

SUUNTO NAUTIC

USER GUIDE

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1. SAFETY

Types of safety precautions

 **WARNING:** - is used in connection with a procedure or situation that may result in serious injury or death.

 **CAUTION:** - is used in connection with a procedure or situation that will result in damage to the product.

 **NOTE:** - is used to emphasize important information.

 **TIP:** - is used for extra tips on how to utilize the features and functions of the device.

Safety precautions

 **WARNING:** Keep the USB cable away from medical devices such as pacemakers, as well as key cards, credit cards and similar items. The USB cable device connector includes a strong magnet which may interfere with the operation of medical or other electronic devices and items with magnetically stored data.

 **WARNING:** Allergic reactions or skin irritations may occur when the product is in contact with skin, even though our products comply with industry standards. In such event, stop use immediately and consult a doctor.

 **WARNING:** Always consult your doctor before beginning scuba diving activities. Overexertion may cause serious injury.

 **WARNING:** Only for recreational use.

 **WARNING:** Do not entirely rely on the GPS or battery lifetime of the product. Always use maps and other backup material to ensure your safety.

 **WARNING:** ENSURE THE WATER RESISTANCE OF THE DEVICE! Moisture inside the device may seriously damage the unit. Only an authorized Suunto Service Center should do service activities.

 **WARNING:** Do not use Suunto USB Cable in areas where flammable gases are present. Doing so may cause an explosion.

 **WARNING:** Do not disassemble or remodel Suunto USB Cable in any way. Doing so may cause an electric shock or fire.

 **WARNING:** Do not use Suunto USB cable if cable or parts are damaged.

 **WARNING:** You must only charge your device using USB adapters that comply with the IEC 62368-1 standard and have a maximum output of 5 V. Non-compliant adapters are a fire hazard and a risk to personal injury and might damage your Suunto device.

 **CAUTION:** DO NOT allow the connector pins of the USB cable to touch any conductive surface. This may short circuit the cable, making it unusable.

 **CAUTION:** Only use the provided charging cable when charging your SUUNTO NAUTIC.

 **CAUTION:** DO NOT use the USB cable when SUUNTO NAUTIC is wet. This may cause an electrical failure. Ensure the cable connector and the connector pin area on the device are dry.

 **CAUTION:** Do not apply solvent of any kind to the product, as it may damage the surface.

 **CAUTION:** Do not apply insect repellent on the product, as it may damage the surface.

 **CAUTION:** Do not throw the product away, but treat it as electronic waste to preserve the environment.

 **CAUTION:** Do not knock or drop the product, as it may get damaged.

 **CAUTION:** Colored textile straps might bleed onto other fabrics or skin when new or wet.

 **NOTE:** At Suunto we use advanced sensors and algorithms to generate metrics that can help you in your activities and adventures. We strive to be as accurate as possible. However, none of the data our products and services collect is perfectly reliable, nor are the metrics they generate absolutely precise. Suunto products and services are intended for recreational use only and are not meant for medical purposes of any kind.

1.1. Dive safety

SUUNTO NAUTIC is a dive computer designed to be used for recreational scuba diving. The device displays essential information before, during and after the dive to enable safe decision making. SUUNTO NAUTIC can be used as a standalone product or in combination with the Suunto

Tank POD, which measures the tank pressure and transmits the pressure reading information to the dive computer. The combination of SUUNTO NAUTIC and the Suunto Tank POD is categorized as Personal Protective Equipment under the EU Regulation 2016/425 and protects against

risks listed under PPE Risk Category III (a): substances and mixtures which are hazardous to health. Suunto strongly recommends that you do not engage in any diving activity type without health, proper training and a complete understanding and acceptance of the risks. Always follow the

rules of your training agency.

Make sure you fully understand how to use your dive instrument and what its limitations are by reading all the printed documentation and the online user manual. Always remember that you are responsible for your own safety.

