

Test report No:
NIE: 71612RAN.002

Assessment report

RF EXPOSURE REPORT ACCORDING TO

FCC 47 CFR Part 2.1093

FCC 47 CFR Part 1.1307

(*) Identification of item under evaluation	Sports watch with GPS and BLE connectivity
(*) Trademark	SUUNTO
(*) Model and /or type reference	OW211
(*) Other identification of the product	HW version: B2 SW Version: 2.21 FCC ID: RYPOW211 IC ID: 5175A-OW211
(*) Features	BLE, GNSS
(*) Manufacturer	Suunto Oy Tammiston kauppatie 7A, 01510 Vantaa, Finland
Test method requested, standard	FCC 47 CFR Part 2.1093. Radiofrequency radiation exposure evaluation: portable devices. FCC 47 CFR Part 1.1307: Actions that may have a significant environmental effect, for which Environmental Assessments (EAs) must be prepared.
Summary	IN COMPLIANCE
Approved by (name / position & signature)	Rafael Lopez Martin EMC Consumer & RF Lab. Manager  2022.08.11 08:22:38 +02'00'
Date of issue	2022-08-11
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Data provided by the client

The following data has been provided by the client:

1. Information relating to the description of the sample ("Identification of the item under evaluation", "Trademark", "Model and/or type reference", "Other identification of the product", "Features", "Manufacturer", "General description of the device").
2. Maximum antenna gain and use distance information.

DEKRA Testing and Certification, S.A.U. declines any responsibility with respect to the information provided by the client and that may affect the validity of results.

Identification of the client

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Document history

Report number	Date	Description
71612RAN.002	2022-08-11	First release

Appendix A: FCC RF Exposure assessment result

General description of the device under evaluation

The device under evaluation consists of a sports watch with GPS for tracking outdoor trainings, optical heart rate measurement and BLE connectivity to connect with a smart phone and the Suunto App for recording training logs and analyze training and 24/7 data.

According to the manufacturer, during its normal use, the separation distance between the radiating structures of the device and nearby users will be greater than 0 cm. In order to perform the assessment a conservative evaluation distance of 5 mm has been used.

As stated into DEKRA Testing and Certification, S.A.U. test report num. 71612RRF.003, the maximum measured output power levels for each supported technology are:

Technology / Mode	Band	Frequency (MHz)	Maximum Conducted Output Power (Incl. Tune-Up) (dBm)	Antenna peak gain (dBi)	Maximum E.R.P. (dBm)	Maximum E.R.P. (mW)
BTLE	2.4 GHz	2400 - 2483.5	-5.30	-4.10	-11.55	0.07

Table 1: Equipment specifications

Evaluation Results

The evaluation according to the minimum intended use distance of 5 mm will be as follow:

Technology / Mode	Band	Frequency (MHz)	Distance (cm)	Maximum Conducted Power (mW)	§1.1307(b)(3).i.(A) Exposure Limit (mW)	Verdict
BTLE	2.4 GHz	2400 - 2483.5	0.50	0.30	1.00	Pass

Table 2: FCC Evaluation Result

The computed value(s) are below the limit(s), so according to KDB 447498 D01 – General RF Exposure Guidance, these modes meet the RF Exposure test exemption for single source.

Appendix B: FCC RF Exposure information

RF Exposure determination of exemption

According to FCC 47 CFR §1.1307 (b)(3) Determination of exemption:

(i) For single RF sources (i.e., any single fixed RF source, mobile device, or portable device, as defined in paragraph (b)(2), a single RF source is exempt if:

(A) The available maximum time-averaged power is no more than 1 mW, regardless of separation distance. This exemption may not be used in conjunction with other exemption criteria other than those in paragraph (b)(3)(ii)(A) of this section. Medical implant devices may only use this exemption and that in paragraph (b)(3)(ii)(A);

(B) Or the available maximum time-averaged power or effective radiated power (ERP), whichever is greater, is less than or equal to the threshold P_{th} (mW) described in the following formula. This method shall only be used at separation distances (cm) from 0.5 centimeters to 40 centimeters and at frequencies from 0.3 GHz to 6 GHz (inclusive). P_{th} is given by:

$$P_{th} \text{ (mW)} = \begin{cases} ERP_{20 \text{ cm}} (d/20 \text{ cm})^x & d \leq 20 \text{ cm} \\ ERP_{20 \text{ cm}} & 20 \text{ cm} < d \leq 40 \text{ cm} \end{cases}$$

