and services collect is perfectly reliable, nor are the metrics they generate absolutely precise. Atomic and Suunto products and services are intended for recreational use only and are not meant for medical purposes of any kind.

CE

Hereby, Atomic, declares that the radio equipment type OP184 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: www.atomic.com/en/certificates.

- Weight: 24.0 g (0.85 oz); battery included
- Dimensions: Height 49 mm (1.9 in) / Width 34 mm (1.3 in) / Thickness 17mm (0.7 in)
- Operating temperature: -20° C to + 60° C / -22° F to +140° F
- Storage temperature: -30° C to + 60° C / -22° F to +140° F
- Water resistance: IPx7
- Battery type: Lithium polymer (nominal capacity 215mAh)
- Battery life: 100 hours
- Transmission frequency: 2.4GHz (Bluetooth Smart)

FCC / ISED Regulatory notices

Modification statement

Atomic has not approved any changes or modifications to this device by the user. Any changes or modifications could void the user's authority to operate the equipment.

Atomic n'approuve aucune modification apportée à l'appareil par l'utilisateur, quelle qu'en soit la nature. Tout changement ou modification peuvent annuler le droit d'utilisation de l'appareil par l'utilisateur.

Interference statement (if it is not placed in the device)

This device complies with Part 15 of the FCC Rules and Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Wireless notice

This device complies with FCC/ISED radiation exposure limits set forth for an uncontrolled environment and meets the FCC radio frequency (RF) Exposure Guidelines and RSS-102 of the ISED radio frequency (RF) Exposure rules. This

transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Le présent appareil est conforme à l'exposition aux radiations FCC / ISED définies pour un environnement non contrôlé et répond aux directives d'exposition de la fréquence de la FCC radiofréquence (RF) et RSS-102 de la fréquence radio (RF) ISED règles d'exposition. L'émetteur ne doit pas être colocalisé ni fonctionner conjointement avec à autre antenne ou autre émetteur.

FCC Class B digital device notice

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAN ICES-3 (B) / NMB-3 (B)

This Class B digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de classe B est conforme à la norme canadienne ICES-003.

DATE OF MANUFACTURE

The serial number is found on the back of the Movesense Module.

The serial number is always 12 characters long: YYWWXXXXXXXXXX.

In the serial number, the first two digits (YY) are the year and the following two digits (WW) are the week within the year when the device was manufactured.

DISPOSAL

Please dispose of the device in an appropriate way, treating it as electronic waste. Do not throw it in the garbage. If you wish, you may return the device to your nearest authorized Atomic dealer.