 **WARNING:** All computers experience failures. It is possible that this device may suddenly fail to provide accurate information during your dive. Always have a plan on how to handle failures, use a backup dive device and only dive with a buddy. In the unlikely event that the dive computer malfunctions during a dive, follow the emergency procedures provided by your certified dive training agency to immediately and safely ascend. Contact Suunto customer support if you experience a system error.

 **WARNING:** Because any decompression model is purely theoretical and does not monitor the actual body of a diver, there is always a risk of decompression illness (DCI) for any dive. An individual's physiological makeup can vary from day to day. The dive computer cannot account for these variations. You are strongly advised to remain well within the exposure limits provided by the dive computer to minimize the risk of DCI.

 **WARNING:** If you suspect risk factors that tend to increase the possibility of DCI exist, Suunto recommends that you use the personal setting to make calculations more conservative and consult a physician with experience in diving medicine before you dive.

 **WARNING:** When diving at altitudes greater than 300 m (980 ft), the altitude setting must be correctly selected for the computer to calculate the decompression status. Failure to select the correct altitude setting or diving above the maximum altitude limit will result in erroneous dive and planning data. It is recommended that you acclimatize to the new altitude before diving. Always use the same personal and altitude adjustment settings for the actual dive and for the planning.

 **WARNING:** Suunto strongly recommends that the device not be used for any commercial or professional diving activities. The demands of commercial or professional diving may expose the diver to depths and conditions that tend to increase the risk of DCI.

 **WARNING:** Before diving, always check that your dive computer is functioning properly, the display is working, the battery level is OK, tank pressure is correct, and your settings are correct.

 **WARNING:** Check your dive computer regularly during a dive. If you believe or conclude that there is a problem with any computer function, abort the dive immediately and safely return to the surface. Contact Suunto customer support and return your computer to an authorized Suunto Service Center for inspection.

 **WARNING:** The dive computer should never be traded or shared between users while in use. Its information will not apply to someone who has not been wearing it throughout a dive, or sequence of repetitive dives. Its dive profiles must match that of the user. No dive computer can take into account dives made without the computer. Thus, any diving activity up to four days prior to initial use of the computer may cause misleading information and must be avoided.

 **WARNING:** For safety reasons, you should never dive alone. Dive with a designated buddy. You should also stay with others for an extended time after a dive as the onset of possible DCS may be delayed or triggered by surface activities.

 **WARNING:** ONLY TRAINED DIVERS SHOULD USE A DIVE COMPUTER! Insufficient training for any kind of diving, including freediving, may cause a diver to commit errors, such as incorrect use of gas mixtures or improper decompression, that may lead to serious injury or death.

 **WARNING:** This device is recommended for use with compressed air. The compressed air supply must comply with the quality of compressed air specified in the EU standard EN 12021:2014 (requirements for compressed gases for breathing apparatus). This device can also be used with enriched air (nitrox) breathing gases.

 **WARNING:** Diving with mixed gases has dangers that are not familiar to divers diving with air. Appropriate training courses for diving with enriched air is essential prior to the use of this kind of equipment with oxygen content greater than 21%.

 **WARNING:** In nitrox use, the maximum operating depth and no decompression time are dependent on the oxygen content of the gas. When the oxygen limit fraction indicates that the maximum limit is reached, you must immediately take action to reduce oxygen exposure. Failure to take action to reduce oxygen exposure after a CNS%/OTU warning is given can rapidly increase the risk of oxygen toxicity, injury, or death.

 **WARNING:** Do not dive with gas if you have not personally verified its content and entered the analyzed value into your dive computer. Failure to verify tank contents and enter the appropriate gas values where applicable into your dive computer will result in incorrect dive planning information.