Where

$$x = -\log_{10} \left(\frac{60}{ERP_{20 \text{ cm}} \sqrt{f}} \right) \text{ and } f \text{ is in GHz;}$$

and

$$ERP_{20 \text{ cm}} \text{ (mW)} = \begin{cases} 2040f & 0.3 \text{ GHz} \leq f < 1.5 \text{ GHz} \\ 3060 & 1.5 \text{ GHz} \leq f \leq 6 \text{ GHz} \end{cases}$$

d = the separation distance (cm);

(C) Or using Table 1 and the minimum separation distance (R in meters) from the body of a nearby person for the frequency (f in MHz) at which the source operates, the ERP (watts) is no more than the calculated value prescribed for that frequency. For the exemption in Table 1 to apply, R must be at least $\lambda/2\pi$, where λ is the free-space operating wavelength in meters. If the ERP of a single RF source is not easily obtained, then the available maximum time-averaged power may be used in lieu of ERP if the physical dimensions of the radiating structure(s) do not exceed the electrical length of $\lambda/4$ or if the antenna gain is less than that of a half-wave dipole (1.64 linear value).

TABLE 1 TO §1.1307(b)(3)(i)(C)—SINGLE RF SOURCES SUBJECT TO ROUTINE ENVIRONMENTAL EVALUATION

RF Source frequency (MHz)	Threshold ERP (watts)
0.3-1.34	$1,920 R^2$.
1.34-30	$3,450 R^2/f^2$.
30-300	$3.83 R^2$.
300-1,500	$0.0128 R^2 f$.
1,500-100,000	$19.2 R^2$.

(ii) For multiple RF sources: Multiple RF sources are exempt if:

(A) The available maximum time-averaged power of each source is no more than 1 mW and there is a separation distance of two centimeters between any portion of a radiating structure operating and the nearest portion of any other radiating structure in the same device, except if the sum of multiple sources is less than 1 mW during the time-averaging period, in which case they may be treated as a single source (separation is not required). This exemption may not be used in conjunction with other exemption criteria other than those in paragraph (b)(3)(i)(A) of this section. Medical implant devices may only use this exemption and that in paragraph (b)(3)(i)(A).

(B) in the case of fixed RF sources operating in the same time-averaging period, or of multiple mobile or portable RF sources within a device operating in the same time averaging period, if the sum of the fractional contributions to the applicable thresholds is less than or equal to 1 as indicated in the following equation.

$$\sum_{i=1}^a \frac{P_i}{P_{th,i}} + \sum_{j=1}^b \frac{ERP_j}{ERP_{th,j}} + \sum_{k=1}^c \frac{Evaluated_k}{Exposure Limit_k} \leq 1$$

Where:

a = number of fixed, mobile, or portable RF sources claiming exemption using paragraph (b)(3)(i)(B) of this section for Pth, including existing exempt transmitters and those being added.

b = number of fixed, mobile, or portable RF sources claiming exemption using paragraph (b)(3)(i)(C) of this section for Threshold ERP, including existing exempt transmitters and those being added.

c = number of existing fixed, mobile, or portable RF sources with known evaluation for the specified minimum distance including existing evaluated transmitters.

Pi = the available maximum time-averaged power or the ERP, whichever is greater, for fixed, mobile, or portable RF source i at a distance between 0.5 cm and 40 cm (inclusive).

Pth,i = the exemption threshold power (Pth) according to paragraph (b)(3)(i)(B) of this section for fixed, mobile, or portable RF source i.

ERPj = the ERP of fixed, mobile, or portable RF source j.

ERPth,j = exemption threshold ERP for fixed, mobile, or portable RF source j, at a distance of at least $\lambda/2\pi$ according to the applicable formula of paragraph (b)(3)(i)(C) of this section.

Evaluated,k = the maximum reported SAR or MPE of fixed, mobile, or portable RF source k either in the device or at the transmitter site from an existing evaluation at the location of exposure.

Exposure Limit,k = either the general population/uncontrolled maximum permissible exposure (MPE) or specific absorption rate (SAR) limit for each fixed, mobile, or portable RF source k, as applicable from §1.1310 of this chapter.