Model: JL04

JL04 is a system that guides you every step of the way to a better, healthier you. JL04 is a wrist worn device that tracks advanced step activity, advanced sleep (Light, REM, Deep Sleep stages) and Resting Heart Rate through the use of multiple sensors.

The sensors used are:

- Accelerometer
- Skin temperature
- Ambient temperature
- Bioimpedance - Resting Heart Rate, Respiration Rate, and Galvanic Skin Response

Data is collected and sent, via BTLE, to a smart device. The UP APP takes this data, sends to servers, and is surfaced in a visual UI that users can maintain the status of their Step/Sleep progress as well as Resting Heart Rate.

The UP App also allows for users to track their food intake (Manually in the app).

Through the APP, users can adjust settings, set alerts and notifications, connect with other UP users and see status of battery life.

Alerts and Notifications are transmitted to JL04, which then, through the use of a small vibrating motor, sends a light vibration to the unit which the user will feel.

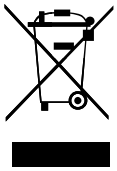
LED Indicators on Thorpe indicates mode (Tracking Steps or Tracking Sleep), Step Status, and Sleep Status.

FW Updates to the device are obtained throughout Over The Air updates. The UP App will alert the user when a FW update is available.

JL04 battery life is 7 days after a complete charge. The unit operates at 3.8V on lithium ion battery and charges at 5 V through a propriety magnetic charging USB cable.

JL04 is Water Resistant up to 10 Meters

JL04 photo:



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REGULATORY INFORMATION

CAUTION: Risk of explosion if battery replaced by an incorrect type. Dispose of used batteries according to the instruction. (Model JL06)

Dispose of your UP product, battery and packaging in accordance with the local regulations. Do not dispose of the product and battery with the regular household waste. For information regarding replacement of batteries, please refer to: www.jawbone.com/regulatory

Do not attempt to replace your battery. It is built-in and not changeable. (All models except JL06)

To avoid possible hazards, do not crush, disassemble, dispose of in fire, or similar actions.

UP BY JAWBONE products contain small parts, which can be a choking hazard to small children. If battery or other parts are swallowed, immediately seek medical help as serious injury may occur.

For the most updated regulatory and safety information, please refer to: www.jawbone.com/regulatory

Please refer to the app for country specific regulatory information. go to Settings > Help > Regulatory Information

UNITED STATES

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC CAUTION

The FCC requires the user to be notified that any changes or modifications made to this device that are not expressly approved by Jawbone may void the user's authority to operate the equipment.

- This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter.

CANADA

This Class B digital apparatus meets all requirements of the Canadian Interference-Causing Equipment Regulations, CAN ICES-3(B)/NMB-3(B). This device has Bluetooth capability, the device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

RF exposure information: This device meets FCC and IC requirements for RF exposure in controlled or uncontrolled environment

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Informazioni sull'esposizione RF: Questo dispositivo soddisfa i requisiti IC per l'esposizione RF in ambiente controllato o non controllato

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EUROPE
EU Declaration of Conformity - The telecommunications functionality of this product may be used in the EU and EFTA countries. Products bearing the CE marking comply with one or more of the following EU Directives as may be applicable: Low Voltage Directive 2006/95/EC; EMC Directive 2004/108/EC; R&TTE Directive 1999/5/EC; RoHS Directive 2011/65/EU. Jawbone EU Address:11th Floor, Newcombe house, 45 Notting Hill Gate, London, W11 3LQ
To obtain a copy of EU DOC, please visit www.jawbone.com/regulatory.

JAPAN
CLASS B 警語
この装置は、クラスB情報技術装置です。この装置は、家庭環境で使用することを目的としていますが、この装置がラジオやテレビジョン受信機に近接して使用されると、受信障害を引き起こすことがあります。取扱説明書に従って正しい取り扱いをして下さい。VCCI-B

THIS IS A CLASS B PRODUCT. IN A DOMESTIC ENVIRONMENT THIS PRODUCT MAY CAUSE INTERFERENCE WHEN IT CLOSE RADIO OR TELEVISION. PLEASE USE THE EQUIPMENT IN ACCORDANCE WITH THE USER MANUAL.

TAIWAN
低功率電波輻射性電機管理辦法

第十二條 經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

第十四條 低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前項合法通信，指依電信法規定作

業之無線電通信。低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾

KOREA
B급 기기
(가정용 방송통신기자재)
이 기기는 가정용(B급) 전자파적합기기로서 주
로 가정에서 사용하는 것을 목적으로 하며, 모
든 지역에서 사용할 수 있습니다.

TURKEY
Türkiye Cumhuriyeti: EEE Yönetmeliğine Uygundur

BRAZIL
Este equipamento opera em caráter secundário, isto é, não tem direito a proteção contra interferência prejudicial, mesmo de estações do mesmo tipo, e não pode causar interferência a sistemas operando em caráter primário.Este equipamento atende aos limites de Taxa de Absorção Específica referente à exposição a campos elétricos, magnéticos e eletromagnéticos de radiofreqüências adotados pela ANATEL.

MEXICO
Declaración para México. La operación de este equipo está sujeta a las siguientes dos condiciones: (1) es posible que este equipo o dispositivo no cause interferencia perjudicial y (2) este equipo o dispositivo debe aceptar cualquier interferencia, incluyendo la que pueda causar su operación no deseada. If your product is provided with wireless accessories such as a keyboard or mouse and you need to identify the model of the accessory, refer to the label included on that accessory.

Model: JL04
IC: 7589A-JL04

JAWBONE®

770-00878 REV A