 **WARNING:** YOU ARE ADVISED TO AVOID FLYING ANY TIME THE COMPUTER COUNTS DOWN THE NO-FLY TIME. ALWAYS ACTIVATE THE COMPUTER TO CHECK THE REMAINING NO-FLY TIME PRIOR TO FLYING! Flying or traveling to a higher altitude within the no-fly time can greatly increase the risk of DCS. Review the recommendations given by Divers Alert Network (DAN). There can never be a flying-after-diving rule that is guaranteed to completely prevent decompression sickness!

 **WARNING:** If you have a pacemaker, we recommend you do not scuba dive. Scuba diving creates physical stresses on the body which may not be suitable for pacemakers.

 **WARNING:** You must read the printed quick guide and online user guide of your dive computer. Failure to do so may lead to improper use, serious injury or death.

 **NOTE:** Make sure your Suunto dive computer always has the latest software with updates and improvements. Check before every dive trip from www.suunto.com/support, if Suunto has released a new software update for your device. When a new software update is available, you must install it before diving. Updates are made available to improve your user experience and are part of Suunto's philosophy of continuous product development and improvement.

2. Getting started

Note that all UI images are just placeholders. They will be replaced with the actual UI images.

To get the most out of your SUUNTO NAUTIC device, take some time to customize its features and displays. Make absolutely sure that you are familiar with your computer and have it set up as you want before getting into the water.

Starting your SUUNTO NAUTIC for the first time is quick and simple.

1. Keep the up button pressed to wake up the device.
2. Press the OK button to begin the setup wizard.
3. Scroll up or down and press the OK button to select your language.
4. Carefully read the warning that pops up, scroll down and confirm you understand it by pressing OK.
5. Follow the wizard to complete initial settings. Scroll up or down to select values. Press the OK button to accept a value and go to the next step.

When ready, the device goes to surface mode.

 **CAUTION:** Only use the provided charging cable when charging your SUUNTO

2.1. Button functions

SUUNTO NAUTIC has four buttons you can use to navigate through displays and features. Shortpressing or long pressing them gets you to different functionalities.

2.2. Device settings

You can adjust the device settings like units, wearing direction, language, time and date by pressing the up button and enter **Control panel > Device settings**.

 **NOTE:** The settings listed above are general device settings. For dive settings, see [Dive settings](#).

2.3. Software updates

Software updates add important improvements and new features to your device.

When an update is available and your device is connected with Suunto app, the software update will be downloaded to the device automatically. The status of this download can be viewed in Suunto app.

Once the software is downloaded to your device, you can install it by selecting the notification that is displayed in the **Control panel** or from **Control panel > Device settings > Software update**.

You will also be informed about the software update when you connect the device to a charger or power off the device.



NOTE: The release notes will be visible in Suunto app.

2.4. Suunto app

With the Suunto app, you can further enrich your SUUNTO NAUTIC experience. Pair your device with the mobile app to sync your dives, get weather and tide info or download maps.



NOTE: You cannot pair anything if airplane mode is on. Turn off airplane mode before pairing.

To pair your device with Suunto app:

1. Ensure your device Bluetooth is on. Under the settings menu, go to **Connectivity » Discovery** and enable it if it is not already.
2. Download and install Suunto app on your compatible mobile device from the iTunes App Store, Google Play in addition to several popular app stores in China.
3. Start Suunto app and turn on Bluetooth if it is not on already.
4. Tap the watch icon in the upper-left of the app screen and then tap “PAIR” to pair your device.
5. Verify the pairing by typing the code that is displayed on your dive computer in the app.



NOTE: Some features require an internet connection over Wi-Fi or mobile network. Carrier data connection fees may apply.

3. Settings

From the surface view, scroll up to get access to all of the general device settings via the **Control panel**.

3.1. Flashlight

Your SUUNTO NAUTIC has a flashlight that you can use as a backup light. To turn the flashlight on, go to **Control panel** > **Flashlight** and toggle it.

You can also turn the flashlight on or off during diving by long pressing the up button.

3.2. Button lock

You can lock the buttons before or during your dive by keeping the down button pressed. Once locked, you cannot perform any action that requires button interaction. However, you can use the buttons to acknowledge alarms and gas switch even when the buttons are locked.

