

150 mm

FITNESS TRACKER MANUAL

FIRST TIME USAGE

Fully recharge the device before using it
Application name is Veryfit 2.0.
It is available for download, for free for iOS
and Android.

Android

Download and install "Veryfit 2.0" from Google Play.
(For Android 4.3 & above with Bluetooth 4.0)

iOS

Download and install "Veryfit 2.0"
from Apple Store.
(For iOS 7.0 and above with Bluetooth 4.0)

CHARGING

To charge the Smart watch,
first remove the strap from
the host/display.
Then charge it by connecting
the complimentary special usb
cable to the host/display and a
computer or a usb adapter.



Usage: Single lock.



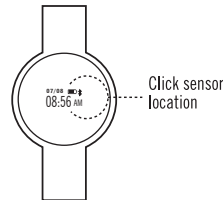
Prepare double lock usage.



Usage: Double lock.

PACKAGE CONTENTS

1. Watch, amount: 1
2. Wristbands, amount: 1
3. Charging cable, amount: 1
4. User manual, amount: 1



Click sensor
location

FUNCTIONS

1. Step Pedometer: 0 ~ 99,999 pace/rate.
2. Distance Display: 0 ~ 999.9 km or 0 ~ 999.9 Mile.
3. Calories: 0 ~ 9,999.9
4. Time & date Display: 24-Hour format.
5. Sleep Monitor.
6. Alarm Clock.
7. Call vibration reminder.
8. 7 Days Data Memory.
9. Smart wrist uplift sensor for instant time display.
10. Battery left detection.
11. Automatically enters power saving mode
after 5 seconds of inactivity.
12. Standby Time: UP to 7 days.
13. Sedentary alert.
14. Take photo function.
15. Find phone.
16. Social media share function.
17. Anti loss alert.

QUICK MODE OVERVIEW/APP SETTINGS

Start with: Double tap-> Time mode->
Step mode/Goal mode-> Calorie mode->
Distance mode-> Alarm mode->
Take photo-> Anti lost alert->
Sedentary alert-> Incoming call-> Time mode.

Smart phone app settings:

Daily goal steps, mile/meter calculation, time
sync, height/weight/gender settings, etc .

DISPLAY MODES

To wake up the Smart watch, double tab the
screen to enter Time mode .

Time mode

Displays current time.
Auto sync starts and will update
the local time after binding the device with phone



Step mode/Goal mode

Displays the total amount of
steps of the current day.
Read the line below to trace today's step goal
progress.



SLEEP MONITOR

The device enters into sleep monitor mode
automatically when you are going to sleep in a
regular sleeping position and movement.
Sleep monitor will stop when wake up and with
walk around actions. Disclaimer: sleep data serves
as a reference only, data could be incorrect
due to any occasion similar to sleeping position.
eg. watch a movie at the bed for long hours and
without any walk.

Calorie mode

Displays the current burned
calories.



Distance mode

Displays the total distance
travelled of the current day.



Alarm mode

Displays alarm time.



Take photo

Use this mode as a remote for
taking pictures together with your smartphone.



Anti loss alert

When this mode is activated the
smartwatch will vibrate if it is
disconnected from your smartphone.



135 mm

Sedentary alert

When this mode is activated your
smartwatch will warn if you been idle for too long.



Wrist Sense

When this mode is activated, clock display lights
on automatically when your hand is raised up
to eye level

Find phone

Use this mode to help find your
phone, when within connection distance.



Social media share function

Use the share icon from the app
to share your current screen. (Like a screenshot)



Notifications mode

When there is a call, the
Smartwatch will be forced
into Notifications mode. When the call is
ended it will revert back to previous mode.



Low power mode

When power is low, the Smart watch
will automatically enable Low power mode.



Battery charging mode

When the battery is charging, the
Smart watch will automatically enable
Battery charging mode.



Display off mode

The Screen automatically turns off after 5
seconds of inactivity.

Disclaimer:

Some functionality is only available through 3rd
party applications. For support regarding 3rd party
applications please contact them respectively.
The APP could be modified and updated as
needed without advance notice.

CALORIE BURNING FORMULAS THAT MIGHT HELP/ FOR REFERENCE

British System

Distance 1 mile = 63360 inches
Energy: step energy = (weight < pounds > - 30) *
0.000315 + 0.00495
Calorie = step energy * steps < kal >

Metric System

Distance 1 km = 1000 m
Energy: step energy = (weight < kgs > - 1.5) *
0.000693 + 0.005895
Calorie = step energy * steps < kal >

FREQUENTLY ASKED QUESTIONS

How long will the Step/ sleep data kept at device?

Data will be kept only 1 week by the device.
recommend to Sync with APP at least twice a
week to avoid data loss

How to sync phone and device?

1. Sync starts automatically upon the 1st time
connection in between phone and device
2. Pull down the screen at the main page to do
Sync manually
3. Sync starts upon re-open the APP
(note: it will not Sync again within 15 mins)

STEP/ SLEEP HISTORY

- Slide the screen to left or right at the main page of
APP to switch in between step and sleep history
- Tag the center of the chart to see the hourly data
- Enter detail section to view Week/month/year data
- Tag the or icon to switch in between step
and sleep history

When does the smart watch update the data?

The smart watch will refresh the data
automatically at 00:00 every day.

The Smart watch does not turn on?

Try charging the Smart watch with usb cable.
If it does not work, try with another powersource/
usb adaptor. Do not open the Smart watch,
contact a professional technician if charging does
not help.

Bluetooth can't find the device?

Here are some tips that might help:
- Check if the Smart watch has power
- Keep tagging the device during searching device
mode, and select the top 1 on the list to bind
- Try restarting the phone's Bluetooth
- Restart the APP Veryfit 2.0 (Close/force close
Veryfit 2.0 and then start it again)
- Restart the phone

Unable to synchronise data?

Here are some tips that might help:
- Check if the Smart watch has power.
- Try restarting the phone's Bluetooth.
- Restart the app (Close/force close
and then start it again)
- Check the version of Veryfit 2.0, there might
be a newer version available.
- Restart the phone.

TECHNICAL DATA

Bluetooth: 4.0,

Download the APP by scanning QR code below:



Innomark Creation Inc.
www.inno-mark.com



V3

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.