To unlock everything, keep the down button pressed again.

You can also lock the buttons from the **Control panel** > **Button lock** before diving.



NOTE: During scuba diving, you can use the buttons to acknowledge alarms and gas switch even when they are locked, but you cannot change the display view and the switch window content.

3.3. Display brightness

The **Brightness** setting determines the overall intensity of display brightness: **Low**, **Medium** or **High**.

To save battery life and display lifetime, the display brightness will lower after a period of inactivity. Any wrist movement, button press, or alarm trigger the full brightness mode.

The brightness can be adjusted from the **Control panel** > **Brightness** or while diving, by short pressing the up button.



CAUTION: Prolonged use of the high brightness display reduces battery life and may cause screen burn-in. Avoid using high brightness for extended period to lengthen display lifetime.

3.4. Units

Placeholder.

3.5. Tones and vibration

Tones and vibration alerts are used for device notifications. Both tones and vibration alerts can be adjusted from the settings under **General** » **Tones**.



NOTE: These tone and vibration settings do not affect scuba diving activities. See Dive alarms for dive alarm settings.

3.6. Wear orientation

Placeholder.

3.7. Language

You can change your device language and unit system from the settings under **Control panel** > **Device settings** > **Language**.

3.8. Bluetooth connectivity

SUUNTO NAUTIC uses Bluetooth technology to send and receive information from your mobile

device when you have paired your dive computer with the Suunto app. Same technology is also used when pairing PODs and sensors.

However, if you do not want your device to be visible for Bluetooth scanners, you can activate or deactivate the discovery setting from the settings under **Connectivity** » **Discovery**.

The Bluetooth can also be completely turned off by activating airplane mode..

3.8.1. Pairing heart rate sensor

You can pair your SUUNTO NAUTIC device with a heart rate belt to track your heart rate during diving.

To pair a heart rate belt:

1. Go to **Control panel** > **Connectivity**
2. Select **Pair HR sensor**
3. Select the sensor from list

 **NOTE:** *You cannot pair anything if airplane mode is on. Turn off airplane mode before pairing.*

Once the sensor is paired, your dive computer searches for it as soon as you start your dive.

You can see the full list of paired devices in dive computer from the settings under **Connectivity** » **Paired devices**.

From this list, you can remove (unpair) the device if needed. Select the device you want to remove, and tap **Forget**.

For information on how to pair your SUUNTO NAUTIC with the Suunto Tank POD, see *How to install and link a Suunto Tank POD*.

3.9. Device lock

Placeholder.

3.10. Time and date

You can set time and date during the initial startup of your device. After this, your device uses GPS time to correct any offset. To change these settings, go to **Control panel > Device settings > Time/date**.

Once you have paired with Suunto app, your device gets updated time, date, time zone and daylight-saving time from mobile devices.

In the **Settings**, under **General » Time/date**, select **Auto time update** to toggle the feature on and off. If you toggle the feature off, you can manually adjust the time and date. You can also change the time and date formats.

3.11. Device info

You can check details of your device software and hardware from the settings under **General » About**.

3.12. Resetting tissues

Placeholder.

3.13. Resetting your device

Suunto devices have two types of reset available to address different issues:

- the first one, the soft reset, also known as the restart.
- the second one, the hard reset, also known as the factory reset.

Soft reset (restart):

Performing a restart on your device might help with the following situations:

- the device is not responding to any button presses.
- the display is either frozen or blank.
- there is no vibration, e.g., during button presses.
- the device functionalities are not working as expected.



NOTE: The restart will end and save any active exercise. Under normal circumstances, the exercise data or dive data will not be lost. On rare occasions, a soft reset may cause memory corruption issues.

Press and hold all four buttons for 12 seconds and release them to perform a soft reset.



WARNING: Never reset your device during diving.

There are specific circumstances under which the soft reset might not solve the issue and the second type of reset may be performed. If the above has not helped with the issue you were aiming to solve; the hard reset might help.

The hard reset (factory reset):

The factory reset will restore your device to the default values. It will erase all data from your device, including exercise data, personal data and settings that have not been synced to Suunto app. After a hard reset, you must go through the initial setup of your Suunto device.

Performing a factory reset on your device may be performed in the following situations:

- a Suunto Customer Support representative has asked you to do so as part of the troubleshooting procedure.
- the soft reset did not solve the issue.
- the battery life of your device is significantly reducing.
- the device is not connecting to GPS and other troubleshooting has not helped.
- the device has connectivity issues with Bluetooth devices (e.g., Smart Sensor or mobile app) and other troubleshooting has not helped.

The factory reset of your device is done via the **Settings** on your device. Select **General** and scroll down to **Reset settings**. All data on your device will be deleted during the reset. Initiate the reset by selecting **Reset**.



NOTE: The factory reset deletes the previous pairing information your device might have had. To start the pairing process with the Suunto app again, we recommend you delete the previous pairing from the Suunto app and your phone's Bluetooth - under Paired devices.



NOTE: Both presented scenarios are to be performed only for emergencies. You should not perform them regularly. If any issue persists, we recommend you either contact our Customer Support or send your device to one of your authorized service centers.

3.14. Navigation settings

Placeholder.

3.14.1. Calibrating compass

If the compass is not calibrated, you are prompted to calibrate the compass when you enter the compass widget.



NOTE: The compass calibrates itself when in use, but if the device has been affected by strong magnetic fields or a hard knock, the compass might show the wrong direction. Do a new calibration to resolve this issue.

3.14.2. Position formats

The position format is the way your GPS position is displayed on the device. All the formats relate to the same location, they only express it in a different way.

You can change the position format in the navigation settings.

Latitude/longitude is the most commonly used grid and has three different formats:

- WGS84 Hd.d°
- WGS84 Hd°m.m'
- WGS84 Hd°m's.s

Other common position formats available include:

- UTM (Universal Transverse Mercator) gives a two-dimensional horizontal position presentation.
- MGRS (Military Grid Reference System) is an extension of UTM and consists of a grid zone designator, 100,000-meter square identifier and a numerical location.

SUUNTO NAUTIC also supports the following local position f

ormats:• BNG (British)

- ETRS-TM35FIN (Finnish)
- KKJ (Finnish)
- IG (Irish)
- RT90 (Swedish)
- SWEREF 99 TM (Swedish)
- CH1903 (Swiss)
- UTM NAD27 (Alaska)
- UTM NAD27 Conus
- UTM NAD83
- NZTM2000 (New Zealand)



NOTE: Some position formats cannot be used in the areas north of 84° and south of 80°, or outside the countries that they are intended for. If you are outside the allowed area, your location coordinates cannot be displayed on the device screen.

3.14.3. Setting declination

To ensure correct compass readings, set an accurate declination value.

Paper maps point to true north. Compasses, however, point to magnetic north – a region above the Earth where the Earth's magnetic fields pull. Because magnetic North and true North are not at the same location, you must set the declination on your compass. The angle in between magnetic and true north is your declination.

The declination value appears on most maps. The location of magnetic north changes yearly, so the most accurate and up-to-date declination value can be found from websites such as www.magnetic-declination.com.

Orienteering maps, however, are drawn in relation to magnetic north. If you are using an orienteering map, you need to turn the declination correction off by setting the declination value to 0 degrees.

You can set your declination value from the **Settings** under **Navigation » Declination**.

4. Dive setup

SUUNTO NAUTIC has two dive modes for Scuba diving: Single gas and Multigas. You can select the dive mode after pressing down button, in **Dive settings > Dive mode**.

4.1. Dive settings

For **Additional settings**, scroll down from the surface screen.

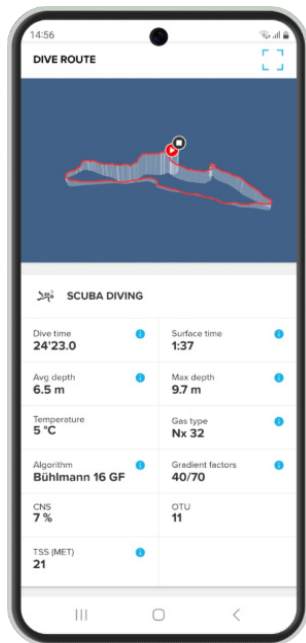
GPS

To track the start and end point of your dive and to get a more accurate dive route, you need to enable GPS in the Dive settings. Make sure the GPS arrow icon turns green in the pre-dive screen before starting your dive to get an accurate location.

Dive route

You can track your dive route with SUUNTO NAUTIC. The underwater route tracking is based on GPS, accelerometer, gyroscope, magnetometer and pressure sensor. The algorithm has been developed by using large amount of data from real dives, data analytics and machine learning.

To track your underwater route while diving, you need to enable both the GPS and the Dive route settings. The dive route is not visible in your dive computer. It will be synced to your dive log in Suunto app when connected to your mobile phone.



Note that the dive route signal can be compromised in the following situations: overhead environments like caves or wrecks, indoor pools or with poor or nonexistent GPS signal.



NOTE: Syncing your dive route to Suunto app might take some time due to the large amount of data.

Dive start depth

Sets the depth threshold for starting and ending a dive. The default depth is 1.2 m (4 ft) and the maximum is 3.0 m (9.8 ft).

Dive end time

Once you are shallower than the set start depth for the dive, SUUNTO NAUTIC will start calculating the elapsed time at the surface. You can set your desired time under Dive end time. Once this time has elapsed, your dive ends automatically. If you continue diving before the set end time, the dive continues. You can define the time between 1 and 10 min. The default setting is 5 min.



TIP: Adjust the end time to longer if you are, for example, an instructor and need to communicate at the surface within the dive. Adjust it to shorter to see the dive summary more quickly.



NOTE: If you surface and then dive again within the set end time, SUUNTO NAUTIC counts it as one dive.

13. Care and support

13.1. Handling guidelines

Handle the unit with care – do not knock or drop it.

Under normal circumstances, the device does not require servicing. On a regular basis, rinse it with fresh water, mild soap, and carefully clean the housing with a moist, soft cloth or chamois.

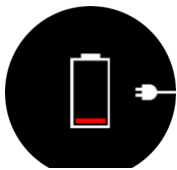
Use only original Suunto accessories - damage caused by non-original accessories is not covered by warranty.

13.2. Battery

The duration on a single charge depends on how you use your device and in what conditions. Low temperatures, for example, reduce the duration of a single charge. In general, the capacity of rechargeable batteries decreases over time.

 **NOTE:** *In case of abnormal capacity decrease due to defective battery, Suunto covers battery replacement for one year or maximum 300 charging times, whichever comes first.*

When the battery charge level is less than 20% and later 5%, your device displays a low battery icon. If the charge level gets very low, your device goes into a low power mode and display a charge icon.



Use the supplied USB cable to charge your device. Once the battery level is high enough, the device wakes up from lower power mode.

13.3. Disposal

Please dispose of the device in accordance with local regulations for electronic waste. Do not throw it in the garbage. If you wish, you may return the device to your nearest Suunto dealer.

14. Reference

14.1. Compliance

For compliance related information and detailed technical specifications, see “Product Safety and Regulatory Information” delivered together with your SUUNTO NAUTIC or available at www.suunto.com/userguides.

14.2. CE

Hereby, Suunto Oy, declares that the radio equipment type DW251 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: www.suunto.com/EUconformity.





SUUNTO CUSTOMER SUPPORT

www.suunto.com/support

www.suunto.com/register

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